

**MCC SAN DIEGO COMMISSARY SHOPPING LIST  
FEMALE POPULATION**

February 5, 2025

Once your list has been submitted, no additions or substitutions will be allowed. Prices are subject to change without notice - all sales are final. Item limits are subject to change due to availability. **PLEASE WRITE LEGIBLY OR NO TRANSACTION WILL BE COMPLETED.**

Last Name	First Name	Reg #	Range	List #	Court / Callouts / Medical Add On
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OVER THE COUNTER MEDICATION		
IBUPROFEN (MOTRIN)		\$ 2.80
NAPROXEN / ALEVE (PAIN RELIEVE)		\$ 3.65
PAIN RELIEVE (NON-ASPIRIN/ACETOMINOPHEN)		\$ 2.70
ORAL PAIN RELIEVE (ORAJEL)		\$ 1.55
ALLERGY TABLETS LORATIDINE		\$ 1.85
COUGH AND CONGESTION SYRUP (TUSSIN)		\$ 2.35
COUGH DROPS (HONEY LEMON)		\$ 1.75
VAPORUB (VICKS)		\$ 1.35
PSYLLIUM FIBER CAPSULES		\$ 9.95
GENTLE STOOL		\$ 2.50
MILK OF MAGNESIA		\$ 2.80
STOMACH RELIEF		\$ 3.20
ANTI-ACID (TUMS)		\$ 3.20
LIQUID ANTACID & GAS RELIEF		\$ 3.70
OMEPRAZOLE (ACID REDUCER)		\$ 13.50
NASAL CONGESTION SPRAY		\$ 1.95
NASAL ALLERGY SPRAY (NASACORT)		\$ 21.90
MULTI-VITAMIN (ONE-A-DAY)		\$ 3.10
VITAMIN C		\$ 7.40
VITAMIN E		\$ 5.70
VITAMIN D		\$ 6.05
A&D OINTMENT		\$ 1.55
MUSCLE RUB		\$ 2.60
DICLOFENAC (ARTHRITIS PAIN)		\$ 14.45
BUMP STOPPER		\$ 4.30
CLEAR ZIT		\$ 4.35
ANTI-FUNGAL FT. POWDER		\$ 2.70
CLOTRIMAZOLE / ANTIFUNGAL CREAM		\$ 1.55
ANTI-DANDRUFF / COAL TAR SHAMPOO		\$ 4.30
ANTI-DANDRUFF / SULFUR 8		\$ 4.00
EYE DROPS		\$ 2.35
HYDROCORTISONE / ANTI-ITCH CREAM		\$ 1.55
HEMORRHOID OINTMENT		\$ 4.00
CHAPSTICK		\$ 2.10
MIDOL		\$ 2.45

MAKE UP (LIMIT 1 PER ITEM)		
FOUNDATION PORCELAIN 848A		\$ 6.00
FOUNDATION CLASSIC BEIGE 860A		\$ 6.00
FOUNDATION TOFFEE PECAN 867A		\$ 6.00
EYESHADOW SHIMMERING SANDS		\$ 6.10
BLUSH APRI-COT IN THE MIDDLE (327B)		\$ 2.70
LIP GLOSS, CLEAR		\$ 2.85
MAKE UP SPONGE		\$ 6.85
COTTON BALLS		\$ 1.70
Q-TIPS		\$ 0.80

ELECTRONICS & ACCESORIES		
7" TABLET		\$ 137.80
DIGITAL RADIO		\$ 29.25
KOSS R10 HEADPHONES		\$ 37.60
JVC EAR BUDS		\$ 10.35
PRE-PAID COPIER CARD		\$ 6.50
READING LIGHT		\$ 15.60
WOMEN'S WATCH		\$ 25.95

GREETING CARDS (LIMIT 5)		
HAPPY BIRTHDAY		\$ 0.60
WITH LOVE ALWAYS		\$ 0.60
FOR SOMEONE SPECIAL		\$ 0.60
HOLIDAY		\$ 0.60

STAMPS (20 PER WEEK) NOT INCLUDED ON MONTLY SPENDING		
SINGLE STAMP		\$ 0.73
INTERNATIONAL STAMP		\$ 1.65
BOOK OF STAMPS		\$ 14.60

MISCELLANEOUS ITEMS		
AAA BATTERIES (LIMIT 4)		\$ 1.15
COMBINATION LOCK (LIMIT 1)		\$ 10.15
ENVELOPE 9.5 X 12.5 (LIMIT 10)		\$ 0.25
BOX OF 50 ENVELOPES 4.25 X 9.5 (LIMIT 1 BX)		\$ 1.80
CLEAR ENVELOPE WALLET		\$ 1.65
ADDRESS BOOK		\$ 1.30
WRITING PAPER (LIMIT 1)		\$ 2.40
BIC PEN (2 PK)		\$ 1.05
COLORING PENCILS		\$ 2.95
PHOTO ALBUM (LIMIT 1)		\$ 1.20
PLAYING CARDS		\$ 3.65
PINOCHLE CARDS		\$ 3.40
COFFEE MUG (LIMIT 1)		\$ 2.20
1.6 QT. BOWL (LIMIT 1 LIFETIME)		\$ 1.40
DISH SOAP		\$ 0.55
NAIL CLIPPER (LIMIT 2)		\$ 0.80
FLEXIBLE MIRROR (LIMIT 1 LIFETIME)		\$ 1.25
CLEAR TOILETRY BAG		\$ 4.95
READING GLASSES (1.0, 1.25, 1.50, 1.75, 2.0, 2.25, 2.50, 2.75, 3.0)		\$ 4.25

CLOTHES / SHOES (CIRCLE / WRITHE THE CORRECT SIZE)		
GYM SHORTS M		\$ 13.00
GYM SHORTS L XL 2XL		\$ 13.00
GYM SHORTS 3XL		\$ 13.00
GYM SHORTS 4XL		\$ 13.00
GYM SHORTS 5XL		\$ 13.00
SWEATPANTS M		\$ 18.35
SWEATPANTS L XL		\$ 18.35
SWEATPANTS 2XL 3XL		\$ 19.25
SWEATPANTS 4XL		\$ 17.90
SWEATPANTS 5XL		\$ 19.50
SWEATSHIRT M		\$ 18.80
SWEATSHIRT L XL		\$ 18.80
SWEATSHIRT 2XL		\$ 22.60
SWEATSHIRT 3XL		\$ 22.60
SWEATSHIRT 4XL		\$ 22.60
SWEATSHIRT 5XL		\$ 14.95
T-SHIRT M		\$ 8.80
T-SHIRT L XL		\$ 8.80
T-SHIRT 2XL 3XL		\$ 12.70
T-SHIRT 4XL		\$ 22.60
T-SHIRT 5XL		\$ 14.45
TIMBERLAND QUARTER SOCKS (LIMIT 2)		\$ 10.40
ANKLE SOCKS (LIMIT 3)		\$ 1.25
SHOWER SHOES: 6 7 8 9 10 11 12		\$ 7.90
NIKE TANJUN SHOES: 7 7.5 8 8.5 9 9.5 10 10.5 11 11.5 12 13		\$ 78.00
WOMEN'S BRIEFS / SIZES: 5-10 (3 PK)		\$ 7.50
SPORTS BRA / SIZES: 32-50		\$ 5.20
WOMEN'S ADIDAS QUARTER SOCKS (3PK)		\$ 15.45

<b>DENTAL HYGINE (LIMIT 2 PER ITEM)</b>		
	COLGATE TOOTHPASTE	\$ 2.90
	SENSODYNE TOOTHPASTE	\$ 8.90
	ULTRA BRITE TOOTHPASTE	\$ 2.20
	FIXODENT	\$ 4.70
	MOUTH WASH	\$ 1.30
	FLOSS PICKS (LIMIT 1)	\$ 1.30

<b>FACE &amp; BODY CARE (LIMIT 2 PER ITEM)</b>		
	DIAL BAR SOAP	\$ 1.80
	DOVE BAR SOAP	\$ 2.40
	IRISH BAR SOAP (3 PK)	\$ 2.70
	NEUTROGENA BAR SOAP	\$ 3.65
	WHITE RAIN BODY WASH	\$ 4.80
	SOAP DISH	\$ 0.55
	FACE CLOTH	\$ 1.45
	DEGREE WOMEN'S DEODORANT	\$ 3.30
	DEGREE MEN'S DEODORANT	\$ 3.55
	DIAL ROLL ON DEODORANT	\$ 2.15
	ALOE VERA LOTION	\$ 2.60
	JERGENS BODY LOTION	\$ 10.10
	SUAVE ADVANCED THERAPY LOTION	\$ 3.10
	SUAVE COCOA BUTTTER BODY	\$ 2.80
	COCO BUTTER STICK	\$ 2.00

<b>FEMININE HYGINE (LIMIT 2 PER ITEM)</b>		
	WOMEN'S RAZOR	\$ 1.30
	MAXI PADS, ALWAYS REG. (10 CT.)	\$ 4.50
	PANTY LINERS, MAXI REG. (22 CT.)	\$ 1.45
	TAMPONS, MAXI SUPER (20 CT.)	\$ 4.50

<b>SHAMPOO &amp; CONDITIONER (LIMIT 2)</b>		
	PANTENE PRO-V CONDITIONER	\$ 6.95
	PANTENE PRO-V SHAMPOO	\$ 7.95
	SUAVE KERATIN SHAMPOO	\$ 4.25
	SUAVE KERATIN CONDITIONER	\$ 4.25

<b>HAIR CARE (LIMIT 2 PER ITEM)</b>		
	OIL MOISTRIZER / HAIR LOTION	\$ 6.50
	HAIR FOOD (SOFTTEE)	\$ 2.35
	MURRAY'S	\$ 3.90
	HAIR GEL	\$ 1.50
	PALM BRUSH	\$ 0.55
	NO HANDLE BRUSH	\$ 2.40
	RUBBER BAND (SMALL)	\$ 0.95
	WAVE CAP	\$ 2.80
	HAIR TIES	\$ 1.25
	NON-AEROSOL HAIR SPRAY	\$ 1.95
	5" HAIR PICK	\$ 0.55
	CLAW HAIR CLIP	\$ 4.70
	GOODY FOAM HAIR ROLLERS	\$ 2.00

<b>DRINKS &amp; SWEETENER (2 PER ITEM)</b>		
	FOLGERS ^	\$ 4.20
	TASTER'S CHOICE COFFEE (8OZ) ^	\$ 13.65
	ASSORTED HERB TEA ^	\$ 4.70
	ISLAND PUNCH BLUE OCEAN	\$ 1.45
	ISLAND PUNCH RED PUNCH	\$ 1.45
	ISLAND PUNCH ORANGE	\$ 1.35
	EQUAL SUGAR	\$ 1.80

<b>MEAT &amp; FISH (LIMIT 24 TOTAL)</b>		
	TUNA ^	\$ 2.90
	MACKEREL ^ H	\$ 1.60
	BEEF SUMMER SAUSAGE	\$ 2.50
	HOT & SPICY HALAL SAUSAGE H	\$ 3.20
	CHORIZO	\$ 2.25
	CARNITAS	\$ 4.95
	TERIYAKI SALMON	\$ 2.30
	CHICKEN BREAST	\$ 3.45

	BABY CLAMS	\$ 1.70
	RIP N READY BEEF	\$ 5.10

<b>SOUPS (LIMIT 24 TOTAL)</b>		
	CHILI	\$ 0.50
	LIME CHILI SHRIMP	\$ 0.50
	LOW SODIUM CHIKEN	\$ 0.50

<b>CONDIMENTS (LIMIT 4 EACH)</b>		
	MAYONNAISE ^ H	\$ 4.90
	JALAPENO SQUEEZE CHEESE	\$ 3.65
	SWEET AND SPICY SAUCE	\$ 3.45
	SOY GLACE	\$ 3.95
	CHILI GARLIC	\$ 1.95
	MILD HABANERO SAUCE	\$ 1.55
	GREEN HABANERO SAUCE	\$ 1.65
	CASERA SAUCE ^	\$ 1.20
	GUACAMOLE SAUCE	\$ 2.45
	JALAPENO SLICES	\$ 0.45
	LEMON JUICE	\$ 0.90
	SALT & PEPPER	\$ 1.70
	SEASONING BLEND	\$ 1.70

<b>OTHER (LIMIT 4 EACH)</b>		
	INSTANT PLAIN OATMEAL (12 PER BOX) ^	\$ 3.90
	INSTANT FRUIT & CRAM VARIETY (8 PER BOX) ^	\$ 3.80
	FRENCH VANILLA GRANOLA ^	\$ 2.85
	PEANUT BUTTER	\$ 3.10
	FLOUR TORTILLA	\$ 2.85
	SUNDRIED TOMATO FLOUR TORTILLAS	\$ 3.00
	CHIPOTLE CHEESE	\$ 1.95
	HOT PEPPER JALAPENO CHEESE	\$ 1.60
	MOZARELLA CHEESE	\$ 2.05
	CHEESE RICE ^	\$ 1.60
	WHITE RICE	\$ 1.20
	PINTO BEANS	\$ 1.35
	SPICY REFRIED BEANS	\$ 2.45

<b>PASTRIES, COOKIES &amp; CRAKERS (LIMIT 4 EACH)</b>		
	CUP CAKES	\$ 1.25
	MARIANITAS COCONUT COOKIES	\$ 1.05
	PEANUT BUTTER WAFER ^	\$ 4.00
	VANILLA WAFER	\$ 1.70
	TOWN HOUSE CRAKERS	\$ 3.95
	HONEY BUNS	\$ 1.50

<b>CANDY (LIMIT 7 EACH)</b>		
	HERSHEY WITH ALMONDS	\$ 1.40
	KIT KAT	\$ 1.40
	REESE'S CUP	\$ 1.40
	SNICKERS	\$ 1.40

<b>CHIPS &amp; SNACKS (LIMIT 4 EACH)</b>		
	CHEETOS	\$ 2.25
	DORITOS	\$ 2.25
	PORK RINDS	\$ 1.45
	RUFFLES CHEDDAR AND SOUR CREAM	\$ 2.25
	TORTILLA CHIPS	\$ 2.80
	SWEET & SALTY PENUT GRANOLA BAR	\$ 0.75
	CHEWY GRANOLA BAR (8 PER BOX)	\$ 3.10
	TRAIL MIX	\$ 0.75

^ = KOSHER H = HALAL

\*REQUIRED PER POLICY STATEMENT 5200.02. STANDARIZED LIST.

M. Bacon, Acting Warden

Date

2/5/2025

**MCC SAN DIEGO COMMISSARY SHOPPING LIST  
GENERAL POPULATION**

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ORAL PAIN RELIEVE (ORAJEL)		\$ 1.55
ALLERGY TABLETS LORATIDINE		\$ 1.85
COUGH AND CONGESTION SYRUP (TUSSIN)		\$ 2.35
COUGH DROPS (HONEY LEMON)		\$ 1.75
VAPORUB (VICKS)		\$ 1.35
PSYLLIUM FIBER CAPSULES		\$ 9.95
GENTLE STOOL		\$ 2.50
MILK OF MAGNESIA		\$ 2.80
STOMACH RELIEF		\$ 3.20
ANTI-ACID (TUMS)		\$ 3.20
LIQUID ANTACID & GAS RELIEF		\$ 3.70
OMEPRAZOLE (ACID REDUCER)		\$ 13.50
NASAL CONGESTION SPRAY		\$ 1.95
NASAL ALLERGY SPRAY (NASACORT)		\$ 21.90
MULTI-VITAMIN (ONE-A-DAY)		\$ 3.10
VITAMIN C		\$ 7.40
VITAMIN E		\$ 5.70
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A&D OINTMENT		\$ 1.55
MUSCLE RUB		\$ 2.60
DICLOFENAC (ARTHRITIS PAIN)		\$ 14.45
BUMP STOPPER		\$ 4.30
CLEAR ZIT		\$ 4.35
ANTI-FUNGAL FT. POWDER		\$ 2.70
CLOTRIMAZOLE / ANTIFUNGAL CREAM		\$ 1.55
ANTI-DANDRUFF / COAL TAR SHAMPOO		\$ 4.30
ANTI-DANDRUFF / SULFUR 8		\$ 4.00
EYE DROPS		\$ 2.35
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HEMORRHOID OINTMENT		\$ 4.00
CHAPSTICK		\$ 2.10

ELECTRONICS & ACCESORIES		
7" TABLET		\$ 137.80
DIGITAL RADIO		\$ 29.25
KOSS R10 HEADPHONES		\$ 37.60
JVC EAR BUDS		\$ 10.35
PRE-PAID COPIER CARD		\$ 6.50
READING LIGHT		\$ 15.60

GREETING CARDS (LIMIT 5)		
HAPPY BIRTHDAY		\$ 0.60
WITH LOVE ALWAYS		\$ 0.60
FOR SOMEONE SPECIAL		\$ 0.60
HOLIDAY		\$ 0.60

STAMPS (20 PER WEEK) NOT INCLUDED ON MONTLY SPENDING		
SINGLE STAMP		\$ 0.73
INTERNATIONAL STAMP		\$ 1.65
BOOK OF STAMPS		\$ 14.60

MISCELLANEOUS ITEMS		
AAA BATTERIES (LIMIT 4)		\$ 1.15
COMBINATION LOCK (LIMIT 1)		\$ 10.15
ENVELOPE 9.5 X 12.5 (LIMIT 10)		\$ 0.25
BOX OF 50 ENVELOPES 4.25 X 9.5 (LIMIT 1 BX)		\$ 1.80
CLEAR ENVELOPE WALLET		\$ 1.65
ADDRESS BOOK		\$ 1.30
WRITING PAPER (LIMIT 1)		\$ 2.40
BIC PEN (2 PK)		\$ 1.05
COLORING PENCILS		\$ 2.95
PHOTO ALBUM (LIMIT 1)		\$ 1.20
PLAYING CARDS		\$ 3.65
PINOCHLE CARDS		\$ 3.40
COFFEE MUG (LIMIT 1)		\$ 2.20
1.6 QT. BOWL (LIMIT 1 LIFETIME)		\$ 1.40
DISH SOAP		\$ 0.55
NAIL CLIPPER (LIMIT 2)		\$ 0.80
FLEXIBLE MIRROR (LIMIT 1 LIFETIME)		\$ 1.25
CLEAR TOILETRY BAG		\$ 4.95
READING GLASSES (1.0, 1.25, 1.50, 1.75, 2.0, 2.25, 2.50, 2.75, 3.0)		\$ 4.25

CLOTHES / SHOES (CIRCLE THE CORRECT SIZE)		
GYM SHORTS M		\$ 13.00
GYM SHORTS L XL 2XL		\$ 13.00
GYM SHORTS 3XL		\$ 13.00
GYM SHORTS 4XL		\$ 13.00
GYM SHORTS 5XL		\$ 13.00
SWEATPANTS M		\$ 18.35
SWEATPANTS L XL		\$ 18.35
SWEATPANTS 2XL 3XL		\$ 22.60
SWEATPANTS 4XL		\$ 17.90
SWEATPANTS 5XL		\$ 19.50
SWEATSHIRT M		\$ 18.80
SWEATSHIRT L XL		\$ 18.80
SWEATSHIRT 2XL		\$ 22.60
SWEATSHIRT 3XL		\$ 22.60
SWEATSHIRT 4XL		\$ 22.60
SWEATSHIRT 5XL		\$ 14.45
T-SHIRT M		\$ 8.80
T-SHIRT L XL		\$ 8.80
T-SHIRT 2XL 3XL		\$ 12.70
T-SHIRT 4XL		\$ 16.85
T-SHIRT 5XL		\$ 16.50
GREY BOXER BRIEFS M		\$ 5.50
GREY BOXER BRIEFS L XL 2XL 3XL		\$ 5.80
GREY BOXER BRIEFS 4XL		\$ 8.75
GREY BOXER BRIEFS 5XL		\$ 9.90
TIMBERLAND QUARTER SOCKS (LIMIT 2)		\$ 10.40
ANKLE SOCKS (LIMIT 3)		\$ 1.25
SHOWER SHOES: 6 7 8 9 10 11 12		\$ 7.90
ADIDAS SHOES: 7 7.5 8 8.5 9 9.5 10 10.5 11 11.5 12 13		\$ 65.40

DENTAL HYGINE (LIMIT 2 PER ITEM)		
	COLGATE TOOTHPASTE	\$ 2.90
	SENSODYNE TOOTHPASTE	\$ 8.90
	ULTRA BRITE TOOTHPASTE	\$ 2.20
	FIXODENT	\$ 4.70
	MOUTH WASH	\$ 1.30
	FLOSS PICKS (LIMIT 1)	\$ 1.30

FACE & BODY CARE (LIMIT 2 PER ITEM)		
	DIAL BAR SOAP	\$ 1.80
	DOVE BAR SOAP	\$ 2.40
	IRISH BAR SOAP (3 PK)	\$ 2.70
	NEUTROGENA BAR SOAP	\$ 3.65
	WHITE RAIN BODY WASH	\$ 4.80
	FACE CLOTH	\$ 1.45
	DEGREE WOMEN'S DEODORANT	\$ 3.30
	DEGREE MEN'S DEODORANT	\$ 3.55
	DIAL ROLL ON DEODORANT	\$ 2.15
	ALOE VERA LOTION	\$ 2.60
	JERGENS BODY LOTION	\$ 10.10
	SUAVE ADVANCED THERAPY LOTION	\$ 3.10
	SUAVE COCOA BUTTTER BODY	\$ 2.80
	COCO BUTTER STICK	\$ 2.00
	AFTER SHAVE	\$ 5.10
	SHAVE CREAM	\$ 2.35
	DISPOSABLE RAZORS	\$ 1.85

SHAMPOO & CONDITIONER (LIMIT 2)		
	PANTENE PRO-V CONDITIONER	\$ 6.95
	PANTENE PRO-V SHAMPOO	\$ 6.95
	SUAVE KERATIN SHAMPOO	\$ 4.25
	SUAVE KERATIN CONDITIONER	\$ 4.25

HAIR CARE (LIMIT 2 PER ITEM)		
	HAIR FOOD (SOFTTE)	\$ 2.35
	MURRAY'S	\$ 3.90
	HAIR GEL	\$ 1.80
	PALM BRUSH	\$ 0.55
	NO HANDLE BRUSH	\$ 2.40
	RUBBER BAND (SMALL)	\$ 0.95
	WAVE CAP	\$ 2.80

DRINKS & SWEETENER (2 PER ITEM)		
	FOLGERS ^	\$ 4.20
	TASTER'S CHOICE COFFEE(8OZ) ^	\$ 13.65
	ASSORTED HERB TEA ^	\$ 4.70
	ISLAND PUNCH BLUE OCEAN	\$ 1.45
	ISLAND PUNCH RED PUNCH	\$ 1.45
	ISLAND PUNCH ORANGE	\$ 1.35
	EQUAL SUGAR	\$ 1.80

MEAT & FISH (LIMIT 24 TOTAL)		
	TUNA ^	\$ 2.90
	MACKEREL ^ H	\$ 1.60
	BEEF SUMMER SAUSAGE	\$ 2.50
	HOT & SPICY HALAL SAUSAGE H	\$ 3.20
	CHORIZO	\$ 2.25
	CARNITAS	\$ 4.95
	TERIYAKI SALMON	\$ 2.30
	CHICKEN BREAST	\$ 3.45
	BABY CLAMS	\$ 1.70
	RIP N READY BEEF	\$ 5.10

SOUPS (LIMIT 24 TOTAL)		
	CHILI	\$ 0.50
	LIME CHILI SHRIMP	\$ 0.50
	LOW SODIUM CHIKEN	\$ 0.50

CONDIMENTS (LIMIT 4 EACH)		
	MAYONNAISE ^ H	\$ 4.90
	JALAPENO SQUEEZE CHEESE	\$ 3.65
	SWEET AND SPICY SAUCE	\$ 3.45
	SOY GLACE	\$ 3.95
	CHILI GARLIC	\$ 1.95
	MILD HABANERO SAUCE	\$ 1.55
	GREEN HABANERO SAUCE	\$ 1.65
	CASERA SAUCE ^	\$ 1.20
	GUACAMOLE SAUCE	\$ 2.45
	JALAPENO SLICES	\$ 0.45
	LEMON JUICE	\$ 0.90
	SALT & PEPPER	\$ 1.70
	SEASONING BLEND	\$ 1.00

OTHER (LIMIT 4 EACH)		
	INSTANT PLAIN OATMEAL (12 PER BOX) ^	\$ 3.90
	INSTANT FRUIT & CRAM VARIETY (8 PER BOX) ^	\$ 3.80
	FRENCH VANILLA GRANOLA ^	\$ 2.85
	PEANUT BUTTER	\$ 3.10
	FLOUR TORTILLA	\$ 2.85
	SUNDRIED TOMATO FLOUR TORTILLAS	\$ 3.00
	CHIPOTLE CHEESE	\$ 1.95
	HOT PEPPER JALAPENO CHEESE	\$ 1.60
	MOZARELLA CHEESE	\$ 2.05
	CHEESE RICE ^	\$ 1.60
	WHITE RICE	\$ 1.35
	PINTO BEANS	\$ 1.35
	SPICY REFRIED BEANS	\$ 2.45

PASTRIES, COOKIES & CRAKERS (LIMIT 4 EACH)		
	CUP CAKES	\$ 1.25
	MARIANITAS COCONUT COOKIES	\$ 1.05
	PEANUT BUTTER WAFER ^	\$ 4.00
	VANILLA WAFER	\$ 1.70
	TOWN HOUSE CRAKERS	\$ 3.95
	HONEY BUN	\$ 1.50

CANDY (LIMIT 7 EACH)		
	HERSHEY WITH ALMONDS	\$ 1.40
	KIT KAT	\$ 1.40
	REESE'S CUP	\$ 1.40
	SNICKERS	\$ 1.40

CHIPS & SNACKS (LIMIT 4 EACH)		
	CHEETOS	\$ 2.25
	DORITOS	\$ 2.25
	PORK RINDS	\$ 1.45
	JALAPENO CHIPS	\$ 2.25
	TORTILLA CHIPS	\$ 2.80
	SWEET & SALTY PENUT GRANOLA BAR	\$ 0.75
	CHEWY GRANOLA BAR (8 PER BOX)	\$ 3.10
	TRAIL MIX	\$ 0.85

^ = KOSHER      H = HALAL

M. Bacon, Acting Warden

Date

2/5/2025

**MCC SAN DIEGO COMMISSARY SHOPPING LIST  
SHU**

Once your list has been submitted, no additions or substitutions will be allowed. Prices are subject to change without notice - all sales are final. Item limits are subject to change due to availability. Inmates in the special Housing Unit are only permitted to purchase items from this list. **PLEASE WRITE LEGIBLY OR NO TRANSACTION WILL BE COMPLETED.**

Last Name	First Name	Reg #	Range	List #
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<b>OVER THE COUNTER MEDICATION (LIMIT 1 EACH)</b>	
	IBUPROFEN (MOTRIN) \$ 2.80
	NAPROXEN / ALEVE (PAIN RELIEVE) \$ 3.65
	PAIN RELIEVE NON-ASPIRIN /ACETOMINOPHEN \$ 2.70
	ALLERGY TABLETS LORATIDINE \$ 1.85
	COUGH AND CONGESTION SYRUP (TUSSIN) \$ 2.35
	COUGH DROPS (HONEY LEMON) \$ 1.75
	GENTLE STOOL \$ 2.50
	MILK OF MAGNESIA \$ 2.80
	ANTI-ACID (TUMS) \$ 3.20
	OMEPRAZOLE (ACID REDUCER) \$ 13.50
	NASAL CONGESTION SPRAY \$ 1.95
	NASAL ALLERGY SPRAY (NASACORT) \$ 21.90
	MULTI-VITAMIN (ONE-A-DAY) \$ 3.10
	ANTI-FUNGAL FT. POWDER \$ 2.70
	CLOTRIMAZOLE / ANTIFUNGAL CREAM \$ 1.55
	ANTI-DANDRUFF / SULFUR 8 \$ 4.00
	HYDROCORTISONE/ANTI-ITCH CREAM \$ 1.55
	CHAPSTICK \$ 2.10

<b>GREETING CARDS (LIMIT 3 TOTAL)</b>	
	HAPPY BIRTHDAY * \$ 0.60
	WITH LOVE ALWAYS * \$ 0.60
	FOR SOMEONE SPECIAL * \$ 0.60
	HOLIDAY * \$ 0.60

<b>STAMPS LIMIT 14.60 COMBINED OR LIMIT STAMPS 20 PER WEEK</b>	
	SINGLE STAMP \$ 0.73
	INTERNATIONAL STAMP \$ 1.65
	BOOK OF STAMPS \$ 14.60

<b>MISCELLANEOUS ITEMS</b>	
	ENVELOPE 9.5 X 12.5 (LIMIT 3) \$ 0.25
	ENVELOPES 4.25 X 9.5 (LIMIT 3) \$ 0.05
	WRITING PAPER (LIMIT 1) \$ 2.40

<b>FOOD (LIMIT 1 EACH)</b>	
	CHEETOS * \$ 2.25
	DORITOS * \$ 2.25
	MARIANITAS * \$ 1.05

**COMMISSARY RULES**

1. No exchanges or refunds
2. No substitutions
3. Check your order prior to submission
4. Check your order upon receipt
5. Prices are subject to change without notice
6. Any alterations to this WILL VOID THE ORDER
7. Sales are permitted once per week
8. No write in items will be sold
9. With exception of medical approved items

**MEDICAL WRITE-IN ITEMS ONLY**

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Approving Medical Staff Signature

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Approving SHU Lieutenant Signature

\*Not available for inmates on DS

2/5/2025  
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M. Bacon, Acting Warden Date