

NAME \_\_\_\_\_ REG NUMBER \_\_\_\_\_ WORK \_\_\_\_\_

NOTE: STAMPS AND OTC MEDICATIONS DO NOT COME OFF SPENDING LIMIT  
 MEDICAL ITEMS IN PILL AND LIQUID FORM MUST BE UNOPENED TO TRANSFER

PRICES SUBJECT TO CHANGE WITHOUT NOTICE  
 \*\*\* DENOTES NON-TRANSFERABLE ITEMS

COMMISSARY RESTRICTION LIMITED TO  
 OTC MEDICATION, ONE WASH CARD,  
 ONE BOOK OF FOREVER STAMPS,  
 ONE LAUNDRY DETERGENT,  
 AND ONE COPY CARD

**STAMPS (LIMIT \$11.00 TOTAL)**

_____ 1c	_____ 21c	_____ 55c	_____ \$1.00
_____ FOREVER STAMP BOOK			\$11.00
_____ *** PHOTO TICKETS (LIMIT 5)			\$1.00
_____ *** COPY CARD (25 CY) (LIMIT 5)			\$4.25
_____ *** DEBITEK WASH CARD (LIMIT 5)			\$2.00
_____ GREETING CARD # _____			\$1.40

**CHIPS (LIMIT 4 TOTAL) AND TORTILLAS**

_____ SPECIALTY CHIPS (ROTATES)		VARIES
_____ NACHO CHEESE CHIPS		\$2.70
_____ MOON LODGE (OR GENERIC) CHIPS		\$1.65
_____ FLOUR TORTILLAS		\$1.40

**PRETZELS AND POPCORN (LIMIT 2 EACH)**

_____ PRETZELS (ROTATES)		VARIES
_____ BAG POPCORN (ROTATES)		VARIES

**LAUNDRY PRODUCTS**

_____ GAIN DETERGENT		\$5.75
_____ ULTRA FRESH DETERGENT		\$1.85
_____ BOUNCE FABRIC SOFTENER		\$1.95
_____ SPRING FABRIC SOFTENER		\$1.95

**SODA 12-PACKS (LIMIT 2)**

_____ *** PEPSI		\$5.10
_____ *** DIET SODA (ROTATES)		VARIES
_____ *** MOUNTAIN DEW		\$5.10
_____ *** GENERIC (ROTATES)		\$3.70
_____ *** SPECIALTY (ROTATES)		VARIES

**COFFEE (LIMIT 2)**

_____ COFFEEMATE CREAMER		\$2.25
_____ COLOMBIAN COFFEE		\$3.15
_____ TASTER'S CHOICE COFFEE		\$8.95
_____ DECAFFEINATED FOLGERS COFFEE		\$8.20
_____ FOLGERS REGULAR COFFEE		\$6.50
_____ MAXWELL HOUSE COFFEE		\$3.35
_____ CAPPUCCINO		\$1.50
_____ POWDERED MILK		\$3.00

**SWEETENER AND DRINK MIXES**

_____ SUGAR TWIN		\$1.70
_____ HOT COCOA		\$1.70
_____ HEALTH SHAKE (ROTATES) (LIMIT 5)		\$1.50
_____ NESQUICK DRINK MIX (ROTATES)		\$2.85
_____ HP BERRY BLUE TYPHOON		\$1.30
_____ HP FRUIT JUICY RED		\$1.30
_____ HP BERRY BONKERS		\$1.30
_____ JR WATERMELON		\$1.30
_____ WYLER'S PEACH TEA		\$1.30
_____ ROTATING DRINK MIX		VARIES

**SHAMPOO (LIMIT 2)**

_____ ALBERTO VO-5 SHAMPOO		\$1.45
_____ PANTENE SHAMPOO		\$6.30
_____ SUAVE 2-IN-1 SHAMPOO		\$3.05
_____ DANDRUFF SHAMPOO		\$1.90
_____ MEDICATED DANDRUFF SHAMPOO		\$4.80

**CONDITIONER (LIMIT 2)**

_____ ALBERTO VO-5 CONDITIONER		\$1.45
_____ PANTENE CONDITIONER		\$6.30

**DISH SOAP**

_____ JOY DISH SOAP		\$1.85
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**SOAP (LIMIT 4 BARS)**

_____ IRISH SPRING (3 PK)		\$2.50
_____ ZEST		\$1.05
_____ DIAL		\$1.05
_____ DOVE		\$1.70
_____ TONE		\$1.15
_____ NEXT 1		\$0.95
_____ LEVER 2000 (2 PK)		\$2.35
_____ NEUTROGENA		\$3.45
_____ AMBI COCOA BUTTER SOAP		\$2.15
_____ CLEARASIL FACE WASH		\$5.35
_____ SOAP DISH		\$0.55
_____ ACNE CREAM		\$2.85
_____ BODY WASH		\$1.30

**LOTION (LIMIT 2)**

_____ ST. IVES FACIAL CREAM		\$6.20
_____ LOTION (ROTATES)		VARIES
_____ APRICOT SCRUB		\$4.65
_____ EUCERIN LOTION		\$7.10
_____ VASELINE LOTION		\$5.20
_____ COCOA BUTTER STICK		\$1.75
_____ PETROLEUM JELLY		\$1.30
_____ PALMER'S COCOA BUTTER		\$5.15
_____ SUAVE ADVANCED THERAPY LOTION		\$2.80

**ORAL CARE**

_____ MOUTHWASH		\$1.95
_____ TOOTHBRUSH HOLDER		\$0.50
_____ TOOTHBRUSH, SOFT		\$0.70
_____ TOOTHBRUSH, MEDIUM		\$0.70
_____ DENTURE BRUSH		\$1.90
_____ DENTAL FLOSS PICKS		\$0.30
_____ TONGUE SCRAPER		\$1.90
_____ FIXODENT		\$7.40

**TOOTHPASTE (LIMIT 2)**

_____ COLGATE TOTAL		\$3.00
_____ COLGATE WHITENING		\$2.85
_____ COLGATE SENSITIVE		\$5.45
_____ ULTRABRITE		\$1.70

**DEODORANT (LIMIT 2)**

_____ SPEED STICK SPORT TALC		\$2.90
_____ ALMAY UNSCENTED DEODORANT		\$3.40
_____ DEGREE ANTIPERSPIRANT		\$2.55

**HAIR CARE (LIMIT 2)**

_____ SULFUR 8		\$6.10
_____ AFRICAN PRIDE MAGIC GRO		\$5.50
_____ PINK OIL MOISTURIZER		\$5.70
_____ MURRAY'S POMADE		\$2.45
_____ MURRAY'S BEES WAX		\$2.55
_____ SOFT SHEEN SPORTIN' WAVES		\$3.15
_____ SOFTEE-GRO		\$2.70
_____ COMB-THROUGH TEXTURIZER		\$5.30
_____ STYLING GEL		\$2.00
_____ JAMAICAN LOCKING GEL		\$5.95
_____ DARK AND LOVELY HAIR KIT		\$9.40
_____ MOUSTACHE WAX		\$2.55

**SHAVING PRODUCTS**

_____ MAGIC SMOOTH HAIR REMOVER		\$4.85
_____ AFTA AFTERSHAVE		\$2.60
_____ BIC DISPOSABLE RAZORS (10 PK)		\$1.85
_____ PROTECTION SHAVING CREAM		\$2.05
_____ MAGIC SHAVE GOLD POWDER		\$3.15
_____ GOOD SENSE RAZOR		\$6.85
_____ *** GOOD SENSE REFILLS		\$7.75
_____ MACH 3 RAZOR		\$11.65
_____ *** MACH 3 REFILLS		\$14.55

**MISCELLANEOUS HEALTH**

_____ COTTON SWABS		\$1.55
_____ SUN SCREEN		\$3.90
_____ BABY POWDER		\$1.30
_____ AMBI FADE CREAM		\$7.50
_____ BUMP STOPPER		\$4.15
_____ CHAPET LIP BALM		\$0.85
_____ CARMEX		\$1.65
_____ NOXZEMA		\$2.30

**CANDIES AND NUTS**

_____ TWIZZLERS RED LICORICE		\$2.75
_____ CARAMELS		\$1.15
_____ FUN SIZE CANDY BARS (BAG)		\$4.35
_____ GUMMY BEARS / WORMS (ROTATES)		\$1.10
_____ SOUR CHERRY BALLS		\$1.30
_____ STARLIGHT MINTS		\$1.05
_____ BRIDGE MIX		\$2.35
_____ VIRGINIA PEANUTS		\$1.95
_____ HONEY ROASTED PEANUTS		\$1.95
_____ PEANUT M&M'S		\$4.35
_____ HERSHEY'S DARK CHOCOLATE		\$1.95
_____ ENERGY BAR		\$1.80
_____ SUNFLOWER SEED KERNELS		\$0.60
_____ PB&J GOODY MIX		\$3.00
_____ CALIFORNIA TRAIL MIX		\$3.00
_____ RAW TRAIL MIX (ROASTED & SALTED)		\$3.00
_____ ALMONDS		\$4.55
_____ HARD CANDY (ROTATES)		VARIES
_____ CANDY BAR (ROTATES)		VARIES
_____ PEANUT CLUSTERS		\$2.35

**COOKIES**

_____ BUD'S BEST COOKIES (ROTATES)		\$1.05
_____ SANDWICH COOKIES (ROTATES)		VARIES

**CRACKERS, PASTA AND CEREALS**

_____ SNACK CRACKERS		\$2.40
_____ SALTINE CRACKERS		\$1.80
_____ MACARONI & CHEESE		\$0.80
_____ GRANOLA CEREAL (ROTATES)		\$3.25
_____ TOASTER PASTRIES (ROTATES)		\$1.85
_____ RAISIN BRAN BAG CEREAL		\$3.55
_____ CHEESE CRACKERS		\$2.50
_____ GRAHAM CRACKERS		\$2.30
_____ MASHED POTATOES		\$1.65
_____ SWEETENED CEREAL (ROTATES)		VARIES

OTC MEDICATIONS (LIMIT 2 EACH)	
_____ INSECT REPELLANT	\$7.90
_____ MULTIVITAMINS	\$4.15
_____ VITAMIN C	\$3.25
_____ VITAMIN E	\$3.50
_____ CALCIUM	\$2.70
_____ VITAMIN B	\$3.25
_____ FOOT POWDER	\$6.25
_____ CHERRY COUGH DROPS	\$0.90
_____ HALLS COUGH DROPS	\$1.30
_____ COUGH SYRUP	\$1.60
_____ NASAL CROM	\$9.10
_____ NASAL SPRAY MIST	\$1.85
_____ VISINE A	\$5.10
_____ ZATIDOR EYE DROPS	\$11.40
_____ LORATADINE (CLARITIN)	\$2.50
_____ NAPROXEN (ALEVE)	\$3.90
_____ ASPIRIN	\$1.40
_____ TYLENOL	\$1.85
_____ IBUPROFEN	\$2.75
_____ ANTACID TABLETS	\$2.40
_____ GENALTA (LIQUID ANTACID)	\$3.50
_____ MILK OF MAGNESIA	\$2.50
_____ GAVISCON (LIQUID ANTACID)	\$7.30
_____ RANITIDINE (ACID REDUCER)	\$3.90
_____ PRILOSEC (OMEPRAZOLE)	\$11.50
_____ KAOPECTATE	\$4.75
_____ LACTAID	\$8.25
_____ ANTIDIARRHEAL TABLETS	\$3.15
_____ GAS RELIEF	\$1.95
_____ FIBER CAPLETS	\$7.55
_____ STOOL SOFTENER	\$4.45
_____ TUCKS MEDICATED PADS	\$4.15
_____ CORN / WART REMOVER	\$2.80
_____ HEMORRHOID CREAM	\$3.55
_____ BEN-GAY MUSCLE CREAM	\$4.65
_____ LAC-HYDRIN 5 LOTION	\$9.65
_____ NUPERCAINAL HEMORRHOID CREAM	\$6.65
_____ HYDROCORTISONE CREAM	\$2.60
_____ NEOSPORIN (TRIPLE ANTIBIOTIC)	\$2.60
_____ A&D OINTMENT	\$2.95
_____ CALAMINE LOTION	\$2.05
_____ MICONAZOLE CREAM 2%	\$1.50
_____ ANTIFUNGAL CREAM	\$1.50
_____ EAR DROPS	\$4.50
_____ ORAJEL	\$6.65
_____ COAL TAR SHAMPOO	\$6.95
_____ FUNGI-NAIL (FOR <u>ATHLETE'S FOOT</u> )	\$9.05

WRITING SUPPLIES AND MISCELLANEOUS	
_____ FRAGRANCE OIL	\$6.50
_____ RED DOCUMENT FOLDER	\$1.50
_____ WHITE ENVELOPES (BX 50)	\$1.75
_____ WIRELESS NOTEBOOK	\$1.70
_____ LARGE YELLOW ENVELOPE	\$0.15
_____ TWO-POCKET FOLDER	\$0.30
_____ YELLOW WRITING PAD	\$1.20
_____ COLORED PAPER	\$2.60
_____ FOOT FRESHENER INSOLES	\$2.35
_____ ADDRESS BOOK	\$2.45
_____ PHOTO ALBUM	\$9.75
_____ PLAYING CARDS, REGULAR	\$1.65
_____ PLAYING CARDS, PINOCHLE	\$1.70
_____ UNO CARDS	\$9.05
_____ MASTERLOCK	\$7.15

MEATS, FISH AND CHILI	
_____ BACON	\$3.60
_____ TURKEY BACON	\$4.45
_____ REGULAR BEEF SAUSAGE	\$1.60
_____ HOT & SPICY BEEF SAUSAGE	\$1.60
_____ SPAM	\$1.45
_____ TURKEY SUMMER SAUSAGE	\$1.95
_____ CHUNK LIGHT TUNA	\$1.70
_____ SHREDDED CHICKEN	\$4.15
_____ MACKEREL	\$1.00
_____ PEPPERONI SLICES	\$2.10
_____ CHILI WITH BEANS	\$1.65
_____ HOT TURKEY CHILI	\$2.30
_____ SPECIALTY MEAT (ROTATES)	VARIES
_____ YELLOWFIN TUNA	\$2.55
_____ SEASONED BEEF	\$2.65

MISCELLANEOUS FOODS AND SPICES	
_____ JELLY (ROTATES)	VARIES
_____ SKIPPY NATURAL	\$3.80
_____ PEANUT BUTTER (ROTATES)	\$2.45
_____ MAYONNAISE	\$2.05
_____ TUB CHEESE (ROTATES)	\$1.80
_____ HONEY	\$3.25
_____ GREEN OLIVES	\$1.25
_____ CHILI GARLIC SAUCE	\$1.95
_____ HOT SAUCE (ROTATES)	VARIES
_____ BARBECUE SAUCE	\$1.55
_____ PICKLE (ROTATES)	\$0.80
_____ PARMESAN CHEESE	\$1.55
_____ SOY SAUCE	\$2.60
_____ SASON SEASONING (BX 20)	\$3.10
_____ GRANOLA BARS (ROTATES)	\$2.50
_____ OATMEAL (VARIETY PACK)	\$2.55
_____ SWEET & HOT SAUCE	\$2.15
_____ CURRY SEASONING	\$1.25
_____ GARLIC POWDER	\$1.55
_____ GENERIC MRS. DASH SEASONING	\$1.35
_____ TACO SEASONING	\$1.10
_____ MINCED ONION	\$0.90
_____ SALT & PEPPER SHAKERS	\$1.95
_____ CINNAMON	\$1.45
_____ MOZZARELLA CHEESE	\$1.80
_____ BLOCK CHEESE (ROTATES)	\$1.80
_____ VELVEETA SQUEEZE CHEESE	\$3.15
_____ CREAM CHEESE SPREAD	\$1.60
_____ HIDDEN VALLEY RANCH DRESSING	\$0.45
_____ VEGETABLE FLAKES	\$1.00
_____ SRIRACHA SAUCE	\$2.95
_____ SEASONED SALT	\$0.90
_____ LEMON PEPPER SEASONING	\$1.35

SOUPS (LIMIT 24)	
_____ PICANTE BEEF RAMEN	\$0.30
_____ CHICKEN RAMEN	\$0.30
_____ CHILI RAMEN	\$0.30
_____ CUP SOUP (ROTATES)	\$0.50
_____ THAI NOODLES	\$0.90

MISCELLANEOUS FOOD ITEMS	
_____ CHEESE RICE	\$1.75
_____ CHIPOTLE BLACK BEANS	\$2.15
_____ WHITE RICE	\$1.30
_____ BROWN RICE	\$1.30
_____ REFRIED BEANS	\$2.05
_____ ROLLED OATS	\$1.95
_____ CHORIZO WITH BEANS	\$2.15
_____ TACO MIX (SOY)	\$2.05

VEGETABLES / OTHER	
_____ PITTED DATES	\$2.90
_____ LEMON JUICE	\$1.00
_____ LIME JUICE	\$1.00

SUNDRY	
_____ AAA BATTERIES (4 PK)	\$1.00
_____ AA BATTERIES (4 PK)	\$1.00
_____ D BATTERIES (2 PK)	\$2.55
_____ BIC PEN, BLUE (2 PK)	\$0.90
_____ BIC PEN, BLACK (2 PK)	\$0.90
_____ FINGERNAIL CLIPPERS	\$0.65
_____ TWEEZERS	\$0.95
_____ TOENAIL CLIPPERS	\$0.85
_____ SEWING KIT	\$1.95
_____ LOCKER MIRROR	\$2.45
_____ AFRO PICK	\$0.45
_____ VENTED HAIR BRUSH	\$1.30
_____ EAR PLUGS	\$0.25
_____ *** HAIR TIES	\$1.00
_____ *** RUBBER BANDS	\$2.20
_____ *** DO-RAG	\$1.90
_____ PALM BRUSH	\$0.55
_____ HOT WAVE BRUSH	\$1.80
_____ *** AIR FRESHENER (2 PK)	\$1.50
_____ THERMAL COFFEE MUG	\$2.25
_____ WATER BOTTLE	\$3.90
_____ *** SPORK	\$0.40
_____ PLASTIC BOWL WITH LID	\$3.40

PAPER PRODUCTS	
_____ *** TOILET PAPER	\$3.95
_____ *** PAPER TOWELS	\$1.30

ICE CREAM (LIMIT 1 PINT AND 1 NOVELTY)	
_____ CHOCOLATE	\$2.40
_____ VANILLA	\$2.40
_____ BUTTER PECAN	\$2.40
_____ STRAWBERRY	\$2.40
_____ PREMIUM (ROTATES)	VARIES
_____ SHERBET (ROTATES)	\$1.55
_____ BEN & JERRY'S (ROTATES)	\$5.10
_____ NOVELTY (ROTATES)	VARIES
_____ LITTLE DEBBIE CAKES (LIMIT 6)	VARIES

THE ABOVE LISTED ITEMS  
ARE APPROPRIATE FOR SALE  
IN THE COMMISSARY

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M. MARSKE, WARDEN

---

M. LEJEUNE, AW OPERATIONS

---

C. KIRBY, CAPTAIN

---

E. DIEKHUS, TFS

---

M. LAUFENBERG, HSA