

NAME: _____ NUMBER: _____ WORK DETAIL: _____

POSTAGE & PHOTO TICKETS	
Single 02-Cent Stamp	\$.02
Single 05-Cent Stamp	-.05
Single 44-Cent Stamp	\$.44
Book of Stamps	\$8.80
***Copy Card (Limit 2)	\$6.50
Picture Tickets (Limit 5)	\$1.00
Combination Lock	\$6.50

ICE CREAM (LIMIT 3)	
Flavor of The Month	\$1.70
Vanilla	\$1.70
Strawberry	\$1.70
Butter Pecan	\$1.70
Low Fat	\$1.70

SHAVING SUPPLIES	
Bic Disposable.(1)	\$1.80
Protection Razor.(1)	\$5.00
Protection Refills.(1)	\$3.55
Mach 3 Razor.(1)	\$12.35
Mach 3 Refills.(1)	\$16.15
Gillette Sensor Refills.(1)	\$12.30
Magic Shave Cream.(1)	\$3.95
Personal Care Shaving Gel.(1)	\$1.70
Bump Stopper.(1)	\$3.90
Afta Shave Fresh.(1)	\$2.85
Shaving Mirror.(1)	\$2.60
Brushless Shaving Cream.(1)	\$2.25

FRAGRANCE OILS	
Specify Scent	\$3.90

DENTAL	
Denture Brush.(1)	\$1.80
Denture Cup.(1)	\$1.95
Staydent.(1)	\$2.55
Dentu-Creme Toothpaste.(1)	\$4.50
Colgate Toothpaste.(1)	\$2.50
Close-Up Toothpaste.(1)	\$2.75
Colgate Total Toothpaste.(1)	\$3.65
Crest Tartar.(1)	\$4.00
Colgate Sensitive Plus Whitening.(1)	\$3.80
Crest Pro Mouthwash.(1)	\$4.55
Close-Up Cinnamon Mouthwash.(1)	\$2.20
Dental Floss (Unwaxed).(1)	\$1.70
Floss Loops.(1)	\$1.70
Toothbrush Colgate Soft.(1)	\$.95
Toothbrush Colgate Soft.(1)	\$.40
Toothbrush Holder.(1)	\$.50
Oral Analgesic Gel.(1)	\$1.40

VITAMINS AND PROTEIN	
Vitamin A & D Ointment.(1)	\$2.25
Vitamin B(1)	\$3.50
Vitamin C.(1)	\$3.25
Vitamin E.(1)	\$3.65
Multi Vitamins.(1)	\$4.00
Calcium 650 w/Vitamin D.(1)	\$4.25
Folic Acid 800.(1)	\$3.25
Calcium.(1)	\$3.25
***Ultra Fit Bar.(15)	\$1.80

PERSONAL HYGIENE	
Speed Stick Green Cap.(2)	\$2.05
Speed Stick Gel.(2)	\$2.60
Crawford Deodorant.(2)	\$1.80
Old Spice Sport (2)	\$4.00
Heritage Roll On.(2)	\$1.90
Dial Roll On.(2)	\$1.10
Cool Zone Power Up.(2)	\$2.70
Petroleum Jelly.(1)	\$1.10
Dr. Schol's Foot Powder.(1)	\$3.10
Baby Powder.(1)	\$1.15
Baby Oil.(1)	\$1.55
Skin Cream (4 oz).(1)	\$1.20
Palmers Cocoa Btr Stick.(2)	\$3.25
Palmers Cocoa Btr Cream.(2)	\$4.80
Cocoa Btr Stick.(2)	\$1.55
Pro Glow Cocoa Btr Cream.(2)	\$2.25
Q-Tips.(2)	\$1.00
Heritage Foot Powder.(2)	\$2.55
Sun Block SPF 30.(1)	\$3.90
Cocoa Butter Lotion.(1)	\$3.15

St. Ives Lotion.(1)	\$5.00
St. Ives Apricot Scrub.(1)	\$4.30
Personal Care Lotion.(1)	\$1.70
Eucerin Lotion.(1)	\$11.80
Artra Skin Cream.(1)	\$3.70

HAIR CARE	
African Pride.(1)	\$6.55
Soft & Beautiful Relaxer.(1)	\$7.40
Lusti's Pomade.(1)	\$1.50
Sportin Waves.(1)	\$2.85
Pink Moisture.(1)	\$5.50
Panteen Shampoo.(1)	\$6.50
Next 1 Dandruff Shampoo.(2)	\$3.60
Protein 29 Gel.(1)	\$3.20
Lusti's Hair Food.(1)	\$1.45
Optimum Shampoo.(1)	\$6.80
Optimum Conditioner.(1)	\$7.05
Sulfur 8 Conditioner.(1)	\$3.80
Sulfur 8 Lock-n-Twist.(1)	\$3.65
Medicated Selsun Blue.(1)	\$10.40
Next 1 Styling Gel.(1)	\$3.35
VO5 Shampoo.(2)	\$1.50
VO5 Conditioner.(2)	\$1.50
Suave Shampoo.(2)	\$3.05
Head & Shoulders Shampoo.(2)	\$6.95
Neutrogena Shampoo (Coal Tar).(2)	\$7.60

MISCELLANEOUS ITEMS	
Fork/Spoon Pack.(1)	\$1.30
Clip-On Sun Shade.(1)	\$5.20
Bic Roller Pen.(2)	\$.60
Finger Nail Clippers.(1)	\$.90
Toe Nail Clippers.(1)	\$1.15
Tweezers.(1)	\$1.15
Band-Aids.(1)	\$3.20
Dr. Scholl's Corn Cushions.(1)	\$3.30
***Safety Scissors.(1)	\$6.70
***Emery Board.(1)	\$.90
Alarm Clock.(1)	\$9.35
Sewing Kit.(1)	\$1.95
Chap Stick.(2)	\$.95
Afro Pick.(1)	\$.80
Afro Comb.(1)	\$.90
***Clear Insulated Mug 22oz.(1)	\$2.00
***Clear Mug 64 oz.(1)	\$7.75
***Water Bottle.(1)	\$2.95
Hair Ties.(1)	\$1.35
Vented Brush.(1)	\$1.55
Boar Bristle Wave Brush.(1)	\$2.90
Styling Brush.(1)	\$1.85
Off Bug Repel Towelettes.(1)	\$9.50
Plastic Bowl w/Lid.(1)	\$.85
Microwave Bowl.(1)	\$3.95
Shoe Lace 54" White.(1)	\$1.15
Shoe Lace 54" Black.(1)	\$1.15
Dr. Schol's Airpillow.(2)	\$3.35
Dr. Schol's Gel Insole w/Arches.(2)	\$14.30
Iron Man Watchband.(1)	\$11.95
Handkerchief.(3)	\$.75
***Address Book.(1)	\$2.45
Playing Cards.(2)	\$2.60
Sunglasses.(1)	\$6.50
Photo Album.(1)	\$3.90
Shower Caps.(2)	\$.15
Shower Shoes.(1)	\$2.95
Sz10 Sz11 Sz12 Sz13 Sz14	
Shower Thongs.(1)	\$1.05
Black Shoe Polish.(1)	\$1.65
Neutral Shoe Polish.(1)	\$1.65

WRITING SUPPLIES	
Legal Pad.(2)	\$1.60
Correctable Ribbon.(1)	\$7.60
Typing Ribbon.(1)	\$10.05
Legal Envelopes.(5)	\$.20
Kraft Expansion Envelopes.(5)	\$1.70

SPORTS EQUIPMENT	
***Penn Racquet Balls.(1)	\$5.20
***Mesh Bag.(1)	\$9.10
Gray Cap.(1)	\$8.45
Spartan Wave Caps.(1)	\$4.40

Waist Trimmer.(1)	\$10.30
Wrist Bands.(1)	\$2.20
Head Bands.(1)	\$1.75
Muscle Rub.(1)	\$2.50

SOAPS	
Lever 2000(2)	\$1.00
Tone Soap.(2)	\$1.15
Dove Soap.(2)	\$1.50
Irish Spring Soap.(2)	\$.80
Dial Soap.(2)	\$1.30
Neutrogena Soap.(2)	\$3.55
Ambi Complexion Soap.(2)	\$2.15
Panoxyl Bar Soap.(2)	\$9.25
Acne Cream.(2)	\$1.60
Palmers Skin Soap.(2)	\$2.20
Soap Dish.(1)	\$.70

DISH SOAP & TOILETRIES	
Charmin Toilet Paper (4 Pack).(1)	\$4.00
Palmolive Dish Soap.(1)	\$1.85

COFFEE & DRINK MIXES	
*Tasters Choice 8oz.(1)	\$7.80
*Maxwell House 4oz.(1)	\$4.25
*Folgers Coffee 8oz.(1)	\$6.20
*Single Taster Choice.(25)	\$.15
Single Coffee Creamer.(25)	\$.05
*Keefe Decaf Coffee.(2)	\$3.55
*Keefe Coffee Regular.(2)	\$3.35
*Non Dairy Creamer.(3)	\$1.25
**Sugar.(1)	\$1.70
*Sweet Thing.(1)	\$1.75
Gatorade.(10)	\$.90
S/F Tropical Punch.(6)	\$2.95
S/F Countrytime Lemonade.(6)	\$2.95
*Tea Bags 100/Bx.(1)	\$4.65
**Apple & Cinn Herb Tea.(1)	\$4.00
*Sugar Free Cocoa.(2)	\$2.00
*Whipper Mix.(2)	\$3.80
*Non Fat Powder Milk Mix.(2)	\$1.75
Carnation Breakfast Mix.(2)	\$7.00
Hawaii Punch O P R L B	
Bottled Water.(10)	\$1.80
	\$7.75

RICE & SOUPS	
Rice w/Red Beans & Chili.(36)	\$.70
Cheese Rice.(36)	\$1.50
*Long Grain Rice.(10)	\$1.15
*Brown Rice.(10)	\$1.20
Beef Soup.(36)	\$.30
Cajun Chicken Soup.(36)	\$.30
Hot n Spicy Veg. Soup.(36)	\$.30
Cal. Vegetable Soup.(36)	\$.55

FOOD ITEMS	
*Salt & Pepper Shaker.(2)	\$1.70
Garlic Powder.(2)	\$1.10
Italian Seasoning.(2)	\$1.10
Minced Onion.(2)	\$1.10
Cajun Hot Seasoning.(2)	\$1.10
Mrs. Dash.(2)	\$2.90
Vegetable Flakes.(2)	\$1.10
Grape Jelly.(2)	\$2.60
*Honey.(2)	\$2.85
*Goya Accent Seasoning.(5)	\$2.80
*Blue Plate Mayo.(2)	\$3.10
*Mustard.(2)	\$1.15
*Asian Sweet & Hot Sauce.(2)	\$1.70
Flour Tortillas (10 per pack).(5)	\$1.40
White Corn Tortillas.(10)	\$1.00
**Soy Sauce Bottle.(5)	\$1.55
**Hot Sauce.(5)	\$1.25
Chili Garlic Sauce.(4)	\$1.30
Picante Sauce.(4)	\$2.00
*Dill Pickle.(15)	\$.60
*Zesty Garlic Pickle.(15)	\$.60
*Olive Oil.(5)	\$4.55
*Jalapeno Peppers.(10)	\$1.90
**Refried Beans.(10)	\$1.85
*Chorizo Beans, Vegetarian.(10)	\$1.95
*Jif Peanut Butter.(4)	\$3.15
*Stratford Peanut Butter.(4)	\$2.15

*Fillet of Mackerel.(10)	\$1.25
*Tuna, Dark Soft Pack.(10)	\$2.25
*Tuna, Albacore Soft Pack.(10)	\$1.70
*Pink Salmon.(10)	\$2.60
Soft Pack Ham.(10)	\$3.25
SPAM.(10)	\$1.55
Soft Pack Chicken.(10)	\$3.65
Soft Pack Turkey Breast.(10)	\$3.25
Spicy Chili w/beans.(10)	\$1.45
Chili w/beans.(10)	\$1.45
Roast Beef.(10)	\$3.10
Chicken Vienna Pack.(10)	\$1.85
Summer Sausage, Beef.(20)	\$1.60
Honey Pepper Turkey Log.(20)	\$1.60
Hot Shot Sausage.(20)	\$.50
Pizza Kits.(2)	\$3.50
Pepperoni.(2)	\$1.85

COOKIES	
*Iced Oatmeal.(4)	\$1.40
**Fig Bars 8oz.(4)	\$1.35
*Buds Oreo Cookies.(4)	\$1.05
*Buds Chocolate Chip Cookies.(4)	\$1.05
*Buds M&M Candy Cookies.(4)	\$1.05
**Vanilla Wafers.(4)	\$2.30
Pop Tarts (Box of 6).(8)	\$1.65

PASTRIES & CRACKERS	
Honey Buns (Box of 6).(10)	\$1.55
Nutty Bars.(10)	\$1.55
Oatmeal Pies.(10)	\$1.50
Fudge Rounds.(10)	\$1.55
*Ritz Crackers.(4)	\$3.55
*Saltine Crackers.(4)	\$1.50
*Un-Salted Crackers.(4)	\$1.65
**Matzos	\$4.60
Graham Crackers.(4)	\$2.15
Grilled Cheese on Wafer.(20)	\$.35
Sour Crème & Chives.(20)	\$.35

CHEESE	
Mozzarella Cheese Stick.(10)	\$1.65
Jalapeno Jack Cheese Stick.(10)	\$1.65
Jalapeno Cheese Spread.(4)	\$2.90
Velveeta Cheese 8oz.(10)	\$2.85
Velveeta Mac & Cheese.(10)	\$1.15

OATMEAL CEREAL & NUTS	
*Fruity Variety Oatmeal.(4)	\$2.65
*Rolled Oats.(4)	\$1.85
**Granola Nuts Cereal.(4)	\$3.15
Instant Grits.(4)	\$2.05
Honey Graham Squares.(2)	\$3.50
Honey Nut Scooters.(2)	\$2.90
*Mixed Nuts.(8)	\$2.80
*Honey Nuts.(8)	\$2.10
**Cashew Nuts.(8)	\$2.50
Trail Mix.(8)	\$2.75
*Sunflower Kernels 3oz.(15)	\$.50
Small Peanuts, Salted.(15)	\$.55

HARD CANDY & CANDY BARS	
Star Light Mints.(8)	\$.65
Jolly Rancher Assorted.(8)	\$1.75
Digby's All-Star Candy.(8)	\$1.05
Digby's Fire Ball.(8)	\$.70
Country Time Candy.(8)	\$1.40
Sugar Free Candy.(8)	\$1.65
Certs Mixed Fruit.(10)	\$.70
Certs Cinnamon.(10)	\$.70
*Butterfinger.(14)	\$.80
*Twix.(14)	\$.80
*Hershey's Plain.(14)	\$.80
*Snickers.(14)	\$.80
*Reese's Cup.(14)	\$.80
*M&M's Peanut.(14)	\$.80
*Whatchamacallit.(14)	\$.80

CHIPS & POPCORN	
Mesquite BBQ Chips.(10)	\$1.65
Jalapeno Pepper Chips.(10)	\$.99
Mazieto Chips.(10)	\$1.65
Nacho Chips.(10)	\$1.65
BBQ Corn Chips.(10)	\$1.80
Cheese Curls.(10)	\$.99
Pork Skins.(10)	\$.99
*Natural Popcorn.(20)	\$.50
*Act II Butter Popcorn.(20)	\$.40

FRUIT	
*Dried Figs.(5)	\$3.35
**Prunes.(5)	\$3.65
*Pitted Dates.(5)	\$2.90

MEDICATIONS (LIMIT 1)	
Acetaminophen 325m.(1)	\$2.35
Aleve Caplets.(1)	\$5.60
Antibiotic Ointment, Triple.(1)	\$4.35
Artificial Tears.(1)	\$2.25
Aspirin.(1)	\$1.50
Calamine Lotion 4oz.(1)	\$1.30
CTM, Clorpheniramine 4mg.(1)	\$1.25
Clotrimazole Antifungal Crm 1%.(1)	\$1.80
Dibucaine Ointment.(1)	\$3.45
Docusate Stoolsoftener.(1)	\$3.45
Ear Drops, Carbamide Peroxide.(1)	\$2.35
Famotidine Acid Reducer 10mg.(1)	\$4.45
Gaviscon.(1)	\$5.90
Goode Sense S/F Cough Drops.(1)	\$1.55
Halls Cherry Bag.(1)	\$2.15
Hemorrhoid Cream.(1)	\$3.65
Heritage Antifungal Powder.(1)	\$2.55
Hydrocortisone Cream 1%.(1)	\$1.45
Ibuprofen 200mg.(1)	\$2.70
Kaopectate.(1)	\$10.55
Lac-Hydrin Lotion 5%.(1)	\$11.90
Lamisil 1% Terbinafine.(1)	\$13.30
Lactase Enzyme Tablets.(1)	\$9.40
Liquid Antacid.(1)	\$3.40
Loperamide Anti Diarrhea Tabs 2mg.(1)	\$2.40
Loratadine Allergy Tabs 10mg.(1)	\$1.90
Maalox.(1)	\$7.05
Milk of Magnesia.(1)	\$2.55
Mineral Oil.(2)	\$2.40
Natural Fiber.(1)	\$5.85
Neosporin.(1)	\$7.20
Pink Bismuth.(1)	\$2.45
Preparation H.(1)	\$11.15
Prilosec OTC.(1)	\$17.15
Salicyclic Curad Corn Remover.(1)	\$1.85
Saline Nasal Spray.(1)	\$1.85
Simithecone Tablets 80mg.(1)	\$4.65
Sucrets Throat Lozenges.(1)	\$4.40
Tolphanate Cream 1%.(1)	\$1.70
Tolphanate Powder 1%.(1)	\$3.70
Tuck's Medicated Pads.(1)	\$6.00
Tums Antacid, 3PK.(1)	\$2.30
Tussin Guaifenesin Syrup.(1)	\$2.30
Vicks Vapor Rub.(1)	\$2.40
Visine.(1)	\$5.15
Visine Allergy.(1)	\$7.75
Zantac 75mg.(1)	\$2.85

6-PACKS OF SODA (LIMIT 4)	
Pepsi	\$2.15
Diet Pepsi	\$2.15
Mountain Dew	\$2.15
Diet Mountain Dew	\$2.15
DR. Pepper	\$2.15
Sierra Mist	\$2.15

BATTERIES (LIMIT 2)	
AAA 4pk	\$2.20
AA 4pk	\$2.20

WATCH BATTERIES	
Type _____	(Prices Vary)

RELIGIOUS ITEMS	
Jewish Yarmulke	\$2.09
Kufi	\$3.50
Native American Bandana	\$2.06
Rasta L or 2XL	\$8.23
Chew Stick (Miswak)(Limit 2)	\$1.15

CLOTHING ITEMS	
Write Quantity & Size Requested Prices will Vary According to Size* See Bulletin Board for Current Prices*	
Gray Sweat Top	Size _____
Gray Sweat Pants	Size _____
Gray Gym Shorts	Size _____
Gray Gym Shorts Long	Size _____
Mesh Shorts	Size _____
***Gray T-shirt	Size _____
White Boxers	Size _____

Boxer Briefs	Size _____
White T-Shirts	Size _____
Socks, Crew	\$1.65
Socks, Mini Crew	\$1.45

COLD WEATHER ITEMS	
Brown Gloves.(1)	\$1.65
Gray Watch Cap.(1)	\$3.90
Thermal Tops.(1) 2X / 3X / 4X	\$7.80
Thermal Bottoms.(1) 2X / 3X / 4X	\$7.80

READING ACCESSORIES	
L.E.D. Reading Light.(1)	\$12.95
Mighty Bright Replace. Bulbs.(1)	\$3.80
Reading Glasses.(1)	\$5.99

ELECTRONICS	
Sony Digital Radio (Clear).(1)	\$44.85
Sony Earbuds.(1)	\$12.50
Koss Earbuds.(1)	\$4.60
Koss Headphones (Clear).(1)	\$15.75
Timex Digital Watch.(1)	\$19.95
Timex Indiglo Analog Watch.(1)	\$49.15

GREETING CARDS :(Prices Vary)(Limit 6)	
See Bulletin Board Outside Commissary	
#1 _____	#2 _____ #3 _____ #4 _____ #5 _____
#6 _____	#7 _____ #8 _____ #9 _____ #10 _____
#12 _____	#13 _____ #14 _____ #15 _____

*****NOTE***NOTE***NOTE*****
 () Indicates Item Limits Set By Policy Statement 5580.05. Prices are Subject to Change WITHOUT Notice. Shop ONLY on assigned days unless otherwise notified. Allowed to Shop ONLY One Time per week. Commissary Cards are REQUIRED for all transactions! All Sales are FINAL. Check Order BEFORE Leaving The Window.

*****Local Use Only**
****Meets certified process food requirements**
***Meets National certified process food requirements**

Use The Space Below to Write In Items
 (Available in the Cafeteria)

John T. Rathman
 Approved: John T. Rathman, Warden

NAME: _____ NUMBER: _____ LIVING QUARTERS: _____

POSTAGE & PHOTO TICKETS	
Single 02-Cent Stamp	\$.02
Single 05-Cent Stamp	\$.05
Single 44-Cent Stamp	\$.44
Book of Stamps	\$ 8.80
***Copy Card (Limit 2)	\$ 6.50
Picture Tickets (Limit 5)	\$ 1.00
Combination Lock	\$ 6.50

ICE CREAM (LIMIT 3)	
Flavor of The Month	\$ 1.70
Vanilla	\$ 1.70
Strawberry	\$ 1.70
Butter Pecan	\$ 1.70
Low Fat	\$ 1.70

BATTERIES (LIMIT 2EA)	
AAA 4pk	\$ 2.20
AA 4pk	\$ 2.20

CRACKERS	
*Ritz Crackers.(4)	\$ 3.55
*Saltine Crackers.(4)	\$ 1.50
*Un-Salted Crackers.(4)	\$ 1.65
**Matzos	\$ 4.60
Graham Crackers.(4)	\$ 2.15
Grilled Cheese on Wafer.(20)	\$.35
Sour Crème & Chives.(20)	\$.35

SPORTS EQUIPMENT	
***Mesh Bag.(1)	\$ 9.10
Gray Cap.(1)	\$ 8.45
Spartan Wave Caps.(1)	\$ 4.40
Waist Trimmer.(1)	\$ 10.30
Wrist Bands.(1)	\$ 2.20
Head Bands.(1)	\$ 1.75

READING ACCESSORIES	
L.E.D. Reading Light.(1)	\$ 12.95
Mighty Bright Replace Bulbs.(1)	\$ 3.80
Reading Glasses.(1)	\$ 5.99

HARD CANDY, NUTS & COOKIES	
Star Light Mints.(8)	\$.65
Jolly Rancher Assorted.(8)	\$ 1.75
Digby's All-Star Candy.(8)	\$ 1.05
Digby's Fire Ball.(8)	\$.70
Country Time Candy.(8)	\$ 1.40
Sugar Free Candy.(8)	\$ 1.65
*Mixed Nuts.(8)	\$ 2.80
*Honey Nuts.(8)	\$ 2.10
**Cashew Nuts.(8)	\$ 2.50
Trail Mix.(8)	\$ 2.75
*Sunflower Kernels 3oz.(15)	\$.50
Small Peanut, Salted.(15)	\$.55
*Iced oatmeal.(4)	\$ 1.40
**Fig Bars 8oz.(4)	\$ 1.35
*Buds Oreo Cookies.(4)	\$ 1.05
*Buds Chocolate Chip Cookies.(4)	\$ 1.05
*Buds M&M Candy Cookies.(4)	\$ 1.05
**Vanilla Wafers.(4)	\$ 2.30

RICE & SOUPS	
Rice w/Red Beans & Chili.(36)	\$.70
Cheese Rice.(36)	\$ 1.50
Velveeta Mac & Cheese.(10)	\$ 1.15
*Long Grain Rice.(10)	\$ 1.15
*Brown Rice.(10)	\$ 1.20
Beef Soup.(36)	\$.30
Cajun Chicken Soup.(36)	\$.30
Hot n Spicy Veg. Soup.(36)	\$.30
Cal. Vegetable Soup.(36)	\$.55

SOAP	
Lever 2000(2)	\$ 1.00
Tone Soap.(2)	\$ 1.15
Dove Soap.(2)	\$ 1.50
Irish Spring Soap.(2)	\$.80
Dial Soap.(2)	\$ 1.30
Neutrogena Soap.(2)	\$ 3.55
Ambi Complexion Soap.(2)	\$ 2.15
Panoxyl Bar Soap.(2)	\$ 9.25
Acne Cream.(2)	\$ 1.60
Palmers Skin Soap.(2)	\$ 2.20

Soap Dish.(1)	\$.70
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DISH SOAP & TOILETRIES	
Charmin Toilet Paper (4 Pack).(1)	\$ 4.00
Palmolive Dish Soap.(1)	\$ 1.85

WRITING SUPPLIES	
Bic Roller Pen.(2)	\$.60
Legal Pad.(2)	\$ 1.60
Correctable Ribbon.(1)	\$ 7.60
Typing Ribbon.(1)	\$ 10.05
Legal Envelopes.(5)	\$.20
Kraft Expansion Envelopes.(5)	\$ 1.70

HAIR CARE	
African Pride.(1)	\$ 6.55
Soft & Beautiful Relaxer.(1)	\$ 7.40
Lusti's Pomade.(1)	\$ 1.50
Sportin Waves.(1)	\$ 2.85
Pink Moisture.(1)	\$ 5.50
Panteen Shampoo.(1)	\$ 6.50
Panteen Conditioner.(1)	\$ 6.50
Next 1 Dandruff Shampoo.(2)	\$ 3.60
Protein 29 Gel.(1)	\$ 3.20
Lusti's Hair Food.(1)	\$ 1.45
Optimum Shampoo.(1)	\$ 6.80
Optimum Conditioner.(1)	\$ 7.05
Sulfur 8 Conditioner.(1)	\$ 3.80
Sulfur 8 Lock-n-Twist.(1)	\$ 3.65
Medicated Selsun Blue.(1)	\$ 10.40
Next 1 Styling Gel.(1)	\$ 3.35
VO5 Shampoo.(2)	\$ 1.50
VO5 Conditioner.(2)	\$ 1.50
Suave Shampoo.(2)	\$ 3.05
Head & Shoulders Shampoo.(2)	\$ 6.95
Neutrogena Shampoo (Coal Tar).(2)	\$ 7.60

PERSONAL HYGIENE	
Speed Stick Green Cap.(2)	\$ 2.05
Speed Stick Gel.(2)	\$ 2.60
Crawford Deodorant.(2)	\$ 1.80
Old Spice Sport (2)	\$ 4.00
Heritage Roll On.(2)	\$ 1.90
Dial Roll On.(2)	\$ 1.10
Petroleum Jelly.(1)	\$ 1.10
Dr. Schol's Foot Powder.(1)	\$ 3.10
Baby Powder.(1)	\$ 1.15
Baby Oil.(1)	\$ 1.55
Skin Cream (4 oz).(1)	\$ 1.20
Palmers Cocoa Bttr Stick.(2)	\$ 3.25
Palmers Cocoa Bttr Cream.(2)	\$ 4.80
Cocoa Bttr Stick.(2)	\$ 1.55
Pro Glow Cocoa Bttr Cream.(2)	\$ 2.25
Q-Tips.(2)	\$ 1.00
Sun Block SPF 30.(1)	\$ 3.90
Cocoa Butter Lotion.(1)	\$ 3.15
St. Ives Lotion.(1)	\$ 5.00
St. Ives Apricot Scrub.(1)	\$ 4.30
Personal Care Lotion.(1)	\$ 1.70
Eucerin Lotion.(1)	\$ 11.80
Artra Skin Cream.(1)	\$ 3.70

DENTAL	
Denture Brush.(1)	\$ 1.80
Denture Cup.(1)	\$ 1.95
Staydent.(1)	\$ 2.55
Dentu-Creme Toothpaste.(1)	\$ 4.50
Colgate Toothpaste.(1)	\$ 2.50
Close-Up Toothpaste.(1)	\$ 2.75
Colgate Total Toothpaste.(1)	\$ 3.65
Crest Tartar.(1)	\$ 4.00
Colgate Sensitive Plus Whitening.(1)	\$ 3.80
Crest Pro Mouthwash.(1)	\$ 4.55
Close-Up Cinnamon Mouthwash.(1)	\$ 2.20
Dental Floss (Unwaxed).(1)	\$ 1.70
Floss Loops.(1)	\$ 1.70
Toothbrush Colgate Soft.(1)	\$.95
Toothbrush Colgate Soft.(1)	\$.40
Toothbrush Holder.(1)	\$.50

SHAVING SUPPLIES	
Bic Disposable.(1)	\$ 1.80
Protection Razor.(1)	\$ 5.00
Protection Refills.(1)	\$ 3.55

Mach 3 Razor.(1)	\$ 12.35
Mach 3 Refills.(1)	\$ 16.15
Gillette Sensor Refills.(1)	\$ 12.30
Magic Shave Cream.(1)	\$ 3.95
Personal Care Shaving Gel.(1)	\$ 1.70
Bump Stopper.(1)	\$ 3.90
Afta Shave Fresh.(1)	\$ 2.85
Shaving Mirror.(1)	\$ 2.60
Brushless Shaving Cream.(1)	\$ 2.25

FRAGRANCE OILS	
Specify Scent	\$ 3.90

MISCELLANEOUS ITEMS	
Fork/Spoon Pack.(1)	\$ 1.30
Clip-On Sun Shade.(1)	\$ 5.20
Fliper Nail Clippers.(1)	\$.90
Toe Nail Clippers.(1)	\$ 1.15
Tweezers.(1)	\$ 1.15
Band-Aids.(1)	\$ 3.20
Dr. Scholls Corn Cushions.(1)	\$ 3.30
***Safety Scissors.(1)	\$ 6.70
***Emery Board.(1)	\$.90
Alarm Clock.(1)	\$ 9.35
Sewing Kit.(1)	\$ 1.95
Chap Stick.(2)	\$.95
Afro Pick.(1)	\$.80
Afro Comb.(1)	\$.90
***Clear Insulated Mug 22oz.(1)	\$ 2.00
***Clear Mug 64 oz.(1)	\$ 7.75
***Water Bottle.(1)	\$ 2.95
Hair Ties.(1)	\$ 1.35
Vented Brush.(1)	\$ 1.55
Boar Bristle Wave Brush.(1)	\$ 2.90
Styling Brush.(1)	\$ 1.85
Off Bug Repel Towelettes.(1)	\$ 9.50
Plastic Bowl w/Lid.(1)	\$.85
Microwave Bowl.(1)	\$ 3.95
Shoe Lace 54" White.(1)	\$ 1.15
Shoe Lace 54" Black.(1)	\$ 1.15
Dr. Schol's Airpillow.(2)	\$ 3.35
Dr. Schol's Gel Insole w/Arches.(2)	\$ 14.30
Iron Man Watchband.(1)	\$ 11.95
Handkerchief.(3)	\$.75
***Address Book.(1)	\$ 2.45
Playing Cards.(2)	\$ 2.60
Sunglasses.(1)	\$ 6.50
Photo Album.(1)	\$ 3.90
Shower Caps.(2)	\$ 1.15
Shower Shoes.(1)	\$ 2.95
Sz10_Sz11_Sz12_Sz13_Sz14	
Shower Thongs.(1)	\$ 1.05
Black Shoe Polish.(1)	\$ 1.65
Neutral Shoe Polish.(1)	\$ 1.65

CLOTHING ITEMS	
Write Quantity & Size Requested Prices will vary According to Size* See Bulletin Board for Current Prices*	
Gray Sweat Top	Size _____
Gray Sweat Pants	Size _____
Gray Gym Shorts	Size _____
Gray Gym Shorts Long	Size _____
Mesh Shorts	Size _____
***Gray T-shirt	Size _____
White Boxers	Size _____
White Briefs	Size _____
Boxer Briefs	Size _____
White T-Shirts	Size _____
Socks, Crew	\$ 1.65
Socks, Mini Crew	\$ 1.45

COLD WEATHER ITEMS	
Brown Gloves.(1)	\$ 1.65
Gray Watch Cap.(1)	\$ 3.90
Thermal Tops.(1) 2X / 3X / 4X	\$ 7.80
Thermal Bottoms.(1) 2X / 3X / 4X	\$ 7.80

OATMEAL & CEREAL	
*Fruity Variety Oatmeal.(4)	\$ 2.65
*Rolled Oats.(4)	\$ 1.85
**Granola Nuts Cereal.(4)	\$ 3.15
Instant Grits.(4)	\$ 2.05

Honey Graham Squares.(2) \$3.50
 Honey Nut Scooters.(2) \$2.90

COFFEE, CREAMER & SUGAR

*Tasters Choice 8oz.(1) \$7.80
 *Maxwell House 4oz.(1) \$4.25
 *Folgers Coffee 8oz.(1) \$6.20
 *Single Taster Choice.(25) \$1.15
 Single Coffee Creamer.(25) \$0.05
 *Keefe Decaf Coffee.(2) \$3.55
 *Keefe Coffee Regular.(2) \$3.35
 *Non Dairy Creamer.(3) \$1.25
 **Sugar.(1) \$1.70
 *Sweet Thing.(1) \$1.75

MEDICATIONS (LIMIT 1)

Acetaminophen 325m.(1) \$2.35
 Aleve Caplets.(1) \$5.60
 Antibiotic Ointment, Triple.(1) \$4.35
 Artificial Tears.(1) \$2.25
 Aspirin.(1) \$1.50
 Calamine Lotion 4oz.(1) \$1.30
 CTM, Clorpheniramine 4mg.(1) \$1.25
 Clotrimazole Antifungal Crm 1%. (1) \$1.80
 Dibucaine Ointment.(1) \$3.45
 Docusate Stoolsoftener.(1) \$3.45
 Ear Drops, Carbamide Peroxide.(1) \$2.35
 Famotidine Acid Reducer 10mg.(1) \$4.45
 Gaviscon.(1) \$5.90
 Goode Sense S/F Cough Drops.(1) \$1.55
 Halls Cherry Bag.(1) \$2.15
 Hemorrhoid Cream.(1) \$3.65
 Heritage Antifungal Powder.(1) \$2.55
 Hydrocortisone Cream 1%. (1) \$1.45
 Ibuprofen 200mg.(1) \$2.70
 Kaopectate.(1) \$10.55
 Lac-Hydrin Lotion 5%. (1) \$11.90
 Lamisil 1% Terbinafine.(1) \$13.30
 Lactase Enzyme Tablets.(1) \$9.40
 Liquid Antacid.(1) \$3.40
 Loperamide AntiDiarrhea Tabs 2mg.(1) \$2.40
 Loratadine Allergy Tabs 10mg.(1) \$1.90
 Maalox.(1) \$7.05
 Milk of Magnesia.(1) \$2.55
 Mineral Oil.(2) \$2.40
 Muscle Rub.(1) \$2.50
 Natural Fiber.(1) \$5.85
 Neosporin.(1) \$7.20
 Oral Analgesic Gel.(1) \$1.40
 Pink Bismuth.(1) \$2.45
 Preparation H.(1) \$11.15
 Prilosec OTC.(1) \$17.15
 Salicylic Curad Corn Remover.(1) \$1.85
 Saline Nasal Spray.(1) \$1.85
 Simithecone Tablets 80mg.(1) \$4.65
 Sucrets Throat Lozenges.(1) \$4.40
 Tolphanate Cream 1%. (1) \$1.70
 Tolphanate Powder 1%. (1) \$3.70
 Tuck's Medicated Pads.(1) \$6.00
 Tums Antacid, 3PK.(1) \$2.30
 Tussin Guaifenesin Syrup.(1) \$2.30
 Vicks Vapor Rub.(1) \$2.40
 Visine.(1) \$5.15
 Visine Allergy.(1) \$7.75
 Zantac 75mg.(1) \$2.85

VITAMINS

Vitamin A & D Ointment.(1) \$2.25
 Vitamin B(1) \$3.50
 Vitamin C.(1) \$3.25
 Vitamin E.(1) \$3.65
 Multi Vitamins.(1) \$4.00
 Calcium 650 w/Vitamin D.(1) \$4.25
 Folic Acid 800.(1) \$3.25
 Calcium.(1) \$3.25

FOOD ITEMS

*Salt & Pepper Shaker.(2) \$1.70
 Garlic Powder.(2) \$1.10
 Italian Seasoning.(2) \$1.10
 Minced Onion.(2) \$1.10
 Cajun Hot Seasoning.(2) \$1.10
 Mrs. Dash.(2) \$2.90
 Vegetable Flakes.(2) \$1.10
 Grape Jelly.(2) \$2.60
 *Honey.(2) \$2.85
 Goya Accent Seasoning.(5) \$2.80
 *Blue Plate Mayo.(2) \$3.10

Mozzarella Cheese Stick.(10) \$1.65
 Jalapeno Jack Cheese Stick.(10) \$1.65
 Jalapeno Cheese Spread.(4) \$2.90
 Velveeta Cheese 8oz.(10) \$2.85
 *Mustard.(2) \$1.15
 Flour Tortillas (10 per pack).(5) \$1.40
 **Soy Sauce Bottle.(5) \$1.55
 **Hot Sauce.(5) \$1.25
 Chili Garlic Sauce.(4) \$1.30
 Picante Sauce.(4) \$2.00
 Asian Sweet & Hot Sauce.(2) \$1.70
 *Dill Pickle.(15) \$0.60
 *Zesty Garlic Pickle.(15) \$0.60
 *Olive Oil.(5) \$4.55
 *Jalapeno Peppers.(10) \$1.90
 **Refried Beans.(10) \$1.85
 *Chorizo Beans, Vegetarian.(10) \$1.95
 White Corn Tortillas.(10) \$1.00
 *Jif Peanut Butter.(4) \$3.15
 *Stratford Peanut Butter.(4) \$2.15
 Fish Steaks w/Hot Sauce.(10) \$0.90
 *Fillet of Mackerel..(20) \$1.25
 *Tuna, Dark Soft Pack.(10) \$2.25
 *Tuna, Albacore Soft Pack.(10) \$1.70
 *Pink Salmon.(10) \$2.60
 Soft Pack Ham.(10) \$3.25
 SPAM.(10) \$1.55
 Soft Pack Chicken.(10) \$3.65
 Soft Pack Turkey Breast.(10) \$3.25
 Spicy Chili w/beans.(10) \$1.45
 Chili w/beans.(10) \$1.45
 Roast Beef.(10) \$3.10
 Chicken Vienna Pack.(10) \$1.85
 Summer Sausage, Beef.(20) \$1.60
 Honey Pepper Turkey Log.(20) \$1.60
 Hot Shot Sausage.(20) \$0.50
 Pizza Kits.(2) \$3.50
 Pepperoni.(2) \$1.85

CHIPS & POPCORN

Mesquite BBQ Chips.(10) \$1.65
 Jalapeno Pepper Chips.(10) \$0.99
 Mazieto Chips.(10) \$1.65
 Nacho Chips.(10) \$1.65
 BBQ Corn Chips.(10) \$1.80
 Cheese Curls.(10) \$0.99
 Pork Skins.(10) \$0.99
 *Natural Popcorn.(20) \$0.50
 *Act II Butter Popcorn.(20) \$0.40
 *Act II Kettle Popcorn.(20) \$0.50

FRUIT & ULTRA FIT BAR

*Dried Figs.(5) \$3.35
 **Prunes.(5) \$3.65
 *Pitted Dates.(5) \$2.90
 ***Ultra Fit Bar.(15) \$1.80

DRINK MIXES & TEA

S/F Tropical Punch.(6) \$2.95
 S/F Countrytime Lemonade.(6) \$2.95
 Gatorade.(10) \$0.90
 *Tea Bags 100/Bx.(1) \$4.65
 **Apple & Cinn Herb Tea.(1) \$4.00
 *Sugar Free Cocoa.(2) \$2.00
 *Whipper Mix.(2) \$3.80
 *Non Fat Powder Milk Mix.(2) \$1.75
 Carnation Breakfast Mix.(2) \$7.00
 Hawaii Punch O__P__R__L__B \$1.80
 Bottled Water.(10) \$0.75

CANDY BARS & MINTS

*Butterfinger.(14) \$0.80
 *Twix.(14) \$0.80
 *Hershey's Plain.(14) \$0.80
 *Snickers.(14) \$0.80
 *Reese's Cup.(14) \$0.80
 *M&M's Peanut.(14) \$0.80
 *Whatchamacallit.(14) \$0.80
 Certs Mixed Fruit.(10) \$0.79
 Certs Cinnamon.(10) \$0.70
 Chew Stick (Miswak)(Limit 2) \$1.15

PASTRIES

Pop Tarts (Box of 6).(8) \$1.65
 Honey Buns (Box of 6).(10) \$1.55
 Nutty Bars.(10) \$1.55
 Oatmeal Pies.(10) \$1.50
 Fudge Rounds.(10) \$1.55

6-PACKS OF SODA (LIMIT 4)

Pepsi \$2.30
 Diet Pepsi \$2.30
 Mountain Dew \$2.30
 Diet Mountain Dew \$2.30
 DR. Pepper \$2.30
 Sierra Mist \$2.30

WATCH BATTERIES

Type _____ (Prices Vary)

ELECTRONICS

Sony Digital Radio (Clear).(1) \$44.85
 Jensen Digital Radio (Clear).(1) \$29.95
 Sony Earbuds.(1) \$12.50
 Koss Earbuds.(1) \$4.60
 Koss Headphones (Clear).(1) \$15.75
 Timex Digital Watch.(1) \$19.95
 Timex Indiglo Analog Watch.(1) \$49.15
 Casio G-Shock Digital Watch.(1) \$75.00

RELIGIOUS ITEMS

Jewish Yarmulke \$2.09
 Kufi \$3.50
 Native American Bandana \$2.06
 Rasta L or 2XL \$8.23

GREETING CARDS :(Prices Vary)(Limit6)

See Bulletin Board Outside Commissary
 #1 ___ #2 ___ #3 ___ #4 ___ #5 ___
 #6 ___ #7 ___ #8 ___ #9 ___ #10 ___
 #12 ___ #13 ___ #14 ___ #15 ___

*****NOTE***NOTE***NOTE*****

() Indicates Item Limits Set By Policy Statement 5580.05. Prices are Subject to Change WITHOUT Notice. Shop ONLY on assigned days unless otherwise notified. Allowed to Shop ONLY One Time per week. Commissary Cards are REQUIRED for all transactions! All Sales are FINAL. Check Order BEFORE Leaving The Window.

***Local Use Only
 **Meets certified process food requirements
 *Meets National certified process food requirements

Use The Space Below To Write All Items Displayed In The Window

John T. Rathman
 Approved: John T. Rathman, Warden