

**Federal Bureau of Prisons
FCC OAKDALE COMMISSARY SHOPPING LIST**

Name _____ Number _____ Date _____

All sales are final! No refunds or exchanges will be made except for clothing & footwear, **prior to exiting the commissary lobby.** Mark clearly the number of items you are requesting in the space provided. **DO NOT** circle or highlight items! Prices are subject to change without notice! Once your list has been submitted, **no additions will be allowed.** Radios, Watches and Padlocks are issued on the following day after purchase with I.D. and receipt. Copier Cards are for local use only at FCI Oakdale and are non-refundable. Substitutions will be allowed for out of stock items only, **in same category.** Commissary Lists with circled or highlighted items will not be accepted! Photo Tickets expire 30 days from date of purchase. No eating or loitering inside the commissary lobby.

**STAMPS / PHOTO / COPY CARD
STAMPS LIMIT \$9.40 PER VISIT**

\$9.40 _____ BOOK FIRST CLASS STAMPS^*
\$.47 _____ SINGLE FIRST CLASS STAMP^*
\$.21 _____ SINGLE STAMP^*
\$.01 _____ SINGLE STAMP^*
\$1.00 _____ PHOTO TICKETS (4)
\$6.50 _____ COPY CARD*

**CONTROLLED ITEMS
LIMIT 1 EACH**

\$38.35 _____ DIGITAL RADIO SONY REQ. AAA
\$18.20 _____ CLEAR WATCH (GENEVA)
\$ 6.70 _____ PADLOCK
\$ 6.25 _____ WATCH BAND FOR CASIO
\$13.50 _____ EAR BUDS GUMY
\$30.75 _____ HEADPHONES R-10 KOSS
\$ 29.90 _____ SKULL CANDY EAR BUD
\$88.40 _____ MP3 PLAYER
\$ 3.25 _____ MP3 COVER

**BATTERIES
LIMIT 2 EACH / ONE FOR ONE EXCHANGE**

\$ 1.60 _____ AAA BATTERIES 4-PK
\$ 1.60 _____ AA BATTERIES 4- PK
\$ 2.50 _____ WATCH BATTERY CR2016
\$ 2.50 _____ WATCH BATTERY CR2025

**SODAS
LIMIT 2 TOTAL**

\$5.35 _____ MOUNTAIN DEW 12 PK K
\$5.35 _____ PEPSI 12 PK K
\$5.35 _____ DIET PEPSI 12 PK K
\$5.35 _____ MUG ROOT BEER 12 PK K
\$5.35 _____ GRAPE CRUSH 12 PK K
\$5.35 _____ ICED TEA W / LEMON 12 PK K

**CHIPS
LIMIT 8 TOTAL**

\$2.40 _____ COOL RANCH DORITOS
\$2.25 _____ NACHO CHEESE TORTILLA K
\$.85 _____ PORK RINDS HOT & SPICY
\$1.65 _____ BBQ CHIPS K
\$2.35 _____ HOT N SPICY CORN CHIPS K
\$1.60 _____ SOUR CREAM & ONION K
\$3.10 _____ TORTILLA CHIPS K
\$1.65 _____ BUFFALO CHIPS K
\$1.30 _____ CHEDDER POPCORN
\$1.75 _____ JALAPENO POPPERS

**SOUPS
LIMIT 24 TOTAL**

\$.35 _____ BEEF K
\$.25 _____ CAJUN SHRIMP
\$.25 _____ CHILI
\$.25 _____ VEGETABLE HOT & SPICY
\$.25 _____ CHICKEN 35% LESS SODIUM
\$.25 _____ ROASTED CHICKEN

**RICE / BEANS
LIMIT 12 TOTAL**

\$1.20 _____ WHITE RICE K (6)
\$1.20 _____ BROWN RICE K (6)
\$2.20 _____ RE-FRIED BEANS FLAKES K (6)

**CRACKERS
LIMIT 8 TOTAL**

\$4.50 _____ RITZ CRACKERS K
\$1.45 _____ SALTINE CRACKERS K
\$1.80 _____ CHEESE CRACKERS K

CRACKERS (CONT) Limit 8 Total

\$3.05 _____ UNSALTED CRACKERS K
\$2.20 _____ GRAHAM K
\$3.45 _____ WHEAT THIN K

**CONDIMENTS / SPICES / MISC.
LIMIT 2 EACH**

\$ 3.40 _____ HAZELNUT CREAMER K
\$ 1.25 _____ NON-DAIRY CREAMER K
\$ 3.10 _____ HONEY K
\$ 2.20 _____ CHILI GARLIC SAUCE
\$ 1.65 _____ SWEET MATE SWEETNER K
\$.80 _____ PICKLE DILL K
\$ 2.10 _____ JALAPENO PEPPERS K
\$ 2.55 _____ SWEET N HOT SAUCE
\$ 2.70 _____ PEANUT BUTTER CREAMY K
\$.90 _____ MINCED ONION
\$ 2.65 _____ FLOUR TORTILLAS, LMT 4
\$ 1.60 _____ SAZON GOYA CON CILANTRO
\$ 1.20 _____ SOY SAUCE K
\$.75 _____ MAYO K 12- PK LIMIT 4 EA
\$.40 _____ KETCHUP K 12-PK LIMIT 4 EA
\$.25 _____ MUSTARD K 12-PK LIMIT 4 EA
\$ 2.80 _____ MRS. DASH SALT FREE K
\$ 0.95 _____ HOT SAUCE 12 PK LIMIT 4EA
\$ 2.05 _____ LOADED POTATOES
\$0.95 _____ CORN TORTILLAS
\$2.30 _____ SALT & PEPPER

**INSTANT DRINK / MIXES
LIMIT 14 TOTAL**

\$6.40 _____ COMMUNITY COFFEE 4 OZ. K
\$8.45 _____ TASTERS CHOICE COFFEE 8 OZ. K
\$2.65 _____ COLOMBIAN COFFEE K
\$3.55 _____ DECAFFEINATED COFFEE K
\$1.85 _____ HOT COCOA K
\$1.95 _____ TEA K
\$1.30 _____ PEACH TEA WATER MIX
\$.75 _____ GATORADE FRUIT PUNCH
\$1.30 _____ HAWAIIAN PUNCH BERRY BLUE
\$1.30 _____ HAWAIIAN PUNCH LEM MIX K
\$1.30 _____ HAWAIIAN PUNCH POLAR MIX K
\$1.30 _____ HAWAIIAN PUNCH WM MIX K
\$1.30 _____ HAWAIIAN PUNCH J RED MIX K
\$4.75 _____ POWDER MILK K
\$.80 _____ REAL LEMON JUICE
\$3.75 _____ SUGAR FREE HOT COCOA K

**MEATS / CHEESES
LIMIT 24 TOTAL**

\$3.90 _____ SWEET SUE HAM
\$1.70 _____ TUNA K
\$1.65 _____ OYSTERS K
\$2.60 _____ BEEF SAUSAGE HALAL K
\$3.10 _____ SHARP CHEESE SQUEEZE
\$3.10 _____ JALAPENO CHEESE SQUEEZE
\$1.45 _____ SPAM
\$4.10 _____ CHICKEN
\$2.05 _____ ALBACORE TUNA K
\$1.10 _____ MACKEREL FILLETS
\$1.50 _____ PINK SALMON K
\$2.05 _____ TURKEY LOG
\$1.85 _____ SALAMI BEEF
\$1.40 _____ MOZZARELLA CHEESE
\$ 0.50 _____ CREAM CHEESE
\$1.65 _____ BEEF JERKY
\$1.50 _____ CHIPOTLE SEASONED TUNA

**COOKIES
LIMIT 8 TOTAL**

\$ 2.70 _____ CHOCOLATE CREME (OREO)
\$1.65 _____ DUPLEX CREAM K
\$.85 _____ STRAWBERRY WAFER S/F K
\$1.90 _____ ICED OATMEAL K
\$1.90 _____ CHOCOLATE CHIP K
\$1.70 _____ PEANUT BUTTER CREME K
\$1.55 _____ SHORTBREAD LOW FAT

**DRIED FRUITS / NUTS
LIMIT 12 TOTAL**

\$3.30 _____ MIX NUTS K
\$.40 _____ ROASTED PEANUTS
\$.80 _____ HONEY ROASTED PEANUTS
\$1.85 _____ ALMONDS NATURAL K
\$3.55 _____ FRENCH VANILLA GRANOLA
\$0.60 _____ ALL ENERGY TRAIL MIX K
\$0.50 _____ SUNFLOWER KERNELS

**CANDY BARS
LIMIT 8 TOTAL**

\$5.20 _____ SNICKERS 6-PACK K
\$3.95 _____ M&M PEANUTS LG. BAG K
\$.90 _____ BABY RUTH K (12)
\$1.00 _____ REESE CUP K (12)
\$5.20 _____ MILKY WAY 6-PACK K
\$.90 _____ TWIX K (12)
\$3.95 _____ M&M PLAIN LG BAG K

**BAG CANDY
LIMIT 8 TOTAL**

\$.65 _____ STARLIGHT MINTS
\$.80 _____ JOLLY RANCHERS
\$.85 _____ BREATH SAVERS S/F (4)
\$ 1.00 _____ SKITTLES
\$.80 _____ BUTTERSCOTCH

**INSTANT BREAKFAST / CEREAL
LIMIT 2 EACH**

\$2.55 _____ VARIETY OATMEAL K
\$3.45 _____ FRUIT LOOPS
\$2.80 _____ FLAVOR VARIETY GRITS K
\$ 3.60 _____ VARIETY GRANOLA BARS K

**PASTRIES
LIMIT 6 TOTAL**

\$1.70 _____ NUTTY BARS K
\$1.70 _____ OATMEAL CREAM PIES K
\$1.70 _____ HONEY BUNS K
\$1.70 _____ STAR CRUNCH
\$1.90 _____ FIG BARS

**DENTAL
LIMIT 2 EACH**

\$3.50 _____ COLGATE BAKING SODA *
\$2.20 _____ AIM TOOTHPASTE *
\$.95 _____ TOOTHBRUSH *
\$.50 _____ TOOTHBRUSH HOLDER *
\$3.45 _____ DENTURE ADHESIVE *
\$1.70 _____ DENTAL FLOSS *
\$2.55 _____ MOUTHWASH AIM
\$1.95 _____ DENTURE BATH CUP *
\$3.50 _____ DENTURE CLEANER PASTE *
\$6.75 _____ SENSODYNE TOOTHPASTE *

**HAIRCARE
LIMIT 2 EACH**

\$1.55 _____ CLEAR SHAMPOO *
\$3.45 _____ DANDRUFF SHAMPOO *
\$1.90 _____ V05 SHAMPOO
\$1.90 _____ V05 CONDITIONER
\$6.70 _____ PANTENE SHAMPOO
\$7.30 _____ PANTENE CONDITIONER
\$6.95 _____ AFRICAN PRIDE GRO
\$3.20 _____ PROTEIN 29 HAIR GEL
\$2.65 _____ COCONUT OIL CONDITIONER
\$3.20 _____ STYLING GEL
\$2.70 _____ HAIR FOOD
\$2.90 _____ MILITARY CLUB BRUSH (1)
\$2.20 _____ BRUSH COMB SET (1)

HAIRCARE (CONT) LIMIT 2 EACH

\$.50 _____ AFRO PICK (1)
 \$2.30 _____ HAIR TIES
 \$2.45 _____ MURRY'S POMADE
 \$5.50 _____ LUSTER PINK OIL CONDITIONING
 \$1.00 _____ VENTED HAIR BRUSH
 \$3.80 _____ SULFUR 8 GREASE

**OVER THE COUNTER MEDICATIONS
LIMIT 2 EACH**

\$4.65 _____ FOOT POWDER QUINSANA^
 \$1.20 _____ COUGH DROPS ^*
 \$2.30 _____ ROLAIDS 3-PK ^*
 \$1.30 _____ ALLERGY RELIEF ^*
 \$2.50 _____ LORATADINE ^*
 \$2.40 _____ ARTIFICIALS TEARS ^*
 \$2.50 _____ MUSCLE RUB ^*
 \$1.50 _____ ORAL GEL ^*
 \$1.80 _____ HYDROCORTISONE CREAM ^*
 \$3.30 _____ VITAMIN C 500mg ^*
 \$2.60 _____ MILK OF MAGNESIA ^*
 \$2.70 _____ BEPTOBISMO ^*
 \$2.00 _____ TYLENOL, GEN. 325 mg ^*
 \$2.45 _____ COUGH SYRUP ^*
 \$1.70 _____ ANTI-FUNGAL ^*
 \$2.45 _____ COMFORT INSOLES ^*
 \$2.55 _____ IBUPROFEN ^*
 \$4.30 _____ HEMORRHOIDAL CREAM ^*
 \$4.15 _____ ULTRA PLUS VITAMINS ^*
 \$1.35 _____ ASPIRIN ^*
 \$6.00 _____ FIBER TABLETS ^
 \$1.60 _____ GAS-X RELIEF ^*
 \$3.55 _____ LIQUID ANTACID ^*
 \$2.85 _____ ZANTAC ^*
 \$4.85 _____ CHLORASEPTIC SORE THROAT ^*
 \$1.65 _____ ACNE TREATMENT CREAM ^*
 \$3.65 _____ NEUTROGENA ACNE SOAP ^*
 \$2.50 _____ TRIPLE ANTIBIOTIC ^*
 \$2.40 _____ VAPOR CHEST RUB ^*
 \$4.05 _____ SULFUR 8 SHAMPOO ^*
 \$3.50 _____ VITAMIN E 400 I.U. ^*
 \$5.60 _____ ALEVE ^*
 \$2.60 _____ DEBBROX EAR DROPS ^*
 \$1.50 _____ MICONAZOLE ANTI-FUNGA L^*
 \$1.65 _____ SALINE NASAL SPRAY ^*
 \$1.30 _____ DOCUSATE STOOL SOFTENER ^*
 \$3.75 _____ ULTRA CALCIUM ^*
 \$3.75 _____ ACID REDUCER ^*
 \$2.50 _____ VITAMIN A&D OINT ^*
 \$1.90 _____ LAXATIVE TABLETS ^*
 \$6.50 _____ CALCIUM CITRATE ^*
 \$10.95 _____ SELSUN BLUE ^*
 \$20.00 _____ NASACORT NASAL SPRAY ^*
 \$3.50 _____ VITAMIN B COMPLEX ^*

**BODY SOAP
LIMIT 2 EACH**

\$6.00 _____ IRISH SPRING LIQUID
 \$1.20 _____ TONE *
 \$2.50 _____ IRISH SPRING ICY 3-PK *
 \$1.25 _____ DIAL ANTI-BACTERIAL*
 \$1.70 _____ DOVE*
 \$.70 _____ SOAP DISH *

**PERSONAL HYGIENE
LIMIT 2 EACH**

\$2.65 _____ MENNEN STICK DEO *
 \$1.50 _____ DIAL ROLL ON DEO/ANTI-PRES.*
 \$3.05 _____ DEGREE DEO/ANTI-PERS. *
 \$12.30 _____ RAZOR HANDLE
 \$20.60 _____ RAZOR CARTRIDGE TRIPLE 5-PK
 \$2.10 _____ COCOBUTTER STICK
 \$4.25 _____ MAGIC SHAVE CREAM *
 \$1.50 _____ SKIN CARE LOTION *
 \$6.85 _____ St. IVES LOTION
 \$4.10 _____ GILLETTE AFTERSHAVE
 \$2.20 _____ NOXEMA
 \$2.75 _____ INFUSED COCOA BUTTER
 \$7.50 _____ AMBI SKIN TONE CREAM
 \$1.25 _____ BODYPOWDER POLO
 \$1.80 _____ COTTON SWABS Q-TIPS *
 \$3.85 _____ BUMP STOPPER *
 \$1.70 _____ DISPOSIBLE RAZORS 10-PK *
 \$1.80 _____ SHAVE CREAM *
 \$.45 _____ FINGERNAIL CLIPPER
 \$1.15 _____ TOENAIL CLIPPER

PERSONAL HYGIENE (CONT) LIMIT 2 EACH

\$1.15 _____ TWEEZERS
 \$5.20 _____ MUSTACHE SCISSORS

**FRAGRANCE OIL
LIMIT 1 EACH**

\$5.20 _____ COOL WATER
 \$5.20 _____ GIORGIO
 \$5.20 _____ DIESEL PLUS

**ICE CREAM
LIMIT 4 TOTAL**

\$2.40 _____ VANILLA K
 \$2.40 _____ COOKIES N CREAM K
 \$2.40 _____ BANANA SPLIT K
 \$2.40 _____ BUNNY TRACKS K
 \$2.40 _____ PEANUT PANIC K
 \$.90 _____ FRUIT BARS K
 \$1.50 _____ VANILLA CONE K

**WRITING SUPPLIES
LIMIT 1 EACH**

\$.80 _____ ADDRESS BOOK
 \$1.10 _____ INK PEN 2-PK
 \$1.25 _____ LEGAL PADS
 \$1.80 _____ ENVELOPES
 \$4.45 _____ GREETING CARDS 6-PK
 \$.85 _____ MP 3 SELF SEALER MAILER

**MISCELLANEOUS
LIMIT 1 EACH / WRITE YOUR SIZE**

\$2.80 _____ PHOTO ALBUM
 \$6.90 _____ SUNGLASSES
 \$1.95 _____ MUG CLEAR 22oz.
 \$.55 _____ SPOON
 \$3.25 _____ BOWL & LID
 \$4.75 _____ SHOWER SHOES
 WHOLE SIZES ONLY 7-15 SIZE _____
 \$.75 _____ HANDKERCHIEF WHITE
 \$2.60 _____ PLAYING CARDS BICYCLE
 \$1.15 _____ SHOE LACE WHITE
 \$1.15 _____ SHOE LACE BLACK
 \$9.10 _____ MESH TOTE BAG GRAY
 \$14.90 _____ BOOK LIGHT LED REQ. "AAA"
 \$2.60 _____ MIRROR ACRYLIC W/MAGNET
 \$6.00 _____ TOILETRY BAG, CLEAR
 \$9.50 _____ ALARM CLOCK, REQ. "AAA"
 \$5.20 _____ READING GLASSES *
 CIRCLE ONE: 1.25 1.50 1.75 2.00 2.25 2.50
 \$2.70 _____ SPORTS SUN BLOCKS SPF 30
 \$1.95 _____ SEWING KIT
 \$1.20 _____ HAND SANITIZER LIQUID SOAP
 \$.95 _____ BAND-AIDS *
 \$1.60 _____ CHAPSTICK *
 \$2.15 _____ BLISTEX *
 \$10.85 _____ CORRECTION TAPE 6-PK
 \$9.80 _____ RIBBON TYPEWRITER
 \$5.20 _____ INSECT REPELLENT
 \$1.90 _____ PINOCHLE CARDS
 \$6.80 _____ THERMO JUG
 \$14.05 _____ WEIGHT GLOVES MD LG XL

**ATHLETIC / CLOTHING ITEMS
LIMIT 1 EACH**

\$6.50 _____ CAP, BASEBAL GREY
 \$5.85 _____ RACQUET BALLS 3-PK
 \$5.20 _____ TENNIS BALLS 3-PK
 \$2.45 _____ KNIT, CAP GREY
 \$1.20 _____ ANKLE SOCKS (3)
 \$5.15 _____ PONCHO RAIN W/HOOD
 \$3.45 _____ MOUTH PIECE RUBBER

SHOES**LIMIT 1 TOTAL / WRITE YOUR SIZE**

\$54.60 _____ RUNNING, NIKE SIZE _____
 \$69.95 _____ UNDER ARMOUR ASSET _____
 \$64.90 _____ UNDER ARMOUR BASKETBALL _____
 \$20.25 _____ WHITE LOW TOPS SIZE _____

**SHORTS
LIMIT 1 TOTAL**

\$8.95 _____ GRAY W/POCKET LG 30"W
 \$8.95 _____ GRAY W/ POCKET XL 32"W
 \$8.95 _____ GRAY W/ POCKET 2X 36"W
 \$8.95 _____ GRAY W/ POCKET 3X 40"W
 \$8.95 _____ GRAY W/ POCKET 4X 44"W
 \$9.65 _____ GRAY W /POCKET 5X 48"W
 \$9.65 _____ GRAY W/ POCKET 6X 50"W
 \$9.65 _____ GRAY W/ POCKET 7X 52"W

**T-SHIRTS
LIMIT 1 TOTAL / CIRCLE YOUR SIZE**

\$6.85 _____ GRAY T-SHIRT MD
 \$6.95 _____ GRAY T-SHIRT LG XL 2X 3X
 \$8.15 _____ GRAY T-SHIRT 4X 5X 6X

**BOXERS
LIMIT 1 TOTAL / CIRCLE YOUR SIZE**

\$7.45 _____ BOXER BRIEFS
 SM MD LG XL 2X
 \$11.05 _____ BOXER BRIEFS
 3X 4X

**SWEATS
LIMIT 1 EACH / CIRCLE YOUR SIZE**

\$16.60 _____ SHIRTS
 MD LG XL 2X 3X 4X
 \$23.40 _____ SHIRTS PLUS
 5X 6X 7X 8X 9X 10X
 \$17.25 _____ PANTS
 MD LG XL 2X 3X 4X
 \$23.40 _____ PANTS PLUS
 5X 6X 7X 8X 9X 10X

**THERMALS
LIMIT 1 EACH / CIRCLE YOUR SIZE**

\$6.10 _____ SHIRT SM
 \$6.10 _____ SHIRT MD LG XL
 \$8.05 _____ SHIRT 2X 3X
 \$10.40 _____ SHIRT 4X
 \$11.05 _____ SHIRT 5X
 \$5.20 _____ PANTS SM
 \$5.50 _____ PANTS MD LG XL
 \$8.05 _____ PANTS 2X
 \$8.20 _____ PANTS 3X
 \$9.90 _____ PANTS 4X
 \$16.40 _____ PANTS 5X

CHRISTMAS/HOLIDAY ITEMS

\$1.10 _____ RED VELVET CUPCAKES K
 \$1.65 _____ SMOKED BABY CLAMS
 \$1.65 _____ STRAWBERRY COOKIES K
 \$.60 _____ RANCH DRESSING K
 \$2.10 _____ CHEWY CHOCOLATE CHIP COOKIES
 \$1.55 _____ DOUBLE DIPPED PEANUTS
 \$5.20 _____ CHRISTMAS CARDS
 \$5.20 _____ HOLIDAY CARDS

*=ITEMS ALLOWED FOR INMATES ON RESTRICTION.

^=ITEMS DO NOT AFFECT SPENDING LIMIT

K=KOSHER / HALAL.

S/F=SUGAR FREE.

()=LIMIT PER VISIT.

SPENDING LIMIT = \$360.00 PER MONTH.

APPROVED:

Updated 10-2016

Calvin Johnson, Complex Warden