

FCI / FPC MIAMI COMMISSARY LIST

PUBLISHED DECEMBER 2013

FULL NAME (PRINT)

REGISTER NUMBER

Stamps [Limit 20 First Class Stamps] ___ \$0.49 Forever Stamp ___ \$0.10 10c Stamp ___ \$0.01 1c Stamp	Shoes [Limit 1] Indicate Size by Style (Local Institution Use Only) ___ \$ 64.90 Running ___ \$ 59.95 X-Trainer ___ \$ 59.95 Basketball ___ \$ 41.60 Reebok Classic ___ \$ 99.95 Work Boot	Miscellaneous Items ___ \$5.85 Copy Card (Local Institution Use Only) ___ \$1.00 Photo Ticket [1 Photo][Limit 10] ___ SPO Item# _____	Shopper Information [Check Only If Applies] ___ First Time Shopper ___ Medical Items Only
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Ice Cream [Limit 3 Total]

1.90 ½ Vanilla Pint	1.90 ½ Chocolate Chaos Pint	1.90 ½ Double Strawberry Pint	1.90 ½ Butter Pecan Pint
1.90 ½ Cookies & Cream Pint	1.90 ½ Banana Split Pint	1.90 ½ Peanut Butter Panic Pint	1.90 ½ Split Decision Pint
1.40 ½ Champ Caramel Cone	0.95 ½ Pineapple Bar	0.95 ½ Strawberry Bar	1.20 ½ Strawberry Éclair
1.90 ½ Orange Sherbet Pint			

Drinks [Limit 2 Packs Soda Total]

5.15 ½ Coca-Cola 2	5.15 ½ Diet Coca-Cola 2	5.15 Sprite 2	5.15 Diet Mellow Yellow 2
5.15 Fanta 2	5.15 ½ Cherry Coke 2	5.15 Soda of the Month 2	2.10 ½ Pineapple Drink Fusions 2
4.10 ½ Powdered Milk 2	1.95 Gatorade Fruit Punch 3	1.95 Lipton Tea Bags 2	1.85 ½ Hot Chocolate 2
1.85 Pink Lemonade 2	2.05 ½ Tang Orange Drink Mix 2	0.90 Gatorade Lemon Lime 5	1.00 ½ Peach Mix 2
1.30 Hawaiian Punch Fruity 2	1.30 Hawaiian Punch Green 2	1.30 Hawaiian Punch Orange 2	3.00 Herbal Tea Sampler 2

Nuts & Candies [Note Limits Next To Each Item]

2.75 ½ Raw Trail Mix 3	3.10 ½ Honey Roasted Peanuts 3	3.00 ½ California Mix 3	3.00 ½ Almonds 3
3.10 ½ Deluxe Mixed Nuts 3	2.80 ½ Salted Peanuts 10	1.10 ½ Dove Dark Chocolate 10	1.00 ½ M&M's W/Peanuts 10
1.00 ½ Kit-Kat 10	1.00 ½ Hershey's W/Almonds 10	0.95 ½ Snickers 10	2.60 ½ Tootsie Roll Pops Bag 2
0.80 S/F Tropical Candy Bag 5	0.65 Star Lite Mints Bag 5	0.60 Atomic Fireballs Bag 5	
0.20 ½ Chic-O-Stick Individual 10	0.80 Jolly Rancher's Bag 2	1.40 Peanut Clusters Bag 5	0.85 Skittles 10
0.85 ½ Almond Joy 10			

Coffee Items [Note Limits Next To Each Item]

3.75 ½ Splenda Sugar Substitute 1	2.20 ½ Sugar Twins II 1	2.05 ½ Sugar Cubes 1	2.15 ½ Coffee Creamer 2
3.40 ½ Colombian Coffee 2	3.40 ½ Decaf. Colombian Coffee 2	6.50 ½ Folgers Coffee 2	

Food Items [Note Limits Next To Each Item]

2.85 ½ Honey Nut Scooters Cereal 2	2.60 ½ Raisin Bran Cereal 2	2.40 ½ Berry Colossal Cereal 2	2.60 ½ Banana Nut Gran. Cereal 2
2.85 ½ Cinnamon Toasters 2	4.70 Frosted Flakes Cereal 2	4.30 Apple Jacks Cereal 2	
	2.55 ½ Assorted Oatmeal Box 2	2.20 ½ Plain Oatmeal 2	1.65 Balance Bar French Vanilla 10
1.65 Balance Bar Peanut butter 10	0.55 Butter Popcorn 10	0.55 ½ Natural Popcorn 10	1.05 ½ Macaroni & Cheese 10
0.95 Blueberry Pop-tarts 5	2.50 ½ Choc Chip Granola Bar 3	2.85 ½ Cinnamon Streusel cakes 3	3.35 Akmak Crackers 2
5.25 ½ Matzo Crackers 1	2.00 ½ Cuban Crackers 2	3.95 ½ Ritz Crackers 1	2.70 ½ Low Salt Saltines 1
1.70 ½ Honey Buns Box 3	2.15 ½ Powder Donuts 3	1.70 ½ Oatmeal Cream Pies Box 3	2.35 ½ Iced Oatmeal Cookies 2
1.70 ½ Fudge Brownies 3	0.80 ½ Peanut Butter Cookies 3	0.80 ½ Strawberry Cookies 3	0.85 Maria Cookies 3
2.85 Cherry Danish 3	2.35 ½ Vanilla Wafers 2	0.50 ½ Grandma Oatmeal Cookies 10	0.50 ½ Grandma Choco Chip Cookies 10
1.70 ½ Peanut Butter Wafers 3	3.90 Spicy Jalapeño Cheese 2	5.20 Velveeta Cheese Block 2	3.05 Wheat Germ 1
2.30 ½ Quaker Instant Grits Box 1	1.50 Soy Sauce 1	1.70 ½ Chicken Bouillon 2	2.75 ½ Creamy Peanut Butter 2
1.60 Goya Sazón 1	1.20 ½ Green Olives 2	3.45 Wheat Thins Box 2	0.55 ½ Bagels 10
0.85 ½ Mustard 1	1.90 Ketchup 2	1.10 ½ Dried Onion Flakes 2	1.35 ½ Vegetable Flakes 2
3.15 ½ Mrs. Dash Original 1	3.15 Mrs. Dash Spicy 1	1.50 ½ Salt & Pepper Set 1	2.05 Adobo Goya Seasoning 1
1.15 ½ Mackerel Fillets 10	2.00 ½ Whole Wheat Tortillas 5	2.25 ½ Large Flour Tortilla 5	2.70 ½ Pink Salmon 10
1.50 ½ Chunky Light Tuna 10	1.05 ½ Lemon Mackerel 10	3.15 ½ Albacore Tuna 10	1.90 Pepperoni 10
2.00 Turkey Summer Sausage 10	1.95 ½ Yellow Fin Tuna Steak 10	2.55 Chorizos 10	1.90 Hot & Spicy Beef Sausage 10
1.20 Turkey & Swiss Sticks 10	1.70 Beef Salami Sausage 10	1.65 Beef Summer Sausage 10	2.85 ½ Pretzel Nuggets 5
1.80 Honey Turkey Bites 10	2.30 ½ Halal Beef Sausage 10	3.70 Chicken Breast Pouch 10	0.80 Veggie Chilli W/Beans 10
3.45 ½ Shredded Beef 10	1.65 Spam Single 10	4.15 Laughing Cow Cheese 2	1.00 ½ Mozzarella Cheese 10
1.95 ½ Refried Pinto Beans Bag 5	1.00 Hot Beef Deli Stick 10	0.95 Curry Powder Seasoning 1	1.70 ½ Vietnam Hot Sauce 2
2.15 Barbecue Sauce Original 2	1.90 ½ Jalapeno Pepper Wheels 2	3.30 ½ Mayonnaise 2	2.00 Picante Sauce 2
2.95 ½ Honey Bear 1	4.75 ½ Olive Oil 1	0.75 ½ Hot Sauce 2	1.65 Tortilla Chips 5
3.15 ½ Strawberry Preserve 1	1.75 Sweet & Hot Sauce 2	2.40 ½ Whole Enchilada Party Mix 5	1.70 Pork Rinds 5
1.55 ½ Moon Lodge Barbecue 5	1.95 Cheetos Crunchy 5	1.85 ½ Corn Chips 5	\$1.90 Doritos Cool Ranch 5
1.30 Plantain Chips Original 5	1.30 Plantain Chips Garlic 5	1.95 Doritos Nacho Cheese 5	1.65 ½ Moon Lodge Shabangs 5
2.25 ½ Pringles Sour Cream 5	2.85 ½ Chex Mix Original 5		
1.30 ½ Brown Rice Instant 10	1.35 ½ White Rice Instant 10	1.30 Black Bean Pouch 5	
0.30 Hot Chilli Ramen Soup 10	0.30 Shrimp Ramen Soup 10	0.30 Chick/Mushroom Soup 10	0.50 Jalapeno Cheddar Soup 10
0.70 Garlic Bulbs 2	0.50 Vegetable Soup Cup 10	0.55 Chicken Veg. Soup Cup 10	0.30 Texas Beef Soup 10
2.85 Srirachi Hot Chili Sauce 2	1.85 Cilantro Mini Cubes 2		

Miscellaneous Items [Limit 1 Each Unless Noted]

1.90 AA Batteries 4 Pack 2	1.90 AAA Batteries 4 Pack 2	2.20 C Batteries 2 Pack 2	1.50 Shower Cap
2.60 Shave Mirror W/Magnet	5.10 Wave Cap, White	0.90 Pony-O's 6 Pack 2	0.75 Black Pony Tail Rubber bands
5.50 Shaving Shower Bag, Clear	0.40 Clothes Hanger 5	1.95 Sewing Kit	1.40 Typewriter Correction Tape
9.55 Typewriter Ribbon, Large	7.75 Typewriter Ribbon, Small	14.30 Dr. Scholl's Gel Shoe Insoles	2.35 Odor Absorbing Shoe Insoles
1.50 Transparent Envelope 5	0.15 Yellow Manila Envelope 5	1.15 Shoe Laces [Black]-[White]	1.55 White Envelope Box
2.00 Pens 2 Pack [Black]-[Blue] 2	1.10 Pen Refills [Black]-[Blue] 2	1.10 White Writing Pad 2	1.45 Yellow Legal Pad 2
8.60 Chess Set	12.00 Double Nine Dominos	2.60 Playing Cards 2	2.60 Pinochle Cards 2
1.30 Replacement Bulb 2.5 Volt	11.70 L.E.D. Book Light	4.50 Double Six Dominos	3.80 Replacement Bulbs 4.8 Volt
19.20 Liquid Slip 2 Gallon Box	1.80 Photo Album	3.15 Address Book	

Grooming Aids [Limit 1 Each]

5.15 Mustache Scissors	0.80 Finger nail Clippers	1.05 Toenail Clippers	1.05 Tweezers
4.05 Beard, Hair removal Cream		2.35 Blue Shave Powder	3.65 Head, Hair Removing Cream
7.65 Magnum Razor	7.65 Magnum Razor Refills 4 Pack	10.30 Mach 3 Razor	12.80 Mach 3 Razor Refills 5 Pack
2.25 Disposable Razors 10 Pack	1.70 Shaving Gel	5.95 Kiss My Face Shave Cream	1.10 Cotton Swabs
3.70 Gillette Aftershave	4.00 Bump Stopper		

Skin Care [Limit 1 Each]

6.00 Cocoa Butter Lotion	3.00 CK-1 Lotion	6.05 St. Ives Lotion	1.30 Aleeda Aloe Lotion
4.35 Qaisana Foot Powder	3.00 Sun Block SPF 30	3.50 Neutrogena Facial Bar	1.35 Petroleum Jelly
2.20 Noxzema Cream	2.85 Coconut Oil	1.95 Cocoa Butter Stick	2.00 Blistex Lip Balm
3.05 Skin Tone Cream	2.20 Body Powder		

Hygiene [Limit 1 Each Unless Noted]

2.40 Speed Stick Fresh Deodorant	2	3.05 Speed Stick Sport Talc	2	3.50 Speed Stick Aqua Gel	2	3.05 Secret Deodorant	2
2.45 Speed Stick Regular Deodorant	2	3.00 Sure Deodorant	2	5.00 Apricot Scrub		1.30 Antibacterial Liquid Soap	
1.10 Tone Skin Care Soap	3	1.80 Ivory Soap 3 Pack		2.15 Irish Spring Soap 3 Pack		2.10 Dove Soap	3
0.75 Level 10 Antibacterial Bar	3	0.60 Soap Dish		1.25 Black Soap	3	4.95 Irish Spring Body Wash	2

Dental [Limit 1 Each Unless Noted]

1.70 Denture Brush		5.30 Interdental Refills		2.10 Alm Mouth Wash		3.00 Colgate Whitening Toothpaste	
2.85 Colgate Total Toothpaste		3.85 Colgate Max White Gel		2.70 Close Up Toothpaste		2.00 Alm Toothpaste	
4.30 Sensitive Toothpaste, Colgate		4.65 Effergrip Dental Adhesive		1.45 Flosser / Gum Stimulator		1.70 Dental Floss	
1.30 Denture Cup Bath		3.50 Denture Cleaner Paste		0.45 Toothbrush Holder		0.80 Toothbrush	2

Hair Care [Limit 1 Each Unless Noted]

2.25 Hair Spray		3.20 Styling Brush		0.85 Comb 7"		0.80 Afro Pick	
0.75 Afro Comb		1.30 Club Brush		3.35 Styling Hair Gel		2.95 Protein 29 Hair Gel	
1.40 Baby Shampoo		2.45 Murray's Pomade		5.40 Pink Moisturizer		3.20 Comb thru Softener	
		4.50 Softee 3n1 Conditioner		9.40 Relax System Conditioner Kit		2.40 Coconut Hair Conditioner	
1.40 Dandruff Shampoo	2	7.30 Head & Shoulders Shampoo		2.60 Herbal Shampoo		6.10 Pantene Shampoo	
5.95 Pantene Conditioner		2.15 Suave Shampoo		2.15 Suave Conditioner		3.90 Blue Magic Conditioner	
5.75 Dr. Miracle Grow Balm		5.05 Dr. Miracle Braid Relief		7.15 Dr. Miracle 2 in 1 Shampoo		5.75 Dr. Miracle Treatment	

Medical / Health Items [Limit 1 Unless Noted]

7.75 T / Gel Shampoo		2.25 Corn Cushions		5.75 Medicated Tucks Pads		7.50 Dibucaine Ointment 1 %	
3.35 Band Aids		4.10 Sulfur 8 Shampoo		3.90 Sulfur 8 Conditioner		5.95 Pepto Bismol	
2.35 Medicated Chest Rub		3.80 Hemorrhoid Ointment		1.65 Dr. Sheffield's Acne Cream		2.40 Calamine Lotion	
1.45 Hydrocortisone Cream		1.90 Loperamide [Imodium] 2mg		2.40 Milk of Magnesia		3.70 Docusate	
3.60 Vitamin A & D Ointment		2.50 Triple Antibiotic Ointment		10.70 Lac Hydrin 5 Lotion		1.60 Athlete Foot Cream Tolnaftate	
9.95 Lamisil Generic		1.90 Antifungal Cream Clotrimazole		6.30 Orange Fiber Powder		1.80 Saline Nasal Spray	
8.70 Breathe Right Strips [M] [L]		2.45 Loratadine, Claritin		1.60 Cold & Allergy Tabs		2.35 Cough Syrup	
0.90 Honey / Lemon Cough Drops	2	0.90 Cherry Cough Drops	2	2.65 Cherry Lozenges		1.55 Muscle Balm	
1.90 Ibuprofen 200 mg		4.95 Naproxen Pain Relief, Aleve		2.05 Acetaminophen Non-Aspirin		1.85 Low Dose Aspirin 81 mg	
1.10 Aspirin 325 mg		1.30 Oral Pain Relief		2.20 Ear Drops		10.60 Allergy Eye Drops Opcon-A	
2.85 Eye Drops Lubricant		2.05 Calcium 250 mg		3.65 Vitamin E 400 mg		1.65 Vitamin C 500 mg	
2.50 Vitamin B Complex		4.60 Antacid Gaviscon		11.05 Lactaid [Dairy Supplement]		2.95 Multi Vitamin	
3.20 Simethicone, Anti Gas		17.65 Prilosec		3.35 Antacid, Double Strength Liquid		2.15 Tums 3 Pack	2
5.65 Ranitidine (Zantac)							

Sundry Items [Limit 1 Each]

3.90 Fragrance Oil Specify		1.85 Trend Detergent [FPC ONLY]		6.60 Tide W/Bleach [FPC ONLY]		2.90 Bounce Dryer Sheets[FPC ONLY]	
3.10 Charmin Toilet Paper		1.35 Ajax Dish Soap		6.75 Master Combination Lock		6.80 Solar Calculator	
16.95 Scientific Calculator		19.10 Timex Watch		62.40 Casio G-Shock Watch		9.75 Velcro Watch Bands	
3.90 Plastic Watch Band		11.45 Timex Watch Band		8.45 G-Shock Watch Band		8.80 Watch Band	
8.80 Fits All Watch Band		2.60 Watch Battery #		28.95 Jensen Digital Radio		42.00 Sony Digital Radio	
0.65 Porta Pro Replacement Ear Pads		45.45 Koss Porta Pro Headphones		10.35 JVC Ear Buds		1.00 Eye Glass Case	
1.50 Reading Glasses Specify		4.95 Microwave Bowl, Round W/Lid		1.05 Cutlery Set, 3pc		4.25 Insulated Mug, 64 oz	
2.95 Squeeze Bottle		1.65 Coffee Mug 20 oz		9.35 Digital Alarm Clock			
69.20 MP-3 Player		2.60 MP-3 Cover		50.85 MP-3 Return Envelope			

Clothing [Limit 1 Each] Specify Size If Necessary

6.00 Shower Shoes Generic Size _____		0.80 Handkerchief White		6.50 White Baseball Cap [S/M - L/XL]		7.80 Wigwam Sock 1pr [M-LG-XL]	
6.50 Ankle Socks Med 3 Pack	1	1.45 Crew Sock 1pr	3	1.30 No Show Socks	3	1.45 Large Ankle Sock 1pr	3
5.85 XL Ankle Socks 3 pack	1	5.60 T-Shirt, Grey, Medium		5.60 T-Shirt, Grey, Large		5.60 T-Shirt, Grey, X-Large	
5.60 T-Shirt, Grey, 2X-Large		5.60 T-Shirt, Grey, 3X-Large		5.60 T-Shirt, Grey, 4X-Large		12.00 T-Shirt, Grey, 5X-Large	
16.90 D-Ups Shorts [Sm-Med]		16.90 D-Ups Shorts [LG-XL-2X]		17.95 D-Ups Shorts [3X-4X]		18.95 D-Ups Shorts [5X-6X-7X]	
12.95 Sweat Shorts Medium		12.95 Sweat Shorts [LG-XL]		14.95 Sweat Shorts 2X-Large		14.95 Sweat Shorts 3X-Large	
16.95 Sweat Shorts [4X-5X]		1.95 Washcloth, Beige		8.15 Beach Towel, Beige		2.65 Boxers, White Single (3) [S-M]	
2.65 Boxers, White Single (3)[LG-XL]		3.50 Boxers, White Single 2X (3)		3.50 Boxers, White Single 3X (3)		7.15 Boxer Briefs Grey 2PK [M-LG]	
7.15 Boxer Brief Grey 2PK [XL-2X]		7.80 Boxer Briefs Grey 2PK 3XL		7.15 Boxer Briefs Grey 2PK 4XL		17.25 Sweat Shirt Large [M-L]	
17.25 Sweat Shirt [XL-2XL]		19.95 Sweat Shirt 3X-Large		19.95 Sweat Shirt 4X-Large		24.95 Sweat Shirt 5X-Large	
19.95 Sweat Pants [M, L, XL]		19.95 Sweat Pants 2X-Large		22.75 Sweat Pants [3X-4X]		25.95 Sweat Pants 5X-Large	
5.85 Thermal Shirt White [M, L]		6.25 Thermal Shirt White [XL]		9.90 Thermal Shirt White 2X-Large		9.90 Thermal Shirt White [3X]	
10.75 Thermal Shirt White [4X]		14.55 Thermal Shirt White 5X-Large		10.40 Long Sleeve Shirt Grey [S-M]		10.40 Long Sleeve Shirt Grey [LG]	
10.40 Long Sleeve Shirt Grey [XL]		10.40 Long Sleeve Shirt Grey [2X-3X]		10.40 Long Sleeve Shirt Grey [4X]		10.40 Long Sleeve Shirt Grey [5X]	
		16.90 Reebok Sandal Size _____					

Recreational [Limit 1 Each]

3.45 Mouth Piece		11.70 Eye Protection		5.85 Racquetballs 3Pack		14.30 Racquetball Glove[L-R][M-LG-XL]	
8.90 Weight Lifting Gloves [M-LG-XL-2X]		15.40 Weight Lifting Gloves [LG-XL]		18.20 Waist Trimmer [S-M-LG-XL-2X]		5.20 Sunglass Croakies	
5.20 Clip-On Sunglasses		6.50 Sunglasses		1.75 Headband		1.70 Wristband	
5.20 Jock Strap [M-LG-XL]		13.00 Knee Support [M]		3.00 Insect Repellant		9.10 Mesh Gym Bag	
		11.70 Knee Support [LG-XL]					

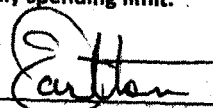
Religious Items [Limit 3 Each]

5.25 # Stuffed Cabbage Kosher Meal		5.45 # Bone-N-Chicken Kosher Meal		5.80 Beef Goulash Kosher Meal		8.00 # Beef Rib Steak Kosher Meal	
19.00 Rasta Crown Large		6.82 * Yarmulkes, White		6.82 * Yarmulkes, Black		3.50 * Kufi	
6.50 Rasta Crown X-Large		2.69 Bandana [Black-Red]		5.20 # Chicken Matzo Ball Soup		5.95 # Gefilte Fish Kosher	
3.92 Frankincense Prayer Oil		3.92 Myrrh Prayer Oil		4.95 Egyptian Musk Prayer Oil		4.95 Sandalwood Prayer Oil	

Greeting Cards [Limit 5 Each]

1.40 Greeting Cards # [] # [] # [] # [] # []

Prices may vary due to changes by the vendor. You must turn in your own list and have proper identification to shop. If you are not in the commissary area when your name is called, you will lose your shopping privileges for the week. No changes or substitutions will be allowed at the window. Account balances will not be checked during sales. The commissary staff may limit the quantities at their discretion. All sales are final. Items marked with "*" have an acceptable Kosher and/or Halal sign. Items marked with "*" require authorization prior to the purchase. Stamps and medical / health products do not affect your monthly spending limit.


Approved by: E. K. Carlton, A.W.(O&P)


Approved by: R. C. Cheatham, Warden