

COMMISSARY SALES LIST (JUL. – SEPT. 2013)

FCI MCDOWELL, WEST VIRGINIA

Check here
if you are a
First Time
Shopper.**PRICES SUBJECT TO CHANGE WITHOUT NOTICE. PRICE CHANGES WILL BE UPDATED TO THIS FORM MONTHLY.**Check here if
you have Shoes
or an SPO to
pick-up.**NAME: _____ REG. NUMBER: _____ WRK ASSN: _____ UNIT: _____****PHOTO CREDITS:**

____ 1.00 (LIMIT 15)

STAMPS: LIMIT \$9.20 COMBINED

____ .05 ____ .46 ____ 1.00

CARDS FOR COPY MACHINE

____ 2.60 PHOTOCOPY CARDS (LIMIT 4)

CANDIES:

____ 0.65 SOUR BALLS
 ____ 2.25 RED LICORICE
 ____ 0.65 VANILLA CARAMELS
 ____ 1.05 ALL STAR MINTS
 ____ 0.80 BUTTERSCOTCH DISCS
 ____ 0.90 CINNAMON FIRE JOLLY RANCHER
 ____ 0.75 SUGAR FREE WILD FRUIT

(LIMIT-20 EACH TYPE)**CANDY BARS:**

____ 0.90 SNICKERS (RC)
 ____ 0.90 BUTTERFINGER (RC)
 ____ 0.95 PEANUT M&M (RC)
 ____ 0.90 REESE'S CUP (RC)

PEANUTS AND TRAIL MIX:

____ 1.75 PEANUTS, SALTED (RC)
 ____ 2.80 HEAVENLY TRAIL MIX
 ____ 2.80 ROASTED TRAIL MIX
 ____ 0.60 ALMONDS, SALTED (RC)
 ____ 2.00 TRAVELERS MIX (RC)
 ____ 0.60 HOT PEANUTS (RC)
 ____ 2.35 CASHEW/ALMOND/RAISIN (RC)

COFFEE/TEA/MIXED DRINKS:

____ 3.40 KEEFE COLUMBIAN COFFEE (RC)
 ____ 8.50 TASTERS CHOICE (RC)
 ____ 3.40 KEEFE DECAF COFFEE (RC)
 ____ 1.65 SWEET MATE 100 CT (RC)
 ____ 3.80 POWDERED MILK (RC)
 ____ 1.20 NON-DAIRY CREAMER (RC)
 ____ 0.30 CAPPUCCINO
 ____ 1.95 KEEFE TEA BAGS (48 EA) (RC)
 ____ 1.85 KEEFE HOT COCOA (RC)
 ____ 1.50 S/F WILD PURPLE SMASH
 ____ 1.50 S/F FRUIT JUICY RED
 ____ 1.50 S/F BERRY BLUE TYPHOON
 ____ 1.50 S/F LEMON LIME
 ____ 4.05 CINNAMON APPLE HERB TEA (RC)
 ____ 6.25 CARNATIONS INST. BREAKFAST(RC)
 ____ 1.85 GATORADE

SOUPS/RICE AND BEANS:

____ 0.25 CHICKEN SOUP
 ____ 0.25 CHILI SOUP
 ____ 0.25 HOT AND SPICY VEG SOUP
 ____ 0.50 ROAST BEEF CUP SOUP
 ____ 0.25 BEEF LOW SODIUM SOUP

(LIMIT 50 SOUPS **TOTAL)**

____ 1.50 REG. FLOUR TORTILLAS 10CT(RC)
 ____ 1.30 VELV. BEANS/CHEESE & RICE (RC)
 ____ 0.80 VELVEETA MAC & CHEESE (RC)
 ____ 1.30 WHITE RICE (RC)
 ____ 3.60 PIZZA KIT (RC)
 ____ 1.70 CHEESE RICE (RC)
 ____ 1.95 REFRIED PINTOS W/ SPICES (RC)
 ____ 2.05 CHORIZO BEANS (RC)
 ____ 1.50 CHILI WITH BEANS
 ____ 1.10 BROWN RICE (RC)

MEATS, FISH AND CHICKEN:

____ 1.55 VIENNA CHICKEN SAUSAGES
 ____ 1.50 CHICKEN OF THE SEA TUNA (RC)
 ____ 2.65 BRUSHY CREEK CHICKEN
 ____ 1.95 BEEF SUMMER SAUSAGE
 ____ 1.65 HONEY PEPPER TURKEY LOG
 ____ 1.35 FISHERMAN'S MACKEREL (RC)
 ____ 2.10 CHICKEN OF THE SEA SOLID
 ____ WHITE TUNA (ALBACORE)(RC)
 ____ 1.50 SPAM
 ____ 1.90 HOT BEEF SALAMI SLICES
 ____ 2.60 PINK SALMON (RC)
 ____ 1.95 SPICY TUNA (RC)
 ____ 1.90 SLICED PEPPERONI
 ____ 1.80 TURKEY BITES
 ____ 1.80 HOT BEEF BITES
 ____ 2.10 RYANS BACON
 ____ 0.65 MEAT & CHEESE STICK (JAL.)
 ____ 4.25 SHREDDED BEEF
 ____ 0.90 SARDINES (RC)
 ____ 1.95 HOT SUMMER SAUSAGE
 ____ 1.65 BRUSHY CREEK LASAGNA
 ____ 1.95 BUFFALO STYLE CHICKEN

CONDIMENTS:

____ 1.05 SOY SAUCE *(RC)
 ____ 1.95 MAYONNAISE *(RC)
 ____ 0.70 KEEFE HOT SAUCE*(RC)
 ____ 2.10 JALAPENO WHEELS *(RC)
 ____ 2.60 OLIVE OIL *(RC)
 ____ 3.65 SUGAR FREE HONEY *(RC)
 ____ 1.80 ASIAN SWEET & HOT SAUCE *
 ____ 0.75 TEXAS HOT DILL PICKLE *(RC)
 ____ 2.25 CHILI GARLIC SAUCE*(RC)
 ____ 1.70 SALT & PEPPER SHAKER (RC)
 ____ 2.80 HOT PEPPER MIX *
 ____ 2.65 SMOOTH PEANUT BUTTER (RC)
 ____ 1.55 GOYA SEASONING
 ____ 2.65 CHUNKY PEANUT BUTTER (RC)
 ____ 1.15 ADOBO SEASONING
 ____ 1.25 VEGETABLE FLAKES (RC)
 ____ 1.30 ONION, MINCED (RC)
 ____ 2.45 MRS. DASH SEASONING (RC)
 ____ 1.30 GARLIC, MINCED (RC)
 ____ 1.15 SEASONED SALT (RC)
 ____ 1.15 MUSTARD *
 ____ 2.70 GRAPE JELLY
 ____ 2.70 STRAWBERRY JAM
 ____ 2.05 KEEFE BBQ SAUCE*

CHEESE AND CRACKERS:

____ 2.80 VELVEETA SQUEEZE CHEESE
 ____ 1.65 CHILE CON QUESO CHEESE
 ____ 3.05 S.T. JALAPENO SQUEEZE CHEESE
 ____ 1.05 MOZZ. CHEESE SHREDDED (RC)
 ____ 2.75 PREMIUM UNSALTED (RC)
 ____ 2.75 PREMIUM SALTINE (RC)
 ____ 1.60 KEEFE CHEESE CRACKERS (RC)
 ____ 2.50 WHEAT CRACKER, WORTZ (RC)

COOKIES:

____ 1.75 VANILLA WAFERS (RC)
 ____ 2.20 GRAHAM CRACKERS (RC)
 ____ 1.60 CHOCOLATE CHIP COOKIES (RC)
 ____ 1.60 MACARON COOKIES (RC)

SNACK CAKES:

____ 1.75 SWISS ROLLS(RC)
 ____ 1.90 FANCY CAKES (RC)
 ____ 2.50 SWEET & SALTY GRAN. BARS (RC)
 ____ 1.85 POP TARTS (SMORES)
 ____ 1.95 KRAFT VANILLA PUDDING*(RC)
 ____ 0.75 HONEY BUNS (**LIMIT 20**)

CEREAL:

____ 3.50 VARIETY PACK OATMEAL (RC)
 ____ 2.60 HONEY & OAT BLENDERS (RC)
 ____ 1.85 ROLLED OATS (RC)
 ____ 2.70 APPLE ZINGS(RC)

HAIR CARE:

____ 3.00 SUAVE 2-N-1 SHAMP & COND*
 ____ 1.65 SUAVE WATERFALL SHAMPOO*
 ____ 1.65 SUAVE WATERFALL COND*
 ____ 4.50 SOFTEE 3-N-1 SHAMPOO*
 ____ 4.10 SULFUR 8 MED SHAMPOO*
 ____ 3.85 SULFUR 8 MEDICATED
 HAIR/SCALP CONDITIONER
 ____ 3.65 SULFUR 8 LOC & TWIST BUTTER
 ____ 1.95 BRUSH & COMB SET
 ____ 2.90 WAVE BRUSH
 ____ 1.00 VENT HAIRBRUSH
 ____ 0.80 AFRO PICK
 ____ 1.15 PONYTAIL HOLDERS
 ____ 2.60 DO-RAG (WHITE)
 ____ 0.75 RUBBER BANDS
 ____ 5.20 SUAVE 2-N-1 DAND. SHAMP.*
 ____ 1.30 OCEAN CLEAR HAIR GEL*
 ____ 1.85 ROYAL CROWN
 ____ 2.35 MURRY'S POMADE
 ____ 4.85 PINK OIL *
 ____ 7.55 SELSUN BLUE (GENERIC)*
 ____ 4.95 THERAPEUTIC SHAMPOO*

VITAMINS:

____ 4.10 DAILY MULTIPLE
 ____ 3.20 VITAMIN C
 ____ 3.55 VITAMIN E-400

PUZZLE BOOKS/GAMES:

____ 1.95 SUDOKU
 ____ 1.95 CROSSWORD PUZZLE
 ____ 1.95 VARIETY CROSSWORD PUZZLE
 ____ 1.60 POKER CARDS
 ____ 1.70 PINOCHLE CARDS
 ____ 11.70 CHESS SETS

CARDS: ALL OCCASION (BLANK)

____ 0.80 ____ 1 ____ 2 ____ 3 ____ 4

CARDS: HOLIDAY

____ 0.80 ____ 1 ____ 2 ____ 3 ____ 4

TOILETRIES:

____ 1.35 POWER UP ROLL-ON
 ____ 2.90 DEGREE DEODORANT
 ____ 1.95 SUAVE DEODORANT
 ____ 3.50 MENNEN SPEED STICK SPORT
 ____ 1.65 BATH/SHOWER POWDER*
 ____ 2.05 HERITAGE SKIN LOTION*
 ____ 8.95 EUCERIN LOTION*
 ____ 5.30 PALMER COCOA BUTTER LOTION *
 ____ 3.05 TONE COCOA BUTTER LOTION*
 ____ 1.75 100% COCOA BUTTER STICK
 ____ 1.65 NEW DAY VASELINE
 ____ 1.80 COTTON SWABS
 ____ 0.60 TWEEZERS
 ____ 1.15 TOENAIL CLIPPERS
 ____ 0.45 NAIL CLIPPERS (NO FILE)

SHAVING:

____ 1.50 OCEAN CLEAR AFTERSHAVE *
 ____ 4.25 MAGIC SHAVE CREAM
 ____ 2.80 MAGIC SHAVE GOLD
 ____ 3.90 BUMP STOP LIQUID*
 ____ 2.20 NOXEMA
 ____ 2.75 SCHICK DISPOSABLE RAZORS
 ____ 5.00 PRO TECTION RAZOR
 ____ 3.55 PRO TECTION RAZOR BLADES
 ____ 10.85 MACH 3 RAZOR
 ____ 17.55 MACH 3 RAZOR BLADES
 ____ 5.50 SHAVING BAG
 ____ 2.05 PRO TECTION SHAVE CREAM
 ____ 13.00 NAIR BODY HAIR REMOVAL CRM

SOAPS:

____ 3.25 DIAL WHITE TEA 3 PK
 ____ 2.30 AMBI COMPLEXION BAR SOAP
 ____ 3.65 NEUTRAGENA BAR SOAP
 ____ 2.85 IRISH SPRING WITH ALOE 3PK.
 ____ 1.00 NEXT 1 COCOA BUTTER BAR
 ____ 1.95 DOVE SOAP
 ____ 3.65 IVORY BODY WASH*
 ____ 0.70 2 PIECE SOAP DISH

DENTAL CARE:

____ 3.15 ORAL B T-BRUSH, SOFT__MED__
 ____ 2.75 COLGATE W/ B&P
 ____ 1.90 CLOSE UP
 ____ 6.50 SENSODYNE
 ____ 3.15 CREST TARTAR CONTROL
 ____ 1.70 DENTAL FLOSS NO WAX
 ____ 0.55 TEK T-BRUSH, SOFT__MED__
(LIMIT **2)**
 ____ 0.45 TOOTHBRUSH HOLDER
 ____ 1.80 DENTURE BRUSH
 ____ 1.90 DENTURE BATH
 ____ 3.45 STAYDENT
 ____ 5.00 EFFERGRIP
 ____ 2.20 CLOSE UP MOUTHWASH *
 ____ 4.50 POLIDENT DENTU-CREAM
 ____ 1.50 ORAL PAIN RELIEF
 ____ 1.05 MISWAK STICK, MINT
 ____ 1.05 MISWAK STICK, NATURAL

LAUNDRY: CAMP ONLY

____ 2.85 BOUNCE DRYER SHEETS
 ____ 1.40 HERITAGE DETERGENT (FCI)

STATIONARY:

____ 0.60 BIC SOFT FEEL PEN
 ____ 0.15 #2 PENCIL
 ____ 2.45 ADDRESS/TELEPHONE BOOK
 ____ 0.20 MANILA LEGAL ENVELOPE, 1EA
 ____ 1.40 WRITING PADS (WHITE)
 ____ 1.75 LETTER ENVELOPES
 ____ 1.55 15" x 9" DOCUMENT FILE
 ____ 2.10 TYPING PAPER 100 CT.
 ____ 3.85 WEBSTER POCKET DICTIONARY
 ____ 2.15 SPANISH/ENGLISH DICTIONARY
 ____ 1.70 PUSH PINS, 100/PK
 ____ 7.75 SWINTEC TYPEWRITER RIBBON
 ____ 1.55 SWINTEC CORRECTION TAPE
 ____ 2.75 COLOR RAY PENCIL SET

SHOE ACCESSORY:

____ 1.15 SHOE LACES- BLACK
 ____ 1.15 SHOE LACES-WHITE
 ____ 4.00 SHOE SHINE BRUSH
 ____ 14.30 GEL FOOT INSOLE
 ____ 2.35 FOOT FRESHENER INSOLE

MISCELLANEOUS:

- ___ 0.30 CLOTHES HANGERS **(LIMIT 2)**
- ___ 0.75 HANDKERCHIEF, WHITE
- ___ 6.70 MOUSTACHE SCISSORS
- ___ 11.70 PHOTO ALBUM, LARGE
- ___ 4.95 LARGE PHOTO ALBUM REFILL
- ___ 9.10 G SHOCK REPLACEMENT BAND
- ___ 9.75 WATCH BAND
- ___ 2.60 LOCKER MIRROR
- ___ 1.20 PINE AIR FRESHENER
- ___ 6.90 SUNGLASSES, NON-MIRRORED
- ___ 5.99 READING GLASSES
- ___ 1.5___ 2.0___ 2.75___
- ___ 1.95 SEWING KIT
- ___ 2.50 CVS TOILET PAPER (4PK)
- ___ 1.85 PALMOLIVE DISH SOAP*

SODAS, TWELVE PACKS ONLY:

LIMIT 2 TWELVE PACKS

- ___ 4.75 PEPSI ONE
- ___ 4.75 DIET ORANGE CRUSH
- ___ 4.75 DIET DR. PEPPER 12/PK*(RC)
- ___ 4.55 COKE ZERO 12/PK*(RC)
- ___ 2.60 CANNED WATER 6/PK*

PHARMACEUTICALS:

- ___ 1.30 ALLERGY TAB 4MG (CLEAR CHOICE)
- ___ 1.40 ASPIRIN 325MG (CLEAR CHOICE)
- ___ 2.00 NON-ASPIRIN (TYLENOL)
- ___ 2.75 IBUPROFEN 200 MG (CLEAR CHOICE)
- ___ 4.00 NAPROXEN (ALEEVE)
- ___ 4.30 STOOL SOFTENER
- ___ 2.60 MILK OF MAGNESIA*
- ___ 3.80 FOOT POWDER, MEDICATED*
- ___ 2.15 MUSCLE RUB
- ___ 7.40 OFF INSECT REPELLENT
- ___ 3.05 PINK BISMUTH *
- ___ 2.95 BACTRACIN ANTIBIOTIC CREAM
- ___ 3.05 CLOTTRIMAZOLE ANTIFUNGAL CREAM (LOTRIMIN)
- ___ 3.90 ACNE TREATMENT (CLEARASIL)
- ___ 2.40 CHEST RUB, MEDICATED
- ___ 14.30 OMEPRAZOLE OTC (PRILOSEC)
- ___ 1.60 TOLNAFTATE ANTIFUNGAL CRM
- ___ 0.90 BAND-AIDS
- ___ 2.60 ANTACID LIQUID*
- ___ 2.35 HYDROCORTISONE CREAM
- ___ 1.85 NASAL SPRAY*
- ___ 3.85 HEMORRHOID CREAM
- ___ 5.15 ACID REDUCER (ZANTAC)
- ___ 3.25 ANTI-DIARRHEAL
- ___ 2.25 TUSSIN COUGH SYRUP*
- ___ 5.85 SUGAR FREE VEG. POWDER
- ___ 2.30 EYE ALLERGY RELIEF*
- ___ 4.25 EAR WAX REMOVER*
- ___ 1.95 ALLERGY RELIEF (CLARITIN)
- ___ 1.55 CHAPSTICK
- ___ 2.15 BLISTEX
- ___ 2.15 ARTIFICIAL TEARS*
- ___ 2.25 TUMS, 3PK
- ___ 3.90 SUNSCREEN LOTION*
- ___ 5.85 GAS X
- ___ 0.90 GOODSENSE COUGH DROPS

BATTERIES ARE SOLD ON AN EXCHANGE BASIS ONLY AND MUST BE TURNED IN AT THE BEGINNING OF YOUR SALE.

BATTERIES: (LIMIT 4)

- ___ 1.25 AA BATTERIES **DOUBLE AA**
- ___ 1.95 C BATTERIES CIRCLE BATTERY TYPE
- ___ 2.35 WATCH BATTERY **2016 / 2025 / 2032**
- ___ 1.25 AAA BATTERIES **TRIPLE AAA**

COOKWARE:

- ___ 7.80 (CLEAR) WATER FILTER
- ___ 3.25 REPLACEMENT FILTER
- ___ 2.95 (CLEAR) COFFEE MUG
- ___ 8.45 (CLEAR) HALF GALLON JUG
- ___ 7.70 RUBBERMAID BOWL (LARGE)
- ___ 2.95 SQUEEZE WATER BOTTLE
- ___ 5.15 RUBBERMAID BOWL (SMALL)

CHIPS:LIMIT 10 BAGS TOTAL:

- ___ 0.80 SNYDER PLAIN (RC)
- ___ 0.80 SNYDER SWEET & SASSY (RC)
- ___ 2.60 SNYDER ROUND TORTILLA CHIPS
- ___ 0.99 SNYDER BBQ CORN CHIPS
- ___ 0.80 SNYDER PRETZELS
- ___ 0.55 ACT II MICRO BUTTER POPCORN (RC)
- ___ 0.45 BACK COUNTRY NUGGETS (JALAPENO) **LIMIT (20)**
- ___ 2.50 PLANTAIN CHIPS

ELECTRONICS & LOCKS:

- ___ 69.20 MP3 PLAYER
- ___ 40.95 SONY DIGITAL RADIO
- ___ 27.50 SONY ONE BATTERY RADIO
- ___ 42.25 TIMEX IRONMAN WATCH
- ___ 82.55 CASIO G-SHOCK WATCH
- ___ 9.10 READING LIGHT
- ___ 34.35 KOSS R10 HEADPHONES
- ___ 5.60 KOSS EARBUDS
- ___ 17.45 CALCULATOR
- ___ 10.00 LCD CLOCK
- ___ 6.00 COMBINATION LOCK
- ___ 2.60 MP3 COVER

RELIGIOUS HEADGEAR:

- MUST HAVE A SIGNED COP-OUT FROM RELIGIOUS SERVICES. (LIMIT 2)
- ___ 6.50 KUFU BLK___WHT___
 - ___ 2.11 BANDANA
 - ___ BRN___GRN___GRY___ATZ___

FRAGRANCE OILS:

- ___ 5.55 FRANKINCENSE
- ___ 5.55 SANDALWOOD
- ___ 5.55 MUSK

OVERSTOCK ITEMS:

- ___ 1.50 WHOPPERS
- ___ 1.45 CHOCOLATE TURTLES
- ___ 0.65 RICE CRISPY TREATS

CLOTHING: (MARK SIZE NEEDED)

- ___ 5.20 ATHLETIC SUPPORTER M-XL___
- ___ 18.20 GLOVES, FINGERLESS L-XL___
- ___ 5.20 RACQUETBALL BLUE
- ___ 5.85 RACQUETBALL RED
- ___ 2.60 WRISTBAND, WHITE
- ___ 2.60 HEADBAND, WHITE
- ___ 13.00 KNEE BRACE
- ___ 10.40 ANKLE BRACE
- ___ 0.65 MOUTHPIECE
- ___ 3.90 RAIN PONCHO
- ___ 15.60 MESH SHORTS LG-XL___
- ___ 16.90 MESH SHORTS 2X-3X___
- ___ 19.50 MESH SHORTS 4X
- ___ 22.10 MESH SHORTS 5X
- ___ 15.50 SWEATSHIRTS GREY LG-4X___
- ___ 20.15 SWEATSHIRTS GREY 5X-6X___
- ___ 15.50 SWEAT PANTS GREY LG-4X___
- ___ 20.15 SWEAT PANTS GREY 5X-6X___
- ___ 5.60 T-SHIRT GREY LG- 4X___
- ___ 7.80 T-SHIRT GREY 5X-6X___
- ___ 9.10 THERMAL SHIRT LG-XL___
- ___ 10.40 THERMAL SHIRT 2X- 6X___
- ___ 9.10 THERMAL PANTS LG-XL___
- ___ 10.40 THERMAL PANTS 2X- 6X___
- ___ 15.60 BOXER BRIEFS (4 PK) M-2X___
- ___ 8.45 BOXER BRIEFS (1 PR) 3X
- ___ 10.40 LONG SLEEVE T-SHIRT LG-5X___
- ___ 13.00 LONG SLEEVE T-SHIRT 6X
- ___ 9.10 MESH BAG
- ___ 8.45 BASEBALL CAP S/M___M/L___
- ___ 11.70 TOWEL (TAN)
- ___ 1.95 WASH CLOTH (TAN)
- ___ 10.40 WINTER SCARF (GREY)
- ___ 3.90 WINTER CAP (GREY)
- ___ 3.55 WINTER GLOVES (GREY)
- ___ 6.10 WIGWAM THICK SOCKS
- ___ 1.65 ANKLE SOCKS
- ___ 1.65 CREW SOCKS

SHOWER SHOES:

- ___ 0.95 THONG V STRAP **(LG ONLY)**
- ___ 5.20 DELUXE SHOWER SHOES
- ___ XL___ 2XL___

ICE CREAM:

- ___ 2.15 MOOSETRACK* (RC)
- ___ 2.15 BUTTER PECAN* (RC)
- ___ 2.15 CANDY BAR OVERLOAD* (RC)

THE COMMISSARY WILL BE CLOSED FOR QUARTERLY INVENTORY DURING THE WEEK OF SEPT. 23 – 27, 2013.

FCI ROTATION IS BASED ON WEEKLY UNIT SANITATION INSPECTION.

IF YOU TURN IN YOUR LIST AND LEAVE THE COMMISSARY YOU WILL FORFEIT YOUR WEEKLY SHOPPING PRIVILEGE.

* = LOCAL USE ONLY

(RC) = RELIGIOUS CERTIFIED

ALL SALES FINAL ONCE YOU LEAVE THE WINDOW.

NO EXCHANGES AT THE SALES WINDOWS.

NEW ITEMS NOT ON LIST:

- _____
- _____
- _____
- _____
- _____
- _____

KAREN F. HOGSTEN, WARDEN