

FCI GILMER COMMISSARY SHOPPING LIST JULY, AUGUST, and SEPTEMBER 2013

INMATE NAME: _____

UNIT: _____

REG # _____

A properly filled out commissary list with your commissary identification card **MUST** be presented at the window to be permitted to shop. No add-ons or substitutions are permitted at the window; prices are subject to change without prior notice. **NO HIGHLIGHTED LISTS WILL BE ACCEPTED BY COMMISSARY STAFF. IF YOU TURN IN YOUR LIST AND LEAVE THE COMMISSARY YOU WILL FORFEIT YOUR WEEKLY SHOPPING PRIVILEGE. ANY ITEM WITH AN * BESIDE IT IS FOR LOCAL USE ONLY AND CAN NOT BE TRANSFERRED WITH YOU. ANY ITEM WITH AN © BESIDE IT INDICATES THAT THE ITEM IS KOSHER.**

Check here if you have an SPO or Shoes to pick up. _____

COMMISSARY ROTATION JULY ~ SEPTEMBER 2013	STAMPS (LIMIT \$9.20 COMBINED)	
TUESDAY A UNIT	_____ Forever Book Stamp \$9.20	_____ .01 Single Stamp
WEDNESDAY B UNIT	_____ .46 Single Stamp	_____ .05 Single Stamp
THURSDAY C UNIT	_____ 1.00 Stamp	_____ .60 Single Stamp
FRIDAY NEW ARRIVALS / OTC's		
WRITE IN ANY NEW ITEMS BELOW:		
	FOOD/OTHER (Limit 2 Each)	HEALTH/OTC MEDS (Limit 1 Each)
	_____ Brown Rice © 1.30	_____ Nasal Spray 1.75
	_____ White Rice © 1.30	_____ Triple Antibiotic Ointment 5.85
	_____ Cheese Rice © 1.70	_____ Hydrocortisone Cream 1.95
	_____ Refried Beans © 1.85	_____ Cough Drops, Lemon © 0.90
	_____ Flour Tortilla Wraps © 1.50	_____ Cough Syrup 2.00
	_____ Bag Chili w/Beans 1.75	_____ Acetaminophen 2.35
	_____ Turkey Chili 1.95	_____ Ibuprofen Tablets 2.10
	_____ Mac & Cheese 0.80	_____ Aspirin Tablets 1.15
	_____ Jalapeno Peppers Single Serv. 0.30	_____ Muscle Rub 2.45
	_____ Squeeze Cheese (City Cow) 3.00	_____ Hemorrhoid Cream 3.60
	_____ Chili Garlic Hot Sauce © 1.70	_____ Milk Of Magnesia 2.20
	_____ Sweet Hot Sauce 1.75	_____ Gas - X (Generic Brand) 7.00
	_____ Panola Hot Sauce © 0.85	_____ Bandages 0.85
	_____ Oatmeal Variety Packs © 2.55	_____ Chest Rub 1.90
	_____ Almond Toffee Granola © 3.15	_____ Tums 2.20
	_____ Fruity Dyno Bites © 3.05	_____ Pepto Bismol 3.05
	_____ Honey Nut Scooters © 3.10	_____ Allergy Tablets 1.50
	_____ Instant Milk * © 1.65	_____ Loratidine Allergy 1.65
	_____ Soy Sauce 1.50	_____ Antifungal Cream 1.60
	_____ Adobo © 1.15	_____ Clear Zit 1.65
	_____ Sazon Goya 1.60	_____ Antacid Plus Gas Relief 3.55
	_____ Garlic Bulbs © 0.55	_____ A & D Cream 1.30
	_____ Farm House Cheese Wedges 1.80	_____ Stool Softener 6.25
	_____ Pepper Jack Wedges 1.80	_____ Ear Drops 5.20
	_____ Salt & Pepper © 1.50	_____ Zantac, (Generic Brand) 7.00
	_____ Olive Oil* © (Limit 1) 2.70	_____ Lamisil Cream 13.25
	_____ Mrs Dash Seasoning © 3.25	_____ Eucerin Lotion 9.10
	_____ Honey © 2.85	_____ Eye Drops 2.00
	_____ Squeeze PB&J (Limit 10) © 0.35	_____ Breathe Right Strips 5.90
	_____ Squeeze Mayo (Limit 10) © 0.15	_____ Corn Pads 2.25
	_____ BBQ Sauce © 1.85	_____ TUCKS Medicated Wipes 5.20
	_____ Grated Cheese 1.40	_____ Dibucaine Ointment 9.95
	_____ Spaghetti Sauce 1.90	_____ Lactaid 6.50
	_____ Ranch Cheese Dip 1.85	SHAVING PRODUCTS (Limit 1 Each)
	COOKIES/PASTRIES (Limit 2 Each)	_____ Pro - Tech Cream 1.75
	_____ Granola Bars (15 per box) © 3.50	_____ Magic Pre Shave Lotion 3.15
	_____ Oreo Cookies (Limit 5) © 1.60	_____ Magic Shave Mild 4.05
	_____ Trail Mix Cookies © 1.60	_____ Shave Powder 2.90
	_____ Nutty Bars © 1.25	HYGIENE (Limit 1 Each)
	_____ Honey Buns (Limit 5) © 0.50	_____ Power Up Roll On 1.80
	_____ Oatmeal Crème Pies © 1.70	_____ Sure Deodorant 2.55
	MEATS/FISH (Limit 10 Each)	_____ Degree Deodorant 2.55
	_____ Turkey logs 1.65	_____ Herbal Deodorant 3.99
	_____ Turkey & Swiss Sticks 1.20	_____ Foot Powder 1.55
	_____ Light Tuna © 1.60	_____ Baby Powder 1.80
	_____ Spicy Tuna Steak © 2.20	_____ Ambie Skin Cream 5.35
	_____ Mackerel Pouch © 1.60	_____ Coco Butter Stick 2.00
	_____ Sardines Pouch © 0.75	_____ Baby Oil * 1.65
	_____ Chicken Pouch 2.55	_____ Noxzema 1.85
	_____ Spicy Pork Sausage 1.10	_____ Petroleum Jelly 1.30
	_____ Summer Sausage 1.65	_____ Body Wash 3.65
	_____ Hot & Spicy Beef Sausage 1.65	_____ Suave Cocoa Butter * 2.60
	_____ Sliced Pepperoni 1.90	_____ Suave Advance Therapy 2.60
	_____ Salami Slices 1.90	_____ Antibacterial Liquid Soap 1.30
	_____ Halal Beef Sausage 2.05	_____ Herbal Lotion 2.99
	_____ Vienna Sausage (limit 3) 2.10	
	_____ Peppered Beef Jerky (limit 3) 1.40	
	FOOD/SOUP (Limit 24 Each)	
	_____ California Vegetable Cup 0.55	
	_____ Chili Ramen 0.25	
	_____ Chicken Ramen 0.25	
	_____ Oriental Ramen 0.25	
	NUTS/POPCORN (Limit 5 Each)	
	_____ Salted Peanuts 1.40	
	_____ Mixed Nuts © 2.90	

ALL PREVIOUS VERSIONS OF THE FCI COMMISSARY SHOPPING LIST ARE VOID AND MAY NOT BE USED.

SOAP/PACKS (Limit 1 Each)	
Irish Spring 3 pk	3.15
Safe Guard 4 pk	3.20
Palmolive Gold 3 pk	1.75
SOAP/SINGLES (Limit 1 Each)	
Neutrogena soap bar	3.60
Tone soap	1.00
African Black Soap	3.25
Dove Sensitive	1.95
DENTAL (Limit 1 Each)	
Toothbrush Holder	0.45
Toothbrush Medium	0.90
Toothbrush Soft	0.90
Floss Picks	1.35
Mouth Wash *	1.15
Anesthetic Oral Gel	1.50
AIM Toothpaste	2.00
Colgate Baking Soda w/Peroxide	2.95
Sensodyne Toothpaste	6.75
Colgate Sensitive	4.30
Denture Toothpaste	3.50
Poligrip Cream	4.75
Denture Brush	1.80
Denture Bath	1.95
Herbal Toothpaste	3.90
HEALTH/MISC. (Limit 1 Each)	
Pro - Tech Razor w/Handle	5.00
Pro - Tech Refills	3.55
Bic Twin Razors (10 pk)	2.10
Liquid Bump Stopper	3.70
Brush And Comb Set	1.95
Club / Wave Brush	1.85
Afro Pick	0.75
Black Rubber Bands	0.75
Fingernail Clippers	0.80
Toenail Clippers	1.10
Moustache Scissors	6.65
Tweezers	1.10
Cotton Swabs	1.10
Chap It	0.90
Blistex	2.15
Sun Block*	3.90
Soap Dish	0.70
Shower Shoes (Circle Size)	
S/ 3.55 / XL or 2XL 6.50 / 3XL 6.50	

HEALTH/HAIR (Limit 1 Each)	
Blue Magic*	1.85
Ocean Hair Gel *	1.30
Sulfur 8 Shampoo *	3.75
Pink Oil Moisturizer *	5.10
Dandruff Shampoo *	1.50
Suave Shampoo *	1.90
Suave Conditioner *	1.75
Pantene Shampoo *	5.45
Pantene Conditioner *	5.45
Sulfur 8 Braid Butter	3.50
Coal Tar Shampoo	7.15

SWEAT SHIRTS (Limit 1)	
M L XL 2x 3x 4x	15.50
5x 6x	20.15
SWEAT PANTS (Limit 1)	
M L XL 2x 3x 4x	15.50
5x 6x	20.15
TANK TOPS (Limit 1)	
L XL	8.85
2x 3x	13.80
6x	16.90
THERMAL SHIRTS (Limit 1)	
XL	8.50
2x 3x 4x 5x 6x	9.40
THERMAL PANTS (Limit 1)	
XL	8.60
2x 3x 4x 5x 6x	9.40
SHORTS (Limit 1)	
M L 7.80 XL	9.10
2x 3x	16.90
4x	22.10
5x 6x	26.00
BOXER BRIEFS (Limit 1)	
M L XL 2X	7.45
3X/ 8.75 4X	8.50
BOXER SHORTS (Limit 1)	
L / 12.55 XL	15.95
2x	19.25
3x 4x	16.50
T-SHIRTS (Limit 1)	
XL 2x 3x	5.60
4x 5x	9.10
6x	10.50
LONG SLEEVE T-SHIRTS (Limit 1)	
L XL 2x 3x	10.40
4x 5x 6x	13.00
CLOTHING/OTHER (Limit 1 Each)	
Mesh Sports Bag	9.10
Ankle Socks (3pk) (Limit 2)	5.85
Crew Socks (3pk) (Limit 2)	5.85
Ball Cap (Grey)*	5.20
Gloves (Grey)*	7.30
Head Bands (White)	1.75
Wrist Bands (White)	1.75
Neck Gator	9.10
SUNDRY ITEMS (Limit 1 Each)	
Toilet Paper (Charmin 6pk)	6.80
Typewriter Ribbon *	5.70
Correction Ribbon *	1.70
Velcro Watch Band	2.10
Iron Man Watch Band	11.45
G-Shock Band	9.10
Watch Band Pins	2.60
Sun Glasses	6.50
Clip on Sunglasses	5.50
Address Books	0.75
Typewriter Paper *	1.95
Joy Dish Soap *	1.80
Do Rag *	1.80
White Shoe Laces *	1.05
Brown Boot Laces *	1.15
Sewing Kits *	1.95
Mirror	2.60
Rain Pancho *	3.60
Bowl w/Lid	5.15
Mug w/Lid	1.95
Photo Album	12.35
Photo Album Refill	6.40
Clasp Envelopes (Legal 4pk)	0.95
Letter Envelopes	1.75
Spoon	0.40
Watch Battery # _____	2.90
Calculator Battery # _____	2.60
Book Light Bulbs	3.80
Shoe Polish - Black 2.35 / Brown 2.85	
Shoe Shine Brush	5.00

Clear Shave Bag	5.50
Clear Binder *	3.60
Chess Sets *	10.40
Spanish/English Dictionary	2.10
Dictionary	3.15
Clothes Hangers (Limit 5)	0.30
In-Soles (Size = _____)	9.75
SUNDRY (Limit 2 Each)	
AAA Batteries	1.00
AA Batteries	1.00
C Batteries	2.50

EXCHANGE REQUIRED FOR ALL BATTERIES!!

Bic Pens BLUE 2 pk.	1.10
Bic Pens BLACK 2 pk.	1.10
Playing Cards, Aviator	1.55
Pinochle Cards	1.70
8 1/2 X 14 Legal Pads	1.50
8 1/2 X 11 Pads	1.15

RELIGIOUS ITEMS (Limit 1 Each)	
#1 Prayer Oil	4.00
#2 Prayer Oil	4.00
#3 Fragrance Oil (Non-Religious)	5.20
White Kufi	6.50
Black Kufi	6.50
Black Bandana	2.25
Red Bandana	1.65
Crowns	9.95
Yarmulke	5.99

CANDY BARS (Limit 5 Each)	
Milk Chocolate Bar	1.25
Snickers ©	0.90
Cereal Bar (Strawberry) ©	0.30
Kit Kat	0.80
Zero Bar	0.80

HEALTH/VITAMINS (Limit 1 Each)	
Multi Vitamin	1.90
B Complex	2.50
E Vitamin	2.55
C Vitamin	1.95
D Calcium Plus	2.05

READING GLASSES (Limit 1)			
+1.00	+1.50	+1.75	5.99
+2.25	+3.00		

* All prices are subject to change without notice. All sales are final upon leaving the window. NO WARRANTIES APPLIED. NO REFUNDS OR EXCHANGES ON ANY ELECTRONIC ITEMS. NO-ADD-ONS WILL BE PERMITTED.

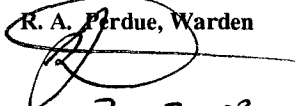
* Lists must be adjusted prior to turning them in, not during the sale.

* Sales lists will be updated Quarterly. Larger sizes of clothing and shoes are subject to a higher price.

* You are authorized to shop only once a week on your assigned day, no exceptions.

* Debit cards (copy cards) are purchased at your own risk, no refunds.

**PLEASE READ THE
OUT OF STOCK LIST
AND ADJUST YOUR
LIST ACCORDINGLY.
NO ADD ON'S
PERMITTED!!!!**

R. A. Perdue, Warden

Date: 7 / 2 / 13