Introduction

The purpose of this handbook is to provide arriving inmates with information regarding the Bureau of Prisons (BOP), its programs, and the rules and regulations. It is not a specific guide to the detailed policies of the BOP. Rather, the material in this handbook will help new inmates more quickly understand what they will be encountering when they enter prison, and hopefully assist them in their initial adjustment to incarceration.

INTAKE, CLASSIFICATION AND THE UNIT TEAM

Orientation

Inmates are given a social screening by Unit Management staff and medical screening by Health Services and Mental Health staff at the time of arrival. Inmates are immediately provided with a copy of the institution rules and regulations, which include information on inmate rights and responsibilities. It also includes information on sexual assault and abuse.

Within 28 days of arrival, inmates will participate in the Admission and Orientation (A&O) Program. While in A&O, inmates are advised of the programs, services, policies and procedures regarding the facility.

All pretrial, hold-overs, and in transit inmates are initially assigned to the intake housing unit for completion of their medical screening. Within 24-48 hours, inmates are assigned to a regular general population housing unit, and will receive an orientation from unit team staff.

Classification Teams (Unit Teams)

Each inmate is assigned to a housing unit. A unit is a self-contained inmate living area that includes both housing sections and office space for unit staff. Each unit is staffed by a Unit Team directly responsible for the inmates living in the unit. The unit offices are located in the units so staff and inmates can be accessible to each other. The unit staff typically includes a Unit Manager, Case Manager, Correctional Counselor, and Unit Secretary. The Staff Psychologist, Education Advisor and Unit Officer are considered members of the Unit Team and provide input for classification purposes.

Inmates are assigned to a specific Unit Team. Generally, the resolution of issues or matters of interest while at the institution are most appropriately initiated with the Unit Team. Unit Team members are available to assist in many areas, including parole matters, release planning, personal and family problems, counseling and assistance in setting and attaining goals while in prison. Ordinarily, a member of the unit staff will be at the institution from 7:30 a.m. to 7:00 p.m., and during the day on weekends and holidays.

GENERAL FUNCTIONS OF UNIT STAFF

Unit Manager: The Unit Manager is the administrative head of the general unit and oversees all unit programs and activities. The Unit Manager is the Chairperson of the team which comprises the Case Manager, Correctional Counselor, with input from Education and Psychology staff. The Unit Manager reviews team decisions and may chair the Unit Discipline Committee (UDC), which is a body that hears disciplinary infractions. The Unit Manager is ordinarily present during initial classification and subsequent program review(s) in which RRC placement is discussed.

Case Manager: The Case Manager is responsible for all casework services and prepares classification material, progress reports, release plans, correspondence, and other materials relating to the inmate’s commitment. The Case Manager serves as a liaison between the inmate, the administration, and the community.

Correctional Counselor: The Counselor provides counseling and guidance for the inmates of the unit in areas of institutional adjustment, personal difficulties, and plans for the future. He or she plays a leading role in segments of unit programs relating to inmate activities. The Unit Counselor may conduct counseling groups for inmates in his/her unit.
and/or groups open to the general population.

**Unit Secretary:** The Unit Secretary performs clerical and administrative duties, to include the preparation of release paperwork.

**Unit Officer:** The Unit Officers have direct responsibility for the daily supervision of inmates and the enforcement of rules and regulations. They have safety, security, and sanitation responsibilities in the unit. Unit Officers are in regular contact with inmates in units and are encouraged to establish professional relationships with them, as long as such interaction does not interfere with their primary duties. Unit Officers control movement in and out of the unit and conduct regular searches for contraband.

**Communications**

Normally, a unit staff member is available each day of the week and most evenings until 7:00 p.m. The unit bulletin boards and the TRULINCS system contain written communication of interest to inmates. Unit Managers may utilize monthly Town Hall meetings to dispense information and foster improved communications. Unit team members will utilize either open house hours or an open door policy to address inmate concerns. Inmates are also encouraged to use Inmate Requests to Staff to make requests in writing.

**Initial Classification/Program Reviews**

Inmates initially designated to the institution will receive initial classification within 28 days of arrival. Unit, Education, and Psychology staff will assess each inmate and work with them to develop an individual plan which will address skill deficits that may deter successful reentry into the community.

Subsequent program reviews will be held every 90 to 180 days, depending upon release date. These are held by the Unit Team to review progress on programming goals, work assignments, transfers, custody/security level, institutional adjustment, etc. The inmate may not waive appearance with the Unit Team. Pretrial Inmates—Within 21 days of a pretrial inmate’s arrival, the unit team will conduct an inmate classification review. Subsequent reviews will be conducted every 90 days until an inmate’s status changes to hold-over.

**Reentry Pre-Release Programming**

Release preparation begins on the first day of incarceration. The BOP’s reentry strategy provides inmates with the opportunity to gain the necessary skills and resources to succeed upon release. Through coordinated efforts among the departments in the institution and collaboration with other agencies, a wide array of programs and activities are offered to better inmates’ chances of a successful reentry upon release.

It is imperative at initial classification (Team) that inmates are open and honest when answering questions to allow the team to accurately identify needs and make appropriate program recommendations to improve inmates’ chances of a successful reentry. Each time an inmate goes to team, he or she will receive a progress update and new recommendations as warranted. Contributors and programming recommendations include Education, Health Services, Psychology, Unit Team, Recreation, Religious Services, the inmate’s Work Detail Supervisor, and the inmate. Inmates are strongly encouraged to take advantage of the program recommendations.

Additionally, to make the transition back to the community go as smoothly as possible, inmates should obtain at least two forms of identification to include a social security card. Inmates may also be eligible for some benefits upon release (e.g., social security disability, veteran’s, Medicare, etc.) to make the transition easier. Staff may be able to provide you with information concerning benefits so that you may determine your eligibility and begin the application process, if applicable, prior to release. Lastly, the Career Resource Center, normally located in the Education Department, can also provide you with pre and post release programming and education ideas, potential employment and housing information, as well as potential benefits information.

**Town Hall Meetings**

Town Hall meetings are held to make announcements and to discuss changes in the policy and procedures of the unit. Inmates are encouraged to ask pertinent questions of the staff
and any guest speakers who are present. These questions should pertain to the unit as a whole, rather than personal questions or problems. Personal issues will be resolved by unit staff during the regular working hours which are posted in each unit.

**Foreign Consular**
The most recent publication of the Consular Notification and Access directory will be located in the Law Library.

**DAILY INMATE LIFE**

**Wake-up** A general wake-up for all inmates is 6:00 a.m. It is the inmate’s responsibility to participate in meals and work. Inmates who are assigned a job and do not report to work are subject to discipline.

**Sanitation**

It is the inmate’s responsibility to check his cell immediately after being assigned there and report all damages to the Unit Officer or Correctional Counselor. An inmate may be held financially liable for any damage to his personal living area.

Each inmate is responsible for making his bed in accordance with posted regulations before work call (including weekends and holidays when he or she leaves the area). Each inmate is also responsible for sweeping and mopping his cell floor, removing trash, and ensuring it is clean and sanitary. Cardboard boxes and other paper containers are not permitted for storage. Due to their combustible nature they become a fire hazard. Lockers must be neatly arranged inside and out, and all shelving must be neat and clean. Chairs are assigned to each cell, and will not be defaced or marked in any manner by the inmate.

For pretrial inmates, the same rules regarding sanitation apply; however, since most inmates are in the housing unit daily, sanitation commences at 7:30 a.m., unless otherwise posted on the unit bulletin board. The sanitation expectations are posted on the unit bulletin board. Beds must be made by 7:30 a.m. Inmates may sleep on a made bed after 7:30 a.m.

Toothpaste, toothbrushes, combs, razors, and soap for personal hygiene are issued by the institution. Inmates may purchase name brand items through the Commissary.

**Personal Property Limits**

Items which may be retained by an inmate are limited for sanitation and security reasons, and to ensure excess personal property is not accumulated which would constitute a fire hazard or impair staff searches of the cell. Each institution is required to establish an Institution Supplement regarding Inmate Personal Property, specifically identifying personal property which the inmate may retain.

**Storage Space**

Staff shall set aside space within each housing area for use by an inmate. The designated area shall include a locker or other securable area in which the inmate is to store authorized personal property. The inmate shall be allowed to purchase an approved locking device for personal property storage in regular living units. Limited space may also be available under the bed for approved items. The amount of personal property allowed each inmate is limited to those items which can be neatly and safely placed in the space designated. Under no circumstance will any materials be accumulated to the point where they become a fire, sanitation, security, or housekeeping hazard.

**Clothing**

Civilian clothing (i.e. clothing not issued to the inmate by the Bureau or purchased by the inmate through the Commissary) ordinarily is not authorized for retention by the inmate. Prerelease civilian clothing for an inmate may be retained by staff in the Receiving and Discharge area during the last 30 days of an inmate’s confinement. All inmates are prohibited from wearing any clothing not government-issued or purchased in the Commissary. No inmates may be issued, permitted to purchase, or have in their possession any blue, black, red, or camouflage clothing or cloth items. Commissary sales of clothing are limited to the following colors: only gray and/or white clothing may be sold in
institutions for males and only pastel green, gray, and/or white may be sold in institutions for females. The only exception is for religious headgear. **These items are to be neatly stored in the identified storage space provided.** Individual washcloths and towels are issued to inmates. Representative authorized footwear/shoes may include: work (1 pr.), shower (1 pr.), athletic/specialty (1 pr. – black, white, grey, or a combination thereof with a maximum value of $100.00), slippers (1 pr.), and casual (1 pr.). Footwear will be placed neatly under the bed.

**Commissary/Special Purchase Items**

These items are authorized to the point they can be contained in the storage area provided for personal property.

**Letters, Books, Photographs, Newspapers, and Magazines**

An inmate will be limited in the number of letters, books, photographs, magazines, and newspapers that can be stored in their designated storage space. Nothing is to be tacked, stapled or scotch taped to any surface except to bulletin boards. Ordinarily, photographs, particularly those of family and friends, are approved, since they represent meaningful ties to the community. A personal photograph is defined as a photograph intended for individual viewing, as opposed to a photograph published for commercial use. Personal photographs may be stored or displayed in the housing units according to local sanitation and housekeeping guidelines. Inmates may not retain Polaroid photos. Nude or sexually suggestive photos (individual prints or copies as opposed to those from publications) present special concerns about personal safety, security, and good order, particularly when the subject is an inmate’s relative, friend, or acquaintance or could reasonably be perceived as such. For these reasons, an inmate may not be permitted to retain, receive, or possess a personal photograph in which the subject is partially nude or nude, or when the photograph depicts sexual acts such as intercourse, fellatio, or sodomy. These materials will be returned to the sender upon receipt at the institution.

**Legal Materials**

Staff may allow an inmate to possess legal materials in accordance with the provisions on inmate legal activities.

**Hobby Craft Materials**

Staff shall limit an inmate’s hobby shop projects within the cell or living area to those projects which the inmate may store in designated personal property containers. Staff may make an exception for an item (for example, a painting) where size would prohibit placing the item in a locker. This exception is made with the understanding that the placement of the item is at the inmate’s own risk. Staff shall require that hobby shop items be removed from the living area when completed.

**Radios, MP3 Players, and Watches**

An inmate may possess only one approved radio or MP3 player, and watch at a time. The inmate must be able to demonstrate proof of ownership. An inmate who purchases a radio, MP3 player, or watch through the BOP commissary is ordinarily permitted the use of that item at any BOP institution if the inmate is later transferred. If the inmate is not allowed to use the radio, MP3 player, or watch at the new institution, the inmate shall be permitted to mail, at the receiving institution’s expense, the item to a destination of the inmate’s choice. Where the inmate refuses to provide a mailing address, the radio, MP3 player, and/or watch may be disposed of through approved methods, including destruction of the property. The MP3 player can be managed through TRU-Units. This service allows inmates to manage the player and to purchase non-explicit music.

**NOTE:** Inmates are responsible for all repairs to damaged MP-3 players, and must return them to the company. Please direct any questions you have to the Trust Fund Supervisor.

**Jewelry**

Inmates may have a plain wedding band and an appropriate religious medallion and chain without stones.

**Smoking**

Inmate smoking is prohibited in all BOP facilities.
Quarters Rules
In order to minimize maintenance costs, permit uniform inspection, search procedures, and maintain orderly congregate living, the institution has imposed reasonable regulations on inmate conduct and furnishings in housing units. Unit Officers and Counselors inspect cells daily. The unit rules and regulations, and daily sanitation expectations is posted on the bulletin board in the housing units, and also addressed during orientation and town halls. Inmates will be held accountable for maintaining the sanitation of their cells and housing units.

The rules include items such as:

- All beds are to be made daily in the prescribed manner. If a cell or room is not acceptable, disciplinary action is probable.
- Room or cell doors are closed when inmates are not in them.
- Each inmate is responsible for the cleaning and sanitation of his or her room or cell.
- Everyone is responsible for cleaning up after themselves.
- Sexually suggestive photographs are NOT authorized for display outside of the individual locker or cabinet. Provocative pictures, posters, cartoons, and any items cut out of magazines may not be displayed on the bulletin boards or in any cell or dorm.
- Showers are available every day, but inmates may not be in the shower during an official count.
- Safety shoes must be worn to work as designated by policy.
- Unit televisions may be viewed during established off-duty hours. During normal working hours, unit televisions may be viewed at the discretion of staff.

Clothing Exchange & Laundry
The Institution issues clothing to the inmate population which is properly fitted, climatically suitable, and presentable. Institutions will furnish each inmate with sufficient clothing to allow at least three changes of clothes weekly.

The institution establishes local procedures to account for the initial issue of Government-furnished items to inmates and for their return before release. Government-issued clothing will not be altered or disfigured in any manner. Examples include, but are not limited to, the following: converting pants to shorts, pleats, cutting off shirtsleeves, defacing clothing, etc. Inmates are responsible for all government clothing/linen issued. Lost or alteration to said items may subject the inmate to financially responsibility and/or disciplinary action.

Each institution has established local procedures for replacing lost, damaged, or clothing that does not properly fit. Additionally, you may contact the Trust Fund Department for guidance or questions related to the Laundry/Clothing operation.

The housing units contain washers and dryers for washing regular clothing, and the institution laundry conducts linen exchange in accordance with the schedule posted on the housing unit.

Commissary
The BOP maintains inmates' monies (Deposit Fund) while incarcerated. The purpose of the Deposit Fund is to provide inmates the privilege of obtaining merchandise and services either not provided by the BOP or a different quality than that provided by the BOP. An inmate may use funds in their account to purchase items at the institution commissary, place funds on their inmate phone account, purchase TRU-Units for their TRULINCS account, or send funds by creating a BP-199. Inmates may not be in possession of cash at any time. Upon release, all Trust Fund accounts will be consolidated and placed on an Inmate Release Debit Card.
Commissary and validation schedules are posted on the inmate bulletin boards. Funds are withdrawn after positive identification by commissary card or fingerprint identification. It is the inmate’s responsibility to know the amount of money available in his account. Inmates may verify their account balances by utilizing the TRULINCS or the inmate telephone (118+PAC). Inmates must have their commissary card in their possession at all times for identification purposes.

**Spending Limitations**
The spending limit is $150.00, not including stamps, and is subject to change at the discretion of the Warden. Each housing unit shops once every two (2) weeks. The commissary shopping schedule is posted on the TRULINCS bulletin board in the Trust Fund section. The business day before inmates are scheduled to shop, the commissary shopping list is provided to the unit officer, in conjunction with an out of stock and limited items notification sheet, to be posted on the bulletin board for the inmates in the unit. Completed commissary shopping list are to be placed in the general outgoing mailbox, and will be picked up on the day the unit shops by 7:00 a.m. by commissary staff.

Any shopping list not submitted in time for the 7:00 a.m. pick up will not be picked up at a later time or processed. Inmates will have to wait for their next shopping day. Commissary is delivered on the units after lunch has been completed. All inmates must have their ID cards with a clear picture to receive their purchase. The ID card is collected and matched to the corresponding receipt. When inmates are called to pick up their orders, they are given an opportunity to verify their orders for correctness. All discrepancies must be addressed prior to leaving the receiving area with commissary staff. Inmates not on the unit during commissary delivery will have an additional opportunity to receive their purchase the following day.

*Sneaker Purchase*-Inmates will be permitted to purchase sneakers one (1) time per year. Inmates requesting to purchase a pair of sneakers in less than one (1) year due to wear and tear must have prior authorization from their Unit Manager via signed Inmate Request to a Staff Member (cop-out). The cop-out must be attached to the commissary shopping list, and the inmate is responsible for discarding the old pair of sneakers.

**Deposits to Accounts**

*U.S. Postal Service*
Inmates' families and friends choosing to send inmates funds through the mail must send those funds to the following address and in accordance with the directions provided below:

Federal Bureau of Prisons  
Insert Valid Committed Inmate Name  
Insert Inmate Eight-Digit Register Number  
Post Office Box 474701  
Des Moines, Iowa 50947-0001

The deposit must be in the form of a money order made out to the inmate's full committed name and complete eight-digit register number. Effective December 1, 2007, all non-postal money orders and non-government checks processed through the National Lockbox will be placed on a 15-day hold. The BOP will return to the sender funds that do not have valid inmate information provided the envelope has an adequate return address. Personal checks and cash cannot be accepted for deposit. The sender’s name and return address must appear on the upper left-hand corner of the envelope to ensure the funds can be returned to the sender in the event they cannot be posted to the inmate's account. The deposit envelope must not contain any items intended for delivery to the inmate. The BOP shall dispose of all items included with the funds.

In the event funds have been mailed but have not been received in the inmate's account and adequate time has passed for mail service to Des Moines, Iowa, the sender must initiate a tracer with the entity who sold them the money order to resolve any issues.

*Western Union Quick Collect Program*
Inmates' families and friends may also send inmates funds through Western Union's Quick Collect Program.
All funds sent via Western Union's Quick Collect will be posted to the inmate's account within two to four hours, when those funds are sent between 7:00 a.m. and 9:00 p.m. EST (seven days per week, including holidays). Funds received after 9:00 p.m. EST will be posted by 7:00 a.m. EST the following morning. Funds sent to an inmate through the Quick Collect Program may be sent via one of the following ways:

1) At an agent location with cash: the inmate's family or friends must complete a Quick Collect Form. To find the nearest agent, they may call 1-800-325-6000 or go to www.westernunion.com.

2) By phone using a credit/debit card: the inmate's family or friends may simply call 1-202-307-2712 and press option 2.

3) ONLINE using a credit/debit card: the inmate's family and friends may go to www.westernunion.com and select "Quick Collect".

For each Western Union Quick Collect transaction, the following information must be provided:

1) Valid Inmate Eight-Digit Register Number (entered with no spaces or dashes) followed immediately by Inmate's Last Name
2) Committed Inmate Full Name entered on Attention Line
3) Code City: FBOP, DC

Please note the inmate's committed name and eight-digit register number must be entered correctly. If the sender does not provide the correct information, the transaction cannot be completed. The Code City is always FBOP, DC.

Each transaction is accepted or rejected at the point of sale. The sender has the sole responsibility of sending the funds to the correct inmate. If an incorrect register number and/or name are used and accepted and posted to that inmate, funds may not be returned.

Any questions or concerns regarding Western Union transfers should be directed to Western Union by the sender (general public). Questions or concerns should not be directed to the BOP.

**MoneyGram Express Payment Program**

Inmates' families and friends may also send inmates funds through MoneyGram’s Express Payment Program. All funds sent via MoneyGram’s Express Payment will be posted to the inmate’s account within two to four hours, when those funds are sent between 7:00 a.m. and 9:00 p.m. EST (seven days per week, including holidays). Funds received after 9:00 p.m. EST will be posted by 7:00 a.m. EST the following morning. Funds sent to an inmate through the MoneyGram Express Payment Program may be sent via one of the following ways:

1) At an agent location with cash: The inmate's family or friends must complete a MoneyGram Express Payment Blue Form. To find the nearest agent, they may call 1-800-926-9400 or go to www.moneygram.com.

For each MoneyGram Express Payment transaction, the following information must be provided:

1) Valid Inmate Eight-Digit Register Number (entered with no spaces or dashes), followed immediately by Inmate's Last Name
2) Company Name: Federal Bureau of Prisons
3) City & State: Washington, DC
4) Receive Code: Must always be 7932
5) Committed Inmate Full Name entered on Beneficiary Line

Please note that the inmate's committed name and eight-digit register number must be entered correctly.
If the sender does not provide the correct information, the transaction cannot be completed.

Each transaction is accepted or rejected at the point of sale. The sender has the sole responsibility of sending the funds to the correct inmate. If an incorrect register number and/or name are used and accepted and posted to that inmate, funds may not be returned.

2) ONLINE using a credit, debit or prepaid card (Visa or MasterCard only): The inmate’s family and friends can click on www.moneygram.com/paybills. Enter the Receive Code (7932) and the amount you are sending (up to $300). If you are a first time user you also must set up a profile and account.

Any questions or concerns regarding MoneyGram Express Payment transfers should be directed to MoneyGram by the sender (general public). Questions or concerns should not be directed to the BOP.

Commissary Fund Withdrawals
Requests for Withdrawal of Inmate Personal Funds, BP-199 forms, will be processed weekly by Trust Fund, Inmate Accounts. Withdrawals are initiated in TRULINCS, Send Funds (BP-199) by the inmate. When the BP-199 is printed it must be signed by the inmate in staff presence and hand delivered. The Supervisor of Education approves withdrawal requests for correspondence courses and materials for approved education programs. Unit Managers will approve all other withdrawal requests. Only an Associate Warden can approve inmate withdrawals exceeding $500.00.

TRULINCS
The Trust Fund Limited Inmate Computer System (TRULINCS) is the inmate computer network that provides inmates access to multiple services. At no time do the inmates have any access to the Internet.

Inmate’s access dedicated TRULINCS workstations are installed in various housing units and common areas to perform various functions using their register number, Phone Access Code (PAC), and Commissary Personal Identification Number (PIN). Inmate access to these workstations varies depending on the institution.

Account Transactions – This service allows inmates to search and view their Commissary, telephone, and TRULINCS account transactions, as well as, view their Media List.

Bulletin Board – This service is used to supplement the use of inmate bulletin boards within the institution for disseminating information to the inmate population.

Contact List – This service is used by inmates to manage their email address list, telephone list, and postal mailing list. Inmates also mark for print postal mailing labels within this service.

If an email address is entered for a contact, TRULINCS sends a system generated message to the contact directing them to www.corrlinks.com to accept or reject email contact with the inmate prior to receiving any messages from the inmate. If a positive response is received, the inmate may begin exchanging electronic messages with this contact. If a contact rejects TRULINCS participation, the inmate is blocked from sending any messages to that email address.

Law Library – This service allows inmates to perform legal research.

Manage Funds – This service allows inmates to manage their personal funds by creating/canceling Requests for Withdrawal of Inmate Personal Funds (BP-199) and their Pre-Release Account.

Manage TRU-Units – This service allows inmates to purchase TRU-Units using available Commissary funds or transfer TRU-Units back to their Commissary account.

Prescription Refill – This service allows inmates to request prescription refills via TRULINCS of self-carry medications that are ready for refill directly to the Pharmacy.
Pharmacy staff will receive the prescription refill request and process the request accordingly. Inmates will follow established local procedures for picking up requested prescriptions.

Print – This service allows inmates the opportunity to print various documents marked for print within TRULINCS. There are no mailing labels at this institution. Also, Tru-Unit reprints are non-refundable and refunds will be in the form of a re-print(s). BP-199 forms may be printed for free. All other documents can be printed at a cost.

Public Messaging – Inmates may correspond with friends and family using public messaging. This is a restricted version of email that will only allow text messages and no attachments. There is a cost per minute fee for using this service. Messages are limited to 13,000 characters.

Request to Staff – This service allows inmates to correspond with staff electronically. The list of available departments varies by institution; however, there is a standard DOJ Sexual Abuse Reporting mailbox available that provides inmates with an additional method to report allegations of sexual abuse and harassment directly to the Office of Inspector General (OIG).

Survey – This service allows inmates to take Bureau surveys (i.e., Institution Character Profile).

Inmate Telephone System – TRUFONE
Each inmate will be provided a nine-digit Phone Access Code (PAC) for accessing TRUFONE; including instructions for use of this system. When recording voice recognition, inmates must say their first and last name, not nick names or aliases. The PAC is confidential and should not be shared with other inmates. A replacement fee will be charged if a PAC is misplaced or compromised. In addition, each inmate will need to perform voice verification registration. Management of inmates’ telephone numbers is performed via the TRULINCS.

The hours of telephone operation begin at 6:00 am and end no later than 11:30 pm. Inmate access to telephones will normally be limited during the following times, Monday through Friday, not including holidays:

- 7:30 am until 10:30 am; and,
- 12:30 pm until after 4:00 pm count.

Inmates are expected to be at their work assignments and must not use the telephone during their work hours. For inmates who work varied work shifts, at local discretion, institutions may leave one telephone per unit available for inmates on “days off,” or “evening shift.”

Directions for use of TRUFONE are posted near the telephones. All calls are limited to 15 minutes. Telephone calls are subject to monitoring and recording by institution staff. Inmates are limited to 300 minutes per month and may be used for any combination of collect or direct dial calls. Ordinarily, inmates will be allowed an extra 100 minutes per month in November and December. Telephone rates are posted throughout the institution. TRUFONE credits are transferred using the TRUFONE system and must be done in even dollar amounts. The TRUFONE credits are deducted from an inmate’s commissary account and transferred to the TRUFONE account immediately. Transfers may be made from any telephone during operational hours. It is each inmate’s responsibility to verify the correctness of the amount transferred at the time of transfer. Telephone privileges are a supplemental means of maintaining community and family ties. Telephones are to be used for lawful purposes only. Threats, extortion, etc., may result in prosecution. All inmate telephones are subject to monitoring and recording. Inmates must contact their unit team to arrange an unmonitored attorney call. Telephones will not be used to conduct a business. Inmates are allowed to have thirty (30) approved numbers on their phone list. No third party, credit card calls, 1-800, 1-900, 1-888, or 1-976 can be made on these lines.
SECURITY PROCEDURES

Attire
Inmates will be in the proper uniform which shall be properly buttoned (Brown jumpsuits for male pre-trial. Green pants and green shirt for Cadre inmates, and khaki shirt and khaki pants for pre-trial females) Monday thru Friday, between 7:30 a.m. and 3:30 p.m. The two piece uniform will be maintained in a neat and professional manner, with shirt tucked in and pants around the waist line. Other than approved religious headgear, hats will not be worn while indoors.

Inmate Identification Cards
Inmates are required to have their identification cards at all times upon departing their assigned cell. Inmates will be issued an identification card upon arrival at the institution. Inmates are responsible for the care of these cards. Lost, stolen, or damaged cards must be replaced.

Counts
Each institution will conduct, at a minimum, five official inmate counts during every 24-hour period. On weekends and holidays, an additional count will be conducted at 10:00 a.m. The inmate is expected to be standing at bedside during official counts held at 4:00 p.m. and 9:30 p.m., on weekdays and 10:00 a.m., 4:00 p.m., and 9:30 p.m. on weekends and holidays, and during any emergency count. Institutions with secure cell space are required to lock the inmates in their cells for all official counts, unless the inmates are on out-counts in areas such as Food Service, Health Services, Visiting, etc. Disciplinary action will also be taken against inmates for leaving an assigned area before the count is clear. The inmate must actually be seen at all counts, even if the inmate must be awakened.

Call-Outs
Call-outs are a scheduling system for appointments (which include medical, dental, educational, team meetings and other activities) and are posted each day on the unit bulletin boards before 6:00 a.m., on the day preceding the appointment. It is the inmate’s responsibility to check for appointments on a daily basis.

Contraband
Items possessed by an inmate ordinarily are not considered to be contraband if the inmate was authorized to retain the item upon admission to the institution, the item was issued by authorized staff, purchased by the inmate from the commissary, purchased or received through approved channels (to include approved for receipt by an authorized staff member or authorized by institution guidelines; furthermore, any authorized items may become contraband if amount exceeds the authorized limit. This ensures a safe environment for staff and inmates by reducing fire hazards, security risks, and sanitation problems which relate to inmate personal property. Contraband includes material prohibited by law, or by regulation, or material which can reasonably be expected to cause physical injury or adversely affect the security, safety, or good order of the institution.

Items other than hard contraband will be considered nuisance contraband, items which have never been authorized within the institution, items will be prohibited when it presents a threat to security or its condition or excessive quantities of it present a health, fire, or housekeeping hazard. Examples of nuisance contraband include: personal property no longer permitted for admission to the institution or permitted for sale in the commissary; altered personal property; excessive accumulation of commissary, newspapers, letters, or magazines which cannot be stored neatly and safely in the designated area; food items which are spoiled or retained beyond the point of safe consumption; government-issued items which have been altered, or other items made from government property without staff authorization.

Staff shall seize any item in the institution which has been identified as contraband whether the item is found in the physical possession of an inmate, in an inmate’s living quarters, or in common areas of the institution. An inmate may not purchase, give, or receive any personal property from another inmate.

Staff shall return to the institution’s issuing authority any item of government property seized as contraband.
Items of personal property confiscated by staff as contraband are to be inventoried and stored pending identification of the true owner (if in question) and possible disciplinary action. Staff will then provide you with a copy of the inventory as soon as practicable.

Shakedowns
Metal detection devices may be placed strategically throughout the institution to aid in the control of contraband. A metal detector search may be done in addition to the pat search. Staff may conduct a pat search of an inmate on a routine or random basis to control contraband. Staff may also conduct a visual search where there is reasonable belief that contraband may be concealed on your person or a good opportunity for concealment has occurred. Finally, staff may search an inmate's housing and work area, and personal items contained within those areas, without notice, randomly, and without the inmate's presence. The property and living area will be left as close to the same conditions as found.

Drug Surveillance / Alcohol Detection
BOP facilities operate drug surveillance and alcohol detection programs which include mandatory random testing, as well as testing of certain other categories of inmates. A positive test, or refusal to submit a test, will result in an incident report.

Fire Prevention and Control
Fire prevention and safety are everyone’s responsibility. Inmates are required to report fires to the nearest staff member so property and lives can be protected. Piles of trash or rags in closed areas, combustible material, items hanging from fixtures or electrical receptacles, or other hazards will not be tolerated. Anyone observed using and/or tampering with any firefighting equipment (i.e., fire extinguishers, fire suppressant systems) for any reason other than its intended use, shall be subject to disciplinary action. Regular fire inspections are made by qualified professionals. Fire drills are conducted quarterly (once every 3 months). In the event of a fire emergency, all building occupants shall follow the direction of a staff member.

PROGRAMS AND SERVICES

Job Assignments
Designated inmates, who have been medically cleared, will maintain a regular job assignment. Many job assignments are controlled through an Inmate Performance Pay (IPP) system, which provides monetary payment for work. Unit staff assign work and approve all job changes. They also see the changes are posted on the Daily Change Sheet.

Institutional maintenance jobs are usually the first assignment an inmate receives. This might include work in Food Service, as a unit orderly, or in a maintenance shop.

Prior to starting your new work assignment your work supervisor will provide you “Initial Job Orientation Training.” The orientation will inform you of your responsibilities regarding safe work practices and a variety of other safety related topics to provide you with the knowledge you need to work safely at your assigned work station. Your work supervisor is responsible for selecting and providing you with the appropriate personal protective equipment (i.e., respirator, eye goggles, gloves, etc.) If the personal protective equipment (eye goggles, face mask, etc.) you are provided does not fit properly, it is your responsibility to inform your supervisor, so that he/she can provide you with the size you need.

The use of personal protective equipment (PPE) is not optional. You must wear the equipment whenever performing a job that requires its use. In addition, if you are injured due to not wearing the PPE provided to you, your Workers Compensation benefits could be forfeited.

Inmate Financial Responsibility Program
Working closely with the Administrative Office of the Courts and the Department of Justice, the BOP administers a systematic payment program for court-imposed fines, fees, and costs. All designated inmates are required to develop a financial plan to meet their
financial obligations. These obligations may include: special assessments imposed under 18 USC 3013, court ordered restitution, fines and court costs, judgments in favor of the U.S., other debts owed the Federal government, and other court-ordered obligations (e.g., child support, alimony, other judgments).

Institution staff assist in planning, but the inmate is responsible for making all payments required, either from earnings within the institution or from outside resources. The inmate must provide documentation of compliance and payment. If an inmate refuses to meet his or her obligations, the inmate cannot work for UNICOR nor receive performance pay above the maintenance pay level. The inmate will also be placed in “refuse” status. As the result of being in refuse status, the inmate has a spending limit of only $25.00 monthly, can be placed in less desirable housing, will not be considered for any favorable requests, i.e. (vacations, furloughs, early release, etc.) and will score zero in responsibility on the progress report. These are a few examples of the sanctions that can be imposed as a result of being in refuse status.

The status of any financial plan will be included in all progress reports, and will be considered by staff when determining Security/Custody level, job assignments, eligibility for community activities, and institutional program changes. The U.S. Parole Commission will also review financial responsibility progress at parole hearings.

**Food Service**

The BOP offers a standardized National Menu. These menu are offered at all institutions and includes approved menu items based on standard recipes and product specifications. The National Menu offers regular, heart healthy and no-flesh dietary options. At the Warden’s discretion items may be added to the National Menu. The National High Rise menus, which is heart healthy, is offered at MDC Brooklyn.

Medical diets will be provided by mainline self-selection from the items available on the National Menu for that meal unless menu items fail to meet the medical requirement. Menu item replacements may not always be provided as inmates may have to avoid certain foods in the self-selection process; however, if a dietitian determines a Special Diet is required to ensure adequate nutrition, it will be provided by pre-plating or controlled plating. All medical diets must be prescribed by Health Services.

The Certified Diet Program (formerly known as Common Fare) is administered by Religious Services. Application for applying to, or removal off the program should be directed to Religious Services. Inmates on this program are not authorized to consume any food that is served from mainline. Inmates observed consuming food off mainline, regardless of how the food was obtained, are reported to Religious Services for program violation. Inmates on this program are also not authorized to purchase non-kosher food items from the Commissary. Periodic reviews of inmate’s commissary accounts are conducted, and inmates found in violation of the program are reported to Religious Services. Inquiries concerning this program, including requests for application or removal, should be directed to Religious Services.

**HOURS OF MEAL SERVICE ON THE HOUSING UNITS**

<table>
<thead>
<tr>
<th>Meal</th>
<th>Days</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>Monday through Friday</td>
<td>6:00 A.M.</td>
</tr>
<tr>
<td>Lunch</td>
<td>Monday through Friday</td>
<td>11:00 A.M.</td>
</tr>
<tr>
<td>Dinner</td>
<td>Monday through Friday</td>
<td>After the 4:00 P.M. count has cleared.</td>
</tr>
</tbody>
</table>

**Weekend/Holiday Schedule**

<table>
<thead>
<tr>
<th>Meal</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breakfast</td>
<td>7:00 A.M.</td>
</tr>
<tr>
<td>Brunch Meal</td>
<td>After the 10:00 A.M. Count has cleared.</td>
</tr>
<tr>
<td>Dinner Meal</td>
<td>After the 4:00 P.M. Count has cleared.</td>
</tr>
</tbody>
</table>

Mainline is called by the Unit Officer and followed by a last call. It is the inmates'
responsibility to report to mainline during meals hours.

No Flesh Diet:
The No-flesh Diet is provided by food service to substitute the meat portion of the meals (beef, chicken and fish). All other menu items will be obtained off the mainline. The no flesh alternative is listed daily on the High Rise National Menu. Requests for participation or removal off this diet should be forwarded to the Food Service Administrator on a Copout. Requests will be processed within three (3) business days of receiving the request.

Food Service Jobs
The Food Service Department is always seeking experienced cooks, bakers, CDL licensed drivers, warehouse experienced workers, and sanitation workers. Inmates that have experience, or interested in learning the trade, are encouraged to advise their unit team for consideration to assignment in food service. All inmates assigned to work in food service must be medically cleared prior to assignment. It is advised that inmates bring all physical conditions or limitation to the attention of health services upon arriving at the institution and not upon assignment to work. Work limitations or exemptions must be prescribed in writing by MDC Brooklyn’s Health Services Department.

Unit Kitchens
The unit kitchens and kitchen equipment are strictly for heating and serving institution meals. Only those inmates designated as "Unit Kitchen Orderlies” are authorized to enter the kitchen. All other inmates found in the kitchen are out of bounds and subject to disciplinary action. Any inmate found using kitchen equipment to heat any type of food (to include mainline leftovers or commissary food) will be issued an incident report.

Education
The mission of the Education Department at MDC Brooklyn is to provide the mandatory English and Spanish literacy (i.e., GED) and English as a Second Language (ESL) programs prescribed by law. We also provide educational and related programs that meet the needs and interests of the inmate population and various options for the positive use of inmate time and energies. We strive to prepare inmates for release by enhancing their prospects for a successful reintegration into the community.

Inmates with Disabilities and Inmates Who are Limited English Proficient
For inmates requiring assistance, staff will utilize a professional translation service, the Language Line Services (LLS), to assist inmates who are limited English proficient for orientation and other services. Staff will access the LLS by calling (866)-874-3972, and providing MDC Brooklyn’s user identification number.

Staff will also inform deaf and deaf/mute inmates through alternative means such as writing and lip reading, when appropriate. Blind inmates will receive information verbally from unit team staff. Inmates who have intellectual, psychiatric, or speech disabilities, will be informed of information by mental health and/or medical staff.

Literacy/GED

VIOLENT CRIME CONTROL LAW ENFORCEMENT ACT (VCCLEA) PRISONER LITIGATION REFORM ACT (PLRA)
D.C. EDUCATIONAL GOOD TIME (DCEGT)

GED classes are offered in both English and Spanish. They are scheduled in the Education Department from Monday through Friday. The GED program addresses all levels of proficiency from beginner to advanced. Required time in the course depends on individual progress and requirements outlined in the Literacy Program Statement 5350.28. An incentive certificate will be awarded upon completion of each level (e.g. 2ABE to 3A or 3B) as
evidenced by TABE testing. To take the GED exam, inmates must first achieve a passing score on the official practice test. Passing criteria is the same for both the practice and the official GED: at least 145 in each 4 subject areas to receive the GED test credential.

For inmates serving a sentence for an offense committed on, or after, September 13, 1994, but before April 26, 1996, all yearly awards of good conduct time will vest for inmates who have earned, or are making satisfactory progress towards earning a GED.

Inmates whose offense date was on, or after, April 26, 1996 are required to enroll in the literacy program in order for their complete Good Conduct Time (GCT) credit to vest. Inmates enrolled must perform satisfactory work in class and attend class until they achieve a GED. VCCLEA/PLRA will not impact your “Good Conduct Time” credit, as long as, you: are on a waiting list, are GED SAT; are enrolled in GED class and are performing satisfactorily; attained a GED; or have a verifiable GED/high school diploma or other official document verifying a minimum 12th grade level education. A GED UNSAT will be issued to those: refusing GED program participation; or found guilty of a prohibited act committed in Education.

Program Statement 5884.02, Educational Good Time Sentence Credit for D.C. Offenders has been amended. This program establishes procedures for awarding educational good time credit under D.C. Code 24-429 (DCEGT). The amended DCEGT law gives credit for both completions and participation. In addition to completions, the amended DCEGT law gives credit for participating and withdrawing from eligible education programs.

NOTE: Although deportable sentenced aliens are exempt from attending the literacy program for the mandated 240 instructional hours, they are still subject to the satisfactory progress literacy provision of the VCCLEA or the PLRA. To vest their earned GCT or be eligible for the maximum amount of GCT, deportable aliens without a verified high school diploma or a GED, who are sentenced under VCCLEA or PLRA, must meet the satisfactory progress provision of these two acts specified in Section 17 of Program Statement 5350.28 entitled “Literacy Program Standard”.

Testing
All inmates identified to be enrolled in any of the mandatory programs (GED or ESL) are required by policy to take a placement test before enrollment.

The “Test of Adult Basic Education” (TABE) is an assessment tool used in designing or tailoring programs to the specific needs of the student. It can also be used to prepare for the “General Education Diploma” (GED). TABE tests encompass levels of difficulty extending from 1st to the 12th grade. Each of the corresponding elementary or secondary school grade levels is subdivided into further levels of difficulty. Fundamental skills tested include literacy assessment, fundamental mathematics concepts and secondary school testing programs. The TABE test is required for those taking the GED in English.

The “Spanish Assessment of Basic Education” (SABE) gives an accurate and useful picture of the inmate’s academic strengths and weaknesses. It includes positive cultural references and is based on a national sampling of students taking an English-language achievement test. The SABE test is required for those taking the GED in Spanish.

The “Comprehensive Adult Student Assessment System” (CASAS) is the placement exam for those taking “English as a Second Language” (ESL). It is used to assess student proficiency in English for proper placement into the beginner or advanced levels of the ESL program.

ESL
The “Crime Control Act of 1990” requires that all non-English speaking federal inmates participate in an ESL Program. In accordance with Program Statement 5350.24, ESL class is mandatory for all federal inmates who have limited English proficiency skills. ESL levels include ESL Level A, Level B, and Level C.

Within 30 days of arrival, the inmate will be interviewed to assess his English skills. It will then be determined if he will need to be administered the “Comprehensive Adult
Student Assessment System” (CASAS) placement exam. Inmates must learn how to speak, comprehend, read and write English. Students must pass standardized multiple choice tests in reading and listening comprehension to demonstrate proficiency in English equivalent to the 8th grade. The test of measurement is the CASAS certification exam. A score of 215 is required to pass the listening test and a score of 225 is required to pass the reading test. Inmates who achieve this score meet all ESL requirements. Certificates are awarded for successful completions. Enrollment in the GED or ESL programs is discussed at interviews.

Adult Continuing Education (ACE):
ACE courses are offered throughout the week with varying schedules. Announcements regarding these courses are posted in the housing units and in the Education Department. Courses vary from time to time, based upon inmate interest and availability of instructors. To participate in these courses monitor the unit bulletin board for signup sheets to apply.

Post-Secondary Education (PSE) Inmate Correspondence Courses
Work Cadre inmates may participate in PSE courses through college level correspondence programs. All courses must be appropriate for a correctional setting and any course which presents a safety or security concern will not be approved. All course materials are sent to the attention of the Education Department to ensure compliance with institution rules. Inmates are responsible for all costs associated with the course taken.

Information and catalogues regarding available college level correspondence programs may be obtained in the Education Department. Prospective participants must possess at least a GED and receive authorization from the Education Department. The inmate is responsible for payment of all fees or other charges associated with any of these courses. To initiate the process an inmate must submit a “cop-out” to the Education Department.

Parenting
The purpose of the Parenting Program at MDC Brooklyn is to assist fathers and mothers in remaining an integral part, while incarcerated, of their children’s lives. This program explores some of the problems that incarceration causes and provides assistance in how to effectively handle these problems. It teaches good coping skills, how to interpret children’s behavior, how to administer positive discipline and how to give direction from a distance.

Information regarding the Parenting Program can be obtained from the Parenting Program Coordinator in the Education Department. Parenting literature and audio-visual materials are also available. Community organizations also come into the institution to participate in the parenting program.

Incentives
Students who complete the ESL, ACE, Parenting, or PSE programs will receive a Certificate of Completion, and an educational participation credit. Inmates who initially scored below a 5.0 on the TABE exam are given opportunities to retest to show progress. Due to instructor’s recommendations, inmates who achieve a score of 5.0 or higher on the TABE exam will receive a certificate of progress. Graduation ceremonies are held once a year for inmates who earn their GED (English or Spanish.) A $25 bonus will be awarded to GED graduates.

Leisure Library Services
The Leisure Libraries are located in the Education Department on the 3rd floor of the West Building and the 5th floor of the East Building. The Leisure Libraries offer basic reference, health & fitness, religious, general reading & audio/visual materials. Newspapers are furnished in the Library and to the cadre units Monday through Friday. To obtain a periodical for personal use, the inmate must subscribe to a publisher and have the periodical authorized in adherence to MDC Brooklyn’s correspondence policies. Indexes of the available books in the leisure library are located in the Education Department and on the ELL computer. All inmates are accountable financially for books that are damaged or not returned.
Law Library Services

The main law libraries are located in the Education Department on the 3rd floor of the West Building and the 5th floor of the East Building. Legal research materials are accessed through the Electronic Law Library (ELL). ELL are in each library and are available to both pre-trials and cadre inmates in each unit. Discovery review computers are only located in Pre-trial units. The electric typewriters are available to inmates for use of legal typing.

All inmates are responsible for purchasing their own typewriter ribbons and correction tape from the Commissary. All housing units are assigned a time for utilizing the law/leisure library. Specific days and times are posted on unit bulletin boards. Inmates with an imminent court deadline may be afforded additional time for research, document preparation or discovery review by submitting an “Inmate Request to Staff” (cop-out) to the Education Department staff. Debit card operated copy machines are available in each library for legal work. Debit cards are available for purchase through the commissary. Indigent inmates may be eligible to receive a typing ribbon, correction tape and up to 20 copies per law library session. If you qualify, you can obtain indigent status by submitting an “Inmate Request to Staff” (cop-out) to the Education Department staff.

Digital discovery is sent directly to the inmate from defense counsel or the government. Requests for additional copies for multiple co-defendants cases may be made to your attorney. Discovery items for cases with multiple co-defendants may be stored in an assigned locker in the Education Department Law Library in the West Building.

Pre-trial inmates listed on Group Discovery approved by the Legal Department may utilize the computers in the Law Library, during their scheduled law library session, and housing units to review Discovery. Cadre inmates may view their Discovery materials during their regularly scheduled library hours. Inmates may not have more than 15 disks in their possession when they visit the Law Library to review Discovery.

Recreation, Leisure, Wellness, and Social Programs

The Bureau of Prisons encourages inmates to make constructive use of their leisure time and offers group and individual activities to reduce idleness and enhance prospects for successful reintegration into their communities. Inmates are encouraged to develop and exercise excellent habits through participation in a variety of physically and intellectually rich programs, activities, and events. Good sportsmanship is required during all recreational activities.

Leisure Programs

Participating in leisure activities is a great way to relax and enjoy social interaction with other inmates. Each unit has basketballs, handballs, racquetballs, soccer balls, and ping pong equipment. Inmates may checkout and play a variety of board and card games, and participate in various hobby crafts. Periodically, tournaments will be held for inmates to participate.

Incentives

Certificates of Completion are presented to each participant who completes a recreation program. In addition, consumable awards are presented to each participant who completes a structured exercise program through the Recreation Department.

Art and Hobby Craft Programs

Art work includes all paintings and sketches rendered in any of the usual media (e.g., paints, pastels, crayons, pencils, inks, hobby craft activities crochet & knitting.

Use of hobby craft facilities is a privilege that the Warden or staff delegated that authority may grant or deny.

Inmates are encouraged to participate in housing unit activities such as unit-based hobby craft. The Recreation Supervisor will coordinate housing unit activities with Unit Managers.

Wellness Programs

The Recreation Department offers a variety of classes to assist the inmate population in attaining their personal fitness goals, including Aerobics, Nutrition, Yoga, Weight
Management, Smoking Cessation, Recreation Aide Training, and The National Federation of Personal Trainers (NFPT) Certification. The purchase and use of weightlifting equipment is strictly prohibited.

Structured exercise opportunities include: aerobics, basketball, yoga, handball, soccer, racquetball, walking/jogging, and table tennis. Structured exercise activities should be recorded in the Structured Exercise Log by the participating inmate and the Recreation Specialist responsible for the housing unit.

Recreation and Zimmer
The Zimmer Amendment was passed in 1996. The amendment does not allow for the BOP to use appropriated and non-appropriated funds to provide amenities or personal comforts in the Federal Prison System. Specifically, institutions activated prior to 1996 through attrition, will conform to the guidelines set by the law. The main sections of Zimmer address: (1) viewing of R, X, or NC-17 movies; (2) instruction or training for boxing, wrestling, judo, karate or other martial arts or any body building or weightlifting equipment; and (3) electronic or electric instruments.

Consequences for Rules Violation in Recreation
Inmates are strongly encouraged to participate in recreation activities. However, when inmate behavior violates established rules, consequences may include an incident report and/or suspensions from programs.

Religious Services
The Religious Services Department provide pastoral care and religious accommodation to individual and group religious beliefs and practices in accordance with the law, Federal regulations and BOP policy. The Chaplains offer religious worship, education, counseling, spiritual direction, support and crisis intervention to meet the diverse religious needs of inmates. BOP Chaplains also oversee the religious diet program, ceremonial religious meals and religious holiday observances. All Chaplaincy Services’ programming is directed to promote BOP reentry goals. The Life Connections and Threshold programs highlight our faith-based reentry priorities.

Psychology Services
Psychology Services departments in all BOP institutions offer basic mental health care to inmates. This care may include screening, assessment and treatment of mental health or drug abuse problems, individual and/or group counseling, psycho-educational classes, self-help and supportive services, or referral to Health Services for medical treatment of a mental illness.

In addition, Psychology Services staff, along with other programming staff in the institution, collaborate with your Unit Team to develop a comprehensive assessment of your strengths and weaknesses. Based on this assessment, Psychology Services will offer programming recommendations specific to your psychological needs. These recommendations are designed to ensure your successful adjustment to incarceration and prepare you for your eventual release. We encourage you to participate actively in the assessment process. If mental health or drug abuse programming is recommended for you, Psychology Services staff will provide ongoing feedback to you and your unit team regarding your progress toward these programming goals.

If you are new to the BOP, or if you have previously identified mental health or drug abuse programming needs, you will be scheduled for an interview with Psychology Services staff. The purpose of this interview is to review your history and identify your programming needs. This interview is an ideal time for you to share your interest in specific services, such as drug abuse treatment or mental health counseling.

The Psychology Services department at this institution is staffed by Chief Psychologist, a Drug Abuse Program Coordinator, an Advanced Care Level Psychologist, four Staff Psychologists, a Drug Treatment Specialist, and a Psychology Technician. The department’s offices are located on the 3rd Floor of the West Building. There are a number of ways to contact Psychology Services at this institution.
You may:
• Submit an Inmate Request to a Staff Member (a "Cop-out") to Psychology Services.

• Speak with a Psychology Services staff member during mainline or as they make rounds in your unit.

• Or in the case of a crisis situation, notify your Unit Officer, Unit Team, or any other Bureau staff member of your urgent need to speak with Psychology Services.

Suicide Prevention
Incarceration can be a difficult experience. At times, you may feel discouraged, frustrated, and helpless. It is not uncommon for people to experience depression while in jail or prison, especially if they are newly incarcerated, serving a long sentence, experiencing family problems, struggling to get along with other inmates, or receiving bad news. Over time, most inmates successfully adapt to incarceration and find ways to use their time productively and meaningfully. However, some inmates continue to struggle with the pressures of incarceration and become overwhelmed by a sense of hopelessness. If you feel a sense of hopelessness or begin thinking about suicide, talk to a staff member. Help is available and actively seeking help is a sign of your strength and determination to prevail. If you feel you are in imminent danger of harming yourself or someone else, you should contact a staff member immediately.

In addition, if you suspect another inmate is contemplating suicide, please notify a staff member. Staff do not always see everything inmates see. And, most suicidal individuals display some warning signs of their intentions. PLEASE alert a staff member right away if you suspect a fellow inmate is considering suicide. The most effective way to prevent another person from taking his or her life is to recognize the factors that put people at risk for suicide, take warning signs seriously and know how to respond. The warning signs of suicide may include:

- threatening to hurt or kill oneself or talking about wanting to hurt or kill oneself
- feeling hopeless
- feeling rage or uncontrolled anger or seeking revenge
- increased alcohol or drug use
- withdrawing from friends, family, associates
- experiencing dramatic mood changes
- feeling anxious or agitated, being unable to sleep, or sleeping all the time
- seeing no reason for living or having no sense of purpose

If your friend, cellmate, coworker, or associate is exhibiting these signs, start by telling the person you are concerned and give him/her examples of what you see that worries you. Listen and encourage the person to seek help. If they are hesitant, offer to go with them to speak to a staff member. If you are not confident they will seek help, notify a staff member yourself. Seeking help for a person in distress isn’t “snitching”, it is showing concern for the welfare of a fellow human being. If you report your concerns to staff, you can rest easy knowing you did everything within your power to assist the individual.

If you are interested in assisting Psychology Services with suicide prevention efforts, you may choose to participate in this institution’s inmate companion program. Inmates who are interested in serving as suicide watch inmate companions must meet the following criteria: (1) be a sentenced BOP inmate; (2) no 100 series incident reports in the past 3 years; (3) may not be in FRP, DRG ED, or GED refusal status; (4) not currently prescribed psychotropic medications; (5) not have been placed on suicide watch within the last two years. If you would like more information about this program, please speak with a member of the department.

Drug Abuse Programs
Drug abuse programming is available in all BOP institutions. The BOP offers a drug education course as well as treatment options for inmates who have abused alcohol and/or drugs.
Drug Abuse Education Course
The Drug Abuse Education Course is not drug treatment. The purpose of the course is to encourage you to review the consequences of your choice to have drugs in your life, to look at the relationship between drug use and crime, and to begin to think about how different your life could be without drugs. Looking at your drug involvement in this way may motivate you to ask for drug abuse treatment. If your pre-sentence report documents a prolonged history of drug use, evidence that alcohol or drug use contributed to the commission of your offense, a judicial recommendation for treatment, or a violation of community supervision as a result of alcohol or drug use, you are required to take the Drug Abuse Education Course. Failing to take this required course results in your ineligibility for performance pay above maintenance pay level, as well as ineligibility for bonus or vacation pay. You will also not be eligible for a Federal Prison Industries work program assignment. If you are not sure what this means, you may want to ask your counselor.

The Drug Abuse Education Course is available in every BOP institution. If you are required to complete the course, your name will automatically be placed on the waiting list for the course. When it is time for you to complete the course, Psychology Services staff will contact you. If you would like to enroll in the course, but are not required to participate, you may submit an Inmate Request to a Staff Member (a "Cop-Out") in order to place your name on the waiting list for the course.

Nonresidential Drug Abuse Treatment
Nonresidential Drug Abuse Treatment is also available in every Bureau institution. Nonresidential Drug Abuse Treatment has been developed to provide the flexibility necessary to meet each individual’s treatment needs, and more specifically for:

- inmates with a relatively minor or low-level drug abuse problem,
- inmates with a drug use disorder who do not have sufficient time to complete the intensive Residential Drug Abuse Treatment Program (RDAP),
- inmates with longer sentences who are in need of treatment and are awaiting placement in the RDAP,
- inmates with a drug use history who chose not participate in the RDAP, but want to prepare for staying sober in the community, and
- inmates who completed the unit-based portion of the RDAP and are required to continue treatment until their transfer to a Residential Reentry Center (half-way house).

Program completion awards are only available for those who complete the program. If you are interested, ask the institution’s drug abuse treatment staff for more information on these awards.

Residential Drug Abuse Treatment
The RDAP provides intensive drug abuse treatment to inmates diagnosed with a drug use disorder. Inmates in the residential program are housed together in a treatment unit that is set apart from the general population. Treatment is provided for a minimum 9 months; however, your time in the program depends on your progress in treatment.

To apply for the RDAP you must send an Inmate Request to a Staff Member (a “Cop-Out”) to obtain an interview for the program. First, staff will screen your pre-sentence report to determine if there is any documentation indicating that you have a pattern of drug abuse or dependence. If so, you will be referred to the Drug Abuse Program Coordinator for an interview to determine if you meet the diagnostic criteria for a substance use disorder.

Inmates who are diagnosed with a drug use disorder are qualified for the RDAP and are admitted to the program based on their nearness to release, as mandated by federal statute. You must have enough time left to serve on your sentence to complete the unit-based component and the community transition component of the program. Follow-up treatment, as described earlier, is provided to inmates after they complete the unit-based component and before they transfer to a residential reentry center.

The RDAP is operated as a modified therapeutic community where inmates are expected to model the pro-social behaviors expected in a community. This means RDAP participants are role models to other inmates. Therefore, they are to demonstrate honesty, to relate
positively with their peers, and to fully participate in all treatment activities in the unit. The RDAP is a half-day program, with the rest of the day devoted to work, school, and other self-improvement activities. The RDAP is available in 77 BOP institutions. It is not available here.

If you are interested in volunteering for the RDAP and would like to know if you are eligible for the program, contact the institution's Drug Abuse Program Coordinator. You may apply for the program at any time during your incarceration, but your interview, like program admittance, will be based on your proximity to release. Ordinarily inmates are interviewed 42-24 months from release depending on the facility’s security level and waiting list for the RDAP.

Early Release
The Violent Crime Control and Law Enforcement Act of 1994 allows the BOP to grant a non-violent inmate up to 1 year off his or her term of imprisonment for successful completion of the residential drug abuse treatment program (Title 18 U.S.C. § 3621(e)(2)). For more information, talk to an institution Drug Abuse Treatment Specialist or Drug Abuse Program Coordinator.

Community Transition Drug Abuse Treatment
To successfully complete the RDAP, inmates are required to participate in the Community Transition Drug Abuse Treatment component of the program. The BOP ensures that inmates receive continued treatment when transferred to a residential reentry center (RRC) or to home confinement. The RRC is structured to help you adjust to life in the community and find suitable post-release employment. RRCs provide a structured, supervised environment and support job placement, counseling, and other services. Within the structure of the RRC, RDAP participants continue their drug abuse treatment, with a community-based treatment provider. The BOP contracts with this provider to deliver treatment services in the community. Inmates must continue to participate in transition drug abuse treatment to earn any benefit associated with successful completion of the RDAP, e.g., early release.

In addition to these drug abuse programs, drug abuse treatment services may also be provided within the context of other specialized treatment programs with the BOP, such as the Resolve Program and the Challenge Program.

The Resolve Program [female institutions only]
Many institutions that house female inmates offer the Resolve Program. The Resolve Program is a non-residential program for female inmates who have a history of physical and/or sexual abuse.

The Trauma in Life Workshop
The Resolve Program includes a psycho-educational component, the Trauma in Life Workshop. This workshop addresses the challenges individuals face following exposure to traumatic life events and the strategies these individuals may use to enhance their resilience or ability to survive and thrive following these events. Any female inmate with a history of abuse or an interest in learning about this topic may participate in the Trauma in Life Workshop.

Nonresidential Counseling Groups
The Resolve Program also includes a treatment component - non-residential counseling groups. Only those inmates with a history of trauma and an associated mental health problem may participate in Resolve Program counseling groups. These groups are designed to improve coping skills, build healthy relationships, and enhance emotional stability. This institution does not have a Resolve Program. If you are interested in the Resolve Program, please submit an Inmate Request to a Staff Member (a “Cop-Out”) to the Psychology Services Department.

The Sex Offender Management Program
The BOP offers sex offender treatment programs at our Sex Offender Management Program (SOMP) institutions. SOMP institutions have a higher proportion of sex offenders in their general population. Having a larger number of sex offenders at SOMP institutions ensures
that treatment volunteers feel safe about participating in programming.

The BOP’s sex offender treatment programs are stratified into two program levels:

**The Residential Sex Offender Treatment Program [male institutions only]**

The Residential Sex Offender Treatment Program (SOTP-R) is a high intensity program designed for high risk sexual offenders - ordinarily inmates with multiple sex offenses, or a history of contact sexual offenders. The SOTP-R is offered at the Federal Medical Center (FMC) in Devens, Massachusetts.

**The Non-residential Sex Offender Treatment Program**

The Non-residential Sex Offender Treatment Program (SOTP-NR) is a moderate intensity program designed for low to moderate risk sexual offenders. Many of the inmates in the SOTP-NR are first-time offenders serving a sentence for an Internet sex crime. All SOMP institutions offer the SOTP-NR.

When you volunteer for treatment, BOP staff will determine whether the Residential or Non-residential Treatment Program is appropriate for you based on your offense history. If eligible for treatment, you will be transferred to a SOMP institution based on your treatment needs and security level.

If you are interested in receiving sex offender treatment and would like to know if you are eligible for the program, contact Psychology Services. You may apply at any point in your sentence. However, inmates ordinarily enter treatment when they have between 24 to 42 months remaining on their sentence. If you are at the beginning of your sentence or have more than 48 months remaining on your sentence, you may want to wait before applying for the program.

**Institution Specific Programs**

The Psychology Services Department at MDC Brooklyn offers the following psychological programming: Cognitive Behavioral Skills; Criminal Thinking; Emotion Self-Regulation, Trauma in Life; and, Anger Management. When a group is to be offered notices will be displayed in the housing units and in TRULINCS. Inmates must submit an Inmate Request to a Staff Member in order to participate. Additionally, the Psychology Services Department offers a self-help library and meditation/relaxation MP3 players which is accessible via an Inmate Request to a Staff Member ("Cop Out").

**Confidentiality**

Security needs and the nature of a prison environment affect mental health care in a variety of ways. Confidentiality is an important component of the therapeutic relationship. However, in a prison environment, confidentiality must be weighed against institutional needs of safety and security. Mental health providers in the institution not only serve inmates, they also serve the institution and the public at large.

In the community, certain situations require mental health providers to violate client confidentiality. For example, many states mandate reporting of child or elder abuse. Providers also must notify authorities if a client threatens suicide or serious harm to others. Similarly, prison mental health providers violate confidentiality when an inmate is at risk of serious harm to themselves or others, such as when an inmate presents a clear and present risk of escape or when an inmate is responsible for the creation of disorder within a facility. Confidentiality may also be limited when prison mental health providers share information on a need-to-know basis with prison officials or other federal law enforcement entities. For example, before you are transferred to a residential reentry center, mental health providers must communicate your mental health needs to your unit team.

If you tell a staff member, including a Psychology Services staff member, that you are going to harm or kill yourself or someone else, or engage in a behavior that jeopardizes the safety or security of the institution, confidentiality will be breached and the appropriate individuals will be notified on a need-to-know basis only. Simply put, there is no guarantee of confidentiality in the prison setting. However, you can rely on the professional judgment of Psychology Services staff who conscientiously balance your confidentiality and the safety and security of the institution. Information that does not impact the safety and security of the institution, inmates, and staff, will not be shared.
While these limitations on confidentiality may initially deter you from seeking treatment, I want to assure you that the vast majority of inmates who receive psychological services are comfortable with the decisions staff make with regard to their confidentiality. If you have additional questions about confidentiality, be certain to discuss your concerns with Psychology Services staff.

**Escorted Trips**
Escorted trips provide approved inmates with staff escorted trips into the community for such purposes as receiving medical treatment not otherwise available, for visiting a critically ill member of the inmate’s immediate family, or for participating in programs or work related functions. Additionally, bedside visits and funeral trips may be authorized for inmates with custody levels below maximum. All expenses will be borne by the inmate, except for the first eight hours of each day that the employee is on duty. There are occasions based on a determination that the perceived danger to BOP staff during the proposed visit is too great, or the security concerns about the individual inmate outweigh the need to visit the community.

**Furloughs**
A furlough is an authorized absence from an institution by an inmate who is not under the escort of a staff member, a U.S. Marshal, other Federal or State agent. Furloughs are a privilege, not a right, and are only granted when clearly in the public interest and for the furtherance of a legitimate correctional goal. An inmate who meets the eligibility requirements may submit an application for furlough to staff for approval.

**Central Inmate Monitoring System**
The Central Inmate Monitoring System (CIMS) is a method for the Agency to monitor and control the transfer, temporary release, and participation in community activities of inmates who pose special management considerations. Designation as a CIMS case does not, in and of itself, prevent an inmate from participating in community activities. All inmates who are designated as CIMS cases will be notified by their Case Manager.

**Marriages**
If an inmate wishes to be married while incarcerated, the Warden may authorize the inmate to do so under certain conditions. All expenses of the marriage will be paid by the inmate. If an inmate requests permission to marry he/she must:

- Have a letter from the intended spouse which verifies their intention to marry.
- Demonstrate legal eligibility to marry.
- Be mentally competent.
- The marriage must not present a security risk to the institution.

Marriage procedures are detailed in local Institution Supplement’s.

**Barber Shop**
Haircuts are authorized on the housing units in the area designated by the Unit Manager, and permitted during the hours of 8:00 a.m. to 2:30 p.m.

**Medical Services**
The BOP inmate health care delivery system includes local ambulatory clinics as well as major medical centers. Locally, emergency medical care is available 24 hours a day in all BOP facilities. BOP clinical staff typically covers the day and evening shifts and community emergency personnel meet emergency needs when BOP clinical staff is not on-site.

Health services typically include episodic visits for new or recurring medical or dental symptoms through a sick call system, chronic care management for chronic and infectious diseases through enrollment in chronic care clinics for regular care, routine dental care, medical and dental emergency care for injuries and sudden illness, age-appropriate preventive care to promote optimal health and functional status, restorative care to promote achievable functional status, long-term care and end-of-life care.
Sick Call System
For episodic care, inmates must sign up for sick call. This is accomplished by sending an email to the BRO/Inmatetosickcall box for medical and the BRO/Inmatetodental box for dental sick call. Clinical and dental staff will screen the inmate’s complaint, give a future appointment based on the nature of the health complaint and enter the appointment date on the “callout” sheet. Inmate sick call emails are triaged on Monday, Tuesday, Thursday, and Friday. Inmates who become ill suddenly will notify their work supervisor or Unit Officer to call the Health Services Unit to arrange an evaluation. Inmates requesting health services will be charged a co-payment fee of $2.00 unless staff determines they are indigent and not subject to a co-payment fee. An inmate without funds (indigent inmate) is an inmate who has not had a trust fund account balance of $6.00 for the past 30 days.

Inmates in detention or segregation who are unable to utilize the electronic sick call sign up will access sick call by submitting a written request for evaluation or by verbally asking for a sick call appointment when the Health Services clinician makes daily rounds in the secured unit.

Emergency Medical Treatment
All emergencies or injuries receive priority for treatment. Appropriate medical care will be provided by institution clinical staff or by community emergency personnel after regular Health Services Unit operating hours when institution clinicians are not on-site. Clinicians covering evenings, weekends and holidays provide treatment for acute medical problems and directly observed pill lines.

Medication Administration (Pill Line)
Controlled medications are administered at regularly scheduled times of the day and evening in the Unit known as the “pill line.” Clinical staff delivers controlled medications to inmates in detention or segregation units during established pill line times.

On-the-job Injuries
Inmates injured while performing an assigned duty, must immediately report this injury to their work supervisor. The work supervisor reports the injury to the institution Safety Manager who completes mandatory occupational injury documentation. The inmate must be evaluated by clinical staff and an injury report completed for inclusion in the inmate’s health record under the Occupational Medicine section of BEMR.

Inmates who suffer a work-related injury may be eligible for compensation if the injury prevents the inmate from performing his or her usual work duties. However, the inmate may be disqualified from eligibility for lost-time wages or compensation if he or she fails to report a work injury promptly to the supervisor.

CONTACT WITH THE COMMUNITY AND PUBLIC

Correspondence
In most cases, inmates are permitted to correspond with the public, family members, and others without prior approval. All outgoing general mail must remain unsealed and deposited in the general mailbox on the housing unit. General mail is inspected and/or read by staff. The outgoing envelope must have the inmate’s committed name, register number, and complete institution return address in the upper left hand corner. Example:

Metropolitan Detention Center
Inmate Name and Register Number
P. O. Box 329002
Brooklyn, NY 11232

Inmates will be responsible for the contents of all of their letters. Correspondence containing threats, extortion, etc., may result in prosecution for violation of Federal laws.
Inmates may be placed on restricted correspondence status based on misconduct or as a result of classification. The inmate is notified of this placement and has the opportunity to respond. Mail service to inmates is ordinarily provided on a five-day schedule, Monday through Friday. Usually, weekend and holiday mail services are not provided.

**Incoming Correspondence**
First class mail is distributed Monday through Friday (except holidays) by the evening watch Correctional Officer in each living unit. All incoming inmate general correspondence envelopes and paper must be white in color and stamps may be removed from the envelope at any time. General correspondence may be copied to include greeting cards, inmates will be provided the photocopied correspondence and will not be provided the original. All contraband to include non-white envelopes or written paper, glitter, stickers, lipstick, perfume, is stained or contains an oily substance will be rejected in accordance with policy. Legal and Special Mail will be distributed by Unit team staff and opened in the presence of the inmate, if the sender is appropriately identified, and the envelope is marked, “Special Mail-open only in the presence of the inmate.” Inmates are asked to advise those writing to them to put the inmate’s registration number and Housing Unit on the envelope to aid the prompt delivery of mail. All inmate packages must have prior authorization unless otherwise approved under BOP policy.

**Incoming Publications**
The BOP permits inmates to subscribe to and receive publications without prior approval. The term publication means a book, booklet, pamphlet, or similar document, or a single issue of a magazine, periodical, newsletter, newspaper, plus such other materials addressed to a specific inmate, such as advertising brochures, flyers, and catalogs. An inmate may only receive hard cover/soft cover publications and newspapers from the publisher, a book club, or a bookstore.

**Special Mail**
Special Mail is a category of correspondence sent to the following: President and Vice President of the United States, the U.S. Department of Justice (including the BOP), U.S. Attorneys Offices, Surgeon General, U.S. Public Health Service, Secretary of the Army, Navy, or Air Force, U.S. Courts (including U.S. Probation Officers), Members of the U.S. Congress, Embassies and Consulates, Governors, State Attorneys General, Prosecuting Attorneys, Directors of State Departments of Corrections, State Parole Commissioners, State Legislators, State Courts, State Probation Officers, other Federal and State law enforcement offices, attorneys, and representatives of the news media.

All appropriately marked outgoing legal/special mail will be sealed by the inmate and hand delivered to the unit officer. Legal/special mail will not be opened, unless contraband is suspected or apparent. The unit officer will log in the receipt of the mail in the legal/special mail log book maintained in the unit officer’s office. The logbook entries includes the inmate’s name, register number, date and time of receipt, address of the recipient, and the unit officer’s signature. Correctional Systems staff will pick up the legal/special mail daily, and enter their name, date, and time they picked up the mail.

Special mail also includes correspondence received from the following: President and Vice President of the United States, attorneys, Members of the U.S. Congress, Embassies and Consulates, the U.S. Department of Justice (excluding the Bureau of Prisons but including U.S. Attorneys), other Federal law enforcement officers, State Attorneys General, Prosecuting Attorneys, Governors, U.S. Courts (including U.S. Probation Officers), and State Courts.

A designated staff member opens incoming Special Mail in the presence of the inmate. These items will be checked for physical contraband, funds, and for qualification as Special Mail; the correspondence will not be read or copied if the sender has adequately identified himself/herself on the envelope and the front of the envelope clearly indicates that the correspondence is “Special Mail - Open only in the presence of the inmate” or with similar language. Without adequate identification as Special Mail, the staff may treat the mail as general correspondence. In this case, the mail may be opened, read, and inspected.
Inmate Correspondence with Representatives of the News Media
An inmate may write, following Special Mail procedures, to representatives of the news media when specified by name and title. The inmate may not receive compensation or anything of value for correspondence with the news media. The inmate may not act as a reporter, publish under a byline, or conduct a business or profession while in BOP custody.

Representatives of the news media may initiate correspondence with an inmate. Correspondence from a representative of the news media will be opened, inspected for contraband, for qualification as media correspondence, and for content which is likely to promote either illegal activity or conduct contrary to BOP regulations.

Correspondence between Confined Inmates
An inmate may be permitted to correspond with an inmate confined in another penal or correctional institution. This is permitted if the other inmate is either a member of the immediate family (mother, father, sister, child, or spouse), or party in a current legal action (or a witness) in which both parties are involved. The Unit Manager at each institution must approve the correspondence if both inmates are housed in Federal institutions.

Rejection of Correspondence
The Warden may reject general correspondence sent by or to an inmate if it is determined to be detrimental to the security, good order, or discipline of the institution, to the protection of the public, or if it might facilitate criminal activity.

Notification of Rejection
The Warden will give written notice to the sender concerning the rejection of mail and the reasons for rejection. The sender of the rejected correspondence may appeal the rejection. The inmate may also be notified of the rejection of correspondence and the reasons for it. The inmate also has the right to appeal the rejection. The Warden shall refer the appeal to a designated officer other than the one who originally disapproved the correspondence. Rejected correspondence ordinarily will be returned to the sender.

Change of Address/Forwarding of Mail
Mail Room staff will make available to an inmate who is being released or transferred a change of address form. General correspondence (as opposed to special mail) will be forwarded to the new address for 30 days. After 30 days, general correspondence is returned to sender with the notation “Not at this address - return to sender.” Staff will use all practical means to forward special mail. After 30 days, the SENTRY address will be used to forward special mail.

Certified/Registered Mail
Inmates may use certified, registered, or insured mail services. Other mail services such as stamp collecting, express mail, cash on delivery (COD), and private carriers are not provided.

*Refer to the Program Statement and Institution Supplement for more detailed information regarding correspondence.

Telephones
Telephones privileges are a supplemental means of maintaining community and family ties. Telephones are to be used for lawful purposes only. Threats, extortion, etc. may result in prosecution. All inmate telephones are subject to monitoring and recording. Inmates must contact their Case Manager to arrange an unmonitored attorney call.

While policy specifically allows inmates to make one call every three months, there is no specific limit on the number of phone calls that an inmate may make. It is expected that each inmate will handle his calls in such a manner that will allow the equal use of the phones by all inmates. Calls are limited to 15 minutes in duration. Each inmate is allowed 300 minutes of calling time per month, unless on telephone restriction.
Inmates are allowed to have thirty (30) approved numbers on their phone list. In order to use the system, you will have to transfer funds from your commissary account to your individual telephone account. There are telephones located in each housing unit for your use. No third party, credit card calls, 1-800, 1-900, 1-888, or 1-976 can be made on these lines. Collect calls can also be made to pre-approved telephone numbers.

Inmates will be given their SECRET PAC (nine digits) number by your Correctional Counselor. This will allow you to place a call by first entering the telephone number followed by your nine digit PAC number. Giving or selling your PAC number will result in disciplinary action. All calls are automatically terminated after fifteen (15) minutes. A waiting period may be established between calls.

It is each inmate's responsibility to maintain their PAC in a way to ensure no other inmate has access to it. Inmates found to be sharing their telephone account with other inmates will result in disciplinary action taken with all inmates involved. Third party telephone contact will also result in disciplinary action. This could include, but is not limited to, three way calls, call forwarding, the use of two or more telephones to communicate, and/or ANY circumstance in which the party called establishes third party telephone contact.

**ACCESS TO LEGAL SERVICES**

**Legal Correspondence**
Legal correspondence from attorneys will be treated as Special Mail if it is adequately marked. The envelope must be marked with the **attorney’s name** and an indication that he/she is an attorney and the front of the envelope must be marked as “Special Mail - open only in the presence of the inmate” or with similar language clearly indicating the particular correspondence qualifies as legal mail and the attorney is requesting the correspondence be opened only in the inmate’s presence. It is the responsibility of the inmate to advise his/her attorney of these requirements. If legal mail is not adequately marked, it may be opened as general correspondence.

**Attorney Visits**
Attorneys are encouraged to visit during regular visiting hours. However, visits from an attorney can be arranged at other times based on the circumstances of each case and the availability of staff. Attorney visits will be subject to visual monitoring, but not audio monitoring.

**Legal Material**
During attorney visits, a reasonable amount of legal materials may be allowed in the visiting area, with prior approval. Legal material may not be transferred to the inmate in the visiting room. However, a legal depository box is located in the front lobby where attorneys can drop the legal material. Please ensure that your attorney provides, their name, your name and register number on the legal material. Inmates are expected to handle the transfer of legal materials through the mail as often as possible.

**Attorney Phone Calls**
In order to make an unmonitored phone call with an attorney, the inmate must demonstrate to the Unit Team the need, such as an imminent court deadline. Inmates are responsible for the expense of unmonitored attorney telephone calls. When possible, it is preferred that inmates place an unmonitored, collect legal call. Phone calls placed through the regular inmate phones are subject to monitoring.

**Law Library**
Electronic Law Libraries (ELL): Inmates are afforded access to legal materials and an opportunity to prepare legal documents in the ELL. Resources are available for inmates to prepare legal material via Trust Fund.

**Notary Public**
Under the provisions of 18 USC 4004, Case Managers are authorized to notarize documents.
A recent change in the law allows that a statement to the effect that papers which an inmate signs are true and correct under penalty of perjury will suffice in Federal courts and other Federal agencies, unless specifically directed to do otherwise. Some states will not accept a government notarization for real estate transactions, automobile sales, etc. In these cases, it will be necessary to contact unit staff for arrangements with the institution’s notary public.

Copies of Legal Material
In accordance with institution procedures, inmates may copy material necessary for their research or legal matters. A copying machine is available in the Education Department for inmate use for a nominal fee. Individuals who have no funds and who can demonstrate a clear need for particular copies may submit a written request for a reasonable amount of free duplication through the unit team.

Federal Tort Claims
If the negligence of institution staff results in personal injury or property loss or damage to an inmate, it can be the basis of a claim under the Federal Tort Claims Act. To file such a claim, inmates must complete a Standard Form 95. They can obtain this form by submitting an Inmate Request to Staff Member or requesting one through your Correctional Counselor.

Freedom of Information/Privacy Act of 1974
The Privacy Act of 1974 forbids the release of information from agency records without a written request, or without the prior written consent of the individual to whom the record pertained, except for specific instances. All formal requests for access to records about another person and/or agency record other than those pertaining to themselves shall be processed through the Freedom of Information Act (FOIA), 5 USC 552. Requests may be made in writing to the FOIA Branch, Central Office, 320 First St., N.W., Washington, D.C. 20534.

Inmate Access to Central Files and Other Documents
An inmate may request to view his/her central file (minus the FOIA section) under the supervision of his/her Case Manager by submitting a cop-out to the Unit Team. An inmate does not need to submit a FOIA Act Request to the Director of the BOP unless the information requested is in the FOIA Exempt section. Likewise, an inmate wishing to review his/her medical file should send a request to Health Services.

An inmate can request access to the non-disclosable documents in his central file and medical file, or other documents concerning himself that are not in his central file or medical file, by submitting a Freedom of Information Act Request to the Director of the BOP, Attention: FOI Request. A request on the behalf of an inmate by an attorney, for records concerning that inmate, will be treated as a Privacy Act Request if the attorney has forwarded an inmate’s written consent to disclose materials. If a document is deemed to contain information exempt from disclosure, any reasonable part of the record will be provided to the attorney after the deletion of the exempt portions.

Executive Clemency
The BOP advises all inmates that the President of the United States is authorized under the Constitution to grant executive clemency by pardon, commutation of sentence, or reprieve. A pardon is an executive act of grace that is a symbol of forgiveness. It does not connote innocence nor does it expunge the record of conviction. A pardon restores civil rights and facilitates the restoration of professional and other licenses that may have been lost by reason of the conviction. Other forms of executive clemency include commutation of sentence (reduction of sentence imposed after a conviction), and a reprieve (the suspension of execution of a sentence for a period of time). Inmates should contact their assigned Case Manager for additional information regarding this program.

Commutation of Sentence
The BOP also advises inmates on commutation of sentences. Commutation of sentence is usually the last chance to correct an injustice which has occurred in the criminal justice process. Inmates applying for commutation of sentence must do so on forms available from the assigned unit team. The rules governing these petitions are available in the Law Library.
Pardon
A pardon may not be applied for until the expiration of at least five (5) years from the date of release from confinement. In some cases involving crimes of a serious nature, such as violation of Narcotics Laws, Gun Control Laws, Income Tax Laws, Perjury, and violation of public trust involving personal dishonesty, fraud involving substantial sums of money, violations involving organized crime, or crimes of a serious nature, a waiting period of seven years is usually required.

Compassionate Release/Reduction in Sentence
The Director of the Bureau of Prisons may motion an inmate’s sentencing court for reduction in sentence (RIS) for an inmate presenting extraordinary and compelling circumstances. See 18 U.S.C. § 3582 and Program Statement 5050.50, on Compassionate Release/Reduction in Sentence. The BOP may consider both medical and non-medical circumstances. The BOP consults with the U.S. Attorney’s Office that prosecuted the inmate and will notify any victims of the inmate’s current offense. If the RIS is granted, the judge will issue an order for the inmate’s release and he or she will then usually begin serving the previously imposed term of supervised release. If an inmate's RIS request is denied, the inmate will be provided a statement of reasons for the denial. The inmate may appeal a denial through the Administrative Remedy Procedure. Denials by the General Counsel or the Director are final agency decisions and are not appealable. Inmates who feel their request is of an emergency nature (e.g., a terminal medical condition) may state as such in accordance with the regulation. (See 28 CFR part 542, subpart B).

PROBLEM RESOLUTION
Inmate Request to Staff Member
An Inmate Request to Staff Member (form BP-S148), commonly called a “Cop-Out”, is used to make a written request to a staff member. Any type of request can be made with this form. Cop-outs may be obtained in the living units from the Correctional Officer on duty. Staff members will answer the request within a reasonable period of time. Inmates may also email staff.

Administrative Remedy Process
The BOP emphasizes and encourages the resolution of complaints. The first step of the Administrative Remedy process is to attempt an Informal Resolution, utilizing the appropriate Informal Resolution form. (See the Administrative Remedy Institution Supplement, Attachment A.) When an informal resolution is not successful, an inmate can access the Administrative Remedy Program. All Administrative Remedy forms may be obtained from your assigned Correctional Counselor or Unit Team member.

If the issue cannot be informally resolved, a formal complaint may be filed with a Request for Administrative Remedy (formerly BP-229), commonly referred to as a BP-9. The inmate may place a single complaint or related issues on the form. If the form contains multiple unrelated issues, the submission will be rejected. The inmate will return the completed BP-9 to the Correctional Counselor, who will deliver it to the Administrative Remedy Coordinator (BP-9 will be rejected unless processed through staff). The BP-9 complaint must be filed within twenty (20) calendar days from the date on which the basis for the incident or complaint occurred, unless it was not feasible to file within that period of time which should be documented in the complaint. Institution staff has twenty (20) calendar days to act on the complaint and to provide a written response to the inmate. This time limit for the response may be extended for an additional twenty (20) calendar days. The inmate will be notified of the extension.

If the inmate is not satisfied with the Warden’s response to the BP-9, he may file an appeal to the Regional Director. This appeal must be received in the Regional Office within twenty (20) calendar days from the date of the BP-9 response. The regional appeal is filed on a Regional Administrative Remedy Appeal (form BP-230), commonly referred to as a BP-10, and must include the appropriate number of copies of the BP-9 form, the Warden’s response, and any exhibits. The regional appeal must be answered within thirty (30) calendar days, but the time limit may be extended an additional thirty (30) days. The inmate will be notified of the extension.
If the inmate is not satisfied with the Regional Director’s response, he may appeal to the General Counsel in the Central Office. The national appeal must be made on the Central Office Administrative Remedy Appeal (form BP-231), commonly referred to as a BP-11, and must have the appropriate number of copies of the BP-9, BP-10, both responses, and any exhibits. The national appeal must be answered within forty (40) calendar days, but the time limit may be extended an additional twenty (20) days. The inmate will be notified of the extension.

When filing a Request for Administrative Remedy or an Appeal (BP-9, BP-10, or BP-11), the form should contain the following information:

- Statement of Facts
- Grounds for Relief
- Relief Requested

Sensitive Complaints
If an inmate believes a complaint is of a sensitive nature and he would be adversely affected if the complaint became known to the institution, he may file the complaint directly to the Regional Director. The inmate must explain, in writing, the reason for not filing the complaint with the institution. If the Regional Director agrees the complaint is sensitive, it shall be accepted and a response to the complaint will be processed. If the Regional Director does not agree the complaint is sensitive, the inmate will be advised in writing of that determination and the complaint will be returned. The inmate may then pursue the matter by filing a BP-9 at the institution.

General Information
When a complaint is determined to be of an emergency and threatens the inmate’s immediate health or welfare, the reply must be made as soon as possible, usually within seventy-two (72) hours from the receipt of the complaint.

For detailed instructions see Program Statement 1330.16, Administrative Remedy Program.

DISCIPLINARY PROCEDURES
Inappropriate sexual behavior towards staff and other inmates will not be tolerated. Inappropriate sexual behavior is defined as verbal or physical conduct perceived as a sexual proposal, act, or threat. Examples of inappropriate inmate sexual behavior include: displaying sexually explicit materials; making sexually suggestive jokes, comments, proposals, and gestures; and engaging in stalking, indecent exposure, masturbation, or physical contact. Inmates who engage in this type of behavior will be disciplined and sanctioned accordingly, through the inmate discipline process.

Discipline
The inmate discipline program helps ensure the safety, security, and orderly operation for all inmates. Violations of BOP rules and regulations are handled by the Unit Discipline Committee (UDC) and, for more serious violations, the Disciplinary Hearing Officer (DHO). Upon arrival at an institution, inmates are advised of the rules and regulations and are provided with copies of the Prohibited Acts and Available Sanctions, as well as local regulations.

Inmate Discipline Information
When a staff member witnesses or reasonably believes an inmate has committed a prohibited act, a staff member will issue an incident report, a written copy of the charges against an inmate. The incident report will ordinarily be delivered to the inmate within 24 hours of the time staff became aware of the inmate’s involvement in the incident. If the incident is referred for prosecution, the incident report is delivered by the end of the next work day after it has been released for administrative processing. An informal resolution of the incident may be attempted at any stage of the discipline process. If an informal resolution is accomplished, the incident report will be removed from the inmate’s central file. Informal resolution is encouraged for all violations in the Moderate and Low severity categories. Staff may suspend disciplinary proceedings up to two calendar weeks while informal resolution is undertaken. If an informal resolution is not accomplished, staff will reinstate the discipline process at the stage at which they were
suspended. Violations in the Greatest and High severity categories cannot be informally resolved and must be forwarded to the DHO for final disposition.

Initial Hearing
Inmates will ordinarily be given an initial hearing within five (5) work days after the incident report is issued, excluding the day it was issued, weekends, and holidays. The Warden must approve, in writing, any extension over five (5) days. The inmate is entitled to be present at the initial hearing and may make statements and present documentary evidence. The UDC must give its decision in writing to the inmate by the close of the next work day. The UDC may make findings on Moderate and Low severity offenses. The UDC will automatically refer Greatest and High severity offenses to the DHO for final disposition.

Discipline Hearing Officer (DHO)
The Disciplinary Hearing Officer (DHO) conducts disciplinary hearings on all Greatest and High severity prohibited acts and other violations referred by the UDC at the Moderate and Low severity levels. The DHO may not hear any case not referred by the UDC. An inmate will be provided with advance written notice of the charge(s) not less than 24 hours before the inmate's appearance before the DHO. Inmates may waive this requirement. Inmates may appear before the DHO either in person or electronically (for example, by video or telephone conferencing). The Warden provides a full-time staff member to represent an inmate, if requested. An inmate may make statements and present documentary evidence on his or her behalf. The inmate may request witnesses appear at the DHO hearing to provide statements. The DHO will call witnesses who have information directly relevant to the charge(s) and are reasonably available. The DHO will request a statement from all unavailable witnesses whose testimony is deemed relevant. Inmates may not question a witness at the hearing; however, the staff representative and/or the DHO will question the witness(es). An inmate may submit a list of questions for the witness(es) to the DHO if there is no staff representative. An inmate has the right to be present throughout the DHO hearing, except during deliberations. The inmate charged may be excluded during appearances of outside witnesses or when institution security may be jeopardized. The DHO may postpone or continue a hearing for good cause or disposition when the case does not warrant DHO involvement, or may refer an incident report back for further investigation or review. The DHO will give the inmate a written copy of the decision and disposition, ordinarily within 15 days of the decision.

Appeals of Disciplinary Actions
Appeals of all disciplinary actions may be made through the Administrative Remedy Program. The initial reviewing official for the UDC is the Warden. The decision of the DHO is final and subject to review only by the Regional Director through the Administrative Remedy program. Appeals are made to the Regional Director (BP-230) and the General Counsel (BP-231). On appeal, the reviewing authority (Warden, Regional Director, or General Counsel) considers:

· Whether the UDC or DHO substantially complied with regulations on inmate discipline.
· Whether the UDC or DHO based its decision on facts. If there is conflicting evidence, whether the decision was based on the greater weight of the evidence.
· Whether an appropriate sanction was imposed for the severity level of the prohibited act, and other relevant circumstances.

Special Housing Unit Status
Special Housing Units (SHUs) are housing units in BOP institutions where inmates are securely separated from the general inmate population, and may be housed either alone or with other inmates. SHU helps ensure the safety, security, and orderly operation of correctional facilities, and protect the public by providing alternative housing assignments for inmates removed from the general population.

When placed in the SHU, you are either in administrative detention (A/D) status or disciplinary segregation (D/S) status.

Administrative detention (A/D) status: A/D is an administrative status which removes you from the general population when necessary to ensure the safety, security, and orderly
operation of correctional facilities, or protect the public. Administrative detention status is non-punitive, and can occur for a variety of reasons.

You may be placed in A/D status for the following reasons:

(a) Pending Classification or Reclassification: You are a new commitment pending classification or under review for Reclassification. This includes newly arrived inmates from the bus, airlift, and U. S. Marshals Service.

(b) Holdover Status: You are in holdover status during transfer to a designated institution or other destination.

(c) Removal from general population: Your presence in the general population poses a threat to life, property, self, staff, other inmates, the public, or to the security or orderly running of the institution and:

(1) Investigation: You are under investigation or awaiting a hearing for possibly violating a Bureau regulation or criminal law;

(2) Transfer: You are pending transfer to another institution;

(3) Protection cases: You requested, or staff determined, you require administrative detention status for your own protection; or

(4) Post-disciplinary detention: You are ending confinement in disciplinary segregation status, and your return to the general population would threaten the safety, security, and orderly operation of a correctional facility, or public safety.

When placed in A/D status, you will receive a copy of the administrative detention order, ordinarily within 24 hours, detailing the reason(s) for your placement. However, when placed in A/D status pending classification or while in holdover status, you will not receive an administrative detention order.

In A/D status you are ordinarily allowed a reasonable amount of personal property and reasonable access to the commissary.

Disciplinary segregation (D/S) status: D/S is a punitive status imposed only by a Discipline Hearing Officer (DHO) as a sanction for committing a prohibited act(s). When you are placed in D/S status, as a sanction for violating BOP regulations, you will be informed by the DHO at the end of your discipline hearing.

In D/S status, your personal property will be impounded, with the exception of limited reading/writing materials and religious articles. Your commissary privileges may also be limited. In either status, your amount of personal property may be limited for reasons of fire safety or sanitation. The Warden may modify the quantity and type of personal property allowed. Personal property may be limited or withheld for reasons of security, fire safety, or housekeeping. The unauthorized use of any authorized item may result in the restriction of the item. If there are numerous misuses of an authorized item, the Warden may determine that the item will not be issued in the SHU.

Program staff, including unit staff, will arrange to visit inmates in a SHU within a reasonable time after receiving the inmate's request. A Health Services staff member will visit you daily to provide necessary medical care. While in SHU, you may continue taking your prescribed medications. In addition, after every 30 calendar days of continuous placement in either A/D or D/S status, a Mental Health staff will examine and interview you.

RELEASE

Sentence Computation
The Designation and Sentence Computation Center (DSCC), located in Grand Prairie, Texas, is responsible for the computation of inmate sentences. Once staff at the DSCC have certified the sentence computation as being accurate, staff will provide the inmate with a copy of his or her sentence computation data. Any questions concerning good time, jail
time credit, parole eligibility dates, full term dates, or release dates are resolved by staff upon inmate request for clarification.

**Fines and Costs**
In addition to jail time, the court may impose committed or non-committed fines and/or costs. Committed fines mean that the inmate will remain in prison until the fine is paid, makes arrangements to pay the fine, or qualifies for release under the provisions of Title 18 USC, Section 3569 (Discharge of indigent prisoner). Non-committed fines have no condition of imprisonment based on payment of fines or costs. Payments for a non-committed fine or cost are not required for release from prison or transfer to a contract residential reentry center.

**Detainers**
Case management staff may give assistance to offenders in their efforts to have detainers against them disposed of, either by having the charges dropped, by restoration to probation or parole status, or by arrangement for concurrent service of the state sentence. The degree to which the staff can assist in such matters as these will depend on individual circumstances.

The Interstate Agreement on Detainers Act (IADA) allows for the disposition of untried charges, indictments, information, or complaints that have been lodged as a detainer by party states. The United States of America, the District of Colombia, and any U.S. state or territory that has codified the IADA into its statutes have been identified as party states. The states of Mississippi and Louisiana, the Commonwealth of Puerto Rico, and the territories have not joined the IADA to date. An IADA will only be completed for our work cadre designated inmates.

**Good Conduct Good Time**
This applies to inmates sentenced for an offense committed on or after November 1, 1987, under the Sentencing Reform Act of 1984 (SRA), the Violent Crime Control Law Enforcement Act (VCCLEA), or Prison Litigation Reform Act (PLRA).

The SRA became law on November 1, 1987. The two most significant changes made to sentencing statutes concern good time and parole issues. There are no provisions for parole under the SRA. The only good time available under the SRA is 54 days of Good Conduct Time (GCT) for each year served on the sentence. No GCT is applied to life terms, or to sentences of 1 year or less. Good time is not awarded under the SRA until the end of each year served on the sentence, and may be awarded in part or in whole, contingent upon behavior during the year. Once awarded, GCT earned under the SRA is vested, and may not be forfeited at a later time.

For inmates convicted under the VCCLEA, for offenses committed from September 13, 1994, through April 25, 1996, the 54 days of GCT earned for each year served on the sentence will not vest if an inmate does not have a high school diploma or a GED, and the inmate is not making satisfactory progress toward earning a GED. Unsatisfactory progress is determined by the institution Education Department.

For inmates sentenced under the PLRA, for offenses committed on or after April 26, 1996, the GCT earned for time spent in service of the sentence does not vest. In addition, if an inmate does not have a high school diploma or a GED, and the inmate is not making satisfactory progress toward earning a GED, only 42 days of GCT will be earned for each year in the service of the sentence. Unsatisfactory progress is determined by the institution Education Department.

The amount of GCT an inmate is eligible to receive is based on the amount of time served on the sentence, not the length of the sentence. This calculation method has been upheld by the U.S. Supreme Court.

**Residential Reentry Center Placement**
Inmates who are nearing release, and who need assistance in obtaining a job, residence or other community resources, may be referred for placement at a Residential Reentry Center (RRC).

The Residential Reentry Management Regional Administrator supervises services provided to
offenders housed in contract facilities and participating in specialized programs in the community. The Residential Reentry Manager (RRM) links the BOP with the U.S. Courts, other Federal agencies, State and local governments, and the community. Located strategically throughout the country, the RRM is responsible for developing and maintaining a variety of contract facilities and programs, working under the supervision of the appropriate regional administrator.

Community programs have two major emphases: residential community-based programs provided by RRCs and programs that provide intensive nonresidential supervision to offenders in the community.

Community-Based Residential Programs
The community-based residential programs available include both typical RRCs and work release programs provided by local detention facilities. The RRCs provide a suitable residence, structured programs, job placement and counseling while monitoring the offender’s activities. They also provide drug testing and counseling, and alcohol monitoring and treatment. While in these programs, employed offenders are required to pay subsistence to help defray the cost of their confinement. The inmate’s payment rate during RRC residence is 25 percent of the inmate's gross income.

Most BOP community-based residential programs are proved in RRCs. These facilities contract with the BOP to provide residential correctional programs near the offender’s home community. RRCs are used primarily for three types of offenders:

- Those nearing release from a BOP institution, as a transitional service while the offender is finding a job, locating a place to live, and reestablishing family ties.
- Those under community supervision who need guidance and supportive services beyond what can be provided through regular supervision by U.S. Probation.
- Those serving short sentences of imprisonment and terms of community confinement.

Each RRC now provides two components within one facility, a prerelease component and a community corrections component. The prerelease component assists offenders making the transition from an institutional setting to the community, or as a resource while under supervision. The community corrections component is more restrictive. Except for employment and other required activities, the offenders are required to remain at the RRC, where recreation, visiting, and other activities are provided in-house.

The other option for community-based residential programming is local detention facilities. Some local jails and detention centers are used to confine offenders serving short sentences. Many have work release programs where an offender is employed in the community during the day and returns to the institution at night. These facilities may also be used for offenders sentenced to terms of intermittent confinement such as nights, weekends, or other short intervals. Some of these local facilities have work release programs similar to the community corrections component in a RRC, serving to facilitate the transition from the institution to the community.

The Adam Walsh Child Protection and Safety Act
The Adam Walsh Child Protection and Safety Act (Pub.L. 109-248) was signed into law on July 27, 2006. The legislation organizes sex offenders into 3 tiers, and mandates that Tier 3 offenders update their whereabouts every 3 months. It makes failure to register and update information a felony. It also creates a national sex offender registry and instructs each state and territory to apply identical criteria for posting offender data on the Internet (i.e., offender's name, address, date of birth, place of employment, photograph, etc.).

PROPERTY AND TRANSFERRING TO OTHER INSTITUTIONS
In accordance with bureau policy (PS 5580.08, Inmate Personal Property), there are national limits that are authorized for transfer between BOP institutions. The institution will pay for two (2) boxes which are authorized. Any item that is not listed as transferrable property, but was purchased through commissary can be mailed to your institution at your own expense. If you choose to mail property to your
institution or send it home, it is your responsibility to have enough stamps to be placed on the box. Boxes that are sent at your expense are forwarded through the United States Postal Service.

***ANY PROPERTY BROUGHT TO R&D TO BE PACKED OUT THAT IS NOT ON THE NATIONAL LIMIT LIST, WILL BE YOUR RESPONSIBILITY TO EITHER MAIL HOME, MAIL TO YOUR NEXT INSTITUTION, OR DISCARD THE PROPERTY. INMATES ARE NOT PERMITTED TO GIVE ANYTHING TO ANOTHER INMATE WITHOUT AUTHORIZATION FROM STAFF.

Conclusion
Hopefully this information will assist inmates during their incarceration and help clarify any concerns they may encounter. New commitments should feel free to ask any staff member for assistance, particularly unit staff. For individuals who are not yet in custody, and who have been given this publication to prepare for commitment, the BOP’s RRM or the staff at the institution to which they have been designated can help clarify any other concerns.
## INMATE RIGHTS AND RESPONSIBILITIES

<table>
<thead>
<tr>
<th>RIGHTS</th>
<th>RESPONSIBILITIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. You have the right to expect that you will be treated in a respectful, impartial, and fair manner by all staff.</td>
<td>1. You are responsible for treating inmates and staff in the same manner.</td>
</tr>
<tr>
<td>2. You have the right to be informed of the rules, procedures, and schedules concerning the operation of the institution.</td>
<td>2. You have the responsibility to know and abide by them.</td>
</tr>
<tr>
<td>3. You have the right to freedom of religious affiliation, and voluntary religious worship.</td>
<td>3. You have the responsibility to recognize and respect the rights of others in this regard.</td>
</tr>
<tr>
<td>4. You have the right to health care, which includes nutritious meals, proper bedding and clothing, and a laundry schedule for cleanliness of the same, an opportunity to shower regularly, proper ventilation for warmth and fresh air, a regular exercise period, toilet articles, and medical and dental treatment.</td>
<td>4. It is your responsibility not to waste food, to follow the laundry and shower schedule, maintain neat and clean living quarters, to keep your area free of contraband, and to seek medical and dental care as you may need it.</td>
</tr>
<tr>
<td>5. You have the right to visit and correspond with family members and friends, and correspond with members of the news media in accordance with Bureau rules and institution guidelines.</td>
<td>5. It is your responsibility to conduct yourself properly during visits. You will not engage in inappropriate conduct during visits to include sexual acts and introduction of contraband, and not to violate the law or Bureau guidelines through your correspondence.</td>
</tr>
<tr>
<td>6. You have the right to unrestricted and confidential access to the courts by correspondence (on matters such as the legality of your conviction, civil matters, pending criminal cases, and conditions of your imprisonment.)</td>
<td>6. You have the responsibility to present honestly and fairly your petitions, questions, and problems to the court.</td>
</tr>
<tr>
<td>7. You have the right to legal counsel from an attorney of your choice by interviews and correspondence.</td>
<td>7. It is your responsibility to use the services of an attorney honestly and fairly.</td>
</tr>
<tr>
<td>8. You have the right to participate in the use of law library reference materials to assist you in resolving legal problems. You also have the right to receive help when it is available through a legal assistance program.</td>
<td>8. It is your responsibility to use these resources in keeping with the procedures and schedule prescribed and to respect the rights of other inmates to the use of the materials and assistance.</td>
</tr>
</tbody>
</table>
9. You have the right to a wide range of reading materials for educational purposes and for your own enjoyment. These materials may include magazines and newspapers sent from the community, with certain restrictions.

9. It is your responsibility to seek and utilize such materials for your personal benefit, without depriving others of their equal rights to the use of this material.

10. You have the right to participate in educational, vocational training, counseling, and employment programs as resources permit, and in keeping with your interests, needs, and abilities.

10. You have the responsibility to take advantage of activities which will aid you to live a successful and law-abiding life within the institution and in the community. You will be expected to abide by the regulations governing the participation in such activities.

11. You have the right to use your funds for commissary and other purchases, consistent with institution security and good order, for opening bank and/or savings accounts, and for assisting your family, in accordance with Bureau rules.

11. You have the responsibility to meet your financial and legal obligations, including, but not limited to, DHO and court imposed assessments, fines, and restitution. You also have the responsibility to make use of your funds in a manner consistent with your release plans, your family needs, and for other obligations that you may have.
PROHIBITED ACTS AND AVAILABLE SANCTIONS

GREATEST SEVERITY LEVEL PROHIBITED ACTS

100 Killing.

101 Assaulting any person, or an armed assault on the institution’s secure perimeter (a charge for assaulting any person at this level is to be used only when serious physical injury has been attempted or accomplished).

102 Escape from escort; escape from any secure or non-secure institution, including community confinement; escape from unescorted community program or activity; escape from outside a secure institution.

103 Setting a fire (charged with this act in this category only when found to pose a threat to life or a threat of serious bodily harm or in furtherance of a prohibited act of Greatest Severity, e.g., in furtherance of a riot or escape; otherwise the charge is properly classified Code 218, or 329).

104 Possession, manufacture, or introduction of a gun, firearm, weapon, sharpened instrument, knife, dangerous chemical, explosive, ammunition, or any instrument used as a weapon.

105 Rioting.

106 Encouraging others to riot.

107 Taking hostage(s).

108 Possession, manufacture, introduction, or loss of a hazardous tool (tools most likely to be used in an escape or escape attempt or to serve as weapons capable of doing serious bodily harm to others; or those hazardous to institutional security or personal safety; e.g., hacksaw blade, body armor, maps, handmade rope, or other escape paraphernalia, portable telephone, pager, or other electronic device).

109 (Not to be used).

110 Refusing to provide a urine sample; refusing to breathe into a Breathalyzer; refusing to take part in other drug-abuse testing.

111 Introduction or making of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

112 Use of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

113 Possession of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

114 Sexual assault of any person, involving non-consensual touching by force or threat of force.

115 Destroying and/or disposing of any item during a search or attempt to search.

116 Use of the mail for an illegal purpose or to commit or further a Greatest category prohibited act.

117 Use of the telephone for an illegal purpose or to commit or further a Greatest
category prohibited act.

198 Interfering with a staff member in the performance of duties most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts.

199 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts.

AVAILABLE SANCTIONS FOR GREATEST SEVERITY LEVEL PROHIBITED ACTS

A. Recommend parole date rescission or retardation.
B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time (up to 100%) and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).
B.1. Disallow ordinarily between 50% and 75% (27-41 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
C. Disciplinary segregation (up to 12 months).
D. Make monetary restitution.
E. Monetary fine.
F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
G. Change housing (quarters).
H. Remove from program and/or group activity.
I. Loss of job.
J. Impound inmate’s personal property.
K. Confiscate contraband.
L. Restrict to quarters.
M. Extra duty.

HIGH SEVERITY LEVEL PROHIBITED ACTS

200 Escape from a work detail, non-secure institution, or other non-secure confinement, including community confinement, with subsequent voluntary return to Bureau of Prisons custody within four hours.
201 Fighting with another person.
202 (Not to be used).
203 Threatening another with bodily harm or any other offense.
204 Extortion; blackmail; protection; demanding or receiving money or anything of value in return for protection against others, to avoid bodily harm, or under threat of informing.
205 Engaging in sexual acts.
Making sexual proposals or threats to another.

Wearing a disguise or a mask.

Possession of any unauthorized locking device, or lock pick, or tampering with or blocking any lock device (includes keys), or destroying, altering, interfering with, improperly using, or damaging any security device, mechanism, or procedure.

Adulteration of any food or drink.

Possessing any officer’s or staff clothing.

Engaging in or encouraging a group demonstration.

Encouraging others to refuse to work, or to participate in a work stoppage.

Giving or offering an official or staff member a bribe, or anything of value.

Giving money to, or receiving money from, any person for the purpose of introducing contraband or any other illegal or prohibited purpose.

Destroying, altering, or damaging government property, or the property of another person, having a value in excess of $100.00, or destroying, altering, damaging life-safety devices (e.g., fire alarm) regardless of financial value.

Stealing; theft (including data obtained through the unauthorized use of a communications device, or through unauthorized access to disks, tapes, or computer printouts or other automated equipment on which data is stored).

Demonstrating, practicing, or using martial arts, boxing (except for use of a punching bag), wrestling, or other forms of physical encounter, or military exercises or drill (except for drill authorized by staff).

Being in an unauthorized area with a person of the opposite sex without staff permission.

Assaulting any person (a charge at this level is used when less serious physical injury or contact has been attempted or accomplished by an inmate).

Stalking another person through repeated behavior which harasses, alarms, or annoys the person, after having been previously warned to stop such conduct.

Possession of stolen property.

Refusing to participate in a required physical test or examination unrelated to testing for drug abuse (e.g., DNA, HIV, tuberculosis).

Tattooing or self-mutilation.

Sexual assault of any person, involving non-consensual touching without force or threat of force.

Use of the mail for abuses other than criminal activity which circumvent mail monitoring procedures (e.g., use of the mail to commit or further a High category
prohibited act, special mail abuse; writing letters in code; directing others to send, sending, or receiving a letter or mail through unauthorized means; sending mail for other inmates without authorization; sending correspondence to a specific address with directions or intent to have the correspondence sent to an unauthorized person; and using a fictitious return address in an attempt to send or receive unauthorized correspondence).

297 Use of the telephone for abuses other than illegal activity which circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a High category prohibited act.

298 Interfering with a staff member in the performance of duties most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts.

299 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts.

AVAILABLE SANCTIONS FOR HIGH SEVERITY LEVEL PROHIBITED ACTS

A. Recommend parole date rescission or retardation.
B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 50% or up to 60 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).
B. Disallow ordinarily between 25% and 50% (14-27 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).
C. Disciplinary segregation (up to 6 months).
D. Make monetary restitution.
E. Monetary fine.
F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
G. Change housing (quarters).
H. Remove from program and/or group activity.
I. Loss of job.
J. Impound inmate’s personal property.
K. Confiscate contraband.
L. Restrict to quarters.
M. Extra duty.

MODERATE SEVERITY LEVEL PROHIBITED ACTS

300 Indecent Exposure.
301 (Not to be used).
302 Misuse of authorized medication.
303 Possession of money or currency, unless specifically authorized, or in excess of
the amount authorized.

304 Loaning of property or anything of value for profit or increased return.

305 Possession of anything not authorized for retention or receipt by the inmate, and not issued to him through regular channels.

306 Refusing to work or to accept a program assignment.

307 Refusing to obey an order of any staff member (may be categorized and charged in terms of greater severity, according to the nature of the order being disobeyed, e.g. failure to obey an order which furthers a riot would be charged as 105, Rioting; refusing to obey an order which furthers a fight would be charged as 201, Fighting; refusing to provide a urine sample when ordered as part of a drug-abuse test would be charged as 110).

308 Violating a condition of a furlough.

309 Violating a condition of a community program.

310 Unexcused absence from work or any program assignment.

311 Failing to perform work as instructed by the supervisor.

312 Insolence towards a staff member.

313 Lying or providing a false statement to a staff member.

314 Counterfeiting, forging, or unauthorized reproduction of any document, article of identification, money, security, or official paper (may be categorized in terms of greater severity according to the nature of the item being reproduced, e.g., counterfeiting release papers to effect escape, Code 102).

315 Participating in an unauthorized meeting or gathering.

316 Being in an unauthorized area without staff authorization.

317 Failure to follow safety or sanitation regulations (including safety regulations, chemical instructions, tools, MSDS sheets, OSHA standards).

318 Using any equipment or machinery without staff authorization.

319 Using any equipment or machinery contrary to instructions or posted safety standards.

320 Failing to stand count.

321 Interfering with the taking of count.

322 (Not to be used).

323 (Not to be used).

324 Gambling.

325 Preparing or conducting a gambling pool.

326 Possession of gambling paraphernalia.

327 Unauthorized contacts with the public.

328 Giving money or anything of value to, or accepting money or anything of value from, another inmate or any other person without staff authorization.
Destroying, altering, or damaging government property, or the property of another person, having a value of $100.00 or less.

Being unsanitary or untidy; failing to keep one's person or quarters in accordance with posted standards.

Possession, manufacture, introduction, or loss of a non-hazardous tool, equipment, supplies, or other non-hazardous contraband (tools not likely to be used in an escape or escape attempt, or to serve as a weapon capable of doing serious bodily harm to others, or not hazardous to institutional security or personal safety) (other non-hazardous contraband includes such items as food, cosmetics, cleaning supplies, smoking apparatus and tobacco in any form where prohibited, and unauthorized nutritional/dietary supplements).

Smoking where prohibited.

Fraudulent or deceptive completion of a skills test (e.g., cheating on a GED, or other educational or vocational skills test).

Conducting a business; conducting or directing an investment transaction without staff authorization.

Communicating gang affiliation; participating in gang related activities; possession of paraphernalia indicating gang affiliation.

Circulating a petition.

Use of the mail for abuses other than criminal activity which do not circumvent mail monitoring; or use of the mail to commit or further a Moderate category prohibited act.

Use of the telephone for abuses other than illegal activity which do not circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a Moderate category prohibited act.

Interfering with a staff member in the performance of duties most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as "most like" one of the listed Moderate severity prohibited acts.

Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as "most like" one of the listed Moderate severity prohibited acts.

AVAILABLE SANCTIONS FOR MODERATE SEVERITY LEVEL PROHIBITED ACTS

A. Recommend parole date rescission or retardation.

B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 25% or up to 30 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).

B.1 Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).

C. Disciplinary segregation (up to 3 months).

D. Make monetary restitution.

E. Monetary fine.

F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).

G. Change housing (quarters).
H. Remove from program and/or group activity.
I. Loss of job.
J. Impound inmate’s personal property.
K. Confiscate contraband.
L. Restrict to quarters.
M. Extra duty.

LOW SEVERITY LEVEL PROHIBITED ACTS

400 (Not to be used).
401 (Not to be used).
402 Malingering, feigning illness.
403 (Not to be used).
404 Using abusive or obscene language.
405 (Not to be used).
406 (Not to be used).
407 Conduct with a visitor in violation of Bureau regulations.
408 (Not to be used).
409 Unauthorized physical contact (e.g., kissing, embracing).
498 Interfering with a staff member in the performance of duties most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as “most like” one of the listed Low severity prohibited acts.
499 Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as “most like” one of the listed Low severity prohibited acts.

AVAILABLE SANCTIONS FOR LOW SEVERITY LEVEL PROHIBITED ACTS

B.1 Disallow ordinarily up to 12.5% (1-7 days) of good conduct time credit available for year (to be used only where inmate found to have committed a second violation of the same prohibited act within 6 months); Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (to be used only where inmate found to have committed a third violation of the same prohibited act within 6 months) (a good conduct time sanction may not be suspended).
C. Make monetary restitution.
D. Monetary fine.
E. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).
F. Change housing (quarters).
G. Remove from program and/or group activity.
Table 2. ADDITIONAL AVAILABLE SANCTIONS FOR REPEATED PROHIBITED ACTS WITHIN THE SAME SEVERITY LEVEL

<table>
<thead>
<tr>
<th>Prohibited Act Severity Level</th>
<th>Time Period for Prior Offense (same code)</th>
<th>Frequency of Repeated Offense</th>
<th>Additional Available Sanctions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Low Severity (400 level)</strong></td>
<td>6 months</td>
<td>2nd offense</td>
<td>1. Disciplinary segregation (up to 1 month). 2. Forfeit earned SGT or non-vested GCT up to 10% or up to 15 days, whichever is less, and/or terminate or disallow extra good time (EGT) (an EGT sanction may not be suspended). Any available Moderate severity level sanction (300 series).</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3rd or more offense</td>
<td></td>
</tr>
<tr>
<td><strong>Moderate Severity (300 level)</strong></td>
<td>12 months</td>
<td>2nd offense</td>
<td>1. Disciplinary segregation (up to 6 months). 2. Forfeit earned SGT or non-vested GCT up to 37 1/2% or up to 45 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended). Any available High severity level sanction (200 series).</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3rd or more offense</td>
<td></td>
</tr>
<tr>
<td><strong>High Severity (200 level)</strong></td>
<td>18 months</td>
<td>2nd offense</td>
<td>1. Disciplinary segregation (up to 12 months). 2. Forfeit earned SGT or non-vested GCT up to 75% or up to 90 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended). Any available Greatest severity level sanction (100 series).</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3rd or more offense</td>
<td></td>
</tr>
<tr>
<td><strong>Greatest Severity (100 level)</strong></td>
<td>24 months</td>
<td>2nd or more offense</td>
<td>Disciplinary Segregation (up to 18 months).</td>
</tr>
</tbody>
</table>
INMATE VOTING RIGHTS
Currently, the District of Columbia (DC), Maine and Vermont allow incarcerated individuals to vote.

**District of Columbia:** You must have proper proof of residence (address must match the address listed on the voter application). Those in a federal facility may use your DC home address. If you do not currently have an address in DC (i.e., no family currently residing there), but are still returning to DC upon release, use your last known address.

**Maine:** You must have an established residence. Residence for the purpose of elections refers to “that place where the person has established a fixed and principal home to which the person, whenever temporarily absent, intends to return.” Meaning, you must intend to return to that address, and you will need to attest to that on the forms.

**Vermont:** Inmates vote by absentee ballot by using their last known address in Vermont.

Voting materials for DC, Maine, and Vermont are posted on TRULINCS. This and other material is also available in the Reentry Resource Library.
Prior to release or transfer to a Residential Reentry Center or Home Confinement, you will receive additional information regarding Restoration of Voting Rights.
The BOP will update information materials regarding changes in voting rights for relevant states as needed.

**Incoming and Outgoing Voter Mail**
Incoming mail from a Board of Election labeled "Official Election Mail," "Official Election Ballot," "Ballot Enclosed," or similar language indicating the contents of the envelope include an election ballot will be treated as legal mail and inmates will sign for the mail. Only incoming ballots will be treated as legal mail, other types of informational mail are considered general correspondence. All outgoing inmate mail addressed to a Board of Election will be treated as legal mail.
RESTORATION OF VOTING RIGHTS
It has been a common practice within the United States to make felons ineligible to vote, and in some cases permanently. Over the past few decades, the general trend has been to reinstate the right to vote at some point, although this is a state-by-state policy choice. Below is a summary.

- In the District of Columbia, Maine and Vermont, felons never lose their right to vote, even while they are incarcerated.
- In 18 states, felons lose their voting rights only while incarcerated and receive automatic restoration upon release.
- In 19 states, felons lose their voting rights during incarceration, and for a period of time after, typically while on parole and/or probation. Voting rights are automatically restored after this time period. Former felons may also have to pay any outstanding fines, fees or restitution before their rights are restored as well.
- In 11 states, felons lose their voting rights indefinitely for some crimes, or require a governor’s pardon in order for voting rights to be restored; face an additional waiting period after completion of sentence (including parole and probation), or require additional action before voting rights can be restored.
You Have the Right to be Safe from Sexually Abusive Behavior.
The Federal Bureau of Prisons has a zero tolerance policy against sexual abuse and sexual harassment. While you are incarcerated, no one has the right to pressure you to engage in sexual acts.

You do not have to tolerate sexually abusive behavior or pressure to engage in unwanted sexual behavior from another inmate or a staff member. Regardless of your age, size, race, ethnicity, gender or sexual orientation, you have the right to be safe from sexually abusive behavior.

What Can You Do To Prevent Sexually Abusive Behavior
Here are some things you can do to protect yourself and others against sexually abusive behavior:

· Carry yourself in a confident manner at all times. Do not permit your emotion (fear/anxiety) to be obvious to others.
· Do not accept gifts or favors from others. Most gifts or favors come with strings attached to them.
· Do not accept an offer from another inmate to be your protector.
· Find a staff member with whom you feel comfortable discussing your fears and concerns.
· Be alert! Do not use contraband substances such as drugs or alcohol; these can weaken your ability to stay alert and make good judgments.
· Be direct and firm if others ask you to do something you don’t want to do. Do not give mixed messages to other inmates regarding your wishes for sexual activity.
· Stay in well-lit areas of the institution.
· Choose your associates wisely. Look for people who are involved in positive activities like educational programs, psychology groups, or religious services. Get involved in these activities yourself.
· Trust your instincts. If you sense that a situation may be dangerous, it probably is. If you fear for your safety, report your concerns to staff.

What Can You Do if You Are Afraid or Feel Threatened
If you are afraid or feel you are being threatened or pressured to engage in sexual behaviors, you should discuss your concerns with staff. Because this can be a difficult topic to discuss, some staff, like psychologists, are specially trained to help you deal with problems in this area.
If you feel immediately threatened, approach any staff member and ask for assistance. It is part of his/her job to ensure your safety. If it is a staff member that is threatening you, report your concerns immediately to another staff member that you trust, or follow the procedures for making a confidential report.

What Can You Do if You Are Sexually Assaulted
If you become a victim of a sexually abusive behavior, you should report it immediately to staff who will offer you protection from the assailant. You do not have to name the inmate(s) or staff assailant(s) in order to receive assistance, but specific information may make it easier for staff to know how best to respond. You will continue to receive protection from the assailant, whether or not you have identified him or her (or agree to testify against him/her).

After reporting any sexual assault, you will be referred immediately for a medical examination and clinical assessment. Even though you may want to clean up after the assault it is important to see medical staff. Inmates who require outside medical evaluation will have the opportunity to have a Psychologist or Chaplain from the institution accompany him/her for support during the medical examination.

BEFORE you shower, wash, drink, eat, change clothing, or use the bathroom. Medical staff will examine you for injuries which may or may not be readily apparent to you. They can also check you for sexually transmitted diseases, pregnancy, if appropriate, and gather any physical evidence of assault. The individuals who sexually abuse or assault inmates can only be disciplined and/or prosecuted if the abuse is reported. Regardless of whether your assailant is an inmate or a staff member, it is important to understand that you will never be disciplined or prosecuted for being the victim of a sexual assault.

How to Report an Incident of Sexually Abusive Behavior
It is important that you tell a staff member if you have been sexually assaulted or have been a victim of sexual harassment. It is equally important to inform staff if you have witnessed sexually abusive behavior. You can tell your case manager, Chaplain, Psychologist, SIS, the Warden or any other staff member you trust. BOP staff members are instructed to keep reported information confidential and only discuss it with the appropriate officials on a need to know basis concerning the inmate-victim’s welfare and for law enforcement or investigative purposes. There are other means to confidentiality report sexually abusive behavior if you are not comfortable talking with staff.

Write directly to the Warden, Regional Director or Director. You can send the Warden an Inmate Request to Staff Member (Cop-out) or a letter reporting the sexually abusive behavior. You may also send a letter to the Regional Director or Director of the Bureau of Prisons. To ensure confidentiality, use special mail procedures.

File an Administrative Remedy. You can file a Request for Administrative Remedy (BP-9). If you determine your complaint is too sensitive to file with the Warden, you have the opportunity to file your administrative remedy directly with the Regional Director (BP-10). You can get the forms from your counselor or other unit staff.

Write the Office of the Inspector General (OIG) which investigates allegations of staff misconduct by employees of the U.S. Department of Justice; all other sexual abuse/harassment allegations will be forwarded by the OIG to the BOP. OIG is a component of the Department of Justice and is not a part of the Bureau of Prisons. The address is:

Office of the Inspector General
U.S. Department of Justice
Investigations Division
950 Pennsylvania Avenue, N.W.
Room 4706
Washington, D.C. 20530
email OIG. You can send an email directly to OIG by clicking on the TRULINCS Request to Staff tab and selecting the Department Mailbox titled, DOJ Sexual Abuse Reporting. This method of reporting is processed by OIG during normal business hours, Monday – Friday. It is not a 24-hour hotline. For immediate assistance, contact institution staff.

Note: These e-mails:

- are untraceable at the local institution,
- are forwarded directly to OIG
- will not be saved in your email 'Sent’ list
- do not allow for a reply from OIG,
- If you want to remain anonymous to the BOP, you must request it in the e-mail to OIG.

Third-party Reporting. Anyone can report such abuse on your behalf by accessing the BOP’s public website, specifically https://www.bop.gov/inmates/custody_and_care/sexual_abuse_prevention.jsp

Understanding the Investigative Process
Once the sexually abusive behavior is reported, the BOP and/or other appropriate law enforcement agencies will conduct an investigation. The purpose of the investigation is to determine the nature and scope of the abusive behavior. You may be asked to give a statement during the investigation. If criminal charges are brought, you may be asked to testify during the criminal proceedings.

Counseling Programs for Victims of Sexually Abusive Behavior
Most people need help to recover from the emotional effects of sexually abusive behavior. If you are the victim of sexually abusive behavior, whether recent or in the past, you may seek counseling and/or advice from a psychologist or chaplain. Crisis counseling, coping skills, suicide prevention, mental health counseling, and spiritual counseling are all available to you.

Contact your local Crime Victims Treatment Center (CVTC): Psychology Services has entered into an agreement with a rape crisis center to make available a victim advocate to inmates. Every effort will be made to send victims of sexual abuse to Crime Victims Treatment Center, telephone number (212) 5234728, located on 40 Exchange Place, Suite 510, New York N.Y. 10005, as they have a Rape Crisis and Advocacy Program. They provide Medical Forensic Examination as well as advocacy services to victims of rape and sexual assault free of charge. The victim advocacy services provides a victim advocate to be present before, during, and after the assessment process and can provide emotional support, crisis intervention, information and referrals.

Note: Psychology or Chaplaincy services may provide victim services if for some reason a rape crisis center is not available. All psychology staff have attended victim advocate training through the BOP.

The Psychology Department will closely monitor the emotional recovery of any inmate who has been a victim of sexual assault/abuse while at MCC New York, or who has been a victim of a sexual assault/abuse while incarcerated in another institution.

In cases where the alleged victim of sexual assault or harassment is a cadre inmate, Psychology staff will provide guidance to Unit Management and Residential Reentry Management staff regarding the inmate’s post-release mental health needs.

If MDC Brooklyn has an active Gratuitous Service Agreement with the local rape crisis center (i.e. Crime Victims Treatment Center, Inc.) the inmate may request to be accompanied by approved staff from the rape crisis center in accordance with the Gratuitous Service Agreement. Inmates are encouraged to contact the PREA Compliance Manager as to if there is an active agreement. If so, Psychology Services can provide you with the contact information. If no MOU exists, you may seek services through Psychology Services.
Management Program for Inmate Assailants

Those who sexually abuse/assault others while in the custody of the BOP will be disciplined and prosecuted to the fullest extent of the law. If you are an inmate assailant, you will be referred to Correctional Services for monitoring. You will be referred to Psychology Services for an assessment of risk and treatment and management needs. Treatment compliance or refusal will be documented and decisions regarding your conditions of confinement and release may be effected. If you feel that you need help to keep from engaging in sexually abusive behaviors, psychological services are available.

Policy Definitions

Prohibited Acts: Inmates who engage in inappropriate sexual behavior can be charged with following Prohibited Acts under the Inmate Disciplinary Policy.

Code 114/(A): Sexual Assault By Force
Code 205/(A): Engaging in a Sex Act
Code 206/(A): Making a Sexual Proposal
Code 221/(A): Being in an Unauthorized Area with a Member of the Opposite Sex
Code 229/(A): Sexual Assault Without Force
Code 300/(A): Indecent Exposure
Code 404/(A): Using Abusive or Obscene Language

Staff Misconduct: The Standards of Employee Conduct prohibit employees from engaging in, or allowing another person to engage in sexual, indecent, profane or abusive language or gestures, and inappropriate visual surveillance of inmates. Influencing, promising or threatening an inmate’s safety, custody, privacy, housing, privileges, work detail or program status in exchange for sexual favors is also prohibited.

What is sexually abusive behavior? According to federal law (Prison Rape Elimination Act of 2003) sexually abusive behavior is defined as:

Rape: the carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person FORCIBLY or against that person’s will;

The carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person not forcibly or against the person’s will, where the victim is incapable of giving consent because of his/her youth or his/her temporary or permanent mental or physical incapacity;

The carnal knowledge, oral sodomy, or sexual assault with an object or sexual fondling of a person achieved through the exploitation of the fear or threat of physical violence or bodily injury;

Carnal Knowledge: contact between the penis and vulva or the penis and the anus, including penetration of any sort, however slight;

Oral Sodomy: contact between the mouth and the penis, the mouth and the vulva, or the mouth and the anus;

Sexual Assault with an Object: the use of any hand, finger, object, or other instrument to penetrate, however slightly, the genital or anal opening of the body of another person (NOTE: This does NOT apply to custodial or medical personnel engaged in evidence gathering or legitimate medical treatment, nor to health care provider’s performing body cavity searches in order to maintain security and safety within the prison).

Sexual Fondling: the touching of the private body parts of another person (including the genitalia, anus, groin, breast, inner thigh, or buttocks) for the purpose of sexual gratification.

Sexual Harassment: repeated and unwelcome sexual advances, requests for sexual favors, or verbal comments, gestures, or actions of a derogatory or offensive sexual nature by one inmate/detainee/resident to another; or repeated verbal comments or gestures of a sexual nature to an inmate/detainee/resident by a staff
member/contractor/volunteer, including demeaning references to gender, sexually suggestive, or derogatory comments about body or clothing, or obscene language or gestures.

**Sexual Misconduct** (staff only): the use of indecent sexual language, gestures, or sexually oriented visual surveillance for the purpose of sexual gratification.

An incident is considered **Inmate-on-Inmate Abuse/Assault** when any sexually abusive behavior occurs between two or more inmates. An incident is considered **Staff-on-Inmate Abuse/Assault** when any sexually abusive behavior is initiated by a staff member toward one or more inmates. It is also considered **Staff-on-Inmate Abuse/Assault** if a staff member willingly engages in sexual acts or contacts that are initiated by an inmate.

**NOTE:** Sexual acts or contacts between two or more inmates, even when no objections are raised, are prohibited acts, and may be illegal. Sexual acts or contacts between an inmate and a staff member, even when no objections are raised by either party, are always forbidden and illegal. Inmates who have been sexual assaulted by another inmate or staff member will not be prosecuted or disciplined for reporting the assault. However, inmates will be penalized for knowingly filing any false report.

**If you need additional assistance, you may contact Psychology Services Staff.**

**Please be aware that both male and female staff routinely work and visit inmate housing areas.**

**Contact Offices:**

U.S. Department of Justice  
Office of the Inspector General  
Investigations Division  
950 Pennsylvania Avenue, NW Suite 4706  
Washington, D.C. 20530-0001

Federal Bureau of Prisons  
Central Office  
National PREA Coordinator  
320 First Street, NW, Room 554  
Washington, D.C. 20534

Federal Bureau of Prisons  
Mid-Atlantic Regional Office  
Regional PREA Coordinator  
302 Sentinel Drive, Suite 200  
Annapolis Junction, MD 20701

Federal Bureau of Prisons  
North Central Regional Office  
Regional PREA Coordinator  
Gateway Complex Tower II, 8th Floor  
400 State Avenue  
Kansas City, KS 66101-2492

Federal Bureau of Prisons  
Northeast Regional Office  
Regional PREA Coordinator
U.S. Customs House, 7th Floor
2nd and Chestnut Streets
Philadelphia, Pennsylvania 19106

Federal Bureau of Prisons
South Central Regional Office
Regional PREA Coordinator
U.S. Armed Forces Reserve Complex
344 Marine Forces Drive
Grand Prairie, Texas 75051

Federal Bureau of Prisons
Southeast Regional Office
Regional PREA Coordinator
3800 North Camp Creek Parkway, SW
Building 2000
Atlanta, GA 30331-5099

Federal Bureau of Prisons
Western Regional Office
Regional PREA Coordinator
7338 Shoreline Drive
Stockton, California 95219

Third-party reporting (outside of institution);
https://www.bop.gov/inmates/custody_and_care/sexual_abuse_prevention.jsp

VISITING

The Bureau of Prisons encourages visiting by family, friends, and community groups to maintain the morale of the inmate, and to develop closer relationships. For pretrial, in transit, and hold-over inmates, there are two visiting periods during the week and on holidays. The hours are afternoons from 12:00 p.m.-3:00 p.m., and evenings from 5:00 p.m.-7:30 p.m. Visits on federal holidays will be afforded to the unit whose regular visiting day falls on the particular holiday. Inmates are permitted one (1) hour of visiting time per visit, except for the female and male cadre, who may visit for the entire duration of their allotted time of 8:00 a.m.-3:00 p.m., as space permits.

In order to accommodate the inmate population and minimize congestion, visiting is conducted on an Odd/Even visiting system. For example, Register Number 12345-000 would follow an Odd number schedule based on the 5th digit in the register number. Register Number 12468-000, would follow an Even number schedule based on the 5th digit in the register number.

Register Number-12345-000 (Odd Visiting)

Register Number-12468-000 (Even Visiting)

During the even months, February, April, June, August, October, and December, those inmates with an even 5th digit in their register number will have visiting in the evening hours. Inmates with an odd 5th digit in their register number will visit during the afternoon hours. During the odd months, January, March, May, July, September, and November, those inmates with an odd 5th digit in their register number will have visiting in the evening, and inmates with an even 5th number will visit during the afternoon hours. The male and female cadre do not visit by the odd/even system.

EAST BUILDING
Sunday-Female Unit
Monday-Legal Only
Tuesday-Legal Only
Wednesday-Female Unit (Afternoon)

WEST BUILDING
Sunday-Male Cadre
Monday-6th Floor Units-61,62,63
Tuesday-7th Floor Units-71,72,73 (K83 #00-32)
Wednesday-5th Floor Units-51,52,53 (K83 #33-65)
Unit K83 will visit based on the last two digits of the first five numbers of the assigned register number (Example - inmate #12345-678, will visit on Wednesday). K83 inmates may also have visits on Friday, as identified by Unit Team.

All visitors are required to present identification when visiting at MDC Brooklyn. The primary source of identification for visitors 16 years of age and over will be a valid photo identification. Valid identification includes, a valid state driver's license, state issued identification, government identification, or passport. Visitors may only visit with one inmate at a time, unless the inmates are immediate family members. Inmates will be allowed only one (1) social visit in a single day. Only four (4) social visitors per inmate will be allowed access to the visiting room at one time. Inmates who have children in excess of the maximum visitors allowed will need prior approval from the Unit Manager.

Attorney visiting hours are from 8:00 a.m. - 7:30 p.m., Monday through Friday, and 8:00 a.m. - 3:00 p.m., on weekends and holidays.

All visitors are responsible for storing unauthorized items in a locker prior to entering the institution. Unauthorized items include cell phones, watches, pagers, newspapers, magazines, tissues, wallets, and keys.

Visitors are authorized to bring the following items into the visiting room, one (1) small clear plastic container, no larger than 4“x7”, currency/coins, not to exceed twenty ($20.00) dollars, with bills in one (1) and five (5) dollar denominations; two (2) diapers, one (1) small receiving blanket, and one (1) bottle containing baby formula.

Visitors Attire-Visitors are expected to wear clothing which is neither provocative or enticing. For visiting purposes, prohibited attire includes sheer/transparent clothing, to include bathing suits of any type, sleeveless garments, halter and tube tops, shorts, large metal belt buckles, low cut blouses or dresses revealing the chest area, revealing front/backless clothing, spandex pants, skirts, tights, or leotards, hooded shirts of any kind, sweat pants & shirts, shirts or pants with holes, khaki tan, beige, dark brown, orange, or green military type clothing. Other items are hats, caps, head scarfs (other than religious), shower shoes, beach shoes. All visitors are required to wear proper footwear and under garments.

Inmate Attire-Inmates will visit in institution clothing and footwear. No athletic footwear is allowed unless medically authorized. Inmates may carry the following items into the visiting room, one (1) wedding band (no stones permitted), prescriptive eye glasses, religious headgear, and legal materials for legal visits. Rosary beads are not permitted to be worn during visits. Female cadre inmates may wear their earrings purchased from other institutions.

Minor Children-A signature of a parent or guardian will be necessary to process the visitation request of individuals under the age of eighteen (18). Visitors under the age of sixteen (16) must be accompanied by a parent or guardian. It is the responsibility of the adult accompanying the child to ensure the child’s behavior is not disruptive to normal visiting operations.

Inmate and Visitor Conduct-Visitors are not permitted to give anything to inmates, except unopened food items purchased from the vending machines. Visitors are prohibited from passing money to an inmate and inmates are prohibited from using the vending machines. Attorneys are also not permitted to give anything to an inmate during visiting, and may leave appropriately labeled legal mail in the legal mail depository located in the front lobby. The introduction or attempted introduction of any type of contraband is prohibited, and may result in loss of visiting privileges, or prosecution.

Visitors will not be permitted to exchange places or alternate with another visitor outside the visiting room or institution. Once a visitor leaves the visiting room, the visit is complete.

Special visits may be authorized in certain circumstances, and will not be used to
circumvent visiting procedures, background checks, or disciplinary sanctions. All special visits must be requested by the unit manager via memorandum routed through the Captain and Associate Warden with supervisory responsibilities for unit management.

Rejecting Visitors-A visitor may be denied entrance into the institution for disruptive or improper conduct, being noticeably under the influence of alcohol, or producing a confirmed positive ION scan for the presence of an illegal substance. Other unforeseen conditions may arise in rejecting a visitor, and such incidents will be assessed by the Operations Lieutenant or Institution Duty Officer.

**INSTITUTION INFORMATION**

Address: 80 29th Street
Brooklyn, New York 11232

Telephone Number: 718-840-4200

Transportation: The institution can be reached by the “R” subway train to 25th street. If you are driving, take the 39th street exit off the Brooklyn Queens Expressway (BQE) east bound, or the 38th street exit off the west bound BQE.

Air Transportation: John F. Kennedy (JFK) International Airport-718-244-4444
LaGuardia (LGA) Airport-718-533-3400
Newark (EWR) International Airport-973-533-3400

**For driving directions from other states, please use map quest or navigation service for the best travel route to the institution.**