

F.C.C. POLLOCK CAMP COMMISSARY LIST

NAME \_\_\_\_\_ REG NUMBER \_\_\_\_\_ DATE \_\_\_\_\_ UNIT \_\_\_\_\_  
 Instructions: Fill in the quantity of each item you wish to purchase. No additions will be made once your list has been submitted. Stamp your list at the top and the bottom utilizing the appropriate machine according to your scheduled time to shop, remove and retain the BOTTOM PORTION OF THE LIST.

1.40 Greeting Card (limit 10)(Specify Type and Language)

<b>PHOTO/STAMPS</b> (LIMIT \$9.80 OR 20 TOTAL)		.75	dill pickles (4) K	6.40	*pantene conditioner (2)
.01	*STAMP, 1 CENT SINGLE	1.45	flour tortillas 12 pack (12)	2.15	pro glow instant moisturizer (2)
.05	*STAMP, 5 CENTS SINGLE	2.85	squeeze mayonnaise (2) K	2.20	*styling gel (2)
.49	*STAMP, FOREVER SINGLE	1.30	olives in a bag whole(10)	2.45	murray wave pomade (2)
1.00	*STAMP, 1.00 SINGLE (9)	1.10	corn tortilla (12)	4.35	mango-lime locking gel (2)
9.80	*STAMPS 20 EA BOOK (1)	1.30	minced garlic (2)	2.70	hair food (2)
1.00	PHOTO TICKET (10)	<b>INSTANT DRINK MIXES</b>		1.90	royal crown hair dressing (2)
6.50	*COPIER CARD (4)	1.75	powdered milk (2)	6.55	african pride magic gro (2)
<b>MISCELLANEOUS</b>		1.65	sugar free cocoa (4)	5.50	pink oil moisturizer (2)
11.45	Ironman band (new) with pins (1)	2.00	Propel Zero (4)	4.35	Jamacian Firm Wax (2)
9.10	casio watch band (1)	1.40	Hawaiian Punch Lemonberry (4)	<b>HAIR CARE MISCELLANEOUS</b>	
2.60	watch pin 2 pack (1)	1.40	Hawaiian Punch Berry Blue (4)	.80	Palm brush (1)
11.95	ironman watch band (old) (1)	1.40	Hawaiian Punch Lemon Lime (4)	.50	*afro pick (1) #2
9.35	digital alarm clock (1) #1	<b>MEAT &amp; FISH ITEMS (LIMIT 48 TOTAL)</b>		1.35	black hair ties (2)
6.65	padlock combination (1) #2	1.65	turkey log (6)	1.05	rubber bands hair (2)
<b>BATTERIES (LIMIT 2 each)</b>		1.20	turkey and swiss sticks (12)	1.75	grey doo rag (1)
1.00	*AA four pack (big)	2.00	chili, no beans (12)	1.20	shower cap (2)
1.00	*AAA four pack (small)	1.50	chili, with beans (12)	3.00	*military brush (1) #1
2.50	watch battery CR 2016 (1)	3.90	shredded beef (12)	1.00	*vent hair brush (1) #1
2.50	watch battery CR 2025 (1)	1.45	tuna, lite (12) K H	2.20	*comb & brush set (1) #1
<b>CRACKERS (LIMIT 16 TOTAL)</b>		1.75	beef summer sausage (6)	<b>*OTC MEDS (LIMIT TOTAL 6)</b>	
1.95	saltine crackers (4) K parve	2.15	pepperoni slices (12)	3.55	cough syrup (1)
1.95	unsalted crackers (4) K parve	1.75	hot summer sausage (6)	2.50	muscle rub (2)
2.50	graham cracker (4)	1.90	Hot beef bites (6)	4.10	hemorrhoid cream (2)
3.70	ritz crackers (4)	1.10	mackerel fillets - small bag (12) K H	3.95	liquid antacid (2)
2.70	Variety crackers (2)	2.60	pink salmon (12) K H	2.30	TUMS (4)
<b>SOUPS/RICE (LIMIT 24 TOTAL)</b>		2.60	chicken breast (6)	2.45	stomach relief - Pepto (2)
.50	california vegetable cup of soup	.80	sardines (12)	2.60	milk of magnesia (2)
.50	Chili Piquin & Shrimp cup of soup	2.35	cooked chorizo (6)	2.15	cough drops bag (2)
.30	ramen soup, chicken	4.00	Pork Pouch (6)	1.60	allergy tablets (2)
.30	ramen soup, oriental	1.30	spam singles (12)	2.65	ibuprofen (2)
.30	ramen soup, chili	1.70	Powdered Eggs (12)	1.65	aspirin (2)
.30	ramen soup, roast beef	1.95	Soy Taco Mix (12) k Parve	2.35	pain relief tablets 325mg (2)
1.30	white rice pre-cooked (12)	<b>CEREAL/NUTS</b>		1.55	hydrocortisone cream (2)
1.30	brown rice pre-cooked (12)	3.05	Cinnamon tosters (4)	2.50	triple antibiotic ointment (2)
1.95	refried beans (12) K parve	3.05	Honey & Oat Blenders (4)	1.70	Tolfunate anti-fungal cream (2)
1.15	Kraft mac & cheese (12)	3.15	cereal honey nut cherry (4) K parve	1.85	laxative pills (2)
1.70	Cheese Rice (12)	3.25	mixed nuts (12) K	1.50	oral gel (2)
<b>COOKIES</b>		3.85	cajun mix (12) K	3.15	stool softener (2)
1.10	Choc. Peanutbutter cookies (5) K dairy	3.50	honey roasted nuts (12) K	2.25	nasal spray (2)
.70	duplex cookies (5)	2.90	peanuts unsalted (12) K	2.45	loratadine tablets (2)
1.95	vanilla wafers (5)	1.85	Almonds 3 oz. (12)	17.85	prilosec (2)
.85	marias cookies (12)	<b>BAG CANDY</b>		3.20	*dr scholls foot powder (2)
<b>COFFEE CREAMER AND SWEETENER</b>		1.65	peppermints sugar free (5)	2.20	*anti-fungal foot powder (2)
3.20	coffee, Keefe (10) H	.70	tropicana sugar free (5)	2.20	*artificial tears (2)
8.30	tasters choice (5) K	<b>CANDY BARS SINGLES (LIMIT 24 TOTAL)</b>		<b>HEALTH</b>	
6.45	Folgers (5) H	.80	snicker K dairy	2.45	^*comfort in soles (2)
3.55	decaf coffee (10)H	.80	Reese's Nutrageous K dairy	14.30	^*dr. scholls gel insoles (1)
1.20	Non-dairy creamer, bag (5) K dairy	.80	Baby Ruth K dairy	2.65	^*sunscreen (2)
1.65	Sweet sprinkles 100/pks (1)	.80	Heath Bar K dairy	.75	^*chap-ex (2)
3.55	splenda 50/pks (1)	.80	Hershey's Cookies-n-Cream K	2.40	^*blistex lip ointment (2)
5.30	tea bags (2) K	<b>INSTANT OATMEAL AND GRITS</b>		4.10	multi vitamins (2)
3.00	Assorted fruit tea (2) k	1.85	oatmeal (plain) (4) K	3.25	vitamin C (2)
<b>CHEESES</b>		2.60	instant oatmeal variety pack (4) K	3.55	vitamin E (2)
3.55	squeeze cheese (2)	2.80	instant grits (4) K	7.15	Fiber tablets (2)
3.75	jalapeno squeeze cheese (2)	<b>PASTRIES</b>		9.75	Fiber powder (2)
.45	cream cheese pack (24) H	2.50	granola bars (3)	1.00	*adhesive bandages (2)
1.80	mozzarella cheese block (4)	1.70	Fudge Rounds (3)	6.30	*corn pads (2)
1.80	cheddar cheese block (4)	2.45	Choc. Chip Muffins (3)	<b>*SOAPS &amp; DEODORANTS (TOTAL 4)</b>	
2.60	small parmesan cheese (4)	1.70	buddy bars (3)	1.30	dial soap singles (4)
<b>MISCELLANEOUS FOOD ITEMS</b>		<b>DENTAL HYGIENE</b>		1.95	dove soap (4)
2.60	Olive oil (2)	4.30	*colgate sensitive(2)	1.00	Coast soap 3 pk (2)
2.35	siracha sauce (2)	1.80	*close up (2)	1.00	tone soap singles (4)
2.25	Sweet hot Asian hot sauce (2)	2.90	*colgate mint zing baking soda (2)	3.65	neutrogena acne soap singles (4)
2.80	variety seasoning (2)	2.35	*mouth wash (1)	2.50	irish spring, icy blast 3 pk (2)
2.00	spaghetti (6) K	1.95	*denture bath cups (1) #1	2.25	ambi soap (2)
1.85	vanilla pudding (4) K	.85	*toothbrush Colgate soft (1) #1	.60	soap dish (2)
2.85	peanut butter (4) K H	4.40	denture adhesive (1)	2.60	degree xtreme blast (2)
1.45	Jalapeno Hot Sauce (4)	.50	*toothbrush holder (1) #1	2.65	clear speed stick (2)
2.10	jalapeno wheels (4) K	2.15	*clear floss loops (1)	1.30	dial roll-on deodorant (2)
1.95	squeeze salsa (4)	1.45	*dental floss on a stick (1) #1	3.35	body wash (2)
.50	popcorn, natural (12) K dairy	3.50	*denture cleaner (1) #1	1.15	Body sponge (2)
.45	popcorn, butter (12) K dairy	<b>HAIR CARE (LIMIT 8 TOTAL)</b>		<b>*SKIN CARE LOTIONS (LIMIT 6 TOTAL)</b>	
3.25	Mortons season all (2)	4.20	sulfur 8 shampoo (2)	3.00	coco butter suave lotion (2)
1.45	garlic powder (2)	6.70	neutrogena T/gel shampoo (2)	4.55	vitamin e gel (2)
1.30	vegetable flakes (2)	5.75	Dark & Lovely Shampoo (2)	5.40	ambi cream (1)
2.45	Mrs. Dash (3) K parve	1.65	*V05 shampoo (2)	2.00	lotion with aloe (2)
1.80	adobo seasoning (2)	1.65	*V05 conditioner (2)	1.90	baby powder (2)
2.00	Chili garlic sauce (4)	6.50	*sulfur 8 conditioner (2)	2.15	noxema skin care cream (2)
1.55	goya seasoning packets(2)	4.70	*dandruff shampoo (2)	6.90	St. Ives Lotion (2)
1.15	soy sauce (4) K	6.50	*pantene shampoo (2)	2.05	cocoa butter stick (2)

<b>MISCELLANEOUS HYGIENE</b>		3.20	Bug Stick	1.85	BBQ corn chips
.80	finger nail clippers (1)	4.95	bowl 6.8 cups (1) #1	1.05	White Cheddar Pop Corn
5.15	mustache scissors (1)	.85	cereal bowl w/lid (2) #1	<b>ICE CREAM LIMIT 3 TOTAL ITEMS</b>	
1.75	sewing kit (1)	1.70	Dishwashing Liquid (1)	1.25	Snickers Ice Cream Bar
.60	tweezers (1)	1.00	Thong Shower Shoe lg xl 2x	1.90	Pecan Pralines and Cream
1.80	cotton swabs (2)	12.95	Chess Set (1)	1.90	Red Velvet Cake
2.15	charmin toilet paper 4 pack (2)	2.40	Colored Pencils (1)	1.90	Homemade Vanilla
<b>SHAVING SUPPLIES</b>		<b>SHOE SUPPLIES</b>		1.90	Happy Tracks
1.70	shave gel (2)	1.95	^54 inch boot lace (1pr)	1.90	Chocolate Chip Cookie Dough
3.90	gillette aftershave (2)	1.15	^white shoe strings (1pr)	1.90	Sherbet
5.35	*bump stop razor (2)	3.65	white liquid shoe polish (1)	<b>FRAGRANCE OIL - WRITE IN (list posted)</b>	
4.05	*bump stopper (2)	5.20	black liquid shoe polish (1)	5.20	Fragrance Oil 1oz
6.85	*schick tracer cartridge (2)	5.20	brown liquid shoe polish (1)	4.00	Religious Prayer Oil 1 oz.
2.10	*bic twin blade disp razor 10pk (2)	<b>RELIGIOUS ITEMS</b>		Drinks are limited to 2 TWELVE packs total	
4.95	* triple blade razor (1)	must have Chaplain approval.		5.40	Diet Pepsi 12 pack (2)
3.50	* replacement triple blades (1)	4.50	kufi white or black (1) #3	5.40	Diet Mountain Dew 12 pack (2)
18.50	mach III razor replacement blades (1)	2.00	bandana, black w/white center (1) #3	5.40	Diet Orange Crush 12 pack (2)
11.20	mach III razors (1)	2.00	bandana, red w/dark center (1) #3	5.40	Diet Wild Cherry Pepsi 12 pack (2)
4.75	*magic shave cream (2)	5.50	tam 3x-large (1) #3	<b>HIGH DOLLAR ITEMS</b>	
11.45	*gillette excel cartridge (2)	11.75	yarmulke white or black (1) #3	These items can only be purchased once every three months	
2.60	plastic mirror (1) #1	<b>CLOTHING CIRCLE SIZE</b>		74.95	Nike Born Ready #2
9.50	hygiene bag (1)	<b>LIMIT 1 EACH</b>		59.95	Nike Dart 10 #2
<b>* CORRESPONDENCE SUPPLIES</b>		5.70	t-shirt lrg x-lrg 2x 3x	54.95	Nike CP Trainer #2
9.25	lift off correction tape ribbon (2)	11.05	t-shirt 4x 5x 6x	17.95	reebok shower shoe #1 SIZE
1.45	Clear folder (2)	10.40	long sleeve md lg xl 2x 3x	99.95	Timberland Work Boot #1 SIZE
7.75	typewriter ribbon (2) #1	13.00	long sleeve 4x 5x 6x	67.95	Red Wing Boot #1 SIZE
1.80	correction tape dispenser (2)	11.05	a-shirt med Lrg xlr	48.05	Sangean One Battery Radio #1
.80	writing tablet (2)	14.95	a-shirt 2x 3x	40.95	Sony Clear Walkman M-35 #1
1.80	envelopes letter size 50bx (2)	15.60	a-shirt 4x 5x 6x	88.40	MP3 Player #1
1.10	ballpoint pen (2) #2	16.90	Shorts w/pocket #2 lrg xlr 2x	2.60	MP3 Cover (OLD)
.95	small legal envelopes 4 pack (2)	17.95	Shorts w/pocket #2 3x 4x	3.25	MP-3 Cover (NEW)
.85	large legal envelope 2 pack(2)	18.95	Shorts w/pocket #2 5x 6x	6.50	MP3 Arm Band
<b>MISCELLANEOUS ITEMS</b>		2.60	gray knit caps	.85	MP3 Warranty return envelope
4.25	orange commissary bag (1)	16.90	Boxer briefs med lrg xlr	32.45	Koss R-10 Headphones #1
9.10	gym bag gray (1) #1	19.50	Boxer briefs 2X	9.00	Koss CL-5 Headphones #1
7.40	solar calculator (1) #1	15.95	boxer shorts med lg xl 2x	22.50	Skull candy ear buds #1
.80	address book (1) #1	16.50	Boxer shorts 3x 4x	5.10	6' Headphone Extension #1
2.45	deluxe address book (1) #1	15.50	sweatshirt #2 lg xl 2x 3x 4x	16.40	Casio Watch #1
3.85	pocket dictionary (1)	20.15	sweatshirt #2 5x 6x 7x / 8x	41.50	Timex Ironman Watch #1
2.25	Spanish/English dictionary (1)	sweatpants w/pockets #2		<b>WHILE SUPPLIES LAST</b>	
2.80	small photo album (1)	18.10	lrg xl 2x 3x 4x	45.25	Sony black M-37
12.35	photo album 10X11"(1) #1	23.40	sweatpants w/pockets #2 5x 6x 7x 8x	6.75	Briefs 2X
9.10	Wrist brace (1)	9.10	thermal tops #2 large X-lrg	4.15	Calcium tablets
10.15	knee brace Lg XL (1)	10.40	thermal top #2 2x 3x 4x 5x 6x	1.40	Hawaii Punch Orange
7.95	Ankle brace (1)	9.10	thermal bottoms #2 lrg, xl	.80	Peanut M&M
25.35	weight lifting gloves (pr) lg, xlr, 2x	10.40	thermal bottoms #2 2x 3x 4x 5x 6x	1.90	Ivory Soap
2.60	bicycle playing cards (2) #2	1.95	crew socks (3)	1.10	Butterfinger Cookies
2.80	bicycle pinochle cards (2) #2	1.95	1/4 socks (3) lrg x-lrg	5.20	Vaseline Intensive Care Lotion
4.95	refill (photo album) 14X14" (2)	3.25	head band (1/pk) #2	.30	Ramen Shrimp Soup
6.40	Refill (photo album) 10X11" (2)	1.95	^wrist band (2/pk)	1.00	La. Hot Sauce
5.20	*reading glasses 1.0,1.5,1.7,2.0,2.5,3.0	5.20	athletic supporter med lrg x-lrg	1.70	Oatmeal Cream Pie
12.95	mighty reading light (1)	7.80	baseball cap white s/m lg/xl	1.90	Boston Cream Roll
.85	handkerchief (5) #5	<b>CHIPS (LIMIT 7 TOTAL ITEMS)</b>		<b>CAMP ITEMS ONLY</b>	
5.85	racquetball 3 pack (2) #2	1.60	pretzels K	2.90	Bounce dryer sheets
5.10	sunglasses > (1) #1	1.30	hot n spicy pork skins	1.15	Toe nail clippers
5.20	clip-on sunglasses (1) #1	1.60	nacho cheese chips	7.65	Tide
7.75	^rain suit 3 pc (1)	1.50	Tortilla chips	1.85	Trend
5.30	64 oz clear mug (1) #1	1.60	Whole Shabang	.40	Cloths hanger
3.40	22 oz clear mug (1) #1	1.60	Hot Hot Cheetos		
2.95	quart squeeze bottle (1)				
.40	spoon (2)				

NOTICE: All items sold at FCC Pollock are done so with no implied warranty. Any item offering a warranty is done solely thru the manufacturer at the inmates expense. Orders for high dollar items (in stock) will be filled at the sales window, if available. Special orders require a processing period of approximately three weeks. Your name will be placed on the bulletin board once the items are ready for pick up. If your name is not on the list, the item has not been received and/or it has not been processed. You must try shoes and boots on prior to leaving the sales window. Inspect all purchased items prior to exiting the sales window.

APPROVED

M.D. Carvajal, Complex Warden

APPROVED

T. G. Wertich, Warden

NOTES: The following notes are for your benefit, it is imperative that you observe these codes while filling out your list.

\* Items can be purchased while on commissary restriction.

# Institution possession limits per policy.

It is your responsibility to maintain proper clothing or item possession limits.

K For kosher items

H For halal items

( ) Indicates purchasing limits

^ non transferrable item

**SUGGESTIONS:**

Once you depart from the commissary, all sales are final.

Commissary spending limit is \$160.00 weekly (not to exceed \$320.00 monthly validation.) Stamps, Copy Cards, and OTC Meds are exempt from your spending limit and can be purchased while on restriction.

Monthly spending limit while on stamp and hygiene restriction is \$15.00 (items with this symbol \*)

Prices are subject to change without notice.

NO SUBSTITUTIONS WILL BE MADE FOR OUT OF STOCK ITEMS

NO ADDITIONS WILL BE MADE TO YOUR LIST ONCE IT HAS BEEN TURNED IN.

Once an SPO is received, you must purchase it on your shopping day prior to shopping for any other item.

Old batteries must be turned at the time of sale in order to purchase new batteries.

Validation Cycle: Determined by your fifth number:

0-first day of month

3-tenth day of the month

6-nineteenth day of the month

9-twenty eight day of the month

1-fourth day of month

4-thirteenth day of the month

7-twenty second day of the month

2-seventh, day of month

5-sixteenth day of the month

8-twenty fifth day of the month