Smoking/No Smoking Areas

/s/
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1. PURPOSE AND SCOPE

§ 551.160 Purpose and scope.

To advance towards becoming a clean air environment and to protect the health and safety of staff and inmates, the Bureau of Prisons will restrict areas and circumstances where smoking is permitted within its institutions and offices.

The Bureau recognizes the right to negotiate issues pertaining to this policy consistent with the Master Agreement, statute, case law, and regulation.

Medical and public health authorities have established the hazards of tobacco smoke. Of particular concern are risks posed to nonsmokers by passive inhalation of environmental tobacco smoke (ETS). The Surgeon General has long concluded that, as scientific research indicates, second-hand tobacco smoke is a cause of lung disease in otherwise healthy nonsmokers.

On January 7, 1993, the Environmental Protection Agency (EPA) officially endorsed a report by an outside panel of scientific advisers to the agency, which stated that “exposure to second-hand cigarette smoke causes lung cancer in adults and greatly increases the risk of respiratory illness in children.”

Federal Regulations from 28 CFR are shown in this type.
Implementing instructions are shown in this type.
The Bureau recognizes that when smokers quit, they may face physical discomfort, weight gain, and stress-related difficulties; however, these symptoms may be lessened with the appropriate interventions of a smoking cessation program. According to the Centers for Disease Control and Prevention, many who quit smoking relapse. Effective smoking cessation programs should provide counseling and monitoring to enhance success. Since 2011 Office of Personnel Management (OPM) has mandated that ALL FEHB plans offer 100% coverage to assist staff in quitting.

a. **Summary of Changes**

*Policy Rescinded*

P1640.04 Smoking/No Smoking Areas (03/15/2004)

- On April 15, 2006, the BOP discontinued the sale and inmate use of both smoke and smokeless tobacco products in institutions; therefore, inmate smoking cessation program was amended to be available only to incoming inmates, not existing inmates.
- Staff smoking cessation program was removed based on the guidelines placed by the previous program statement.

b. **Program Objectives.** The expected results of this program are:

- The designation of smoking areas may reduce exposure to second-hand smoke.
- All Bureau facilities will be free of second-hand smoke, except staff residences, perimeter patrol vehicles, and towers when occupied by one person.
- Areas where smoking is permitted will be clearly identified.

2. **DEFINITIONS**

§ 551.161 Definitions.

For the purposes of this subpart, *smoking* is defined as inhaling the smoke of any substance through the use of smoking apparatus including, but not limited to, cigars, cigarettes, or pipes.

An *area designated as free of second-hand smoke* is defined as one in which there are no lighted tobacco products (e.g., cigars, cigarettes, pipes).

*Designated area* is defined as a smoking area which the Warden has clearly identified.
3. **STAFF SMOKING/NO SMOKING AREAS**

This section also applies to visitors, volunteers, and contractors.

**§ 551.162 Smoking generally prohibited.**

*(b) For Bureau staff and official visitors, smoking is permitted only in smoking areas designated by the Warden.*

Only outside locations can be designated by the Warden as smoking areas for staff and official visitors.

**Indoor Smoking.** Indoor smoking is permitted only in perimeter towers and perimeter patrol vehicles when occupied by one person.

**Outdoor Smoking.** The Warden designates outdoor smoking areas that are reasonably accessible to employees and are protected from the elements. Designated areas are for use only by employees.

4. **INMATE SMOKING**

**§ 551.162 Smoking generally prohibited.**

*Smoking is generally prohibited in and on the grounds of Bureau institutions and offices, with the following two exceptions:*

*(a) Smoking is permitted as part of an authorized inmate religious activity; and*

On April 15, 2006, the Bureau discontinued the sale to and prohibited use by inmates of both smoke and smokeless tobacco products.

**§ 551.163 Possession of smoking apparatus and tobacco prohibited.**

*Possession of smoking apparatus and tobacco in any form is prohibited for inmates, unless as part of an authorized inmate religious activity.*

Inmate possession or use of smoke or smokeless tobacco products is subject to disciplinary action.

The Warden must designate a smoking area for use in instances where smoking is part of an authorized religious activity. See the Program Statement **Religious Beliefs and Practices.**
5. **INMATE SMOKING CESSATION PROGRAMS**

a. **Components and Creation.** Wardens must establish an institution Smoking Cessation Program consistent with local resources for newly committed inmates within the first 90 days of incarceration.

The institution A&O Booklet will inform inmates of a Smoking Cessation Program’s availability, including application and participation procedures. A Smoking Cessation Program must, at a minimum, address:

- Nutrition.
- Physical activity (exercise).
- Stress management.
- Nicotine Replacement Therapy (NRT).

Institutions conduct these activities through a combination of:

- Videos.
- Classroom presentations.
- Recreation activities.
- The sale of nicotine replacement patches in the Commissary.
- Group or individual counseling.

b. **Nicotine Replacement Therapy (NRT).** Nicotine replacement patches may assist with the gradual tapering of nicotine consumption. Each institution Commissary will stock or sell patches through the Special Purchase Order (SPO) process. Inmates may purchase patches with staff approval.

An inmate requesting NRT must have an initial medical assessment to purchase a six to ten-week supply of patches (see below). The inmate then obtains an initial written approval from a Bureau health care provider using the Nicotine Replacement Therapy Approval form (BP-A1019), certifying that the inmate’s health status has been reviewed and he or she is approved to use the patches.

The health care provider will:

- Discuss the patch’s proper use, describe possible side effects, and warn the inmate about problems associated with overuse (such as the use of two or more patches at the same time, or the use of a patch and continued use of cigarettes).
■ Record the inmate’s health status in his/her medical record (e.g., weight, blood pressure, post-prandial blood sugar, pulmonary function, exercise tolerance, how many cigarettes are smoked per day, and other clinically pertinent information).
■ Provide a signed BP-A1019 recommending a specific NRT dosage program to the inmate.

The inmate takes the signed BP-A1019 to the Commissary, which allows him/her to purchase two weeks of NRT at a time. The Commissary staff member initial the BP-A1019 each time the inmate purchases NRT. The inmate keeps the BP-A1019 until the final supply of patches has been purchased.

When the inmate completes the NRT (6 or 10 weeks), the Commissary staff member takes the BP-A1019 from the inmate and sends it to the Health Services Unit for inclusion in the Inmate Health Record within 30 days of when the inmate should have made the last authorized purchase.

6. INSTITUTION SUPPLEMENT

Each institution must develop an Institution Supplement containing information on smoking restrictions, and identifying any authorized outdoor smoking areas within the institution.

The Warden forwards a copy of the Institution Supplement to the Regional Health Systems Administrator for review and approval.

REFERENCES

Program Statements
P4500.10  Trust Fund/Deposit Fund Manual (5/29/14)
P5270.09  Inmate Discipline Program (7/8/11)
P5290.14  Admission and Orientation Program (4/3/03)
P5360.09  Religious Beliefs and Practices (12/31/04)

Other Policy
■ Executive Order 13058, 62 FR 43451, August 9, 1997.
Federal Regulations

- Rules cited in the Program Statement are contained in 28 CFR 551.160 et seq., revised as of July 1, 2011.

ACA Standards

- American Correctional Association Standards for Adult Correctional Institutions, 4th Edition: 4-4214M, 4-4226, 4-4227, 4-4228, 4-4361
- American Correctional Association Performance Based Standards for Adult Local Detention Facilities, 4th Edition: 4-ALDF-3A-01, 4-ALDF-4C-21

Other Standards

- Joint Commission On Accreditation of Healthcare Organizations, 1998 Comprehensive Accreditation Manual For Ambulatory Care: EC.5
- Joint Commission on Accreditation of Healthcare Organizations, 1998 Comprehensive Accreditation Manual for Hospitals: EC.5; EC5.1

BOP Forms

BP-A1019 Nicotine Replacement Therapy Approval

Records Retention Requirements

Requirements and retention guidance for records and information applicable to this program are available in the Records and Information Disposition Schedule (RIDS) system on Sallyport.
INMATE NICOTINE REPLACEMENT THERAPY APPROVAL

INMATE NAME: ___________________________ DATE: __________________

INMATE REG. NO. ___________________________ INSTITUTION: __________________

____ Six (6) Week NRT Dosage Program   Expiration date: _____

21 mg Patches (2 WEEK SUPPLY)  Purchased on _________ (initialied by
Commissary)

14 mg Patches (2 WEEK SUPPLY)  Purchased on _________

7 mg Patches (2 WEEK SUPPLY)  Purchased on _________

____ Ten (10) Week NRT Dosage Program  Expiration date: _____

21 mg Patches (2 WEEK SUPPLY)  Purchased on _________ (initialied by
Commissary)

21 mg Patches (2 WEEK SUPPLY)  Purchased on _________

21 mg Patches (2 WEEK SUPPLY)  Purchased on _________

14 mg Patches (2 WEEK SUPPLY)  Purchased on _________

7 mg Patches (2 WEEK SUPPLY)  Purchased on _________

Health Services Provider Signature ___________________________

Health Services Provider Name Stamp ___________________________

When a purchase is made on this authorization, the Commissary staff member
shall initial the Purchased on line.

This authorization is to be returned to Health Services by the
Commissary when the inmate has made the last authorized purchase.

Three (3) month smoking status: ___ smoking ___ non-smoking

Six (6) month smoking status: ___ smoking ___ non-smoking

Smoking Cessation Program completed on: __________________