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Introduction
The purpose of this handbook is to provide incoming inmates and others interested in the Federal Correctional Institution, Terminal Island, California, with general information regarding the institution, programs and the rules and regulations encountered during confinement. It is not a specific guide to the detailed regulations or all procedures in effect at each Bureau location. Detailed information will be made available during the Institution’s Admission and Orientation Program. Rather, the material in this handbook will help you quickly understand what will be encountered when you enter the institution, and hopefully assist in your adjustment to institution life. The information this handbook is subject to change and does not override newly issued Bureau of Prisons Program Statements, Institution Supplement, and Operations Memoranda.

The mission of the Federal Bureau of Prisons is to provide a safe, secure, and sanitary environment for individuals who are sentenced by the courts to the care and custody of the Attorney General. The staff at FCI Terminal Island strives to accomplish this mission by ensuring that inmates are housed in a facility which best meets their security needs while providing them with a variety of correctional programs that balance punishment, deterrence, and rehabilitation. Your self-initiative, behavior, and responsibility will have a direct bearing on your confinement. Staff at this facility are dedicated in making every effort to provide you with a safe and secure living environment; therefore, you are expected to abide by the rules and regulations of this facility and to maintain a positive attitude.

INTAKE, CLASSIFICATION AND THE UNIT TEAM

Orientation
Inmates are given a social screening by Unit Management staff and medical screening by Health Services and Mental Health staff at the time of arrival. Inmates are immediately provided with a copy of the institution rules and regulations, which include information on inmate rights and responsibilities. It also includes information on sexual assault and abuse.

Within 28 days of arrival, inmates will participate in the Admission and Orientation (A&O) Program. While in A&O, inmates
are advised of the programs, services, policies and procedures regarding the facility.

**Classification Teams (Unit Teams)**

Each inmate is assigned to a housing unit. A unit is a self-contained inmate living area that includes both housing sections and office space for unit staff. Each unit is staffed by a Unit Team directly responsible for the inmates living in the unit. The unit offices are located in the units so staff and inmates can be accessible to each other. The unit staff typically includes a Unit Manager, Case Manager, Correctional Counselor, and Unit Secretary. The Staff Psychologist, Education Advisor and Unit Officer are considered members of the Unit Team and provide input for classification purposes.

Inmates are assigned to a specific Unit Team. Generally, the resolution of issues or matters of interest while at the institution are most appropriately initiated with the Unit Team. Unit Team members are available to assist in many areas, including parole matters, release planning, personal and family problems, counseling and assistance in setting and attaining goals while in prison. Ordinarily, a member of the unit staff will be at the institution from 6:00 a.m. to 7:00 p.m., and during the day on weekends and holidays.

**GENERAL FUNCTIONS OF UNIT STAFF**

**Unit Manager:** The Unit Manager is the administrative head of the general unit and oversees all unit programs and activities. The Unit Manager is the Chairperson of the team which comprises the Case Manager, Correctional Counselor, with input from Education and Psychology staff. The Unit Manager reviews team decisions and may chair the Unit Discipline Committee (UDC), which is a body that hears disciplinary infractions. The Unit Manager is ordinarily present during initial classification and subsequent program review(s) in which Residential Reentry Center (RRC) placement is discussed.

**Case Manager:** The Case Manager is responsible for all casework services and prepares classification material, progress reports, release plans, correspondence, and other materials relating to the inmate’s commitment. The Case Manager serves as a liaison between the inmate, the administration, and the community.

**Correctional Counselor:** The Counselor provides counseling and guidance for the inmates of the unit in areas of institutional adjustment, personal difficulties, and plans for the future. He plays a leading role in segments of unit programs relating to inmate activities. The Unit Counselor may conduct counseling groups for inmates in his/her unit and/or groups open to the general population.
**Unit Secretary:** The Unit Secretary performs clerical and administrative duties, to include the preparation of release paperwork.

**Unit Officer:** The Unit Officers have direct responsibility for the daily supervision of inmates and the enforcement of rules and regulations. They have safety, security, & sanitation responsibilities in the unit. Unit Officers are in regular contact with inmates in units and are encouraged to establish professional relationships with them, as long as such interaction does not interfere with their primary duties. Unit Officers control movement in and out of the unit and conduct regular searches for contraband.

**Communications**

Normally, a unit staff member is available each day of the week and most evenings until 7:00 p.m. The unit bulletin boards and the TRULINCS system contain written communication of interest to inmates. Unit Managers may utilize monthly Town Hall meetings to dispense information and foster improved communications. Unit team members will utilize either open house hours or an open door policy to address inmate concerns. Inmates are also encouraged to use Inmate Requests to Staff to make requests in writing.

**Initial Classification/Program Reviews**

Inmates initially designated to the institution will receive initial classification within 28 days of arrival. Unit, Education, and Psychology staff will assess each inmate and work with them to develop an individual plan which will address skill deficits that may deter successful reentry into the community.

Subsequent program reviews will be held every 90 to 180 days, depending upon release date. These are held by the Unit Team to review progress on programming goals, work assignments, transfers, custody/security level, institutional adjustment, etc. The inmate may not waive appearance with the Unit Team. An inmate may request an unscheduled program review by submitting a copout to his Unit Manager.

**Reentry Pre-Release Programming**

Release preparation begins on the first day of incarceration. The BOP’s reentry strategy provides inmates with the opportunity to gain the necessary skills and resources to succeed upon release. Through coordinated efforts among the departments in the institution and collaboration with other agencies, a wide array of programs and activities are offered to better inmates’ chances of a successful reentry upon release.
It is imperative at initial classification (Team) that inmates are open and honest when answering questions to allow the team to accurately identify needs and make appropriate program recommendations to improve inmates’ chances of a successful reentry. Each time an inmate goes to team, he will receive a progress update and new recommendations as warranted. Contributors and programming recommendations include Education, Health Services, Psychology, Unit Team, Recreation, Religious Services, the inmate’s Work Detail Supervisor, and the inmate. Inmates are strongly encouraged to take advantage of the program recommendations.

Additionally, to make the transition back to the community go as smoothly as possible, inmates should obtain at least two forms of identification to include a social security card. Inmates may also be eligible for some benefits upon release (e.g., social security disability, veteran’s, Medicare, etc.) to make the transition easier. Staff may be able to provide you with information concerning benefits so that you may determine your eligibility and begin the application process if applicable prior to release. Lastly, the Career Resource Center, normally located in the Education Department, can also provide you with pre and post release programming and education ideas, potential employment and housing information, as well as potential benefits information.

Town Hall Meetings
Town Hall meetings are held to make announcements and to discuss changes in the policy and procedures of the unit. Inmates are encouraged to ask pertinent questions of the staff and any guest speakers who are present. These questions should pertain to the unit as a whole, rather than personal questions or problems. Personal issues will be resolved by unit staff during the regular working hours which are posted in each unit.

Treaty Transfer for Non-U.S. Inmates
Inmates who are not U.S. citizens may be eligible for a transfer to their home country to serve the remainder of their sentence. At initial classification, the inmate will be advised if the inmate’s home country has a formal exchange treaty with the United States. The Case Manager will provide additional information regarding an inmate’s eligibility for participation in the program.

Foreign Consular
The most recent publication of the Consular Notification and Access directory will be located in the Law Library.
**DAILY INMATE LIFE**

**Sanitation**
It is the inmate’s responsibility to check his cell immediately after being assigned there and report all damages to the Unit Officer or Correctional Counselor. An inmate may be held financially liable for any damage to his personal living area.

Each inmate is responsible for making his bed in accordance with posted regulations before work call (including weekends and holidays when he leaves the area). Each inmate is also responsible for sweeping and mopping his cell floor, removing trash, and ensuring it is clean and sanitary. Cardboard boxes and other paper containers are not permitted for storage due to their combustible nature. Lockers must be neatly arranged inside and out, and all shelving must be neat and clean. Chairs are assigned to each bed, and will not be defaced or marked in any manner by the inmate.

Toothpaste, toothbrushes, combs, razors, and soap for personal hygiene are issued by the institution. Inmates may purchase brand name items through the Commissary.

**Personal Property Limits**
Items which may be retained by an inmate are limited for sanitation and security reasons, and to ensure excess personal property is not accumulated which would constitute a fire hazard or impair staff searches of the cell. Each institution is required to establish an Institution Supplement regarding Inmate Personal Property, specifically identifying personal property which the inmate may retain.

**Storage Space**
Staff shall set aside space within each housing area for use by an inmate. The designated area shall include a locker or other securable area in which the inmate is to store authorized personal property. The inmate shall be allowed to purchase an approved locking device for personal property storage in regular living units. Limited space may also be available under the bed for approved items. The amount of personal property allowed each inmate is limited to those items which can be neatly and safely placed in the space designated. Under no circumstance will any materials be accumulated to the point where they become a fire, sanitation, security, or housekeeping hazard.

**Clothing**
Civilian clothing (i.e., clothing not issued to the inmate by the Bureau or purchased by the inmate through the Commissary) is not authorized for retention by the inmate. Prerelease civilian clothing for an inmate may be retained by staff in the Receiving
and Discharge area during the last 30 days of an inmate’s confinement. All inmates are prohibited from wearing any clothing not government-issued or purchased in the Commissary. No inmates may be issued, permitted to purchase, or have in their possession any blue, black, red, or camouflage clothing or cloth items. Commissary sales of clothing are limited to the following colors: Only gray and/or white clothing may be sold in institutions. The only exception is for religious headgear. All government clothing, except undergarments will be tagged with a label indicating the inmate’s name and registration number. These items are to be neatly stored in the identified storage space provided. Individual washcloths and towels are issued to inmates. Representative authorized footwear/shoes may include: work (1 pr.), shower (1 pr.), athletic/specialty (2 pr. - black, white, or a combination thereof with a maximum value of $100.00), slippers (1 pr.), and casual (1 pr.). Footwear will be placed neatly under the bed.

Commissary/Special Purchase Items
These items are authorized to the point they can be contained in the storage area provided for personal property.

Letters, Books, Photographs, Newspapers, and Magazines
An inmate will be limited in the number of letters, books, photographs, magazines, and newspapers that can be stored in their designated storage space. Nothing is to be tacked, stapled or scotch taped to any surface except to bulletin boards. Ordinarily, photographs, particularly those of family and friends, are approved, since they represent meaningful ties to the community. A personal photograph is defined as a photograph intended for individual viewing, as opposed to a photograph published for commercial use. Personal photographs may be stored or displayed in the housing units according to local sanitation and housekeeping guidelines. Inmates may not retain Polaroid photos. Nude or sexually suggestive photos (individual prints or copies as opposed to those from publications) present special concerns about personal safety, security, and good order, particularly when the subject is an inmate’s relative, friend, or acquaintance or could reasonably be perceived as such. For these reasons, an inmate may not be permitted to retain, receive, or possess a personal photograph in which the subject is partially nude or nude, or when the photograph depicts sexual acts such as intercourse, fellatio, or sodomy. These materials will be returned to the sender upon receipt at the institution.

Legal Materials
Staff may allow an inmate to possess legal materials in accordance with the provisions on inmate legal activities.
Hobbycraft Materials
Staff shall limit an inmate’s hobby shop projects within the cell or living area to those projects which the inmate may store in designated personal property containers. Staff may make an exception for an item (for example, a painting) where size would prohibit placing the item in a locker. This exception is made with the understanding that the placement of the item is at the inmate’s own risk. Staff shall require that hobby shop items be removed from the living area when completed.

Radios, MP3 Players, and Watches
An inmate may possess only one approved radio and MP3 player, and watch at a time. The inmate must be able to demonstrate proof of ownership. An inmate who purchases a radio, MP3 player, or watch through a BOP commissary is ordinarily permitted the use of that item at any BOP institution if the inmate is later transferred. If the inmate is not allowed to use the radio, MP3 player, or watch at the new institution, the inmate shall be permitted to mail, at the receiving institution's expense, the item to a destination of the inmate’s choice. Where the inmate refuses to provide a mailing address, the radio, MP3 player, and/or watch may be disposed of through approved methods, including destruction of the property. The MP3 player can be managed through TRU-Units. This service allows inmates to manage the player and to purchase non-explicit music.

Jewelry
Inmates may have a plain wedding band with no stones or intricate markings. Wedding bands are permitted only if an inmate gets married within the institution or if it is in personal possession during the time an inmate voluntarily surrenders. They may retain one appropriate religious medallion and chain without stones & non-metallic. These items are not to be valued more than $100.

Smoking
Inmate smoking is prohibited in all BOP facilities.

Quarters Rules

Unit Assignments
It is the right of management to make and change the unit assignment based on the needs of the institution.

In order to minimize maintenance costs, permit uniform inspection, search procedures, and maintain orderly congregate living, the institution has imposed reasonable regulations on inmate conduct and furnishings in housing units. Unit Officers and Counselors may inspect cells daily and publish individual ratings of appearance.
Inmate Access to Upper Bunks
All inmates assigned to upper bunks must access the upper bunk without resorting to stepping on the lower bunk, wooden or metal fixtures, chairs, or any moveable object not intended for climbing. Inmates must use the welded metal step attached to their beds to get to the upper bunk. **Warning:** Failure to follow these procedures when accessing an upper bunk may result in injury.

The rules include items such as:

All beds are to be made daily in the prescribed manner. If a cell or room is not acceptable, disciplinary action will be taken.

Unit meal rotation is ordinarily based on weekly sanitation ratings of each unit. The unit with the highest sanitation is called first. Room or cell doors are closed when inmates are not in them.

Each inmate is responsible for the cleaning and sanitation of his room or cell. Everyone is responsible for cleaning up after themselves.

Sexually suggestive photographs are **NOT** authorized for display outside of the individual locker or cabinet. Provocative pictures, posters, cartoons, and any items cut out of magazines may not be displayed on the bulletin boards or in any cell or dorm.

Showers are available every day, but inmates may not be in the shower during an official count.

Safety shoes must be worn to work as designated in policy.

Unit televisions may be viewed during established off-duty hours. During normal working hours, unit televisions may be viewed at the discretion of staff.

**Wake-up**
A general wake-up for all inmates is 6:00 a.m. It is the inmate’s responsibility to leave the unit for meals and work. Late sleepers who are unable to maintain rooms or arrive at work on time are subject to disciplinary action.

**Clothing Exchange & Laundry**
Institutions issue clothing to the inmate population that is properly fitted, climatically suitable, and presentable. Institutions will furnish each inmate with sufficient clothing to allow at least three changes of clothes weekly.
Inmates may make a request annually to exchange T-shirts, Undershorts and socks by filling out an Inmate Request to Staff Member form and submitting it to the laundry foreman describing the item(s) and sizes requiring exchange and a reason for the request.

Institutions establish local procedures to account for the initial issue of Government-furnished items to inmates and for their return before release. Government-issued clothing will not be altered or disfigured in any manner. Examples include, but not limited to, the following: converting pants to shorts, pleats, cutting off shirt sleeves, defacing clothing, etc. An inmate found to have destroyed government property may receive an Incident Report and appropriate disciplinary action will be taken.

The institution may provide clean clothing in several ways: access to self-serve washers, a centralized laundry, or a combination of the two. When no centralized laundry is available, institutions provide detergent for inmate use.

**Commissary**
The BOP maintains inmates’ monies (Deposit Fund) while incarcerated. The purpose of the Deposit Fund is to provide inmates the privilege of obtaining merchandise and services either not provided by the BOP or a different quality than that provided by the BOP. An inmate may use funds in their account to purchase items at the institution commissary, place funds on their inmate phone account, purchase TRU-Units for their TRULINCS account, or send funds by creating a BP-199. Inmates may not be in possession of cash at any time. Upon release, all Trust Fund accounts will be consolidated and placed on an Inmate Release Debit Card.

Commissary and validation schedules are posted on the inmate bulletin boards. Funds are withdrawn after positive identification by commissary card or fingerprint identification. It is the inmate’s responsibility to know the amount of money available in his account. Inmates may verify their account balances by utilizing the TRULINCS or the inmate telephone (118+PAC). **Inmates must have their commissary card in their possession at all times.**

**Spending Limitations**
The Spending Limit is $360.00 and this is the maximum amount an inmate is allowed to spend per month. Postage stamps and Over-The-Counter Medications are the only items excluded from the spending limitation. Validation is determined by the fifth digit of your register number and will be re-validated monthly as identified below:
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<th>5th Digit of Register Number</th>
<th>Re-Validation Day</th>
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**Deposits to Accounts**

**U.S. Postal Service**

Inmates' families and friends choosing to send inmates funds through the mail must send those funds to the following address and in accordance with the directions provided below:

**Federal Bureau of Prisons**

**Insert Valid Committed Inmate Name**

**Insert Inmate Eight-Digit Register Number**

Post Office Box 474701

Des Moines, Iowa 50947-0001

The deposit must be in the form of a money order made out to the inmate's full committed name and complete eight-digit register number. Effective December 1, 2007, all non-postal money orders and non-government checks processed through the National Lockbox will be placed on a 15-day hold. The BOP will return to the sender funds that do not have valid inmate information provided the envelope has an adequate return address. Personal checks and cash cannot be accepted for deposit.

The sender's name and return address must appear on the upper left-hand corner of the envelope to ensure the funds can be returned to the sender in the event that they cannot be posted to the inmate's account. The deposit envelope must not contain any items intended for delivery to the inmate. The BOP shall dispose of all items included with the funds.

In the event funds have been mailed but have not been received in the inmate's account and adequate time has passed for mail service to Des Moines, Iowa, the sender must initiate a tracer with the entity who sold them the money order to resolve any issues.

**Western Union Quick Collect Program**

Inmates' families and friends may also send inmates funds through Western Union's Quick Collect Program. All funds sent via Western Union's Quick Collect will be posted to the inmate's account within two to four hours, when those funds are sent.
between 7:00 a.m. and 9:00 p.m. EST (seven days per week, including holidays). Funds received after 9:00 p.m. EST will be posted by 7:00 a.m. EST the following morning. Funds sent to an inmate through the Quick Collect Program may be sent via one of the following ways:

1) At an agent location with cash: The inmate's family or friends must complete a Quick Collect Form. To find the nearest agent, they may call 1-800-325-6000 or go to www.westernunion.com.

2) By phone using a credit/debit card: The inmate's family or friends may simply call 1-800-634-3422 and press option 2.

3) ONLINE using a credit/debit card: The inmate's family and friends may go to www.westernunion.com and select "Quick Collect".

For each Western Union Quick Collect transaction, the following information must be provided:

1) Valid Inmate Eight-Digit Register Number (entered with no spaces or dashes) followed immediately by Inmate's Last Name
2) Committed Inmate Full Name entered on Attention Line
3) Code City: FBOP, DC

Please note the inmate's committed name and eight-digit register number must be entered correctly. If the sender does not provide the correct information, the transaction cannot be completed. The Code City is always FBOP, DC.

Each transaction is accepted or rejected at the point of sale. The sender has the sole responsibility of sending the funds to the correct inmate. If an incorrect register number and/or name are used and accepted and posted to that inmate, funds may not be returned.

Any questions or concerns regarding Western Union transfers should be directed to Western Union by the sender (general public). Questions or concerns should not be directed to the BOP.

MoneyGram Express Payment Program
Inmates' families and friends may also send inmates funds through MoneyGram’s Express Payment Program. All funds sent via MoneyGram’s Express Payment will be posted to the inmate's account within two to four hours, when those funds are sent between 7:00 a.m. and 9:00 p.m. EST (seven days per week, including holidays). Funds received after 9:00 p.m. EST will be posted by 7:00 a.m. EST the following morning. Funds sent to an inmate through the MoneyGram Express Payment Program may be sent via one of the following ways:

1) At an agent location with cash: The inmate's family or friends must complete a MoneyGram Express Payment Blue Form. To find the
nearest agent, they may call 1-800-926-9400 or go to www.moneygram.com.

For each MoneyGram Express Payment transaction, the following information must be provided:

1) Valid Inmate Eight-Digit Register Number (entered with no spaces or dashes), followed immediately by Inmate's Last Name

2) Company Name: Federal Bureau of Prisons

3) City & State: Washington, DC

4) Receive Code: Must always be 7932

5) Committed Inmate Full Name entered on Beneficiary Line

Please note that the inmate's committed name and eight-digit register number must be entered correctly. If the sender does not provide the correct information, the transaction cannot be completed.

Each transaction is accepted or rejected at the point of sale. The sender has the sole responsibility of sending the funds to the correct inmate. If an incorrect register number and/or name are used and accepted and posted to that inmate, funds may not be returned.

2) ONLINE using a credit, debit or prepaid card (Visa or MasterCard only): The inmate's family and friends can click on www.moneygram.com/paybills. Enter the Receive Code (7932) and the amount you are sending (up to $300). If you are a first time user you also must set up a profile and account.

Any questions or concerns regarding MoneyGram Express Payment transfers should be directed to MoneyGram by the sender (general public). Questions or concerns should not be directed to the BOP.

Commissary Fund Withdrawals
Requests for Withdrawal of Inmate Personal Funds, BP-199 forms, will be processed weekly by Trust Fund, Inmate Accounts. Withdrawals are initiated in TRULINCS, Send Funds (BP-199) by the inmate. When the BP-199 is printed it must be signed by the inmate in staff presence and hand delivered. The Supervisor of Education approves withdrawal requests for correspondence courses and materials for approved education programs. Unit Managers will approve all other withdrawal requests. Only an Associate Warden can approve inmate withdrawals exceeding $500.00.

Upon release, inmates will receive their personal funds in their Inmate Deposit Fund Account on a debit card.
TRULINCS

The Trust Fund Limited Inmate Computer System (TRULINCS) is the inmate computer network that provides inmates access to multiple services. At no time do the inmates have any access to the Internet.

Inmate’s access dedicated TRULINCS workstations installed in various common areas to perform various functions using their register number, Fingerprint, Phone Access Code (PAC), and Commissary Personal Identification Number (PIN). Inmate access to these workstations varies depending on the institution.

Account Transactions – This service allows inmates to search and view their Commissary, telephone, and TRULINCS account transactions, as well as, view their Media List.

Bulletin Board – This service is used to supplement the use of inmate bulletin boards within the institution for disseminating information to the inmate population.

Contact List – This service is used by inmates to manage their email address list, telephone list, and postal mailing list. Inmates also mark for print postal mailing labels within this service.

If an email address is entered for a contact, TRULINCS sends a system generated message to the contact directing them to www.corrlinks.com to accept or reject email contact with the inmate prior to receiving any messages from the inmate. If a positive response is received, the inmate may begin exchanging electronic messages with this contact. If a contact rejects TRULINCS participation, the inmate is blocked from sending any messages to that email address.

Law Library – This service allows inmates to perform legal research

Manage Funds – This service allows inmates to manage their personal funds by creating/canceling Requests for Withdrawal of Inmate Personal Funds (BP-199) and their Pre-Release Account.

Manage TRU-Units – This service allows inmates to purchase TRU-Units using available Commissary funds or transfer TRU-Units back to their Commissary account. Prescription Refill – This service allows inmates to request prescription refills via TRULINCS of self-carry medications that are ready for refill directly to the Pharmacy. Pharmacy staff will receive the prescription refill request and process the request accordingly. Inmates will follow established local procedures for picking up requested prescriptions.

Print – This service allows inmates the opportunity to print various documents marked for print within TRULINCS. Mailing labels and BP-199 forms may be printed for free. All other documents can be printed at a cost.
Public Messaging - Inmates may correspond with friends and family using public messaging. This is a restricted version of email that will only allow text messages and no attachments. There is a cost per minute fee for using this service. Messages are limited to 13,000 characters.

Request to Staff - This service allows inmates to correspond with staff electronically. The list of available departments varies by institution; however, there is a standard DOJ Sexual Abuse Reporting mailbox available that provides inmate with an additional method to report allegations of sexual abuse and harassment directly to the Office of Inspector General (OIG).

Survey - This service allows inmates to take Bureau surveys (i.e., Institution Character Profile).

**Inmate Telephone System – TRUFONE**

Each inmate will be provided a nine-digit Phone Access Code (PAC) for accessing TRUFONE; including instructions for use of this system. The PAC is confidential and should not be shared with other inmates. A replacement fee will be charged if a PAC is misplaced or compromised. In addition, each inmate will need to perform voice verification registration. Management of inmates’ telephone numbers is performed via the TRULINCS.

The hours of telephone operation begin at 6:00 a.m. and end no later than 11:30 p.m. Inmate access to telephones will normally be limited during the following times, Monday through Friday, not including holidays:

- 7:30 a.m. until 10:30 a.m.; and,
- 12:30 p.m. until after 4:00 p.m. count.

Inmates are expected to be at their work assignments and must not use the telephone during their work hours. For inmates who work varied work shifts, at local discretion, institutions may leave one telephone per unit available for inmates on “days off,” or “evening shift.”

Directions for use of TRUFONE are posted near the telephones. All calls are limited to 15 minutes. Telephone calls are subject to monitoring and recording by institution staff. Inmates are limited to 300 minutes per month and may be used for any combination of collect or direct dial calls. Ordinarily, inmates will be allowed an extra 100 minutes per month in November and December. Telephone rates are posted throughout the institution.

TRUFONE credits are transferred using the TRUFONE system and must be done in even dollar amounts. The TRUFONE credits are deducted from an inmate’s commissary account and transferred to the TRUFONE account immediately. Transfers may be made from any telephone
during operational hours. It is each inmate’s responsibility to verify the correctness of the amount transferred at the time of transfer.

SECURITY PROCEDURES

Attire
Inmates will be in the proper uniform, (normally khaki pants and khaki shirt), Monday thru Friday, between 7:30 a.m. and 3:30 p.m. The uniform will be maintained in a neat and professional manner, with shirt tucked in and pants around the waist line. Other than approved religious headgear, hats will not be worn while indoors. House slippers, sandals, and shower shoes are not to be worn outside of the housing units, unless medically necessary. Wave caps (du rags) are only to be worn in the units, and not on the compound.

Dining Hall, Regular On-Duty Work Hours, Monday–Friday:
All inmates will wear the work uniform of the day. Inmates who are lay-in, day-off or on vacation during the week are required to wear the uniform of the day to the dining hall. All shirts will be tucked into trousers at all times. Shirts which button up in front will be buttoned up appropriately. Only long pants are allowed. Shorts will not be worn at any time. Composite-toed institution issued shoes or tennis shoes must be worn. Bare feet, sandals or slippers are not allowed. Only authorized religious headgear (Kufi, Yarmulke, Rastafarian crown, or Indian bandanna) may be worn. Sunglasses and baseball hats will not be worn. Radios and earphones will not be brought into the dining hall.

Inmate Identification Cards
Inmates are required to have their identification cards with them at all times upon departing their assigned cell. Inmates will be issued an identification card upon arrival at the institution. Inmates are responsible for the care of these cards. Lost, stolen, damaged cards or any change in appearance must be replaced.

Counts
At a minimum there are five official counts during every 24 hours. It is necessary for the staff to count inmates on a regular basis. During a count, you are expected to stay quietly in your area until the count is announced as cleared. You are also expected to be standing at your bedside during official counts held during non-bedtime hours.

Official counts will ordinarily be taken at 12:01 a.m., 3:00 a.m., 4:45 a.m., 4:00 p.m. stand-up count and 9:30 p.m. stand-up count. In addition, on weekends and holidays, there is also a 10:00 a.m. stand-up count. Other counts may occur during the day and evening. Disciplinary action will also be taken against inmates for leaving an assigned area before the count is clear.
The inmate must actually be seen at all counts, even if the inmate must be awakened.

Call-Outs
Call-outs are a scheduling system for appointments (which include medical, dental, educational, team meetings, and other activities) and are posted each day on the unit bulletin boards after 2:00 p.m., on the day preceding the appointment. It is the inmate’s responsibility to check for appointments on a daily basis.

Controlled Movement
Controlled movement starts at the 7:30 a.m. work call. During non-working hours, movement throughout the institution will began at 6:00 p.m. between the North and South yards and will be regulated by a procedure called controlled movement. The purpose of controlled movement is to ensure all inmate movement is orderly when an institution pass system is not in effect. Controlled movement generally begins ten minutes before the hour and ends on the hour. Normally, these moves are a one way move; meaning, "in bound" or "out bound" move. During the movement period, normally ten minutes, inmates may move from an area of the institution to another without a pass or staff escort.

During the evening hours, the first controlled movement period normally begins at the conclusion of a clear official 4:00 p.m. count. During the feeding of the evening meal, inmates can normally move to recreation yard or chapel; however, you remain secured inside those areas until the next controlled movement is announced. At the conclusion of the evening meal, the Compound will be secured and a ten minute, controlled movement will commence.

On Saturdays, Sundays, and holidays, normally the first controlled movement will begin at the conclusion of the morning meal. The Compound will be secured at 9:30 a.m., in preparation of the 10:00 a.m. count. During the feeding of the brunch meal, inmates can normally move to the recreation yard or chapel; however, you must remain secured inside those areas until the next controlled movement is announced. The movement periods will resume after the brunch meal.

Contraband
Contraband is defined as any item or thing not authorized or issued by the institution, not received through approved channels, or not purchased through the Commissary. All staff is alert to the subject of contraband and make an effort to locate, confiscate, and report contraband in the institution. You are responsible for all items found in your living area, and should immediately report any unauthorized item to the Unit Officer. Any items in your personal possession must be authorized and a record of receipt of the item should be kept in your possession.
You may not purchase radios or any other item from another inmate. Items purchased in this manner are considered contraband, and will be confiscated. An altered item, even if an approved or issued item, is considered contraband. Altering or damaging government property is a violation of institutional rules, and the cost of the damage can be levied against the violator.

Contraband includes material prohibited by law, or by regulation, or material which can reasonably be expected to cause physical injury or adversely affect the security, safety, or good order of the institution.

Staff shall consider as nuisance contraband any item other than hard contraband, which has never been authorized, or which previously has been authorized for possession by an inmate, but whose possession is prohibited when it presents a threat to security or its condition or excessive quantities of it present a health, fire, or housekeeping hazard. Examples of nuisance contraband include: personal property no longer permitted for admission to the institution or permitted for sale in the commissary; altered personal property; excessive accumulation of commissary, newspapers, letters, or magazines which cannot be stored neatly and safely in the designated area; food items which are spoiled or retained beyond the point of safe consumption; government-issued items which have been altered, or other items made from government property without staff authorization.

Staff shall seize any item in the institution which has been identified as contraband whether the item is found in the physical possession of an inmate, in an inmate’s living quarters, or in common areas of the institution. An inmate may not purchase, give, or receive any personal property from another inmate.

Staff shall return to the institution’s issuing authority any item of government property seized as contraband.

Items of personal property confiscated by staff as contraband are to be inventoried and stored pending identification of the true owner (if in question) and possible disciplinary action. Staff will then provide you with a copy of the inventory as soon as practicable.

**Shakedowns**

The placement of metal detection devices throughout the institutions may be necessary for the control of contraband. A metal detector search may be done in addition to the pat search. Staff may conduct a pat search of an inmate on a routine or random basis to control contraband. Staff may also conduct a visual search where there is reasonable belief that contraband may be concealed on your person or a good opportunity for
concealment has occurred. Finally, staff may search an inmate's housing and work area, and personal items contained within those areas, without notice, randomly, and without the inmate's presence. The property and living area will be left as close to the same conditions as found.

Drug Surveillance / Alcohol Detection
BOP facilities operate drug surveillance and alcohol detection programs which include mandatory random testing, as well as testing of certain other categories of inmates. A positive test, or refusal to submit a test, will result in an incident report.

Fire Prevention and Control
Fire prevention and safety are everyone’s responsibility. Inmates are required to report fires to the nearest staff member so property and lives can be protected. Piles of trash or rags in closed areas, combustible material, items hanging from fixtures or electrical receptacles, or other hazards will not be tolerated. Regular fire inspections are made by qualified professionals.

PROGRAMS AND SERVICES

Job Assignments
All inmates, who have been medically cleared, will maintain a regular job assignment. Many job assignments are controlled through an Inmate Performance Pay (IPP) system, which provides monetary payment for work. Federal Prison Industries has a separate pay scale. Unit staff assign work and approve all job changes. They also see that the changes are posted on the Daily Change Sheet. It is also the right of management to assign the work assignment based on the needs of the institution.

Institutional maintenance jobs are usually the first assignment an inmate receives. This might include work in Food Service, or as a unit orderly, or in a maintenance shop. However, most institutions have a significant number of inmate jobs in factories operated by Federal Prison Industries, also known as UNICOR. Many institutions have a waiting list for factory employment.

UNICOR employs and trains inmates through the operation of, and earnings from, factories producing high-quality products and services for the Federal government. Some examples of products and services UNICOR produces are electronic cable assemblies, executive and systems furniture, metal pallet racks, stainless steel food service equipment, mattresses, towels, utility bags, brooms, data entry, signage, and printing. UNICOR provides an opportunity to the inmates to pay their court ordered financial obligations to society on a faster pace than any other job in the institution. Most institutions give priority for employment in UNICOR to inmates with large court ordered financial obligations.
The training and experience acquired in UNICOR is beneficial for re-entry into society.

**Inmate Financial Responsibility Program**

Working closely with the Administrative Office of the Courts and the Department of Justice, the BOP administers a systematic payment program for court-imposed fines, fees, and costs. All designated inmates are required to develop a financial plan to meet their financial obligations. These obligations may include: special assessments imposed under 18 USC 3013, court ordered restitution, fines and court costs, judgments in favor of the U.S., other debts owed the Federal government, and other court-ordered obligations (e.g., child support, alimony, other judgments).

Institution staff assist in planning, but the inmate is responsible for making all payments required, either from earnings within the institution or from outside resources. The inmate must provide documentation of compliance and payment. If an inmate refuses to meet his obligations, the inmate cannot work for UNICOR nor receive performance pay above the maintenance pay level. He will also be placed in “refuse” status. As the result of being in refuse status, the inmate has a spending limit of only $25.00 monthly, can be placed in less desirable housing, will not be considered for any favorable requests, (i.e., vacations, furloughs, early release, etc.) and will score zero in responsibility on the custody classification. These are a few examples of the sanctions that can be imposed as a result of being in refuse status.

The status of any financial plan will be included in all progress reports, and will be considered by staff when determining Security/Custody level, job assignments, eligibility for community activities, and institutional program changes. The U.S. Parole Commission will also review financial responsibility progress at parole hearings.

**Food Service**

The BOP offers a standardized National Menu. This menu is offered at all institutions and includes approved menu items based on standard recipes and product specifications. The National Menu offers regular, heart healthy and no-flesh dietary options. At the Warden’s discretion items may be added to the National Menu by adding to a salad bar, hot bar, beverage bar (if these are part of the Food Service program) or by adding condiments such as sugar.

Medical diets will be provided by mainline self-selection from the items available on the National Menu for that meal unless menu items fail to meet the medical requirement. Menu item replacements may not always be provided as inmates may have to avoid certain foods in the self-selection process; however, if a dietitian determines a Special Diet is required to ensure
adequate nutrition, it will be provided by pre-plating or controlled plating.

The religious diet program, called the Alternative Diet Program, consists of two distinct components: one component provides for religious dietary need through self-selection from the main line, which includes a no-flesh option. The other component accommodates dietary needs through nationally recognized, religiously certified processed foods and is available through the approval of Religious Services.

**Release Preparation Program (RPP)**
The Institution Release Preparation Program is designed to assist you in preparing you to reintegrate with your family in the community. You will be given aid in developing plans for your personal life and for work by both your unit team and educational staff. Classes and information sessions with U.S. Probation Officers, Residential Re-entry staff, and other agencies and employees are available. Release preparation programming begins at initial classification. Staff will address concerns about readjustment, current community issues, and educational/vocational opportunities. If you are eligible, furlough and Residential Reentry Centers (RRC) placement will be considered.

**Education/Recreation**
The mission of Education/Recreation Services is to provide mandatory literacy and English-as-a-Second Language programs as required by law, as well as other education/recreation and related programs that meet the needs and interests of the inmate population, provide options for the positive use of inmate time, and enhance successful reintegration into the community.

Education opportunities provided for Federal inmates include General Equivalency Diploma (GED) and ESL programs, as required by law. Various nationally recognized tests will be used to place inmates in appropriate education programs. Inmates must perform to the best of their abilities on exams for appropriate placement in class.

**Literacy/GED**
The Violent Crime Control and Law Enforcement Act (VCCLEA) and the Prison Litigation Act (PLRA) require inmates who lack a high school diploma to participate in a GED credential program and make satisfactory progress in the program in order to be eligible to vest the maximum amount of earned good conduct time (VCCLEA sentenced inmates) or earn the maximum amount of good conduct time.

Unless exempt (pre-trial, holdover, etc.), inmates must participate in the literacy program for one mandatory period of at least 240 instructional hours, or until they achieve a GED
credential. For all inmates to receive job pay promotions above the entry level, they must have a high school diploma, a GED credential, or a pay exemption.

Inmates who are exempt from attending GED class based on a deportation detainer must enroll in GED or ESL in order to receive their good conduct time.

Inmates under a final Bureau of Immigration and Customs Enforcement (BICE) order of deportation, exclusion, or removal are exempt. Inmates who have completed the mandatory period of enrollment must remain enrolled, or re-enroll to vest/earn their good conduct time. Inmates found guilty of an incident report related to their literacy program enrollment will be changed to GED UNSATISFACTORY PROGRESS, and will not vest/earn their good conduct time.

Following an assignment of a GED UNSATISFACTORY PROGRESS code, inmates will be required to complete additional 240 hours of program enrollment before they can be changed back to a SATISFACTORY code. Good conduct time will not vest while the UNSATISFACTORY assignment exists.

Inmates who are eligible for District of Columbia Educational Good Time (DCEGT) can earn DCEGT for participating, but not completing GED, ESL and marketable level occupational training programs. While enrolled in the qualifying education program, inmates will earn DCEGT credit. However, DCEDGT credit will show up on their sentence computation when they complete or withdraw from the qualifying program.

Special note on GED scores: A new English GED test will be launched on January 1, 2014. A new Spanish GED test will follow later. Once a new GED test is issued, scores from the current GED test cannot be combined with the new test. If inmates have taken the English GED test between January 1, 2002, and now, they are strongly encouraged to see the education staff and retake the GED test before December 31, 2013. English GED scores from the current GED test will no longer be valid.

The new GED Test will be taken on the computer. Inmates are strongly encouraged to enroll in a keyboarding or typing course, when offered.

**Inmates with a Verified High School Diploma**

In order to obtain a realistic and accurate assessment of an inmate’s skill levels, a demonstration of literacy attainment must be verified for inmates with a high school diploma. Even though current policy accepts a high school diploma for custody classification, good time credits, education programs, etc., a high school diploma does not necessarily certify an inmate is literate.

Inmates who have a high school diploma (not an AA or higher post-
secondary degree) are encouraged to submit a cop-out to the Education Department to request to sign-up for the Tests of Adult Basic Education (TABE) to validate their reading, language, and math computation, as well as applied math. The purpose of the TABE is to ensure these inmates have sufficient language and math skills to pursue their post-secondary education study and/or obtain a job in the community. Mastery of the reading, language, and math skills from the TABE is part of inmates’ reentry plan documented in the Inmate Skills Development System (ISDS).

In the Academic section of the ISDS, the inmate will not be scored/rated green (indicating demonstration of literacy skills) and should be scored/rated yellow (indicating unknown) until he/she scores a 9.0 or higher on TABE A or D. If an inmate scores below 9.0, he/she should enroll in remedial classes offered by the Education Department to improve his literacy levels.

**ESL**
The Crime Control Act of 1990 mandates non-English speaking Federal prisoners participate in the ESL program. An inmates’ communication skill level in English is evaluated at initial classification and interviews. Those found to have limited ability to communicate in English will be referred to the education department to determine proficiency at the 8th grade level or higher based on a nationally recognized achievement test. Inmates scoring less than the 8th grade level of proficiency will be enrolled in ESL until they function at the 8th grade level or above on a nationally recognized education achievement test. If indicated by test scores, participation in ESL will be required regardless of education degree status. Inmates with high school diplomas or college degrees may be required to participate in the ESL program.

**Incentives**
Incentive awards are provided to recognize inmates making satisfactory progress and successfully completing the literacy (i.e., GED and ESL) program. Inmates may also receive incentives for progressing to various levels in the GED or ESL Programs. Graduation ceremonies recognize GED, ESL, and Occupational Education completions.

**Other Programs**
The completion of the literacy program is often the first step towards adequate preparation for successful post-release reintegration into society. Additional educational programs such as advanced occupational training or college are needed in today’s world. Vocational training and apprenticeship programs afford inmates an opportunity to obtain marketable job skills.

**Occupational Education Programs**
Occupational Education programs prepare inmates for a specific occupation or cluster of occupations. Inmates can earn a
Certificate, Associate of Arts Degree, Associate of Science Degree, or an industry accepted certificate upon the completion of occupational training programs. Occupational education programs vary institution-to-institution.

Inmates must request initial enrollment through the Supervisor of Education. Education staff will determine an inmate’s academic eligibility for enrollment and deportation status (if applicable).

The Supervisor of Education will notify an inmates’ unit team of enrollment consideration for occupational education programs.

Apprenticeship
Apprenticeship training provides inmates the opportunity to participate in training which prepares them for employment in various trades. Apprenticeship programs in the BOP are registered with the Bureau of Apprenticeship and Training, U.S. Department of Labor. These programs are structured to offer on-the-job learning in industries. Upon completion of a registered trade, inmates can earn a Certificate of Completion from the Department of Labor.

Adult Continuing Education (ACE):
ACE classes enhance an inmate’s general knowledge on various subjects and address the skill deficits identified in an inmate’s individual reentry plan. ACE classes are organized differently in different institutions. Typical ACE classes include: typing, computer literacy, foreign language, and business skills. These classes are usually offered during evening and weekend hours.

Post-Secondary Education (Inmate Correspondence Courses):
Inmates are encouraged to expand their knowledge through a variety of methods, including correspondence courses. In general, inmates are permitted to enroll in any correspondence course that involves only "paper and pencil." Courses requiring equipment are generally not authorized. The cost for correspondence courses must be paid by the inmate. If an inmate has sufficient funds available in his commissary account, a Form 24 may be used for payment. Inmates interested in enrolling in correspondence courses are required to contact the Staff Coordinator prior to enrollment. Catalogs are available from the Staff Coordinator. Diplomas or certificates from correspondence high school GED programs do not satisfy the criteria for an adult literacy program completion.

Parenting
The Parenting Program provides inmates information and counseling through directed classes on how to enhance their relationship with their children even while incarcerated. All Parenting Programs include a classroom and visitation component. In addition, social service outreach contacts are often established to facilitate the provision of services to the inmate parent, visiting custodial parent, and children.
Library Services
Leisure Libraries: Leisure libraries offer inmates a variety of reading materials, including but not limited to: periodicals, newspapers, fiction, non-fiction, and reference books. Institutions also participate in an interlibrary loan program with local, state, and college libraries and available bookmobile services.

Electronic Law Libraries (ELL): Inmates are afforded access to legal materials and an opportunity to prepare legal documents in the ELL. Resources are available for inmates to prepare legal material via Trust Fund.

A copying machine is available to reproduce materials needed for research. The price to reproduce materials is established by Trust Fund.

Recreation, Leisure, Wellness, and Social Programs
The BOP encourages inmates to make constructive use of leisure time and offers group and individual activities. At each facility, physical fitness and leisure programs are provided to promote positive lifestyle changes. These programs strive to provide inmates with opportunities to reduce stress and enhance overall health and emotional well-being.

Leisure Programs
Institutions offer a wide range of activities in which inmates may participate when not performing assigned duties. Leisure activities include: organized and informal games, sports, physical fitness, table games, hobby crafts, music programs, intramural activities, social and cultural organizations, and movies.

Art and Hobby Craft Programs
Art work includes all paintings and sketches rendered in any of the usual media (e.g., oils, pastels, crayons, pencils, inks, and charcoal). Hobby craft activities include ceramics, leatherwork, models, clay, mosaics, crochet, sculptures, woodworking, and lapidary, etc.

Art and hobby craft programs are not meant for the mass production of art and hobby craft items or to provide a means of supplementing an inmate’s income. Use of hobby craft facilities is a privilege the Warden or staff delegated that authority may grant or deny. All art and hobby craft items once completed must be mailed home.

Inmates are encouraged to participate in housing unit activities such as unit-based hobby craft. The Recreation Supervisor will coordinate housing unit activities with Unit Managers.
Wellness Programs
Wellness programs include screening, assessments, goal setting, fitness/nutrition prescriptions and counseling.

Recreation and Zimmer
The Zimmer Amendment was passed in 1996. The amendment does not allow for the BOP to use appropriated and non-appropriated funds to provide amenities or personal comforts in the Federal Prison System. Specifically, institutions activated prior to 1996 through attrition, will conform to the guidelines set by the law. The main sections of Zimmer address: (1) viewing of R, X, or NC-17 movies; (2) instruction or training for boxing, wrestling, judo, karate or other martial arts or any body building or weightlifting equipment; and (3) electronic or electric instruments.

Consequences for Rules Violation in Recreation
Inmates are strongly encouraged to participate in recreation activities. However, when inmate behavior violates established rules, consequences may include an incident report and/or suspensions from programs.

Religious Services
The Religious Services Department provide pastoral care and religious accommodation to individual and group religious beliefs and practices in accordance with the law, Federal regulations and BOP policy. The Chaplains offer religious worship, education, counseling, spiritual direction, support and crisis intervention to meet the diverse religious needs of inmates. BOP Chaplains also oversee the religious diet program, ceremonial religious meals and religious holiday observances. All Chaplaincy Services’ programming is directed to promote BOP reentry goals. The Life Connections and Threshold programs highlight our faith-based reentry priorities.

Counseling Activities
There are many alternatives for those who have personal problems and a desire to correct them. The first person you should talk to about a personal problem is usually the Unit Counselor. An exception to this is if you are struggling with feelings that you might hurt yourself or someone else; in this case, contact a psychology staff member immediately. If you have these feelings after regular working hours, inform any staff member and the Operations Lieutenant will ensure that Psychology staff is contacted. Your participation in counseling activities will be encouraged upon staff’s assessment of your needs. However, participation in such activities is voluntary. The staff of each unit is available for informal counseling sessions.

Psychology Services
Psychology Services departments in all BOP institutions offer basic mental health care to inmates. This care may include screening, assessment and treatment of mental health or drug
abuse problems, individual and/or group counseling, psycho-
educational classes, self-help and supportive services, or
referral to Health Services for medical treatment of a mental
illness.

In addition, Psychology Services staff, along with other
programming staff in the institution, collaborate with your Unit
Team to develop a comprehensive assessment of your strengths and
weaknesses. Based on this assessment, Psychology Services will
offer programming recommendations specific to your psychological
needs. These recommendations are designed to ensure your
successful adjustment to incarceration and prepare you for your
eventual release. We encourage you to participate actively in
the assessment process. If mental health or drug abuse
programming is recommended for you, Psychology Services staff
will provide ongoing feedback to you and your unit team regarding
your progress toward these programming goals.

If you are new to the BOP, or if you have previously identified
mental health or drug abuse programming needs, you will be
scheduled for an interview with Psychology Services staff. The
purpose of this interview is to review your history and identify
your programming needs. This interview is an ideal time for you
to share your interest in specific services, such as drug abuse
treatment or mental health counseling.

The Psychology Services department at this institution is staffed
by a Chief Psychologist, Advanced Care Level Psychologist, Staff
Psychologist, 2 Residential Drug Abuse Program Coordinators,
Internship Program Coordinator, and 4 Psychology Interns. The
department’s offices are located next to the visiting room.
There are a number of ways to contact Psychology Services at this
institution. You may:

· Submit an Inmate Request to a Staff Member (a “Cop-out”)
to Psychology Services.

· Visit the department during “Open House” hours.

· Speak with a Psychology Services staff member during
mainline or as they make rounds in your unit.

· Or in the case of a crisis situation, notify your Unit
Officer, Unit Team, or any other BOP staff member of your
urgent need to speak with Psychology Services.

**Suicide Prevention**
Incarceration can be a difficult experience. At times, you may
feel discouraged, frustrated, and helpless. It is not uncommon
for people to experience depression while in jail or prison,
especially if they are newly incarcerated, serving a long
sentence, experiencing family problems, struggling to get along
with other inmates, or receiving bad news. Over time, most inmates successfully adapt to incarceration and find ways to use their time productively and meaningfully. However, some inmates continue to struggle with the pressures of incarceration and become overwhelmed by a sense of hopelessness. If you feel a sense of hopelessness or begin thinking about suicide, talk to a staff member. Help is available and actively seeking help is a sign of your strength and determination to prevail. If you feel you are in imminent danger of harming yourself or someone else, you should contact a staff member immediately.

In addition, if you suspect another inmate is contemplating suicide, please notify a staff member. Staff do not always see everything inmates see, and most suicidal individuals display some warning signs of their intentions. PLEASE alert a staff member right away if you suspect a fellow inmate is considering suicide. The most effective way to prevent another person from taking his life is to recognize the factors that put people at risk for suicide, take warning signs seriously and know how to respond. The warning signs of suicide may include:

- threatening to hurt or kill oneself or talking about wanting to hurt or kill oneself
- feeling hopeless
- feeling rage or uncontrolled anger or seeking revenge
- increased alcohol or drug use
- withdrawing from friends, family, associates
- experiencing dramatic mood changes
- feeling anxious or agitated, being unable to sleep, or sleeping all the time
- seeing no reason for living or having no sense of purpose

If your friend, cellmate, coworker, or associate is exhibiting these signs, start by telling the person you are concerned and give him examples of what you see that worries you. Listen and encourage the person to seek help. If they are hesitant, offer to go with them to speak to a staff member. If you are not confident they will seek help, notify a staff member yourself. Seeking help for a person in distress isn’t “snitching”, it is showing concern for the welfare of a fellow human being. If you report your concerns to staff, you can rest easy knowing you did everything within your power to assist the individual.

If you are interested in assisting Psychology Services with suicide prevention efforts, you may choose to participate in this institution's inmate companion program. Inmates who are interested in serving as suicide watch inmate companions must meet the following criteria: (1) be a sentenced BOP inmate; (2) no 100 series incident reports in the past 3 years; (3) may not be in FRP, DRG ED, or GED refusal status; (4) you will need to Pass the Psychology Department Clearance. If you would like more information about this program, please speak with a member of the department.
Drug Abuse Programs

Drug abuse programming is available in all BOP institutions. The BOP offers a drug education course as well as treatment options for inmates who have abused alcohol and/or drugs.

Drug Abuse Education Course

The Drug Abuse Education Course is not drug treatment. The purpose of the course is to encourage you to review the consequences of your choice to have drugs in your life, to look at the relationship between drug use and crime, and to begin to think about how different your life could be without drugs. Looking at your drug involvement in this way may motivate you to ask for drug abuse treatment. If your pre-sentence report documents a prolonged history of drug use, evidence that alcohol or drug use contributed to the commission of your offense, a judicial recommendation for treatment, or a violation of community supervision as a result of alcohol or drug use, you are required to take the Drug Abuse Education Course. **Failing to take this required course results in your ineligibility for performance pay above maintenance pay level, as well as ineligibility for bonus or vacation pay.** You will also not be eligible for a Federal Prison Industries work program assignment. If you are not sure what this means, you may want to ask your counselor.

The Drug Abuse Education Course is available here at FCI Terminal Island. If you are required to complete the course, your name will automatically be placed on the waiting list for the course. When it is time for you to complete the course, Psychology Services staff will contact you. If you would like to enroll in the course, but are not required to participate, you may submit an Inmate Request to a Staff Member (“Cop-Out”) in order to place your name on the waiting list for the course.

Nonresidential Drug Abuse Treatment

Nonresidential Drug Abuse Treatment is also available. Nonresidential Drug Abuse Treatment has been developed to provide the flexibility necessary to meet each individual’s treatment needs, and more specifically for:

- inmates with a relatively minor or low-level drug abuse problem,
- inmates with a drug use disorder who do not have sufficient time to complete the intensive Residential Drug Abuse Treatment Program (RDAP),
- inmates with longer sentences who are in need of treatment and are awaiting placement in the RDAP,
- inmates with a drug use history who chose not participate in the RDAP, but want to prepare for staying sober in the community, and
- inmates who completed the unit-based portion of the RDAP and are required to continue treatment until their transfer to a Residential Reentry Center (RRC).
Program completion awards are only available for those who complete the program. If you are interested, ask the institution’s drug abuse treatment staff for more information on these awards.

**Residential Drug Abuse Treatment**

The RDAP provides intensive drug abuse treatment to inmates diagnosed with a drug use disorder. Inmates in the residential program are housed together in a treatment unit that is set apart from the general population. Treatment is provided for a minimum of 9 months; however, your time in the program depends on your progress in treatment.

To apply for the RDAP you must send an Inmate Request to a Staff Member (“Cop-Out”) to obtain an interview for the program. First, staff will screen your pre-sentence report to determine if there is any documentation indicating that you have a pattern of drug abuse or dependence. If so, you will be referred to the Drug Abuse Program Coordinator for an interview to determine if you meet the diagnostic criteria for a substance use disorder.

Inmates who are diagnosed with a drug use disorder are qualified for the RDAP and are admitted to the program based on their nearness to release, as mandated by federal statute. You must have enough time left to serve on your sentence to complete the unit-based component and the community transition component of the program. Follow-up Treatment, as described earlier, is provided to inmates after they complete the unit-based component and before they transfer to a residential reentry center. The RDAP is operated as a modified therapeutic community where inmates are expected to model the pro-social behaviors expected in a community. This means RDAP participants are role models to other inmates. Therefore, they are to demonstrate honesty, to relate positively with their peers, and to fully participate in all treatment activities in the unit. The RDAP is a half-day program, with the rest of the day devoted to work, school, and other self-improvement activities.

If you are interested in volunteering for the RDAP and would like to know if you are eligible for the program, contact the institution’s drug abuse program coordinator. You may apply for the program at any time during your incarceration, but your interview, like program admittance, will be based on your proximity to release. Ordinarily inmates are interviewed 42-24 months from release depending on the facility’s security level and waiting list for the RDAP.

**NOTE:** If you have any outstanding warrants that would prohibit completion of the community treatment component of the RDAP. You must take care of that warrant prior to the interview.
Early Release
The Violent Crime Control and Law Enforcement Act of 1994 allows the BOP to grant a non-violent inmate up to 1 year off his term of imprisonment for successful completion of the residential drug abuse treatment program (Title 18 U.S.C. § 3621(e)(2)). For more information, talk to an institution drug abuse treatment specialist or drug abuse program coordinator.

Community Transition Drug Abuse Treatment
To successfully complete the RDAP, inmates are required to participate in the Community Transition Drug Abuse Treatment component of the program. The BOP ensures that inmates receive continued treatment when transferred to a residential reentry center (RRC) or to home confinement. The RRC, is structured to help you adjust to life in the community and find suitable post-release employment. RRCs provide a structured, supervised environment and support job placement, counseling, and other services. Within the structure of the RRC, RDAP participants continue their drug abuse treatment, with a community-based treatment provider. The BOP contracts with this provider to deliver treatment services in the community. Inmates must continue to participate in transition drug abuse treatment to earn any benefit associated with successful completion of the RDAP, e.g., early release.

In addition to these drug abuse programs, drug abuse treatment services may also be provided within the context of other specialized treatment programs with the BOP, such as the Resolve Program and the Challenge Program.

Specialized Mental Health Programs
The BOP also has several residential mental health programs designed to help inmates with severe emotional, cognitive, and behavioral problems. These programs are indicated for inmates who are having difficulty functioning in a mainline institution due to a psychological disorder. They are designed to improve the day to day functioning of inmates with the goal of helping them return to a mainline institution or preventing the need for hospitalization. Psychology Services has additional information about these programs and can make recommendations for participation.

Confidentiality
Security needs and the nature of a prison environment affect mental health care in a variety of ways. Confidentiality is an important component of the therapeutic relationship. However, in a prison environment, confidentiality must be weighed against institutional needs of safety and security. Mental health providers in the institution not only serve inmates, they also serve the institution and the public at large.
In the community, certain situations require mental health providers to violate client confidentiality. For example, many states mandate reporting of child or elder abuse. Providers also must notify authorities if a client threatens suicide or serious harm to others. Similarly, prison mental health providers violate confidentiality when an inmate is at risk of serious harm to themselves or others, such as when an inmate presents a clear and present risk of escape or when an inmate is responsible for the creation of disorder within a facility. Confidentiality may also be limited when prison mental health providers share information on a need-to-know basis with prison officials or other federal law enforcement entities. For example, before you are transferred to a residential reentry center, mental health providers must communicate your mental health needs to your unit team.

If you tell a staff member, including a Psychology Services staff member, that you are going to harm or kill yourself or someone else, or engage in a behavior that jeopardizes the safety or security of the institution, confidentiality will be breached and the appropriate individuals will be notified on a need-to-know basis only. Simply put, there is no guarantee of confidentiality in the prison setting. However, you can rely on the professional judgment of Psychology Services staff who conscientiously balance your confidentiality and the safety and security of the institution. Information that does not impact the safety and security of the institution, inmates, and staff, will not be shared. While these limitations on confidentiality may initially deter you from seeking treatment, I want to assure you that the vast majority of inmates who receive psychological services are comfortable with the decisions staff make with regard to their confidentiality. If you have additional questions about confidentiality, be certain to discuss your concerns with Psychology Services staff.

**Escorted Trips**

Escorted trips provide approved inmates with staff escorted trips into the community for such purposes as receiving medical treatment not otherwise available, for visiting a critically ill member of the inmate’s immediate family, or for participating in programs or work related functions. Additionally, bedside visits and funeral trips may be authorized for inmates with custody levels below maximum. All expenses will be borne by the inmate, except for the first eight hours of each day that the employee is on duty. There are occasions based on a determination that the perceived danger to BOP staff during the proposed visit is too great, or the security concerns about the individual inmate outweigh the need to visit the community.

**Furloughs**

A furlough is an authorized absence from the institution by an inmate who is not under an escort of a staff member, a U.S.
Marshal, or other Federal or State agents. A furlough is not a right but a privilege granted an inmate under prescribed conditions. It is not a reward for good behavior, nor a means to shorten a criminal sentence.

Unit Team will ordinarily review the appropriate inmates for participation in the furlough program during the normally scheduled 90 or 180 day review process. **Only emergency cases will be reviewed outside of the program review process.**

The Bureau has a furlough program for those who have community custody and have two (2) years or less remaining until their anticipated release date. Those who meet the eligibility requirements may submit an application for a furlough to unit staff for approval during team.

An inmate who meets the eligibility requirements may submit an application for furlough to his unit counselor.

**Central Inmate Monitoring System**

The Central Inmate Monitoring System (CIMS) is a method for the Agency to monitor and control the transfer, temporary release, and participation in community activities of inmates who pose special management considerations. Designation as a CIMS case does not, in and of itself, prevent an inmate from participating in community activities. All inmates who are designated as CIMS cases will be notified by their Case Manager.

**Marriages**

If an inmate wishes to be married while incarcerated, the Warden may authorize him to do so under certain conditions. All expenses of the marriage will be paid by the inmate. If an inmate requests permission to marry he must:

- Have a letter from the intended spouse which verifies their intention to marry.
- Demonstrate legal eligibility to marry.
- Be mentally competent.
- The marriage must not present a security risk to the institution.

Marriage procedures are detailed in local Institution Supplement’s.

**Barber Shop**

Haircuts and hair care services are authorized in the barber shop only. Hours of operation will be posted in each of the housing units and the barber shop.
**Medical Services**

On-site emergency medical care is available 24 hours a day in the institution. For routine care, those who want to be seen for evaluation of medical complaints including dental care concerns are required to report to the medical department triage services sign-up. At that time, you will be given an appointment slip with an appointment to be seen. You will then report to your assigned work detail after making the triage appointment. The triage appointment slip should be presented to your work supervisor.

FCI Terminal Island may, under certain circumstances, charge an inmate under our care and custody, a fee for providing health care services. All inmates have access to FCI Terminal Island health care services. FCI Terminal Island will charge a co-pay fee for inmate requested visits to health care providers. Inmates will not be denied access to necessary health care because of an inmate’s inability to pay the co-pay fee.

Procedures for Payment for Health Care Services: Generally, an inmate must pay a fee for health care services of $2.00 per health care visit if you:

a. receive health care services in connection with a health care visit that the inmate requested (except for services described in non co-pay visits); or

b. if the inmate(s) are found responsible through the Disciplinary Hearing Process to have injured an inmate, who, as a result of the injury, requires a health care visit.

Health Care Services Provided Without a Co-pay Fee:

a. Health care services based on Health Services staff referrals;
b. Staff-approved follow-up treatment for a chronic condition;
c. Preventive health care services;
d. Emergency services;
e. Diagnosis or treatment of chronic infectious diseases;
f. Mental health care; or
g. Substance abuse treatment.

**Appealing the Fee:** An inmate may seek review of issues related to health service fees through the Bureau’s Administrative Remedy Program. Inmates without funds will not be charged a health care service fee if they are considered indigent and unable to pay the health care service fee.

An inmate without funds (indigent inmate) is an inmate who has
not had a trust fund account balance of $6.00 for the past 30 days.

Health services typically include episodic visits for new or recurring medical or dental symptoms through a sick call system, chronic care management for chronic and infectious diseases through enrollment in chronic care clinics for regular care, routine dental care, medical and dental emergency care for injuries and sudden illness, age-appropriate preventive care to promote optimal health and functional status, restorative care to promote achievable functional status, long-term care and end-of-life care.

**Routine Medical Care Triage Services (SICK CALL)**

Triage services (See Appendix A) for routine medical and dental care are conducted Monday, Tuesday, Thursday and Friday between 6:30 a.m. and 7:00 a.m. by Health Services staff. Sick call forms may be provided by the housing unit officer. Inmates should fill out the form in their housing units and take it with them to the out-patient department the day of the triage services sign-up. The inmate will be given an appointment based upon the nature of their complaint and will be placed on call out for a future appointment if necessary. Those who become ill after the triage services sign-up period should ask their work supervisor or unit officer to call the medical department for an appointment.

Inmates in the Special Housing Units (SHU) may request to be seen on sick call by filling out the sick-call triage form. This can be requested from the SHU Officer. Present this form to medical staff conducting rounds in SHU on a daily basis. Upon triage, you will be evaluated by your Primary Care Provider/Physician/Dentist based on your medical/dental condition.

You may request an Advanced Directive (Living Will) to be written for you with the assistance of the Health Service Staff. This procedure is initiated by writing a cop-out to Health Services with an indication of its purpose.

If you have any questions about communicable diseases, there are information pamphlets available in the Outpatient waiting area, or you may present a cop-out to the Infection Control Coordinator.

**Emergency Medical Treatment**

All emergencies or injuries (See Appendix A) receive priority for treatment. Appropriate medical care will be provided by institution clinical staff or by community emergency personnel after regular Health Services Unit operating hours when institution clinicians are not on-site. Clinicians covering evenings, weekends and holidays provide treatment for acute medical problems and directly observed pill lines.
Pharmacy Pill Line Times

Including Weekend

AM Insulin Line 0545-0630 (M-F) & 0615-0700 (Weekend)
AM Pill line 0545-0645
Noon Pill line 1100-1200
PM Insulin Line 1645-1730
PM Pill Line 1645-1745 After Count

National Dental Waiting List/Dental Screening Exam

To sign up for non-emergency (no-fee) dental care, eligible inmates must submit a copout to the dentist. Inmates will be placed on the electronic medical record (EMR) national waiting list for routine (comprehensive) dental care based on the date they qualify for the elective treatment. Inmates must be on the waiting list to receive dental routine (comprehensive) care. Care will be provided in chronologic order, that is, those waiting the longest will be seen first. Inmates transferring from another BOP institution will be seen according to their status on the national waiting list. Treatment is continued per the receiving dentist’s updated recommendations and dental schedule. Non-emergency or dental routine (comprehensive) dental care includes, but is not limited to a comprehensive exam, x-ray, filling, elective extraction, dental cleaning, partial (if indicated) and complete denture.

Dental screening examinations for new intakes are provided within thirty days (30) of arrival to the Federal Correctional Institution. Toothbrushes, toothpaste, flossing aids, and denture items are available from the commissary.
Appendix A

SICK CALL SCHEDULING GUIDELINES
FCI Terminal Island

NOTE: Each listed condition is case-specific and the urgency or chronicity of the complaint will be determined by the evaluating Healthcare Provider using their medical judgment. This list is not all-inclusive, but provides guidance for scheduling sick call appointments. These guidelines have been reviewed by the Clinical Director, HSA, DON and the institution Utilization Review Committee, and appropriate local modifications have been made and approved.

<table>
<thead>
<tr>
<th>CONDITIONS THAT WILL BE SEEN FOR EMERGENCY/URGENT CARE SAME DAY VISIT:</th>
<th>CONDITIONS WHICH WILL BE SEEN WITHIN 24 TO 48 HOURS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MEDICAL</strong></td>
<td><strong>MENTAL HEALTH</strong></td>
</tr>
<tr>
<td>• Acute chest pain</td>
<td>• Thoughts of self-harm</td>
</tr>
<tr>
<td>• Acute abdomen</td>
<td>• Thoughts of harm towards others</td>
</tr>
<tr>
<td>• Asthma/significant dyspnea</td>
<td>• New onset hallucinations</td>
</tr>
<tr>
<td>• Unstable diabetes</td>
<td>• New onset delusions</td>
</tr>
<tr>
<td>• Acute ophthalmology disturbance (foreign body sensation, sudden change in vision)</td>
<td>• New onset anxiety attacks</td>
</tr>
<tr>
<td>• Hemoptysis</td>
<td>• Manic symptoms</td>
</tr>
<tr>
<td>• Seizures/syncope</td>
<td>• Severe depression</td>
</tr>
<tr>
<td>• Stroke/TIA symptoms</td>
<td>• Drug or alcohol withdrawal</td>
</tr>
<tr>
<td>• 2nd/3rd degree burns</td>
<td>• New onset severe medication side effects</td>
</tr>
<tr>
<td>• High temp (&gt;101), sepsis</td>
<td><strong>DENTAL</strong></td>
</tr>
<tr>
<td>• Acute musculoskeletal injuries (limb immobility, open fracture; any injury requiring completion of an injury report form)</td>
<td>• Visible, acute/severe swelling</td>
</tr>
<tr>
<td>• Severe acute headache</td>
<td>• Acute infection</td>
</tr>
<tr>
<td>• Hematemesis</td>
<td>• Jaw fracture (suspected)</td>
</tr>
<tr>
<td>• Melena or hematochezia (acute or unknown origin)</td>
<td>• Socket hemorrhaging</td>
</tr>
<tr>
<td>• Severe hypertension (170/110 or greater, or symptomatic)</td>
<td>• Severe intractable pain</td>
</tr>
<tr>
<td>• Intractable nausea/vomiting/diarrhea</td>
<td><strong>MENTAL HEALTH</strong></td>
</tr>
<tr>
<td>• Development of gangrene/open diabetic ulcers/significant cellulitis</td>
<td>• Moderate Depression</td>
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<tr>
<td></td>
<td>• Hypomania</td>
</tr>
<tr>
<td></td>
<td>• Recurrence of anxiety symptoms/attacks</td>
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<tr>
<td></td>
<td>• Chronic psychotic symptoms</td>
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<tr>
<td></td>
<td>• New, mild to moderate medication side effects</td>
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<tr>
<td></td>
<td><strong>DENTAL</strong></td>
</tr>
<tr>
<td></td>
<td>• Lumps or tumors</td>
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<tr>
<td></td>
<td>• Broken tooth</td>
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<tr>
<td></td>
<td>• Lost fillings</td>
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<tr>
<td></td>
<td>• Root tips</td>
</tr>
<tr>
<td></td>
<td>• Dental pain (controlled by OTC meds)</td>
</tr>
</tbody>
</table>
### CONDITIONS REQUIRING EVALUATION WITHIN 72 HOURS

**MEDICAL**
- Cough
- Sore throat/URI without temp
- Constipation (unrelieved by OTC meds)
- Headache – Chronic
- Skin rash with s/s of itch, pain, spreading

**MENTAL HEALTH**
- Mild depression
- Chronic anxiety under treatment

### CONDITIONS REQUIRING EVALUATION WITHIN ONE WEEK

**MEDICAL**
- Tuberculosis prophylaxis/evaluation/clearance
- Chronic rash, blisters, callouses, corns, jock itch, athlete’s foot
- Hemorrhoids
- Gastritis (without nausea/vomiting/diarrhea)
- Eye problems other than described above
- All other medication refills
- Convalescence and or Duty Status inquiries

**MENTAL HEALTH**
- Chronic medication side effects

**DENTAL**
- Non symptomatic complaints
- Broken plates
- Bleeding gums

### CONDITIONS REQUIRING EVALUATION WITHIN TWO WEEKS

**MEDICAL**
- Musculoskeletal pain, chronic, no recent injury
- Back pain - chronic
- Allergies - chronic

**DENTAL**
- Open cavities with no pain
- Administrative problems

### CONTACT WITH THE COMMUNITY AND PUBLIC

**Correspondence**
In most cases, you are extended privileges to send and receive correspondence in order to maintain community and family ties with individuals listed on your Contact List. With exception of inmates housed in SHU, inmates are required to place a TRULINCS-generated mailing label on all outgoing postal mail, as outlined in the Bureau policy on inmate correspondence. If an inmate fails to place the TRULINCS-generated label on outgoing postal mail, the mail will be returned for proper preparation. All outgoing mail must have the following return address written or typed in the upper left hand corner to be processed:

*Your Name and Register Number (John Doe 12345-678)*
*Federal Correctional Institution (FCI is not acceptable)*
*Terminal Island*
*P.O. Box 3007*
*San Pedro, California 90733*

TRULINCS-generated mailing labels are intended for recipient
addresses only. Mailing labels are not to be used for return addresses. Inmates who use mailing labels for other than their intended purpose may be subject to disciplinary action for misuse of Government property. Outgoing mail, with the exception of special/legal mail, is placed in mailboxes located in the housing units.

You will be responsible for the contents of your letters. Correspondence containing threats, extortion, etc., may result in prosecution for violation of Federal Laws.

You may be placed on restricted correspondence status based on misconduct or as a matter of classification. You are notified of this placement and have the opportunity to appeal. There is no mail service on weekends and holidays.

Incoming Correspondence
First class mail is distributed Monday through Friday (except holidays) ordinarily by the evening watch Correctional Officer in each living unit after the 4:00 p.m. count. Legal and Special Mail will be distributed by or Unit staff and opened in the presence of the inmate. You are asked to advise those writing to you that your mailing address is as follows:

Your Committed Name  
(From your Judgment and Commitment Order only)  
Register Number  
P.O. Box 3007  
Terminal Island, California 90733  

By using this address it should help to ensure your mail is received in a timelier manner.

Note: ALL of your packages received at this institution must have prior authorization.

Incoming Publications
The BOP permits inmates to subscribe to and receive five publications and 25 photographs at one time without prior approval. The term publication means a book, booklet, pamphlet, or similar document, or a single issue of a magazine, periodical, newsletter, newspaper, plus such other materials addressed to a specific inmate, such as advertising brochures, flyers, and catalogs. An inmate may only receive hard cover publications and newspapers from the publisher, a book club, or a bookstore. At minimum and low security institutions, an inmate may receive softcover publications (other than newspapers) from any source. At medium, high, and administrative institutions, an inmate may receive softcover publications only from the publisher, a book club, or a bookstore.

The Warden may reject an individual publication if it is determined to be detrimental to the security, good order or
discipline of the institution, or if it might facilitate criminal activity. Publications that may be rejected by the Warden include, but are not limited to publications that meet one of the following criteria:

- It depicts or describes procedures for the construction or use of weapons, ammunition, bombs, or incendiary devices.
- It depicts, encourages, or describes methods of escape from correctional facilities or contains blueprints, drawing, or similar descriptions of Bureau of Prisons' institutions.
- It depicts or describes procedures for the brewing of alcoholic beverages or the manufacture of drugs.
- It is written in code.
- It depicts, describes, or encourages activities which may lead to the use of physical violence or group disruption.
- If encourages or instructs in the commission of criminal activity.
- It is sexually explicit material or material featuring nudity that, by its nature or content, poses a threat to the security, good order or discipline of the institution.

Special/Legal Mail
Inmates will deliver their outgoing Special/Legal mail to the Mail Room Officer locate next to J unit, Monday through Friday, (except holidays) between the hours of 6:15 a.m. and 7:00 a.m.

Special Mail
Special Mail is a category of correspondence sent to the following: President and Vice President of the United States, the U.S. Department of Justice (including the BOP), U.S. Attorneys Offices, Surgeon General, U.S. Public Health Service, Secretary of the Army, Navy, or Air Force, U.S. Courts (including U.S. Probation Officers), Members of the U.S. Congress, Embassies and Consulates, Governors, State Attorneys General, Prosecuting Attorneys, Directors of State Departments of Corrections, State Parole Commissioners, State Legislators, State Courts, State Probation Officers, other Federal and State law enforcement offices, attorneys, and representatives of the news media.

Special mail also includes correspondence received from the following: President and Vice President of the United States, attorneys, Members of the U.S. Congress, Embassies and Consulates, the U.S. Department of Justice (excluding the Bureau of Prisons but including U.S. Attorneys), other Federal law enforcement officers, State Attorneys General, Prosecuting Attorneys, Governors, U.S. Courts (including U.S. Probation Officers), and State Courts. For incoming correspondence to be processed under the special mail procedures, the sender must be adequately identified on the envelope, and the front of the envelope must be marked “Special Mail- Open only in the presence of the inmate”. A designated staff member, usually done by the Unit Counselor, Case Manager, or Unit Manager opens incoming Special Mail in the presence of the inmate. These items will be checked for physical contraband, and funds.
NOTE: Without adequate identification as Special Mail, the staff may treat the mail as general correspondence. In this case, the mail may be opened, read, and inspected. It is suggested you provide this information for special mail privileges to your attorney(s) who is representing you, at the earliest opportunity, when you write to or visit with your attorney(s). See attachment A.

Inmate Correspondence with Representatives of the News Media
An inmate may write, following Special Mail procedures, to representatives of the news media when specified by name and title. The inmate may not receive compensation or anything of value for correspondence with the news media. The inmate may not act as a reporter, publish under a byline, or conduct a business or profession while in BOP custody.

Representatives of the news media may initiate correspondence with an inmate. Correspondence from a representative of the news media will be opened, inspected for contraband, for qualification as media correspondence, and for content which is likely to promote either illegal activity or conduct contrary to BOP regulations.

Correspondence between Confined Inmates
An inmate may be permitted to correspond with an inmate confined in another penal or correctional institution. This is permitted if the other inmate is either a member of the immediate family (mother, father, sister, child, or spouse), or party in a current legal action (or a witness) in which both parties are involved. The Unit Manager at each institution must approve the correspondence if both inmates are housed in Federal institutions.

Rejection of Correspondence
The Warden may reject general correspondence sent by or to an inmate if it is determined to be detrimental to the security, good order, or discipline of the institution, to the protection of the public, or if it might facilitate criminal activity.

Notification of Rejection
The Warden will give written notice to the sender concerning the rejection of mail and the reasons for rejection. The sender of the rejected correspondence may appeal the rejection. The inmate may also be notified of the rejection of correspondence and the reasons for it. The inmate also has the right to appeal the rejection. The Warden shall refer the appeal to a designated officer other than the one who originally disapproved the correspondence. Rejected correspondence ordinarily will be returned to the sender.
Mailing of Inmate Property
When items cannot be provided by the institution, you may request approval to receive personal items as follows:

- Release Clothing (only within 30 days of release)
- Hospital Administrative Officer- orthopedic shoes, arch supports, prosthetic devices and hearing aids that are not provided by the institution.
- Religious items not provided by the institution require approval by the Warden.

Change of Address/Forwarding of Mail
General correspondence (as opposed to special mail) will be forwarded to the new address for 30 days. After 30 days, general correspondence is returned to sender with the notation “Not at this address – return to sender.” Staff will use all practical means to forward special mail. After 30 days, the SENTRY address will be used to forward special mail.

Funds Received Through the Mail
Funds received through the mail will not be accepted and will be returned to the sender with a rejection form containing the explanation.

Certified/Registered Mail
Inmates may use certified and registered through the United States Postal Service. Other mail services such as stamp collecting, express mail, cash on delivery (COD), and private carriers are not provided.

Telephones
There are telephones in each unit for your use. No third party (i.e., three-way) or credit card calls can be made. Institution (staff) phones may not be used without the permission of a staff member.

The Inmate Telephone System will allow inmates to place a direct dial phone call or collect phone call. Inmates are responsible for managing the telephone numbers they wish to call via the Contact List within TRULINCS. There is no limit on the frequency an inmate can update his telephone numbers listed on his Contact List. The maximum amount of telephone numbers allowed for each inmate’s telephone account is 30 (thirty).

All local and long distance telephone numbers require 10 digits which include a three digit area code and seven digit phone number, e.g., (xxx)-xxx-xxxx. International numbers vary.

Telephone privileges are a supplemental means of maintaining community and family ties. Telephones are to be used for lawful purposes only. Threats, extortion, etc. may result in prosecution. All inmate telephones are subject to monitoring and recording. Inmates must contact their Counselor to arrange an unmonitored attorney call.
While policy specifically allows inmates to make one call every three months, there is no specific limit on the number of phone calls that an inmate may make. It is expected that each inmate will handle his calls in such a manner that will allow the equal use of the phones by all inmates. Calls are limited to fifteen (15) minutes in duration. Each inmate is allowed 300 minutes of calling time per month, unless on telephone restriction. Telephones will not be used to conduct a business.

Inmates are allowed to have thirty (30) approved numbers on their phone list. In order to use the system, you will have to transfer funds from your commissary account to your individual telephone account. There are telephones located in each housing unit for your use. No third party, credit card calls, 1-800, 1-900, 1-888, or 1-976 can be made on these lines. Collect calls can also be made to pre-approved telephone numbers.

Inmates will be given their SECRET PAC (nine digits) number by your Correctional Counselor. This will allow you to place a call by first entering the telephone number followed by your nine digit PAC number. Giving or selling your PAC number will result in disciplinary action. All calls are automatically terminated after fifteen (15) minutes. A waiting period may be established between calls.

It is each inmate’s responsibility to maintain their PAC in a way to ensure no other inmate has access to it. Inmates found to be sharing their telephone account with other inmates will result in disciplinary action taken with all inmates involved. Third party telephone contact will also result in disciplinary action. This could include, but is not limited to three way calls, call forwarding, the use of two or more telephones to communicate, and/or ANY circumstance in which the party called establishes third party telephone contact.

**VISITING**

Visiting days:  Saturday, Sunday, Monday & Holidays  8:00 A.M. - 3:00 P.M.

Inmates with the first letter of their last name beginning with the letters A-L will visit on odd numbered visiting days.

Inmates with the first letter of their last name beginning with the letters M-Z will visit on even numbered visiting days.

Mondays and Holidays will include all inmates.

Special Visit requests will be completed in the following manner:

The Special Visit request must be submitted to your Unit Team.
using an Inmate Request to Staff Member (BP-148) at least two
weeks in advance of the requested visiting date.

Unit Team will review the request, verify the relationship and
forward a memorandum for approval to the Captain.

Upon approval, the Unit Counselor will notify, in writing, the
Captain, Front Entrance Staff, and Visiting Room Staff of the
Special Visit. All visits will be held in the visiting room and
will be supervised by visiting room staff during regularly
scheduled visiting hours.

Special Visits will be granted once every six months from the
date of the last approved Special Visit.

Members of the immediate family (mother, father, step-parents,
foster parents, brothers, sisters, spouse, and children), other
relatives (grandparents, uncles, aunts, in-laws, and cousins)
will be considered first.

Family members living 500 miles or more away will have priority
consideration for a Special Visit.

Special Visits are granted on a case by case basis.

Special Visits from persons not on the approved list must be
approved by the Warden. Once you finish a visit and your visitor
leaves, you will be unable to receive another visit until the
next visiting day. New inmates will submit a visiting list to
their Counselor for approval. Visitors will be placed on the
approved visiting list after the required forms and checks have
been completed. Visiting room staff will stop processing visitors
at 2:00 p.m.

Due to space limitations, only 5 visitors may visit an inmate at
one time. This limitation includes children. All visits begin
and end in the visit room. Kissing, embracing, and handshaking
are allowed only upon arrival and departure.

Visitors using assistance devices will be provided reasonable
accommodation to comply with all security measures. They may be
screened using alternative security devices, including use of a
hand-held metal detector and the ion scan machine for examination
of the assistance device.

Representatives from the news media are not placed on your
visiting list. News media contacts, other than written or
telephonic, shall be coordinated by the institution’s Public
Information Officer.

You must be properly dressed to be permitted to enter the
visiting room. Clothing must be neat and clean. Tennis shoes
are not permitted to be worn in the visiting room by inmates.
There are limits on the number and type of articles allowed in the visiting room. Items you may take into the visiting room are limited to a wedding band, prescription eyeglasses, handkerchief, and religious medal. Coins and items purchased in the visiting room will not be brought back into the institution.

Visitors must be properly dressed. Visitors wearing shorts, halter tops, khaki colored clothes and other clothing of a suggestive or revealing nature will not be permitted in the visiting room. Footwear must be worn. Hooded sweaters, sports apparel, and watches are not allowed.

At the conclusion of a visiting session, you will say goodbye at the table. Visitors will remain seated while you are accounted for and processed out. Once this process is completed, visitors will be processed out from the front to the back of the visiting room, five visitors at a time. Under no circumstances will visitors be processed if the visitors have walked to the front visiting door without staff authorization.

**Identification of Visitors:** All visitors, with the exception of children under 16 years old, will be required to present photo identification issued by a recognized government agency. Visitors from outside the United States may present as identification the following: Resident Alien card, Employment Authorization Card, or a B1/B2 Visa Card. Otherwise, identification includes a valid state issued driver’s license, state or government issued identification card, or passport. In addition, the visitor's identification will be retained by visiting room staff upon admission to the institution and returned to the visitor upon exiting the institution.

Each inmate having a visit must assume responsibility for proper conduct during the visit. Each inmate will supervise his visiting children and not permit the children to wander from the immediate area, run about the visiting room, or create noise that disturbs other visits. Failure to supervise children will result in one warning and upon a second incident, either during the same visit or subsequent visits, the visit will be terminated. A log entry will be maintained on all incidents. Incident reports will be written for misconduct.

Visitors may be asked to submit to a search and will be checked with a metal detector. Visitors’ purses, attorneys’ briefcases, etc., may also be searched. Other personal articles belonging to visitors must be left in their vehicles.

Visitors are permitted to bring money into the visiting room to purchase items from the vending machines, not to exceed $25.00 in coins. Also, a reasonable amount of diapers and other infant care items may be brought in. Items must be placed in a see-through bag.
You are not allowed to receive any money, gifts, or written messages while in the visiting room. No items may be exchanged in the visiting room without prior approval.

DIRECTIONS

From Long Beach, California: Travel west on Ocean Boulevard or south on Interstate 710 over the Gerald Desmond Bridge. After you pass through three traffic lights, you will see an exit sign indicating Ferry Street. Take that exit, which exits to the right. This is Seaside Avenue. Continue to the traffic light and make a left. This is Ferry Street. Continue to the third traffic light, which will be the intersection of Terminal Way. Turn right on Terminal Way and continue. The road will curve to the left and the name changes once again to Seaside Avenue. Continue down Seaside and the road will lead you to the entrance to the institution. Enter the FCI Administration Building which is on the left just beyond the entrance to the federal reservation. Visitors are processed into the institution in the front lobby of the Administration Building. There is limited visitors’ parking available and it is likely you will need to park in the parking lot near the seawall outside the entrance to the federal reservation.

From the Harbor Freeway: Travel south on Interstate 110 toward San Pedro. Just before the highway ends, take the exit for the Vincent Thomas Bridge to Terminal Island (Route 47). After you cross the bridge, take Ferry Street exit on the right. At the traffic light, turn left. This is Ferry Street. At the second traffic light, turn right on Terminal Way. Continue until the road curves to the left and the name changes to Seaside Avenue. Continue down Seaside and the road will lead you to the entrance to the institution. Enter the FCI Administration Building which is on the left just beyond the entrance to the federal reservation. Visitors are processed into the institution in the front lobby of the Administration Building. There is limited visitors’ parking available and it is likely you will need to park in the parking lot near the seawall outside the entrance to the federal reservation. DO NOT DRIVE OR WALK PAST THE GUARD TOWER LOCATED JUST PAST THE ENTRANCE TO THE ADMINISTRATIVE BUILDING PARKING.

Local Transportation:

Local transportation information can be obtained by contacting the following resources:

VISITLONGBEACH.COM, LONGBEACH.GOV
Long Beach Transit (562) 591-8753
Long Beach Yellow Cab (562) 435-6111

Note: Federal law provides a penalty of imprisonment for not
more than 20 years, a fine, or both for providing or attempting to provide an inmate any item without the knowledge and consent of the Warden. Compromising the security of this institution by the introduction of drugs, money or other illegal contraband will result in disciplinary action for the concerned inmate. Such disciplinary action could include the loss of all visiting privileges with the person(s) visiting the inmate for a period of 5 years.

ACCESS TO LEGAL SERVICES

Legal Correspondence
Legal correspondence from attorneys will be treated as Special Mail if it is adequately marked. The envelope must be marked with the attorney’s name and an indication that he/she is an attorney and the front of the envelope must be marked as “Special Mail - open only in the presence of the inmate” or with similar language clearly indicating the particular correspondence qualifies as legal mail and the attorney is requesting the correspondence be opened only in the inmate’s presence. **It is the responsibility of the inmate to advise his attorney of these requirements.** If legal mail is not adequately marked, it may be opened as general correspondence.

Attorney Visits
Attorneys are encouraged to visit during regular visiting hours, by advance appointment. However, visits from an attorney can be arranged at other times based on the circumstances of each case and the availability of staff. This visit must be initiated by the inmate thru his counselor. Attorney visits will be subject to visual monitoring, but not audio monitoring.

Legal Material
During attorney visits, a reasonable amount of legal materials may be allowed in the visiting area, with prior approval. Legal material may be transferred, but is subject to inspection for contraband. Inmates are expected to handle the transfer of legal materials through the mail as often as possible.

Attorney Phone Calls
In order to make an unmonitored phone call with an attorney, the inmate must demonstrate to the Unit Team the need, such as an imminent court deadline. Inmates are responsible for the expense of unmonitored attorney telephone calls. When possible, it is preferred that inmates place an unmonitored, collect legal call. Phone calls placed through the regular inmate phones are subject to monitoring.

Law Library
Electronic Law Libraries (ELL): Inmates are afforded access to legal materials and an opportunity to prepare legal documents in the ELL. Resources are available for inmates to prepare legal material via Trust Fund.
Notary Public
Under the provisions of 18 USC 4004, Case Managers are authorized to certified the signature only. A recent change in the law allows that a statement to the effect that papers which an inmate signs are true and correct under penalty of perjury will suffice in Federal courts and other Federal agencies, unless specifically directed to do otherwise. Some states will not accept a government notarization for real estate transactions, automobile sales, etc. In these cases, it will be necessary to contact unit staff for arrangements with a notary public from the public.

Copies of Legal Material
In accordance with institution procedures, inmates may copy material necessary for their research or legal matters. A copying machine is available in the Education Department for inmate use for a nominal fee. Individuals who have no funds and who can demonstrate a clear need for particular copies may submit a written request for a reasonable amount of free duplication through the unit team.

Federal Tort Claims
If the negligence of institution staff results in personal injury or property loss or damage to an inmate, it can be the basis of a claim under the Federal Tort Claims Act. To file such a claim, inmates must complete a Standard Form 95. They can obtain this form by submitting an Inmate Request to Staff Member or requesting one through your Correctional Counselor.

Freedom of Information/Privacy Act of 1974
The Privacy Act of 1974 forbids the release of information from agency records without a written request, or without the prior written consent of the individual to whom the record pertained, except for specific instances. All formal requests for access to records about another person and/or agency record other than those pertaining to themselves shall be processed through the Freedom of Information Act (FOIA), 5 USC 552. Requests may be made in writing to the FOIA Branch, Central Office, 320 First St., N.W., Washington, D.C. 20534.

Inmate Access to Central Files and Other Documents
An inmate may request to view his central file (minus the FOIA section) under the supervision of his Case Manager by submitting a cop-out to the Unit Team. An inmate does not need to submit a FOIA Act Request to the Director of the BOP unless the information requested is in the FOIA Exempt section. Likewise, an inmate wishing to review his medical file should send a request to Health Services.

An inmate can request access to the non-disclosable documents in his central file and medical file, or other documents concerning himself that are not in his central file or medical file, by
submitting a Freedom of Information Act Request to the Director of the BOP, Attention: FOI Request. A request on the behalf of an inmate by an attorney, for records concerning that inmate, will be treated as a Privacy Act Request if the attorney has forwarded an inmate’s written consent to disclose materials. If a document is deemed to contain information exempt from disclosure, any reasonable part of the record will be provided to the attorney after the deletion of the exempt portions.

Executive Clemency
The BOP advises all inmates that the President of the United States is authorized under the Constitution to grant executive clemency by pardon, commutation of sentence, or reprieve. A pardon is an executive act of grace that is a symbol of forgiveness. It does not connote innocence nor does it expunge the record of conviction. A pardon restores civil rights and facilitates the restoration of professional and other licenses that may have been lost by reason of the conviction. Other forms of executive clemency include commutation of sentence (reduction of sentence imposed after a conviction), and a reprieve (the suspension of execution of a sentence for a period of time). Inmates should contact their assigned Case Manager for additional information regarding this program.

Commutation of Sentence
The BOP also advises inmates on commutation of sentences. Commutation of sentence is usually the last chance to correct an injustice which has occurred in the criminal justice process. Inmates applying for commutation of sentence must do so on forms available from the assigned unit team. The rules governing these petitions are available in the Law Library.

Pardon
A pardon may not be applied for until the expiration of at least five (5) years from the date of release from confinement. In some cases involving crimes of a serious nature, such as violation of Narcotics Laws, Gun Control Laws, Income Tax Laws, Perjury, and violation of public trust involving personal dishonesty, fraud involving substantial sums of money, violations involving organized crime, or crimes of a serious nature, a waiting period of seven years is usually required.

Reduction In Sentence
The Director of the BOP may motion an inmate’s sentencing judge for reduction in sentence. In accordance with BOP policy, PS 5050.46, Compassionate Release, Procedures for Implementation of 18 U.S.C. 3582c)(1)(A) & 4205(g), the court, upon motion of the BOP, may reduce the term of imprisonment for an inmate should “extraordinary and compelling reasons” warrant such a reduction. The BOP may consider both medical and non-medical bases for such requests. Historically, the Director has considered such an action for an inmate presenting terminal illness or a severely debilitating medical condition. The Director will consult with
the U.S. Attorney’s Office that prosecuted the inmate, and carefully weigh the nature and circumstances of the offense; the likelihood of danger to the community should the inmate be released; and the recommendation of the Medical Director; Correctional Programs Assistant Director, and staff. Should the sentencing court agree, the judge will issue an order for the inmate’s release and he or she will be released to the supervised release term or to the unnerved portion of the sentence. If an inmate's request is denied by the Director, the inmate will be provided written notice and a statement of reasons for the denial. The inmate may appeal the denial through the Administrative Remedy Procedure (28 CFR part 542, subpart B).

PROBLEM RESOLUTION

Inmate Request to Staff Member
An Inmate Request to Staff Member (form BP-S148), commonly called a Cop-Out, is used to make a written request to a staff member. Any type of request can be made with this form. Cop-outs may be obtained in the living units from the Correctional Officer on duty. Staff members will answer the request within a reasonable period of time.

Administrative Remedy Process
The BOP emphasizes and encourages the resolution of complaints. The first step of the Administrative Remedy process is to attempt an Informal Resolution, utilizing the appropriate Informal Resolution form. (See the Administrative Remedy Institution Supplement, Attachment A.) When an informal resolution is not successful, an inmate can access the Administrative Remedy Program. All Administrative Remedy forms may be obtained from your assigned Correctional Counselor or Unit Team member.

If the issue cannot be informally resolved, a formal complaint may be filed with a Request for Administrative Remedy (formerly BP-229), commonly referred to as a BP-9. The inmate may place a single complaint or related issues on the form. If the form contains multiple unrelated issues, the submission will be rejected. The inmate will return the completed BP-9 to the Correctional Counselor, who will deliver it to the Administrative Remedy Coordinator (BP-9 will be rejected unless processed through staff). The BP-9 complaint must be filed within twenty (20) calendar days from the date on which the basis for the incident or complaint occurred, unless it was not feasible to file within that period of time which should be documented in the complaint. Institution staff has twenty (20) calendar days to act on the complaint and to provide a written response to the inmate. This time limit for the response may be extended for an additional twenty (20) calendar days. The inmate will be notified of the extension.

If the inmate is not satisfied with the Warden’s response to the BP-9, he may file an appeal to the Regional Director. This appeal must be received in the Regional Office within twenty (20)
calendar days from the date of the BP-9 response. The regional appeal is filed on a Regional Administrative Remedy Appeal (form BP-230), commonly referred to as a BP-10, and must include the appropriate number of copies of the BP-9 form, the Warden’s response, and any exhibits. The regional appeal must be answered within thirty (30) calendar days, but the time limit may be extended an additional thirty (30) days. The inmate will be notified of the extension.

If the inmate is not satisfied with the Regional Director’s response, he may appeal to the General Counsel in the Central Office. The national appeal must be made on the Central Office Administrative Remedy Appeal (form BP-231), commonly referred to as a BP-11, and must have the appropriate number of copies of the BP-9, BP-10, both responses, and any exhibits. The national appeal must be answered within forty (40) calendar days, but the time limit may be extended an additional twenty (20) days. The inmate will be notified of the extension.

When filing a Request for Administrative Remedy or an Appeal (BP-9, BP-10, or BP-11), the form should contain the following information:

· Statement of Facts  
· Grounds for Relief  
· Relief Requested  

Sensitive Complaints
If an inmate believes a complaint is of a sensitive nature and he would be adversely affected if the complaint became known to the institution, he may file the complaint directly to the Regional Director. The inmate must explain, in writing, the reason for not filing the complaint with the institution. If the Regional Director agrees the complaint is sensitive, it shall be accepted and a response to the complaint will be processed. If the Regional Director does not agree the complaint is sensitive, the inmate will be advised in writing of that determination and the complaint will be returned. The inmate may then pursue the matter by filing a BP-9 at the institution.

General Information
When a complaint is determined to be of an emergency and threatens the inmate’s immediate health or welfare, the reply must be made as soon as possible, usually within seventy-two (72) hours from the receipt of the complaint.

For detailed instructions see Program Statement 1330.16, Administrative Remedy Program.
DISCIPLINARY PROCEDURES

Inappropriate sexual behavior towards staff and other inmates will not be tolerated. Inappropriate sexual behavior is defined as verbal or physical conduct perceived as a sexual proposal, act, or threat. Examples of inappropriate inmate sexual behavior include: displaying sexually explicit materials; making sexually suggestive jokes, comments, proposals, and gestures; and engaging in stalking, indecent exposure, masturbation, or physical contact. Inmates who engage in this type of behavior will be disciplined and sanctioned accordingly, through the inmate discipline process.

Discipline

The inmate discipline program helps ensure the safety, security, and orderly operation for all inmates. Violations of BOP rules and regulations are handled by the Unit Discipline Committee (UDC) and, for more serious violations, the Disciplinary Hearing Officer (DHO). Upon arrival at an institution, inmates are advised of the rules and regulations and are provided with copies of the Prohibited Acts and Available Sanctions, as well as local regulations.

Inmate Discipline Information

When a staff member witnesses or reasonably believes an inmate has committed a prohibited act, a staff member will issue an incident report, a written copy of the charges against an inmate. The incident report will ordinarily be delivered to the inmate within 24 hours of the time staff became aware of the inmate’s involvement in the incident. If the incident is referred for prosecution, the incident report is delivered by the end of the next work day after it has been released for administrative processing. An informal resolution of the incident may be attempted at any stage of the discipline process. If an informal resolution is accomplished, the incident report will be removed from the inmate’s central file. Informal resolution is encouraged for all violations in the Moderate and Low severity categories. Staff may suspend disciplinary proceedings up to two calendar weeks while informal resolution is undertaken. If an informal resolution is not accomplished, staff will reinstate the discipline process at the stage at which they were suspended. Violations in the Greatest and High severity categories cannot be informally resolved and must be forwarded to the DHO for final disposition.

Initial Hearing

Inmates will ordinarily be given an initial hearing within five (5) work days after the incident report is issued, excluding the day it was issued, weekends, and holidays. The Warden must approve, in writing, the any extension over five (5) days. The inmate is entitled to be present at the initial hearing and may make statements and present documentary evidence. The UDC must
give its decision in writing to the inmate by the close of the next work day. The UDC may make findings on Moderate and Low severity offenses. The UDC will automatically refer Greatest and High severity offenses to the DHO for final disposition.

**Discipline Hearing Officer (DHO)**
The Disciplinary Hearing Officer (DHO) conducts disciplinary hearings on all Greatest and High severity prohibited acts and other violations referred by the UDC at the Moderate and Low severity levels. The DHO may not hear any case not referred by the UDC. An inmate will be provided with advance written notice of the charge(s) not less than 24 hours before the inmate’s appearance before the DHO. Inmates may waive this requirement. Inmates may appear before the DHO either in person or electronically (for example, by video or telephone conferencing). The Warden provides a full-time staff member to represent an inmate, if requested. An inmate may make statements and present documentary evidence on his behalf. The inmate may request witnesses appear at the DHO hearing to provide statements. The DHO will call witnesses who have information directly relevant to the charge(s) and are reasonably available. The DHO will request a statement from all unavailable witnesses whose testimony is deemed relevant. Inmates may not question a witness at the hearing; however, the staff representative and/or the DHO will question the witness(es). An inmate may submit a list of questions for the witness(es) to the DHO if there is no staff representative. An inmate has the right to be present throughout the DHO hearing, except during deliberations. The inmate charged may be excluded during appearances of outside witnesses or when institution security may be jeopardized. The DHO may postpone or continue a hearing for good cause or disposition when the case does not warrant DHO involvement, or may refer an incident report back for further investigation or review. The DHO will give the inmate a written copy of the decision and disposition, ordinarily within 15 days of the decision.

**Appeals of Disciplinary Actions**
Appeals of all disciplinary actions may be made through the Administrative Remedy Program. The initial reviewing official for the UDC is the Warden. The decision of the DHO is final and subject to review only by the Regional Director through the Administrative Remedy program. Appeals are made to the Regional Director (BP-230) and the General Counsel (BP-231). On appeal, the reviewing authority (Warden, Regional Director, or General Counsel) considers:

- Whether the UDC or DHO substantially complied with regulations on inmate discipline.
- Whether the UDC or DHO based its decision on facts. If there is conflicting evidence, whether the decision was based on the greater weight of the evidence.
- Whether an appropriate sanction was imposed for the severity level of the prohibited act, and other relevant circumstances.
**Special Housing Unit Status**

Special Housing Units (SHUs) are housing units in BOP institutions where inmates are securely separated from the general inmate population, and may be housed either alone or with other inmates. SHU helps ensure the safety, security, and orderly operation of correctional facilities, and protect the public by providing alternative housing assignments for inmates removed from the general population.

When placed in the SHU, you are either in administrative detention (A/D) status or disciplinary segregation (D/S) status.

Administrative detention (A/D) status: A/D is an administrative status which removes you from the general population when necessary to ensure the safety, security, and orderly operation of correctional facilities, or protect the public. Administrative detention status is non-punitive, and can occur for a variety of reasons.

You may be placed in A/D status for the following reasons:

(a) Pending Classification or Reclassification: You are a new commitment pending classification or under review for Reclassification. This includes newly arrived inmates from the bus, airlift, and U. S. Marshals Service.

(b) Holdover Status: You are in holdover status during transfer to a designated institution or other destination.

(c) Removal from general population: Your presence in the general population poses a threat to life, property, self, staff, other inmates, the public, or to the security or orderly running of the institution and:

(1) Investigation: You are under investigation or awaiting a hearing for possibly violating a Bureau regulation or criminal law;

(2) Transfer: You are pending transfer to another institution;

(3) Protection cases: You requested, or staff determined, you require administrative detention status for your own protection; or

(4) Post-disciplinary detention: You are ending confinement in disciplinary segregation status, and your return to the general population would threaten the safety, security, and orderly operation of a correctional facility, or public safety.
When placed in A/D status, you will receive a copy of the administrative detention order, ordinarily within 24 hours, detailing the reason(s) for your placement. However, when placed in A/D status pending classification or while in holdover status, you will not receive an administrative detention order.

In A/D status you are ordinarily allowed a reasonable amount of personal property and reasonable access to the commissary.

Disciplinary segregation (D/S) status: D/S is a punitive status imposed only by a Discipline Hearing Officer (DHO) as a sanction for committing a prohibited act(s). When you are placed in D/S status, as a sanction for violating BOP regulations, you will be informed by the DHO at the end of your discipline hearing. In D/S status, your personal property will be impounded, with the exception of limited reading/writing materials and religious articles. Your commissary privileges may also be limited. In either status, your amount of personal property may be limited for reasons of fire safety or sanitation. The Warden may modify the quantity and type of personal property allowed. Personal property may be limited or withheld for reasons of security, fire safety, or housekeeping. The unauthorized use of any authorized item may result in the restriction of the item. If there are numerous misuses of an authorized item, the Warden may determine that the item will not be issued in the SHU. Program staff, including unit staff, will arrange to visit inmates in a SHU within a reasonable time after receiving the inmate's request. A Health Services staff member will visit you daily to provide necessary medical care. While in SHU, you may continue taking your prescribed medications. In addition, after every 30 calendar days of continuous placement in either A/D or D/S status, a Mental Health staff will examine and interview you.

**RELEASE**

**Sentence Computation**
The Designation and Sentence Computation Center (DSCC), located in Grand Prairie, Texas, is responsible for the computation of inmate sentences. Once staff at the DSCC have certified the sentence computation as being accurate, staff will provide the inmate with a copy of his sentence computation data. Any questions concerning good time, jail time credit, parole eligibility dates, full term dates, or release dates are resolved by staff upon inmate request for clarification.

**Fines and Costs**
In addition to jail time, the court may impose committed or non-committed fines and/or costs. Committed fines mean that the inmate will remain in prison until the fine is paid, makes arrangements to pay the fine, or qualifies for release under the provisions of Title 18 USC, Section 3569 (Discharge of indigent prisoner). Non-committed fines have no condition of imprisonment.
based on payment of fines or costs. Payments for a non-committed fine or cost are not required for release from prison or transfer to a contract residential reentry center.

**Detainers**

Case management staff may give assistance to offenders in their efforts to have detainers against them disposed of, either by having the charges dropped, by restoration to probation or parole status, or by arrangement for concurrent service of the state sentence. The degree to which the staff can assist in such matters as these will depend on individual circumstances.

The Interstate Agreement on Detainers Act (IADA) allows for the disposition of untried charges, indictments, information, or complaints that have been lodged as a detainer by party states. The United States of America, the District of Colombia, and any U.S. state or territory that has codified the IADA into its statutes have been identified as party states. The states of Mississippi and Louisiana, the Commonwealth of Puerto Rico, and the territories have not joined the IADA to date.

**Good Conduct Good Time**

This applies to inmates sentenced for an offense committed on or after November 1, 1987, under the Sentencing Reform Act of 1984 (SRA), the Violent Crime Control Law Enforcement Act (VCCLEA), or Prison Litigation Reform Act (PLRA).

The SRA became law on November 1, 1987. The two most significant changes made to sentencing statutes concern good time and parole issues. There are no provisions for parole under the SRA. The only good time available under the SRA is 54 days of Good Conduct Time (GCT) for each year served on the sentence. No GCT is applied to life terms, or to sentences of 1 year or less. Good time is not awarded under the SRA until the end of each year served on the sentence, and may be awarded in part or in whole, contingent upon behavior during the year. Once awarded, GCT earned under the SRA is vested, and may not be forfeited at a later time.

For inmates sentenced under the PLRA, for offenses committed on or after April 26, 1996, the GCT earned for time spent in service of the sentence does not vest. In addition, if an inmate does not have a high school diploma or a GED, and the inmate is not making satisfactory progress toward earning a GED. Unsatisfactory progress is determined by the institution Education Department.

For inmates convicted under the VCCLEA, for offenses committed from September 13, 1994, through April 25, 1996, the 54 days of GCT earned for each year served on the sentence will not vest if an inmate does not have a high school diploma or a GED, and the inmate is not making satisfactory progress toward earning a GED. Unsatisfactory progress is determined by the institution Education Department.
of GCT will be earned for each year in the service of the sentence. Unsatisfactory progress is determined by the institution Education Department.

The amount of GCT an inmate is eligible to receive is based on the amount of time served on the sentence, not the length of the sentence. This calculation method has been upheld by the U.S. Supreme Court.

THE GOOD TIME DISCUSSIONS BELOW DO NOT APPLY TO INMATES SENTENCED UNDER THE NEW SENTENCING GUIDELINES.

Good Time
Good Time awarded by the BOP under statutes enacted prior to November 1, 1987, has the effect of reducing the stated term of the sentence that is, it advances the date when release will be mandatory if the offender is not paroled at an earlier date. The award of Good Time does not in itself advance the offender’s release date. It has that effect only if the offender would not otherwise be paroled before the mandatory date.

Statutory Good Time
Under 18 U.S. Code 4161, an offender sentenced to a definite term of six months or more is entitled a deduction from his term, computed as follows, if the offender has faithfully observed the rules of the institution and has not been disciplined:

Not greater than one year - 5 days for each month of the not less than six months or more than one year sentence.
More than 1 year, less than 3 years - 6 days for each month of the stated sentence.
At least 3 years, less than 5 years - 7 days for each month of the stated sentence.
At least 5 years, less than 10 years - 8 days for each month of the stated sentence.
10 years or more - 10 days for each month of the stated sentence.

At the beginning of a prisoner’s sentence, the full amount of statutory good time is credited, subject to forfeiture if the prisoner commits disciplinary infractions.

The following applies only to inmates sentenced for an offense committed prior to November 1, 1987.

Extra Good Time
The Bureau of Prisons awards extra good time credit for performing exceptionally meritorious service, performing duties of outstanding importance, or for employment in an Industry or Camp. An inmate may earn only one type of good time award at a time (e.g., an inmate earning industrial or Camp good time is not eligible for meritorious good time), except that a lump sum award may be given in addition to another extra good time award.
Neither the Warden nor the DHO may forfeit or withhold extra good time.

The Warden may disallow or terminate the awarding of any type of Extra Good Time (except for lump sum awards), but only in a non-disciplinary context and only upon recommendation of staff. The DHO may disallow or terminate the awarding of any type of Extra Good Time, (except lump sum awards) as a disciplinary sanction. Once an awarding of meritorious good time has been terminated, the Warden must approve a new staff recommendation in order for the award to recommence. A disallowance means that an inmate does not receive an Extra Good Time award for only one calendar month. A disallowance must be for the entire amount of extra good time for that calendar month. There may be no partial disallowance. A decision to disallow or terminate extra good time may not be suspended pending future consideration. A retroactive award of meritorious good time may not include a month in which Extra Good Time has been disallowed or terminated.

**Residential Reentry Center Good Time**
Extra good time for an inmate in a Federal or contract Residential Reentry Center is awarded automatically beginning on arrival at that facility and continuing as long as the inmate is confined to the Center, unless the award is disallowed.

**Lump Sum Awards**
Any staff member may recommend to the Warden the approval of an inmate for a lump sum award of Extra Good Time. Such recommendations must be for an exceptional act or service that is not a part of a regularly assigned duty. The Warden may make lump sum awards of Extra Good Time of not more than thirty (30) days. If the recommendation is for more than thirty days, and the Warden agrees, the Warden will refer the recommendation to the Regional Director, who may approve the award.

**Good Time Procedures**
Extra Good Time is awarded at a rate of three days per month during the first twelve months, and at the rate of five days per month thereafter (i.e., the first twelve months, as stated, means 11 months and 30 days –Day for Day – of earning Extra Good Time before an inmate can start earning five days per month.

**Parole**
Parole is release from incarceration under conditions established by the U.S. Parole Commission. Parole is not a pardon or an act of clemency. A parolee remains under the supervision of a U.S. Probation Officer until the expiration of his full term.

Federal inmates sentenced prior to 1987 are ordinarily permitted an opportunity to appear before the Parole Commission within 120 days of commitment (EXEMPTIONS: inmates sentenced before September 6, 1977 and inmates with a minimum parole eligibility of ten years). Inmates sentenced in the District of Columbia Superior Court who are eligible for parole will normally receive
a parole hearing 180 days prior to their parole eligibility date. If the inmate chooses not to appear before the Parole Board for the initial hearing, a waiver must be given to the Case Manager prior to the time of the scheduled parole hearing. This waiver will be made part of the Parole Commission file and the inmate’s central file.

All inmates who previously waived a parole hearing are eligible to appear before the Parole Board at any regularly scheduled hearing after they waive. Application for a parole hearing must be made at least 60 days before the first day of the month of the hearings. The Parole Board conducts hearings at most Bureau institutions every two months.

Applications, to the Parole Commission for a hearing, are the responsibility of the inmate, but in certain cases the Unit Team will assist the inmate if necessary. Application forms may be obtained from the Case Manager.

Following the hearing, the inmate will be advised of the tentative decision reached in the case by the hearing examiners. The recommendations of the hearing examiner must be confirmed by the Regional Office of the Parole Board. This confirmation usually takes three to four weeks and is made through the mail on a form called a Notice of Action. Federal inmates may appeal a decision made the Parole Commission by obtaining the appropriate forms from the Case Manager. Inmates with a District of Columbia Superior Court case cannot appeal a decision made by the Parole Commission. If granted a presumptive parole date (a parole date more than six months following the hearing), a parole progress report will be sent to the Parole Board three to six months before the parole date.

Parole may be granted to a detainer or for the purpose of deportation. The inmate should have an approved residence and an approved employer before being released on parole.

**Residential Reentry Center Placement**

Inmates who are nearing release, and who need assistance in obtaining a job, residence or other community resources, may be referred for placement at a Residential Reentry Center (RRC).

The Residential Reentry Management Regional Administrator supervises services provided to offenders housed in contract facilities and participating in specialized programs in the community. The Residential Reentry Manager (RRM) links the BOP with the U.S. Courts, other Federal agencies, State and local governments, and the community. Located strategically throughout the country, the RRM is responsible for developing and maintaining a variety of contract facilities and programs, working under the supervision of the appropriate regional administrator.
Community programs have two major emphases: residential community-based programs provided by RRCs and programs that provide intensive nonresidential supervision to offenders in the community.

**Community-Based Residential Programs**
The community-based residential programs available include both typical RRCs and work release programs provided by local detention facilities. The RRCs provide a suitable residence, structured programs, job placement and counseling while monitoring the offender’s activities. They also provide drug testing and counseling, and alcohol monitoring and treatment. While in these programs, employed offenders are required to pay subsistence to help defray the cost of their confinement. The inmate’s payment rate during RRC residence is 25 percent of the inmate’s gross income.

Most BOP community-based residential programs are proved in RRCs. These facilities contract with the BOP to provide residential correctional programs near the offender’s home community. RRCs are used primarily for three types of offenders:

- Those nearing release from a BOP institution, as a transitional service while the offender is finding a job, locating a place to live, and reestablishing family ties.
- Those under community supervision who need guidance and supportive services beyond what can be provided through regular supervision by U.S. Probation.
- Those serving short sentences of imprisonment and terms of community confinement.

Each RRC now provides two components within one facility, a prerelease component and a community corrections component. The prerelease component assists offenders making the transition from an institutional setting to the community, or as a resource while under supervision. The community corrections component is more restrictive. Except for employment and other required activities, the offenders are required to main at the RRC, where recreation, visiting, and other activities are provided in-house.

The other option for community-based residential programming is local detention facilities. Some local jails and detention centers are used to confine offenders serving short sentences. Many have work release programs where an offender is employed in the community during the day and returns to the institution at night. These facilities may also be used for offenders sentenced to terms of intermittent confinement such as nights, weekends, or other short intervals. Some of these local facilities have work release programs similar to the community corrections component in a RRC, serving to facilitate the transition from the institution to the community.
The Adam Walsh Child Protection and Safety Act
The Adam Walsh Child Protection and Safety Act (Pub. L. 109-248) was signed into law on July 27, 2006. The legislation organizes sex offenders into 3 tiers, and mandates that Tier 3 offenders update their whereabouts every 3 months. It makes failure to register and update information a felony. It also creates a national sex offender registry and instructs each state and territory to apply identical criteria for posting offender data on the Internet (i.e., offender's name, address, date of birth, place of employment, photograph, etc.).

Conclusion

Hopefully this information will assist inmates during their incarceration and help clarify any concerns they may encounter. New commitments should feel free to ask any staff member for assistance, particularly unit staff. For individuals who are not yet in custody, and who have been given this publication to prepare for commitment, the BOP’s RRM or the staff at the institution to which they have been designated can help clarify any other concerns.

INMATE SCHEDULES OF SERVICES

CLOTHING ROOM/LAUNDRY EXCHANGE:
General Population: At 6:00 a.m., on the assigned day, inmates will drop two bags of clothing at the Institutional Laundry room. Uniforms will be placed in one bag and underwear in the other bag.

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Both bags will be labeled with the inmate’s name and number. Once the clothing is cleaned, the Laundry Department will deliver the bags in two laundry bins (one for uniforms/one for underwear) to the appropriate unit.

SHU & Hospital: Institution Clothing/Linen Exchange – Mon/Wed/Fri. at 8:00 a.m., bedrolls and clothing will be issued to SHU/SSU when needed.

LAUNDROMATS:
General Population Sun/Sat 6:00 a.m. - 9:00 p.m.

BARBERSHOP:
General Population Sat/Sun/Mon/Thurs/Fri 6:00 a.m. - 9:30 p.m. 
Tues and Wednesday 4:30 p.m. - 9:30 p.m.
Hospital Tues and Wednesday 8:00 a.m. - 3:00 p.m.
SHU Saturday Only
CORRECTIONAL SYSTEMS MANAGEMENT:
Mail Room Mon thru Fri 6:15 a.m.- 7:00 a.m.
R&D (Property) Mon thru Fri Inmate(s) will be placed on call-outs

TRIAGE/PILL LINE:
General Population
Sign-up time Mon-Wed-Thur & Fri 6:15 a.m. - 6:45 p.m.
(Sat./Sun./Holiday(s) Emergency Only)

Morning Insulin Pill Line 6:15 a.m. - 6:30 a.m.
Morning Pill Line 6:30 a.m. - 7:15 a.m.
Noon Pill Line 11:00 a.m.- 12:00 p.m.
Evening Insulin Pill Line 4:00 p.m. - 5:45 p.m.
Evening Pill Line 5:30 p.m. - 6:30 p.m.

TELEPHONES: General Population Sun thru Sat 6:00 a.m. - 11:30 p.m.
### INMATE RIGHTS AND RESPONSIBILITIES

<table>
<thead>
<tr>
<th>RIGHTS</th>
<th>RESPONSIBILITIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. You have the right to expect that you will be treated in a impartial, and fair in the same manner.</td>
<td>1. You are responsible for treating inmates and staff respectful, manner by all staff.</td>
</tr>
<tr>
<td>2. You have the right to be informed of the rules, procedures, and schedules concerning the operation of the institution.</td>
<td>2. You have the responsibility to know and abide by them.</td>
</tr>
<tr>
<td>3. You have the right to freedom of religious affiliation, and voluntary religious worship.</td>
<td>3. You have the responsibility to recognize and respect the rights of others in this regard.</td>
</tr>
<tr>
<td>4. You have the right to health care, which includes nutritious meals, proper bedding and clothing, and a laundry schedule for cleanliness of the same, an opportunity to shower regularly, proper ventilation for warmth and fresh air, a regular exercise period, toilet articles and medical and dental treatment.</td>
<td>4. It is your responsibility not to waste food, to follow the laundry and shower schedule, maintain neat and clean living quarters, to keep your area free of contraband, and to seek medical and dental care as you may need it.</td>
</tr>
<tr>
<td>5. You have the right to visit and correspond with family members, and friends, and correspond with members of the news media in accordance with Bureau rules and institution guidelines.</td>
<td>5. It is your responsibility to conduct yourself properly during visits. You will not engage in inappropriate conduct during visits to include sexual Acts and introduction of contraband, and not to violate the law or Bureau guidelines through correspondence.</td>
</tr>
<tr>
<td>6. You have the right to unrestricted and confidential access to the courts by correspondence (on matters such as the legality of your conviction, civil matters, pending criminal cases, and conditions of your imprisonment.)</td>
<td>6. You have the responsibility to present honestly and fairly your petitions, questions, and problems to the court.</td>
</tr>
</tbody>
</table>
7. You have the right to legal counsel from an attorney of your choice by interviews and correspondence.

7. It is your responsibility to use the services of an attorney honestly and fairly.

8. You have the right to participate in the use of law library reference materials to assist you in resolving legal problems. You also have the right to receive help when it is available through a legal assistance program.

8. It is your responsibility to use these resources in keeping with the procedures and schedule prescribed and to respect the rights of other inmates to the use of the materials and assistance.

9. You have the right to a wide range of reading materials for materials for educational purposes and for your own enjoyment. These materials may include magazines and newspapers sent from the community, with certain restrictions.

9. It is your responsibility to seek and utilize such materials for your personal benefit, without depriving others of their equal rights to the use of this material.

10. You have the right to participate in education, vocational training and employment as far as resources are available, and in keeping with your interests, needs, and abilities.

10. You have the responsibility to take advantage of activities which may help you live a successful and law-abiding life within the institution and in the community. You will be expected to abide by the regulations governing the use of such activities.

11. You have the right to use your funds for commissary and other purchases, consistent with institution security and good order, for opening bank and/or savings accounts, and for assisting your family, in accordance with Bureau rules.

11. You have the responsibility to meet your financial and legal obligations, including, but not limited to, DHO and court imposed assessments, fines, and restitution. You also have the responsibility to make use of your funds in a manner consistent with your release plans, your family needs, and for other obligations that you may have.
PROHIBITED ACTS AND AVAILABLE SANCTIONS

GREATEST SEVERITY LEVEL PROHIBITED ACTS

100 Killing.

101 Assaulting any person, or an armed assault on the institution’s secure perimeter (a charge for assaulting any person at this level is to be used only when serious physical injury has been attempted or accomplished).

102 Escape from escort; escape from any secure or non-secure institution, including community confinement; escape from unescorted community program or activity; escape from outside a secure institution.

103 Setting a fire (charged with this act in this category only when found to pose a threat to life or a threat of serious bodily harm or in furtherance of a prohibited act of Greatest Severity, e.g., in furtherance of a riot or escape; otherwise the charge is properly classified Code 218, or 329).

104 Possession, manufacture, or introduction of a gun, firearm, weapon, sharpened instrument, knife, dangerous chemical, explosive, ammunition, or any instrument used as a weapon.

105 Rioting.

106 Encouraging others to riot.

107 Taking hostage(s).

108 Possession, manufacture, introduction, or loss of a hazardous tool (tools most likely to be used in an escape or escape attempt or to serve as weapons capable of doing serious bodily harm to others; or those hazardous to institutional security or personal safety; e.g., hacksaw blade, body armor, maps, handmade rope, or other escape paraphernalia, portable telephone, pager, or other electronic device).

109 (Not to be used).

110 Refusing to provide a urine sample; refusing to breathe into a Breathalyzer; refusing to take part in other drug-abuse testing.

111 Introduction or making of any narcotics, marijuana, drugs,
alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

112 Use of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

113 Possession of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

114 Sexual assault of any person, involving non-consensual touching by force or threat of force.

115 Destroying and/or disposing of any item during a search or attempt to search.

196 Use of the mail for an illegal purpose or to commit or further a Greatest category prohibited act.

197 Use of the telephone for an illegal purpose or to commit or further a Greatest category prohibited act.

198 Interfering with a staff member in the performance of duties most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts.

199 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts.

AVAILABLE SANCTIONS FOR GREATEST SEVERITY LEVEL PROHIBITED ACTS

A. Recommend parole date rescission or retardation.

B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time (up to 100%) and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).

B.1. Disallow ordinarily between 50% and 75% (27-41 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
C. Disciplinary segregation (up to 12 months).
D. Make monetary restitution.
E. Monetary fine.
F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
G. Change housing (quarters).
H. Remove from program and/or group activity.
I. Loss of job.
J. Impound inmate’s personal property.
K. Confiscate contraband.
L. Restrict to quarters.
M. Extra duty.

HIGH SEVERITY LEVEL PROHIBITED ACTS

200 Escape from a work detail, non-secure institution, or other non-secure confinement, including community confinement, with subsequent voluntary return to Bureau of Prisons custody within four hours.

201 Fighting with another person.

202 (Not to be used).

203 Threatening another with bodily harm or any other offense.

204 Extortion; blackmail; protection; demanding or receiving money or anything of value in return for protection against others, to avoid bodily harm, or under threat of informing.

205 Engaging in sexual acts.

206 Making sexual proposals or threats to another.

207 Wearing a disguise or a mask.

208 Possession of any unauthorized locking device, or lock pick, or tampering with or blocking any lock device (includes keys), or destroying, altering, interfering with, improperly using, or damaging any security device, mechanism, or procedure.
209 Adulteration of any food or drink.
210 (Not to be used).
211 Possessing any officer’s or staff clothing.
212 Engaging in or encouraging a group demonstration.
213 Encouraging others to refuse to work, or to participate in a work stoppage.
214 (Not to be used).
215 (Not to be used).
216 Giving or offering an official or staff member a bribe, or anything of value.
217 Giving money to, or receiving money from, any person for the purpose of introducing contraband or any other illegal or prohibited purpose.
218 Destroying, altering, or damaging government property, or the property of another person, having a value in excess of $100.00, or destroying, altering, damaging life-safety devices (e.g., fire alarm) regardless of financial value.
219 Stealing; theft (including data obtained through the unauthorized use of a communications device, or through unauthorized access to disks, tapes, or computer printouts or other automated equipment on which data is stored).
220 Demonstrating, practicing, or using martial arts, boxing (except for use of a punching bag), wrestling, or other forms of physical encounter, or military exercises or drill (except for drill authorized by staff).
221 Being in an unauthorized area with a person of the opposite sex without staff permission.
222 (Not to be used).
223 (Not to be used).
224 Assaulting any person (a charge at this level is used when less serious physical injury or contact has been attempted or accomplished by an inmate).
225 Stalking another person through repeated behavior which
harasses, alarms, or annoys the person, after having been previously warned to stop such conduct.

226 Possession of stolen property.

227 Refusing to participate in a required physical test or examination unrelated to testing for drug abuse (e.g., DNA, HIV, tuberculosis).

228 Tattooing or self-mutilation.

229 Sexual assault of any person, involving non-consensual touching without force or threat of force.

296 Use of the mail for abuses other than criminal activity which circumvent mail monitoring procedures (e.g., use of the mail to commit or further a High category prohibited act, special mail abuse; writing letters in code; directing others to send, sending, or receiving a letter or mail through unauthorized means; sending mail for other inmates without authorization; sending correspondence to a specific address with directions or intent to have the correspondence sent to an unauthorized person; and using a fictitious return address in an attempt to send or receive unauthorized correspondence).

297 Use of the telephone for abuses other than illegal activity which circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a High category prohibited act.

298 Interfering with a staff member in the performance of duties most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts.

299 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts.
AVAILABLE SANCTIONS FOR HIGH SEVERITY LEVEL PROHIBITED ACTS

A. Recommend parole date rescission or retardation.

B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 50% or up to 60 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).

B.1 Disallow ordinarily between 25% and 50% (14-27 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).

C. Disciplinary segregation (up to 6 months).

D. Make monetary restitution.

E. Monetary fine.

F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).

G. Change housing (quarters).

H. Remove from program and/or group activity.

I. Loss of job.

J. Impound inmate’s personal property.

K. Confiscate contraband.

L. Restrict to quarters.

M. Extra duty.

MODERATE SEVERITY LEVEL PROHIBITED ACTS

300 Indecent Exposure.

301 (Not to be used).

302 Misuse of authorized medication.

303 Possession of money or currency, unless specifically authorized, or in excess of the amount authorized.

304 Loaning of property or anything of value for profit or increased return.
Possession of anything not authorized for retention or receipt by the inmate, and not issued to him through regular channels.

Refusing to work or to accept a program assignment.

Refusing to obey an order of any staff member (may be categorized and charged in terms of greater severity, according to the nature of the order being disobeyed, e.g. failure to obey an order which furthers a riot would be charged as 105, Rioting; refusing to obey an order which furthers a fight would be charged as 201, Fighting; refusing to provide a urine sample when ordered as part of a drug-abuse test would be charged as 110).

Violating a condition of a furlough.

Violating a condition of a community program.

Unexcused absence from work or any program assignment.

Failing to perform work as instructed by the supervisor.

Insolence towards a staff member.

Lying or providing a false statement to a staff member.

Counterfeiting, forging, or unauthorized reproduction of any document, article of identification, money, security, or official paper (may be categorized in terms of greater severity according to the nature of the item being reproduced, e.g., counterfeiting release papers to effect escape, Code 102).

Participating in an unauthorized meeting or gathering.

Being in an unauthorized area without staff authorization.

Failure to follow safety or sanitation regulations (including safety regulations, chemical instructions, tools, MSDS sheets, OSHA standards).

Using any equipment or machinery without staff authorization.

Using any equipment or machinery contrary to instructions or posted safety standards.
Failing to stand count.

Interfering with the taking of count.

(Not to be used).

(Not to be used).

Gambling.

Preparing or conducting a gambling pool.

Possession of gambling paraphernalia.

Unauthorized contacts with the public.

Giving money or anything of value to, or accepting money or anything of value from, another inmate or any other person without staff authorization.

Destroying, altering, or damaging government property, or the property of another person, having a value of $100.00 or less.

Being unsanitary or untidy; failing to keep one's person or quarters in accordance with posted standards.

Possession, manufacture, introduction, or loss of a non-hazardous tool, equipment, supplies, or other non-hazardous contraband (tools not likely to be used in an escape or escape attempt, or to serve as a weapon capable of doing serious bodily harm to others, or not hazardous to institutional security or personal safety) (other non-hazardous contraband includes such items as food, cosmetics, cleaning supplies, smoking apparatus and tobacco in any form where prohibited, and unauthorized nutritional/dietary supplements).

Smoking where prohibited.

Fraudulent or deceptive completion of a skills test (e.g., cheating on a GED, or other educational or vocational skills test).

Conducting a business; conducting or directing an investment transaction without staff authorization.

Communicating gang affiliation; participating in gang related activities; possession of paraphernalia indicating gang affiliation.
Circulating a petition.

Use of the mail for abuses other than criminal activity which do not circumvent mail monitoring; or use of the mail to commit or further a Moderate category prohibited act.

Use of the telephone for abuses other than illegal activity which do not circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a Moderate category prohibited act.

Interfering with a staff member in the performance of duties most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as “most like” one of the listed Moderate severity prohibited acts.

Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as “most like” one of the listed Moderate severity prohibited acts.

**AVAILABLE SANCTIONS FOR MODERATE SEVERITY LEVEL PROHIBITED ACTS**

A. Recommend parole date rescission or retardation.

B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 25% or up to 30 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).

B.1 Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).

C. Disciplinary segregation (up to 3 months).

D. Make monetary restitution.

E. Monetary fine.

F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
G. Change housing (quarters).
H. Remove from program and/or group activity.
I. Loss of job.
J. Impound inmate’s personal property.
K. Confiscate contraband.
L. Restrict to quarters.
M. Extra duty.

**LOW SEVERITY LEVEL PROHIBITED ACTS**

400 (Not to be used).
401 (Not to be used).
402 Malingering, feigning illness.
403 (Not to be used).
404 Using abusive or obscene language.
405 (Not to be used).
406 (Not to be used).
407 Conduct with a visitor in violation of Bureau regulations.
408 (Not to be used).
409 Unauthorized physical contact (e.g., kissing, embracing).

498 Interfering with a staff member in the performance of duties most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as “most like” one of the listed Low severity prohibited acts.

499 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as “most like” one of the listed Low severity prohibited acts.
AVAILABLE SANCTIONS FOR LOW SEVERITY LEVEL PROHIBITED ACTS

B.1 Disallow ordinarily up to 12.5% (1-7 days) of good conduct time credit available for year (to be used only where inmate found to have committed a second violation of the same prohibited act within 6 months); Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (to be used only where inmate found to have committed a third violation of the same prohibited act within 6 months) (a good conduct time sanction may not be suspended).

C. Make monetary restitution.

D. Monetary fine.

E. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).

F. Change housing (quarters).

G. Remove from program and/or group activity.

H. Loss of job.

I. Impound inmate’s personal property.

J. Confiscate contraband

K. Restrict to quarters.

L. Extra duty.
<table>
<thead>
<tr>
<th>Prohibited Act Severity Level</th>
<th>Time Period for Prior Offense (same code)</th>
<th>Frequency of Repeated Offense</th>
<th>Additional Available Sanctions</th>
</tr>
</thead>
</table>
| Low Severity (400 level)      | 6 months                                 | 2\textsuperscript{nd} offense | 1. Disciplinary segregation (up to 1 month).  
2. Forfeit earned SGT or non-vested GCT up to 10% or up to 15 days, whichever is less, and/or terminate or disallow extra good time (EGT) (an EGT sanction may not be suspended).  
Any available Moderate severity level sanction (300 series). |
| Moderate Severity (300 level) | 12 months                                | 2\textsuperscript{nd} offense | 1. Disciplinary segregation (up to 6 months).  
2. Forfeit earned SGT or non-vested GCT up to 37 1/2% or up to 45 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended).  
Any available High severity level sanction (200 series). |
| High Severity (200 level)     | 18 months                                | 2\textsuperscript{nd} offense | 1. Disciplinary segregation (up to 12 months).  
2. Forfeit earned SGT or non-vested GCT up to 75% or up to 90 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended).  
Any available Greatest severity level sanction (100 series). |
| Greatest Severity (100 level) | 24 months                                | 2\textsuperscript{nd} or more offense | Disciplinary Segregation (up to 18 months). |
Sexually Abusive Behavior/Sexual Harassment Prevention and Intervention
An Overview for Offenders

You Have the Right to be Safe from Sexually Abusive Behavior and Sexual Harassment. The Federal Bureau of Prisons has a zero tolerance policy against sexual abuse and sexual harassment. While you are incarcerated, no one has the right to pressure you to engage in sexual acts.

You do not have to tolerate sexually abusive behavior and/or sexual harassment pressure to engage in unwanted sexual behavior from another inmate or a staff member. Regardless of your age, size, race, ethnicity, gender or sexual orientation, you have the right to be safe from sexually abusive behavior and sexual harassment.

What Can You Do To Prevent Sexually Abusive Behavior/Sexual Harassment

Here are some things you can do to protect yourself and others against sexually abusive behavior or sexual harassment:

· Carry yourself in a confident manner at all times. Do not permit your emotion (fear/anxiety) to be obvious to others.
· Do not accept gifts or favors from others. Most gifts or favors come with strings attached to them.
· Do not accept an offer from another inmate to be your protector.
· Find a staff member with whom you feel comfortable discussing your fears and concerns.
· Be alert! Do not use contraband substances such as drugs or alcohol; these can weaken your ability to stay alert and make good judgments.
· Be direct and firm if others ask you to do something you don’t want to do. Do not give mixed messages to other inmates regarding your wishes for sexual activity.
· Stay in well-lit areas of the institution.
· Choose your associates wisely. Look for people who are involved in positive activities like educational programs, psychology groups, or religious services. Get involved in these activities.
· Trust your instincts. If you sense that a situation may be dangerous, it probably is. If you fear for your safety, report your concerns to staff.
What Can You Do if You Are Afraid or Feel Threatened

If you are afraid or feel you are being threatened or pressured to engage in sexual behaviors or being sexual harassment, you should discuss your concerns with staff. Because this can be a difficult topic to discuss, some staff, like psychologists, are specially trained to help you deal with problems in this area.

If you feel immediately threatened, approach any staff member and ask for assistance. It is part of his/her job to ensure your safety. If it is a staff member that is threatening you, report your concerns immediately to another staff member that you trust, or follow the procedures for making a confidential report.

What Can You Do if You Are Sexually Assaul ted/Sexual Harassed

If you become a victim of a sexually abusive behavior or are sexually harassed, you should report it immediately to staff who will offer you protection from the assailant. You do not have to name the inmate(s) or staff assailant(s) in order to receive assistance, but specific information may make it easier for staff to know how best to respond. You will continue to receive protection from the assailant, whether or not you have identified him or her (or agree to testify against him/her).

After reporting any sexual assault, you will be referred immediately for a medical examination and clinical assessment. Even though you many want to clean up after the assault it is important to see medical staff.

BEFORE you shower, wash, drink, eat, change clothing, or use the bathroom. Medical staff will examine you for injuries which may or may not be readily apparent to you. They can also check you for sexually transmitted diseases, pregnancy, if appropriate, and gather any physical evidence of assault. The individuals who sexually abuse or assault inmates can only be disciplined and/or prosecuted if the abuse is reported. Regardless of whether your assailant is an inmate or a staff member, it is important to understand that you will never be disciplined or prosecuted for being the victim of a sexual assault.

How to Report an Incident of Sexually Abusive Behavior/Sexual Harassment

It is important that you tell a staff member if you have been sexually assaulted or sexually harassed. It is equally
important to inform staff if you have witnessed sexually abusive behavior or have seen someone else being sexually harassed. You can tell your case manager, Chaplain, Psychologist, SIS, the Warden or any other staff member you trust. BOP staff members are instructed to keep reported information confidential and only discuss it with the appropriate officials on a need to know basis concerning the inmate-victim’s welfare and for law enforcement or investigative purposes. There are other means to confidentiality report sexually abusive behavior or sexual harassment if you are not comfortable talking with staff.

- **Write directly to the Warden, Regional Director or Director.** You can send the Warden an Inmate Request to Staff Member (Cop-out) or a letter reporting the sexually abusive behavior or sexual harassment. You may also send a letter to the Regional Director or Director of the Bureau of Prisons. To ensure confidentiality, use special mail procedures.

- **File an Administrative Remedy.** You can file a Request for Administrative Remedy (BP-9). If you determine your complaint is too sensitive to file with the Warden, you have the opportunity to file your administrative remedy directly with the Regional Director (BP-10). You can get the forms from your counselor or other unit staff.

- **Write the Office of the Inspector General (OIG) which investigates allegations of staff misconduct.** OIG is a component of the Department of Justice and is not a part of the Bureau of Prisons. The address is:

  Office of the Inspector General  
  U.S. Department of Justice  
  Investigations Division  
  950 Pennsylvania Avenue, N.W.  
  Room 4706  
  Washington, D.C. 20530  
  Phone: (202) 514-3435

E-mail OIG. You can send an e-mail directly to OIG by clicking on the TRULINCS Request to Staff tab and selecting the Department Mailbox titled, DOJ Sexual Abuse Reporting. This method of reporting is processed by OIG during normal business hours, Monday – Friday. It is not a 24-hour hotline. For immediate assistance, contact institution staff.
Note: These e-mails:

- are untraceable at the local institution,
- are forwarded directly to OIG
- will not be saved in your e-mail ‘Sent’ list
- do not allow for a reply from OIG,
- If you want to remain anonymous to the BOP, you must request it in the e-mail to OIG.

**Understanding the Investigative Process**

Once the sexually abusive behavior/sexual harassment is reported, the BOP and/or other appropriate law enforcement agencies will conduct an investigation. The purpose of the investigation is to determine the nature and scope of the abusive behavior. You may be asked to give a statement during the investigation. If criminal charges are brought, you may be asked to testify during the criminal proceedings.

**Counseling Programs for Victims of Sexually Abusive Behavior/Sexual Harassment**

Most people need help to recover from the emotional effects of sexually abusive behavior. If you are the victim of sexually abusive behavior/sexual harassment, whether recent or in the past, you may seek counseling and/or advice from a psychologist or chaplain. Crisis counseling, coping skills, suicide prevention, mental health counseling, and spiritual counseling are all available to you.

FCI Terminal Island currently has a Memorandum of Understanding (MOU) with Violence Intervention Program, VIP Community Mental Health Center, Inc., a local Rape Crisis Center (RCC), who could provide services such as counseling and support. However, Psychology Services can provide you with the following services which would be available through Psychology Services: a) a full mental health evaluation; b) Crisis counseling; c) Suicide Prevention; d) Management of Depression; e) Anger Management; and f) Coping Skills.

**Management Program for Inmate Assailants**

Those who sexually abuse/assault others while in the custody of the BOP will be disciplined and prosecuted to the fullest extent of the law. If you are an inmate assailant, you will be referred to Correctional Services for monitoring. You will be referred to Psychology Services for an assessment of risk and treatment and management needs. Treatment compliance or refusal will be documented and decisions regarding your conditions of confinement and release may be effected. If you feel that you need help to keep from engaging in sexually abusive behaviors/sexual harassment, psychological services are available.
Policy Definitions

Prohibited Acts: Inmates who engage in inappropriate sexual behavior/sexual harassment can be charged with following Prohibited Acts under the Inmate Disciplinary Policy.

Code 114/(A): Sexual Assault By Force
Code 205/(A): Engaging in a Sex Act
Code 206/(A): Making a Sexual Proposal
Code 221/(A): Being in an Unauthorized Area with a Member of the Opposite Sex
Code 229/(A): Sexual Assault Without Force
Code 300/(A): Indecent Exposure
Code 404/(A): Using Abusive or Obscene Language

Staff Misconduct: The Standards of Employee Conduct prohibit employees from engaging in, or allowing another person to engage in sexual, indecent, profane or abusive language or gestures, and inappropriate visual surveillance of inmates. Influencing, promising or threatening an inmate’s safety, custody, privacy, housing, privileges, work detail or program status in exchange for sexual favors is also prohibited.

What is sexually abusive behavior? According to federal law (Prison Rape Elimination Act of 2003) sexually abusive behavior is defined as:

Rape: the carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person FORCIBLY or against that person’s will;

The carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person not forcibly or against the person’s will, where the victim is incapable of giving consent because of his/her youth or his/her temporary or permanent mental or physical incapacity;

The carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person achieved through the exploitation of the fear or threat of physical violence or bodily injury;
Carnal Knowledge: contact between the penis and vulva or the penis and the anus, including penetration of any sort, however slight;

Oral Sodomy: contact between the mouth and the penis, the mouth and the vulva, or the mouth and the anus;

**Sexual Assault with an Object:** the use of any hand, finger, object, or other instrument to penetrate, however slightly, the genital or anal opening of the body of another person *(NOTE: This does NOT apply to custodial or medical personnel engaged in evidence gathering or legitimate medical treatment, nor to health care provider’s performing body cavity searches in order to maintain security and safety within the prison).*

**Sexual Fondling:** the touching of the private body parts of another person (including the genitalia, anus, groin, breast, inner thigh, or buttocks) for the purpose of sexual gratification.

**Sexual Misconduct:** (staff only): the use of indecent sexual language, gestures, or sexually oriented visual surveillance for the purpose of sexual gratification.

**What is Sexual Harassment?** Repeated verbal comments or gestures of a sexual nature including demeaning references to gender, sexually suggestive or derogatory comments about body or clothing, or obscene language or gestures. The use of indecent sexual language, gestures, or sexually-oriented visual surveillance for the purpose of sexual gratification.

An incident is considered **Inmate-on-Inmate Abuse/Assault** when any sexually abusive behavior occurs between two or more inmates. An incident is considered **Staff-on-Inmate Abuse/Assault** when any sexually abusive behavior is initiated by a staff member toward one or more inmates. It is also considered Staff-on-Inmate Abuse/Assault if a staff member willingly engages in sexual acts or contacts that are initiated by an inmate.

**NOTE:** Sexual acts or contacts between two or more inmates, even when no objections are raised, are prohibited acts, and may be illegal. Sexual acts or contacts between an inmate and a staff member, even when no objections are raised by either party, are always forbidden and illegal. Inmates who have been sexual assaulted by another inmate or staff member will not be prosecuted or disciplined for reporting the assault. However, inmates will be penalized for knowingly filing any false report.
NOTICE:
BOTH MALE AND FEMALE STAFF ROUTINELY
WORK AND VISIT INMATE HOUSING AREAS

Contact Offices

U.S. Department of Justice
Office of the Inspector
950 Pennsylvania Avenue,
NW Suite 4322
Washington, D.C. 20530-0001

Central Office
General Federal Bureau of Prisons
320 First Street, NW
Washington, D.C. 20534

Mid-Atlantic Regional Office
302 Sentinel Drive, Suite 200
Annapolis Junction, MD 20701

North Central Regional Office
Gateway Complex Tower II,
8th Floor
400 State Avenue
Kansas City, KS 66101-2492

Northeast Regional Office
U.S. Customs House, 7th Floor
2nd and Chestnut Streets
Philadelphia, Pennsylvania 19106

South Central Regional Office
4211 Cedar Springs Rd, Suite 300
Dallas, Texas 72519

Southeast Regional Office
3800 N. Camp Creek Parkway, SW
Building 2000
Atlanta, GA 30331-5099

Western Regional Office
7338 Shoreline Drive
Stockton, California 95219
To The Inmate:

It is suggested you provide this instruction sheet for special mail privileges to your attorney(s) who is representing you, at the earliest opportunity, when you write to or visit with you attorney(s).

To The Attorney:

The Bureau of Prisons Program Statement on Correspondence provides the opportunity for an attorney who is representing an inmate to request that attorney-client correspondence be opened only in the presence of the inmate. For this to occur, Bureau policy requires that you adequately identify yourself as an attorney on the envelope and that the front of the envelope be marked "Special Mail - Open Only in the Presence of the Inmate" or with similar language clearly indicating that your correspondence qualifies as special mail and that you are requesting that this correspondence be opened only in the presence of the inmate. Provided the correspondence has this marking, Bureau staff will open the mail only in the inmate's presence for inspection for physical contraband and the qualification of any enclosure as special mail. The correspondence will not be read or copied if these procedures are followed. If your correspondence does not contain the required identification that you are an attorney, a statement that your correspondence qualifies as special mail, and a request that the correspondence be opened only in the presence of the inmate, staff may treat the mail as general correspondence and may open, inspect, and read the mail.

PDF

Prescribed by P5800
(Replaces BP-493(58) of FEB 1991.)
Joint Commission Public Notice

The Joint Commission on Accreditation of HealthCare Organization (JCAHO) conducts ongoing unannounced accreditation surveys of Federal Bureau of Prisons, Health Services Department.

The Joint Commission is an independent, not for profit organization that sets standards for measuring health care quality and safety, and the safety of the environment in which that care is provided.

The purpose of the surveys is to evaluate the organization’s compliance with the nationally established joint commission standards. Survey results are used to determine whether, and the conditions under which accreditation should be awarded the organization.

Joint Commission standards deal with organization quality, safety-of-care issues, and safety of the environment in which care is provided. Anyone believing that he or she have pertinent and valid information about such matters may request a public information interview with the Joint Commission’s field representative at the time of survey. Request for public information interview must be made in writing and should be sent to Joint Commission. The request must also indicate the nature of the information to be provided at the interview. Such request should be addressed to:

- **Mail**
  Division of Accreditation Operations
  Office of Quality Monitoring
  The Joint Commission
  One Renaissance Boulevard
  Oakbrook Terrace, IL 60181

- **Fax**
  630-792-5636

- **E-mail**
  complaints@jointcommission.org
  Toll-free: 1-800-944-6610
NATIONAL SEXUAL ASSAULT TELEPHONE HOTLINE

If an inmate is a victim of sexual abuse while incarcerated and would like to seek emotional services from the community the inmate can access the National Sexual Assault Hotline.

Need help?
Your Unit Team or Psychology Services staff will assist you in making a confidential call to the RAPE, ABUSE & INCEST NATIONAL NETWORK (RAINN). You will be connected with a trained staff member from sexual assault service provider in the area.

1-800-656-HOPE (4673)

At any given moment, more than one thousand trained volunteers are on duty and available to help victims at RAINN affiliated crisis centers across the country.

How can the hotline help me?
Calling the National Sexual Assault Hotline gives you access to a range of free services including:

- Confidential, judgment-free support from a trained staff member
- Support finding a local health facility that is trained to care for survivors of sexual assault and offers services like sexual assault forensic exams
- Someone to help you talk through what happened
- Local resources that can assist with your next steps toward healing and recovery
- Referrals for long term support in your area
- Information about the laws in your area
- Basic information about medical concerns

Who are the sexual assault service providers?
Sexual assault service providers are organizations or agencies dedicated to supporting survivors of sexual assault. The providers who answer calls placed to the hotline are known as RAINN affiliates. To be part of the National Sexual Assault Hotline, affiliates must agree to uphold RAINN’s confidentiality standards. That means:

- Never releasing records or information about the call without the consent of the caller, except when obligated by law
- Only making reports to the police or other agencies when the caller consents, unless obligated by law
- Agreeing to RAINN’s non-discrimination policy
A message from the Psychology Services Department

It is not uncommon for people to experience depression and hopelessness while in prison, especially if they are newly arrested, facing a long sentence, experiencing family problems, having difficulty getting along with other inmates, or if they receive bad news. Sometimes, inmates consider committing suicide due to all of the pressure. But, help is available.

Staff are trained to monitor inmates for signs of suicide and to refer inmates to the Psychology Services Department for help. However, staff do not always see what inmates see. If you are personally experiencing any of the problems noted above, or if you or another inmate are showing signs of depression (sadness, tearfulness, lack of enjoyment in usual activities), withdrawal (staying away from others, reducing phone calls and/or visits) or hopelessness (giving away possessions, feeling as if there is nothing to live for), PLEASE alert a staff member right away.

You can save a life!
EVERY PERSON HAS THE RIGHT TO BE SAFE FROM SEXUAL ABUSE

The Federal Bureau of Prisons has a

ZERO TOLERANCE POLICY

If you or someone you know has been a victim of sexual abuse/assault, you should immediately:

SPEAK UP – TELL SOMEONE – REPORT IT

How You Can Report:

Tell Any Staff Member at Any Facility

File an Administrative Remedy

Electronic Message to Staff:
DOJ Sexual Abuse Reporting Mailbox
(TRULINCS)

In writing to:
Office of the Inspector General
U.S. Department of Justice
Investigations Division
950 Pennsylvania Avenue, N.W.
Room 4706
Washington, DC 20530

ALL SEXUAL ABUSE ALLEGATIONS ARE INVESTIGATED CONFIDENTIALLY