Admission & Orientation Handbook

Low Security Correctional Institution
Allenwood, Pennsylvania

Revised 11/02/2012
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### Introduction

Welcome to the Low Security Correctional Institution (LSCI), ALLENWOOD, Pennsylvania. LSCI Allenwood is part of the Federal Correctional Complex (FCC); therefore, most of the policies and programming will be consistent throughout the complex.

This Inmate Information Handbook is provided to help you understand the operation of this institution, the Bureau of Prisons (BOP), and our policies and procedures.
The material in this Handbook will provide assistance in understanding what you will be encountering when entering prison, and hopefully assist you in your successful adjustment to life at this facility. Additionally, this handbook can serve as a handy resource of information you may need throughout your incarceration. If you know of any reason you cannot function at this institution, you should immediately inform staff.

This booklet is not designed to answer all of your questions; therefore, you are encouraged to address your additional questions to your Counselor, Case Manager, Unit Manager, or Unit Officer, who can further explain policies and procedures to you. You are also encouraged to supplement this information with knowledge obtained through reading Institution Supplements (LSCI Allenwood policies) and Program Statements (BOP policies) available in the Law Library.

I encourage you to read and review this handbook and to participate in all the programming available at this facility. This will assist you in having a smooth transition into a structured environment.

Warden, LSCI Allenwood

**ADDRESSES:**

<table>
<thead>
<tr>
<th>LSCI, ALLENWOOD</th>
<th>BUREAU OF IMMIGRATION AND CUSTOMS ENFORCEMENT</th>
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<tr>
<td>Low Security Correctional Institution, Allenwood</td>
<td></td>
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<tr>
<td>P.O. Box 1000</td>
<td></td>
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<tr>
<td>White Deer, PA  17887-1000</td>
<td></td>
</tr>
<tr>
<td>Include your Unit, Name, and Register Number</td>
<td></td>
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<tr>
<td>REGIONAL OFFICE</td>
<td>U.S. PAROLE COMMISSION</td>
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<tr>
<td>Northeast Regional Office</td>
<td></td>
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<tr>
<td>U.S. Customs House, 7th Floor</td>
<td></td>
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<tr>
<td>2nd and Chestnut Streets</td>
<td></td>
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<tr>
<td>Philadelphia, PA  19106</td>
<td></td>
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<tr>
<td>CENTRAL OFFICE - BUREAU OF PRISONS</td>
<td>PARDON ATTORNEY</td>
</tr>
<tr>
<td>Director, Bureau of Prisons</td>
<td></td>
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<tr>
<td>320 First Street, N.W.</td>
<td></td>
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<tr>
<td>Washington, DC  20534</td>
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<tr>
<td>BUREAU OF IMMIGRATION AND CUSTOMS ENFORCEMENT</td>
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<tr>
<td>P.O. Box 209</td>
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<tr>
<td>White Deer, PA  17887</td>
<td></td>
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<tr>
<td>U.S. Parole Commission</td>
<td></td>
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<tr>
<td>5550 Friendship Boulevard</td>
<td></td>
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<tr>
<td>Chevy Chase, MD  20815</td>
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<tr>
<td>U.S. Pardon Attorney</td>
<td></td>
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<tr>
<td>1 N. Park Building</td>
<td></td>
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<tr>
<td>440 Friendship Boulevard</td>
<td></td>
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<tr>
<td>Bethesda, Maryland  20014</td>
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**Directions:** The Low Security Correctional Institution (LSCI) Allenwood, is located directly off Highway 15, eleven (11) miles south of Williamsport, PA, and twelve (12) miles north of Lewisburg, PA.
If you are arriving via US Interstate 80, take north exit 210B (old exit 30B), to highway 15 and proceed north approximately five (5) miles. The institution is on the left at the traffic light.

The area is serviced by the Williamsport/Lycoming County Airport, Montoursville, PA (570-326-2011) and Continental Trailways Bus Lines (570-326-1511). Amtrack service is available into Harrisburg, PA, approximately 70 miles south. Local taxi service is available at 322-2222.

MESSAGE FROM THE DIRECTOR
Expectations

As Director of the Federal Bureau of Prisons, it is my responsibility to ensure the safety, security and good order of all 117 prisons, 38,000 staff, and 217,000 inmates. It is also my responsibility to provide you opportunities for self-improvement. In this message, I will explain some of the ways I intend to carry out my duties and also explain my expectations for how you carry out your responsibilities. Over the past few weeks, I have reminded all staff of the BOP's core values: respect, integrity and correctional excellence. This means that everyone is to be treated with dignity and respect: staff, inmates, visitors, and members of the public. You are expected to demonstrate respect as well, to staff, to your fellow inmates and to the rules in place at the prison. You may want to reread the inmate rights and responsibilities information to be sure you are familiar with the expectations we have for you. Inmates who disrespect the rules by engaging in prohibited activities (especially the most serious prohibited acts including possession of intoxicants, weapons, or other contraband) pose a serious threat to the safety and security of the institution and will be subjected to disciplinary action. Participation in any type of gang activity will not be tolerated. In an attempt to ensure the environment is safe for all, inmates who participate in behavior which disrupts the orderly running of the institution may be considered for institutions with greater controls, such as higher security facilities or special management units. You are expected to behave responsibly and to live peacefully with other inmates, regardless of their background or culture.

Nearly all of you will release from prison one day and return to the community. We want you to be prepared to be a productive, law-abiding member of society. Accordingly, we will help you make the best possible use of your time in prison to learn skills,
get treatment, build a resume, etc. Regardless of how many days, months, or years you may have time to serve, it is critical that you begin your preparation for reentry today! Ideally, preparation for reentry begins on the first day of incarceration. The Bureau of Prisons has developed tools to identify your needs and programs to address these needs, in the areas of education, work, recreation, health services, psychology, religious services, and more. The career resource centers at every institution can help you in many ways, and the full-time Mentor Coordinators can connect you with mentors while incarcerated who can continue to assist you after release. Staff can and will assist you to get on the path to a successful community reentry, but you must accept responsibility for your own future; you must work hard at the programs recommended for you and make every effort to prepare for release.

The staff of the BOP understand that incarceration can be a difficult experience and that some inmates are overwhelmed by feelings of hopelessness. If you or someone you know is feeling or talking about a sense of hopelessness or suicide, please bring this to the attention of a staff member as soon as possible; the staff are there to help you. Seeking help is a sign of your strength and determination to prevail. Helping yourself or a fellow inmate in a time of crisis is the right thing to do. Another area of concern to me is sexual assault. If you are being threatened or pressured to engage in sexual behaviors, or are fearful about being sexually assaulted, please discuss your concerns with staff as soon as possible. We take all allegations of sexual abuse or sexual assault very seriously, and are committed to providing assistance to any victims. Please help us prevent this type of incident from occurring by identifying problematic circumstances or perpetrators so we can take appropriate action.

It is my hope that you use your term of incarceration to acquire the skills needed to live successfully in the community. We are here to help you prepare to successfully release from prison and become a productive citizen. Take advantage of the many programs that are available; get help in overcoming problems you have faced; improve skills you have acquired previously; strengthen your spiritual or religious connection. I challenge each of you to use each day to make a positive difference, whether it be for one another, the staff who work with you, your families, or communities.

Charles E. Samuels, Jr., Director
CONTACT WITH THE COMMUNITY AND PUBLIC

Inmate Visiting: Inmates are encouraged to have visits in order to maintain family and community ties. Visiting hours are 8:00 a.m. to 3:00 p.m. Friday through Sunday, and Federal Holidays. It is the inmate's responsibility to advise their prospective visitors of the visiting hours and send a copy of the regulations governing visiting.

LSCI Allenwood utilizes the point system for visiting. Inmates will be afforded a total of twelve (12) points for the opportunity to visit each calendar month. The points used shall be dependent upon which day the visit occurs. Two (2) points will be used for each weekend day visit, one (1) point used for normal weekday visits (Friday), and Federal Holiday visits will be two (2) points.

Inmates designated to LSCI Allenwood will be responsible for obtaining visiting forms from their Correctional Counselor and mailing them to each prospective visitor. The prospective visitor must return the forms directly to the Correctional Counselor. A check will be completed on all visitors to include immediate family members before being placed upon the approved visiting list. The list will be compiled by the Correctional Counselor after verifying that all listed persons are acceptable. Relatives and friends may be approved after certain checks are made. Requests for approval for these additional visitors should be made to the Counselor at least four weeks in advance of the intended visit.

Holdover inmates will be limited to immediate family on their visiting list. Special visits will be addressed via Inmate Request to Staff "Cop-Out" to their Unit Manager. All visits will begin and end in the Visiting Room. Kissing, embracing, and handshaking are allowed only on arrival and departure.

Inmates must be properly dressed in order to be admitted to the Visiting Room. Clothing must be neat and clean. Khaki shirts, khaki trousers, white undershirt and institution issued work shoes are the only attire (with the exception of inmates in the Special Housing Unit) authorized for wear into the visiting room. The only items an inmate may have in his possession when entering or departing the Visiting Room are a comb, wedding band, prescription eyeglasses and religious medal. Visitors must also be properly dressed; this is addressed in the Visiting Room information for the inmate to mail to visitors. Copies are available from the Correctional Counselor. Inmates are not permitted to exchange items with visitors in the Visiting Room or retain items to bring into the institution.

Identification is required for visitors. The authorized form of identification is an official State or Federally issued identification
document with the visitor's photograph and signature such as: valid State Driver's License with photograph, current passport with photograph, or Alien Identification Card with photograph. Birth Certificates are not considered proper identification. Persons without proper identification or who have expired identification will not be permitted to visit.

Visitors will be subjected to a search of their belongings and will be screened with a metal detector. Visitors' purses, attorneys' briefcases, etc. will also be searched. Other personal articles belonging to visitors should be locked in the visitor's vehicle. Visitors are permitted to bring a reasonable amount of money into the Visiting Room to purchase items from the vending machines. It is strongly suggested this be in the form of coins as paper money does not work in the vending machines provided. Institutional Supplement, Visiting Regulations, Attachment #1 is specific for list of authorized items a visitor may bring into the Visiting Room. Inmates are not permitted to receive any type of money or draft for their commissary account while in the Visiting Room. Visitors who are unable to clear the walk-through metal detector will be denied entrance. If a visitor has a medical condition that will cause them not to clear the walk-through metal detector, medical documentation will be required and a hand-held metal detector will be utilized.

Emergency Visits: In cases where an inmate is seriously ill, the inmate and/or family member may request a special visit through the inmates Unit Team. This visit will be approved by the Warden and supervised according to guidelines established by the Captain. Should the medical emergency involve a family member, the family member and/or inmate may also request a special visit through the inmate’s Unit Team; however, a thorough investigation will be completed prior to any request to visit during none visiting days will be forwarded to the Warden for approval. If a family member has a family medical emergency, they can contact the institution at (570) 547-1990.

VISITING DAYS: FRIDAY TO SUNDAY AND FEDERAL HOLIDAYS (8:00 a.m. - 3:00 PM)

VISITOR INFORMATION

1. The Low Security Correctional Institution (LSCI) Allenwood, is located directly off Highway 15, eleven (11) miles south of Williamsport, PA, and twelve (12) miles north of Lewisburg, PA. If you are arriving via US Interstate 80, take the north exit (210B), (old exit 30B), to highway 15 and proceed north approximately five (5) miles. The institution is on the left at the traffic light.

2. All persons authorized to visit at this facility must abide by all
NO PERSON MAY VISIT UNLESS HE/SHE HAS BEEN APPROVED
IN ADVANCE AND DOCUMENTED AS VISITORS ON THE INMATE’S VISITING LIST.
AN INMATE’S VISITING LIST IS NOT PUBLIC INFORMATION, THEREFORE ANY CALLS
PERTAINING TO A VISITING LIST CANNOT BE ANSWERED. All visitors must
carry picture identification (such as a valid Driver’s License, current
passport with photo, alien identification card with photo) in order to
be admitted to the Visiting Room. An authorized form of identification
is a document with the visitor’s photograph and signature.

3. Children under sixteen (16) years of age must be accompanied by an
adult parent or guardian. Children sixteen (16) years of age and over
MUST fill out a visitors form and have it sent to the respective Counselor.
The number of visitors an inmate may visit is limited to five. Infants
who are two years of age and under will not be encompassed in the total
of five visitors. Each child over the age of two will be considered
as one of five authorized visitors. Allowance of more than five visitors
requires prior approval from their respective Unit Manager. Adults will
maintain control of their children at all times.

4. Sandwiches, soft drinks and candy are available from vending machines
in the Visiting Room. Food or drinks will not be permitted to be brought
in from outside the institution. Visitors may purchase food for the
inmate, but may never give the inmate money.

5. Visitors are not permitted to bring any type of photographic
equipment on institution grounds.

6. Large purses or tote bags are not permitted inside the institution.
Only a small clear change purse is authorized.

7. Allowable baby items are as follows: 3 diapers, 2 plastic baby bottles
containing formula 3/4 full, 1 sealed plastic jar of baby food, 1 empty
plastic baby bottle, 1 plastic serving spoon, 1 small clear plastic tote
bag for contents, 1 plastic ziploc bag containing baby wipes.

8. Games or toys will not be permitted into the visiting area. Video
cassettes will be available at the institution for children’s viewing.
Newspapers, magazines, clippings, photos, etc. will not be permitted.
NO make-up inside the institution at any time.

9. This is a smoke free facility, therefore, visitors are not authorized
to bring any tobacco products into the institution or visiting room.

10. ALL visitors will be dressed in an appropriate manner and in good
taste. You are entering a CORRECTIONAL SETTING, and this is a
requirement. Any visitor who arrives provocatively dressed, will be
denied the privilege of visiting. Inmates will inform visitors prior
to visiting, that clothing MUST be appropriate for an institution setting
and should not demonstrate disrespect to others who may be present in
the visiting room. All visitors must be fully attired, including shoes.
Visitors are to refrain from wearing apparel which is revealing or suggestive. Shorts, dresses or skirts which reveal any part of the buttocks or crotch area, see-through blouses/dresses, halter tops, midriff tops, strapless tops/dresses and spandex style clothing WILL NOT be permitted. Religious headgear may be worn. However, all headgear will be searched prior to entering the Visiting Room. No handwear is permitted unless the handwear is religious. Visitors are permitted to wear gray colored sweat wear. Visitors will not be permitted to wear a combination of pants and shirts that resemble the khaki colored inmate uniform.

11. **UNDER NO CIRCUMSTANCES WILL A VISITOR BE ALLOWED TO VISIT UNLESS THEY HAVE CLEARED THE METAL DETECTOR.** Undergarments containing metal (i.e. under wire bra) could activate the metal detector and may need to be removed; HOWEVER, UNDERGARMENTS ARE REQUIRED FOR ADMISSION. Persons having metal plates or prosthetic devices must have written documentation from a doctor.

12. Prospective inmate visitors will be randomly tested using the Ion scan machine (Drug Detection), located in the front lobby. Any positive test results will result in denial of visitation.

13. Once a visitor has been checked into the institution, they will not be permitted to return to their automobile or leave the visiting area. If this occurs, the visit will be terminated.

14. Visitors will not be permitted to wear flip flops.

15. Visitors are not permitted to give any item(s) to inmates for retention.

16. **THE VISITING ROOM IS A PUBLIC PLACE AND CHILDREN ARE NORMALLY PRESENT. YOU ARE EXPECTED TO CONDUCT YOURSELF ACCORDINGLY. HANDSHAKING, EMBRACING AND KISSING ARE ORDINARILY PERMITTED WITHIN THE BOUNDS OF GOOD TASTE AND ONLY AT THE BEGINNING AND END OF THE VISIT. BEHAVIOR DEEMED INAPPROPRIATE WILL RESULT IN IMMEDIATE TERMINATION OF THE VISIT, AND POSSIBLE LOSS OF FUTURE VISITS.**

**NON-CONTACT VISITING**

All Special Housing Unit (SHU) inmates (to include holdovers) will visit using the Non-Contact cells. Visits will be two hours in duration and no more than two inmates can visit at the same time. In addition, only three inmate visitors will be permitted to visit with each inmate at the same time. Non-Contact visiting is conducted on a “first come, first served” basis. In the event visitors arrive to visit a third inmate, they will be advised of how long it will be until the visit already in progress will end. The visitor can choose to come back at the designated time or can be processed and wait in the Lobby area until the designated time. Inmates on separation status will NOT visit at the same time.
This will also occur on a “first come, first served basis.” All inmate visitors will be positioned directly in front of the inmate they are visiting and will communicate using a closed line phone system. Inmates visiting in the Non-Contact cells are NOT permitted to receive any food items or drinks from the visiting room vending area. Inmates who visit over the noon meal time will be fed upon return to the SHU. In addition, inmates visiting in the Non-Contact areas will NOT be permitted to take photographs with their visitors.

Use of the Non-Contact cells will also occur for visitors that have a confirmed positive test result using the Ion Spectrometry device. The same procedures will apply as above with the exception that up to a total of five visitors will be permitted to visit with the inmate. If both Non-Contact cells are already in use, the visit still may be permitted. In this instance, the visit will take place in close proximity to the officer’s station and will occur under close supervision of the visiting room staff. As a reminder, as per PS 5522.01, “to protect the safety, security, and orderly operation of Bureau institutions, a confirmed positive test result for an illegal substance(s) may satisfy the reasonable suspicion standard warranting further investigation, searches, controlled visitation, or denied visitation”.

Finally, Non-Contact visiting cells will also be utilized for all inmates whose visiting privileges have been renewed after losing said privileges for being found guilty for any of the following prohibited acts:

111 – Introduction or making of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

112 – Use of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

113 – Possession of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

205 – Engaging in sexual acts

Upon restoration of the inmates visiting privileges, unit team staff will make a notation of the restoration date in the visiting program. These inmates will only be permitted to visit using the Non-Contact visiting cells for a period of six months after restoration of the privilege. After the six month period, full visiting privileges will be restored. In the event that the inmate is not sanctioned to loss of visiting privileges as a result of incurring the incident report, the six months of non-contact visiting will begin as soon as the inmate is found guilty of committing the act.
INMATE CORRESPONDENCE: Inmates are permitted to correspond with the public, family members and others without prior approval or the maintenance of a correspondence list. Outgoing general correspondence mail is placed in mailboxes located in the Housing Units. "Special" outgoing mail (legal, certified, special delivery, registered) shall be hand carried by the inmate to the Inmate Systems Management (ISM) office, Monday through Friday, between 7:30 a.m. and 7:40 a.m. and be handed to a Mail Room staff member. All inmates working during these times need to obtain permission from their supervisor and must show proper identification to mail room staff. During periods when inmates are restricted to the housing unit, e.g. conditions of fog, inmates are responsible for hand delivering their legal mail to their unit team staff no later than 7:30 a.m., unit team staff will then deliver legal mail to the mail room. All outgoing mail at LSCI Allenwood may be sealed in accordance with the Bureau's open correspondence privileges. The outgoing envelope must have the inmate's name, Register Number, Low Security Correctional Institution, unit, and return address in the upper left hand corner. Additionally, all outgoing mail MUST have the TRULINCS generated mailing label affixed. Mail without these items will be returned.

Inmates must assume responsibility for the contents of all of their letters. Correspondence containing threats, extortion, etc., may result in prosecution for violation of Federal laws.

Incoming Correspondence, First Class Mail, newspapers, and magazines will be distributed Monday through Friday (except holidays) by the Evening Watch Officer in each Housing Unit after the Official 4:00 p.m. Count is "clear". Legal and Special Mail will be delivered by the Unit staff as soon as possible after it is received. The number of incoming letters an inmate may receive will not be limited unless the number received places an unreasonable burden on the institution.

Inmates are to advise those writing to them to put the inmate's Register Number and Housing Unit name on the envelope to aid the prompt delivery of mail.

The Bureau of Prisons permits inmates to subscribe to and receive publications without prior approval. The term "publication" means a book, single issue of a magazine or newspaper, or materials addressed to a specific inmate, such as advertising brochures, flyers, and catalogs. An inmate may receive soft cover publications (paperback books, etc.) from any source. Accumulation of publications will be limited to 3 magazines, 5 books, and 2 newspapers.

The Warden will reject a publication if it is determined to be detrimental to the security, good order or discipline of the institution, or if it might facilitate criminal activity. Publications which may be rejected by the Warden include, but are not limited to, publications which meet one of the following criteria:
*It depicts or describes procedures for the construction or use of weapons, ammunition, bombs, or incendiary devices.
*It depicts, encourages, or describes methods of escape from correctional facilities, or contains blueprints, drawings, or similar descriptions of Bureau of Prisons' institutions.
*It depicts or describes procedures for the brewing of alcoholic beverages or the manufacture of drugs.
*It is written in code.
*It depicts, describes, or encourages activities which may lead to the use of physical violence or group disruption.
*It encourages or instructs in the commission of criminal activity.
*It is sexually explicit material that by its nature or content poses a threat to the security, good order, or discipline of the institution.

"Special Mail" is a category of correspondence which includes correspondence to: President and Vice President of the United States, U.S. Department of Justice (including Bureau of Prisons), U.S. Attorneys' Offices, Surgeon General, U.S. Public Health Service, Secretary of the Army, Navy, or Air Force, U.S. Courts, U.S. Probation Officers, Members of U.S. Congress, Embassies and consulates, Governors, State Attorney Generals, Prosecuting Attorneys, Directors of State Departments of Corrections, State Parole Commissioners, State Legislators, State Courts, State Probation Officers, other Federal and State law enforcement officers, attorneys and representatives of the news media.

Special Mail also includes mail received from the following: President and Vice President of the United States, Attorneys, Members of U.S. Congress, Embassies and Consulates, the U.S. Department of Justice (excluding the Bureau of Prisons), other Federal law enforcement officers, U.S. Attorneys, State Attorney Generals, Prosecuting Attorneys, Governors, U.S. Courts and State Courts.

You will be notified by Unit Team staff that you have Special Mail and need to report to your Unit Team to receive the mail. The designated staff member will open your incoming Special Mail in your presence. The items will be checked for physical contraband and for qualification as Special Mail; the correspondence will not be read or copied if the sender has accurately identified himself/herself on the envelope and the front of the envelope clearly indicates that the correspondence is "SPECIAL MAIL ONLY TO BE OPENED IN THE PRESENCE OF THE INMATE." Without adequate identification as Special Mail, the staff may treat the mail as general correspondence. In this case, the mail may be opened, read, and inspected.

An inmate may write through Special Mail procedures to representatives of the news media if specified by name or title. The inmate may not receive compensation or anything of value for correspondence with the news media. The inmate may not act as a reporter, publish under a byline, or conduct a business or profession while in the Bureau of Prisons custody. Representatives of the news media may initiate correspondence with an inmate. Correspondence from a representative of the news media will be opened, inspected for contraband, for qualification as media correspondence, and for content which is likely to promote either illegal activity or conduct contrary to regulations.
An inmate may be permitted to correspond with an inmate confined in another penal or correctional institution. This is permitted if the other inmate is either a member of the immediate family, or is party in a legal action (or witness) in which both parties are involved. The following additional limitations apply:

*Inmates must provide current documentation (dated within the past six months) to support both inmates are parties to or a witness in a current legal action. Inmates must provide supporting documentation at subsequent team reviews to continue correspondence privileges.

*Such correspondence may always be inspected and read by staff at the sending and receiving institutions.

*The Superintendent/Warden at both institutions must previously approve the correspondence. Unit Managers may approve correspondence privileges between inmates at federal facilities.

*Inmate Request to Staff "Cop-Out" submitted through Unit Team and confirmed approval by the Warden prior to corresponding.

**Rejection of Correspondence** - The Warden may reject correspondence sent by or to an inmate if it is determined to be detrimental to the security, good order, or discipline of the institution, to the protection of the public, or if it might facilitate criminal activity. Examples include:

- Matter which is non-mailable under law or postal regulations.
- Information of escape plot’s, plans to commit illegal activities, sexually explicit material, or violate institution rules.
- Direction of an inmate's business (prohibited act 408). An inmate may not direct a business while confined. This does not, however, prohibit correspondence necessary to enable an inmate to protect property or funds that were legitimately his at the time of his commitment. Thus, for example, an inmate may correspond about refinancing a mortgage for his home or sign insurance papers; however, the inmate may not operate (for example) a mortgage or insurance business while confined in the institution.

The Warden will give written notice to the sender concerning the rejection of mail and the reasons for rejection. The sender of the rejected correspondence may appeal the rejection. The inmate will also be notified of the rejection of correspondence and the reasons for it. The inmate also has the right to appeal the rejection. The Warden shall refer the appeal to a designated officer other than the one who originally disapproved the correspondence. Rejected correspondence ordinarily will be returned to the sender.

**Mailing of Inmate Property** - To have personal items mailed out of the institution the inmate will contact his respective Counselor. Inmates wishing to have personal items mailed into the institution will send
an Inmate Request to Staff "Cop-Out" to the department head responsible for the requested item as follows:

- Unit Manager/Associate Warden (P) - Release Clothing
- Health Services Administrator - orthopedic shoes, arch supports, prescription eyeglasses, prosthetic devices, and hearing aids
- Chaplain - wedding bands (married inmates may be permitted to have their wedding band as long as it is a plain band containing no stones), religious materials, (i.e. prayer rug, kufi, crucifix)

Associate Warden (Programs/Operations) - questionable item or items not covered in the other categories will be submitted to the appropriate Associate Warden for a decision.

The department head will inform the inmate of the decision. If the request is approved, the department head will complete the appropriate authorization form. The Mail Room Officer will not accept any item or package for delivery unless this approval form is on file.

**Change of Address/Forwarding of Mail** - The Records Office will provide inmates with change of address cards required by the U.S. Postal Service. These cards are given to inmates who are being released or transferred in order to notify correspondents of a change in address. A Bureau of Prisons change of address form will also be completed by the inmate upon his departure and forwarded to the institution Mail Room. This form will be maintained there for a period of 30 days for purposes of forwarding all general mail (Special Mail will continue to be forwarded after 30 days). Any general mail received after 30 days will be returned to sender.

**Certified/Registered Mail** - Inmates desiring to use certified, registered, or insured mail may do so, subject to handling methods established at our institution. An inmate may not be provided services such as express mail, private carrier services, COD, or stamp collecting while confined.

**INMATE TELEPHONES:** There are four (4) telephones on each side of the Housing Units for inmate use. Calls will be made using the Trust Fund Inmate Telephone System (TRUFONE) as referenced below. No third party or credit card calls can be made on these lines.

1. Upon arrival at LSCI Allenwood, a TRUFONE account is created for each inmate.
2. Each inmate will receive a Phone Access Code (PAC) and inmate dialing instructions. This PAC is not to be given to any other inmate. New inmates are required to additionally submit an Inmate Request to Staff through the Trust Fund Department to have their Voice Recognition (V-pin) recording established for the telephone system. Once established, an inmate may listen to the voice recording by pressing 112.
3. Inmates must compose their telephone lists on the TRULINCS computers in their respective Housing Unit. A maximum of 30 active numbers are permitted on each inmate’s telephone list.
4. A voice recording will announce that “This call is from a Federal Prison” at the beginning of the telephone call as well as throughout the duration of the call. Individual numbers as well as the inmate’s instructions can be programmed in Spanish or English. If Spanish is the preferred language, this needs to be stated on the Telephone Request form.

5. Telephone numbers which are prohibited per Policy Statement 5264.08, Telephone Regulations for Inmates, are as follows:
   a. 800
   b. 888
   c. 900
   d. 976
   e. Credit card access numbers
   f. Third party calls
   g. Any call to telephone numbers which the actual expenses cannot be directly deducted from the inmate’s account, excluding collect calls. Calling hotels and motels is prohibited per Complex Supplement 5264.08.

7. Inmates program all numbers and contact information through the TRULINCS computers.

8. Upon receipt of a PAC, the inmate will be required to contact the Trust Fund Department to have their voice recording processed into the system. An inmate can inquire about his Trufone/Commissary account 5 times per day and purchase Trufone credits 2 times per day after 4:30 p.m., Monday through Friday and Saturday and Sunday from 6:00 a.m. through 11:30PM. This account can be checked by dialing 118.

9. To use the Trufone, the inmate enters the telephone number he desires to call, waits for the tone, enters his PAC, and states his first and last name. He must have at least 1 minute worth of money in his account to complete a direct dialed call.

10. Changes to phone lists are permitted at anytime on the TRULINCS computers and are active within 15 minutes.

11. There is a limit of 300 minutes per month per inmate. Inmates should regulate the number of calls they make in order to maintain ties throughout the month. The 300-minute allotment will reset during the month on the same schedule as the Commissary spending limit re-validation.

12. There is a 30 minute time delay between completed calls. Whether the telephone call lasts 3 minutes or 15 minutes, the time delay between making calls is 30 minutes.

13. Telephone calls are accepted by the called party by simply dialing 5. They also have a choice to deny all future calls made to their telephone number by dialing 77.

14. English and Spanish are the only language alternatives. If calls are being made to someone who does not understand either of these.
languages, the inmate is responsible to inform the person being called in their language how to accept a telephone call by writing them a letter if necessary.

Telephones are to be used for lawful purposes only. Threats, extortion, etc. may result in prosecution. All inmate telephones are subject to monitoring and recording. Inmates must contact their Unit Manager to arrange an unmonitored attorney call. It is expected that each inmate will handle his calls in such a manner that will allow the equal use of the phones by all inmates. Telephones will not be used to conduct a business. Inmates are not permitted to use the telephones during their work hours.

Inmates in Disciplinary Segregation and Administrative Detention may make a limited number of calls. Phone calls by inmates in Administrative Detention and Disciplinary Segregation will be placed by utilization of the Trufone. Inmates in Administrative Detention/Disciplinary Segregation will be permitted one (1) social call every thirty (30) days after being confined to this status. Inmates who are on telephone restriction will not be allowed to utilize the Trufone system until sanctions are completed.

**TRULINCS:** Trust Fund Limited Inmate Computer System provides inmates with an alternative means of written communication with the public. Use of Trulincs is a privilege; therefore, the Warden or an authorized representative may limit or deny the privilege of particular inmates. Inmates who are excluded from participating are notified of the specific reason(s) in writing. Inmates are required to acknowledge the consent information on the login screen in order to access the electronic messaging portion of the program. An inmate may only exchange electronic messages with persons in the community who have accepted the inmate’s request to communicate. Inmates may not exchange electronic messages with unauthorized contacts including, but not limited to, victims, witnesses, other persons connected with the inmate’s criminal history, law enforcement officers, contractors, or volunteers. Inmate use of the program in violation of the procedures subjects the inmate to disciplinary action or criminal prosecution.

All inmates in general population are required to place a TRULINCS-generated mailing label on all outgoing postal mail. Inmates housed in the Special Housing Unit (do not have access to the system; therefore, are not required to use the labels.

**INTAKE, CLASSIFICATION, AND THE UNIT TEAM ORIENTATION**

Upon commitment, and for the first week of your stay at this institution, you will participate in an Admission and Orientation (A&O) Program. While in A&O, you will learn about the programs, services, policies, and procedures at this facility.

**Inmate Identification:** Inmates are required to wear their issued commissary card (attached to lanyard) around their neck at all times except when in the housing units. The identification (commissary card) must be worn on the outside of the outermost garment.
Classification Teams (Unit Teams) - Allenwood is organized into a Unit Management System. A Unit is a self-contained inmate living area that includes both housing sections and office space for Unit Staff. Each Unit is staffed by a Unit Team directly responsible for those inmates living in that Unit. The Unit Staff includes the Unit Manager, Case Managers, Correctional Counselors, and Unit Secretary. When appropriate, the Staff Psychologist, Education Advisor, and Unit Officers will sit on a Unit Team review meeting and be considered as Unit Team members.

Each inmate is assigned a specific Unit Team. Generally, attempts to resolve issues are most appropriately initiated with the Unit Team. Ordinarily, a member of the Unit Staff will be at the institution weekdays from 6:30 a.m. to 9:00 p.m., and from 6:30 a.m. to 4:30 p.m., on weekends and holidays.

Central Inmate Monitoring System - The Central Inmate Monitoring System (CIMS) is a method for the Bureau's Central and Regional Offices to monitor and control the transfer, temporary release, and participation in community activities of inmates who pose special management considerations. Designation as a CIMS case does not, in and of itself, prevent an inmate from participating in community activities. All inmates who are designated as CIMS cases will be so notified by their Case Manager.

Treaty Transfers - In December 1977, the U.S. entered into its first treaty for international offender transfers. Since that time, approximately 84 countries have entered into agreement with the U.S. Treaties which allow for a citizen of one country, convicted of a crime in another country, to be transferred to the individual's country of citizenship for completion of sentence. For specific information regarding the countries that have treaties and limitations on transfers, inmates should contact their Case Manager.

Institution Hearing Program (IHP): Those inmates who are not U.S. Citizens designated to this institution for the purpose of participating in the IHP hearing can be expected to have an interview with a staff member from the U.S. Immigration and Customs Enforcement (ICE). This interview will take place as soon as ICE at this facility receives their alien file. The ICE agents will determine whether the inmate will be served a Notice of Hearing before an Immigration Judge, an Administrative Removal Order, or a previous Deportation Order will be reinstated.

Upon completion of the investigation and service of a Notice to Appear, the inmate will be scheduled by the Executive Office for Immigration Review (EOIR) for a hearing before the Immigration Judge. If the ICE Judge orders the inmate deported, and he has more than 12 months left to serve on this sentence, he will be referred to the Designation and Sentence Computation Center for transfer to an appropriate release site.

If the inmate is served an Administrative Removal Order or ICE reinstates a previous Deportation Order, the same as above will apply in regard to transferring the inmate to an appropriate release site.
**Consulate Visitation:** Inmates have access to their Consulate via written, telephone communication (ITS) and visitation. Consulate visits will normally be arranged by Consulate staff via memorandum through the Unit Team staff or the IHP Coordinator.

**GENERAL FUNCTIONS OF THE UNIT STAFF**

The **Unit Manager** is the administrative head of the general Unit and oversees all Unit programs and activities. He/she is a department head at the institution and has a close working relationship with other departments and personnel. The Unit Manager reviews all team decisions, and ordinarily "chairs" the Unit Discipline Committee. Additionally, the Unit Manager has direct responsibility for the sanitation of the Unit by coordinating closely with the Unit Officers and the Correctional Counselors.

The **Case Manager** is responsible for all casework services and prepares classification material, progress reports, release plans, correspondence and other materials relating to the inmate's commitment. He or she is supervised by the Unit Manager and serves as a liaison between the inmate, the administration, and the community. The Case Manager is a frequent member of the Unit Discipline Committee.

The **Correctional Counselor** provides counseling and guidance to the inmates within the unit in areas of institutional adjustment, personal difficulties and plans for the future. Although supervised by the Unit Manager, he or she plays a leading role in all segments of Unit Programs. The Correctional Counselor will visit inmate work assignments and is the individual to approach for resolution of daily problems. They are responsible for the security, safety and sanitation of the Unit. The Correctional Counselor is a frequent member of the Unit Discipline Committee.

The **Unit Officers** have direct responsibility for the day to day supervision of inmates and the enforcement of rules and regulations. They have safety, security and sanitation responsibilities. Unit Officers are jointly supervised by the Unit Manager and the Shift Supervisors (Lieutenant).

The **Unit Secretary** performs clerical and administrative duties. The Unit Secretary’s office is normally off limits to inmates unless they are summoned there by staff.

**SELF IMPROVEMENT ProgramS**

**Pre-Release Programming** - The Release Preparation Program is designed to assist inmates in preparing themselves for release. Inmates will be given aid in developing plans for their personal lives and for work. This program offers classes and information seminars concerning the personal, social, and legal responsibilities of civilian life.
Inmate Financial Responsibility Program - Working closely with the Administrative Office of the Courts and the Department of Justice, the Bureau of Prisons administers a systematic payment program for court-imposed fines, fees, and costs which is referred to as the Inmate Financial Responsibility Program. All designated inmates are required to develop a financial plan to meet their financial obligations. These obligations may include: special assessments imposed under 18 USC 3013, court ordered restitution, fines and court costs, judgments in favor of the U.S., other debts owed the Federal Government, and other court-ordered obligations (e.g., child support, alimony, other judgments).

Institution staff will assist in planning, but the inmate is responsible for making all payments required either from earnings within the institution, or from outside resources. The inmate must provide documentation of compliance and payment. If an inmate refuses to meet his obligations, the inmate cannot work for UNICOR nor receive Performance Pay above the maintenance pay level ($5.25 per month), or spend more than $25.00 per month in commissary. The status of any financial plan will be included in all Progress Reports and will be considered by staff when determining Security/Custody level, job assignments, eligibility for community activities, institutional program changes and housing. The U.S. Parole Commission will also review financial responsibility progress at parole hearings. The Unit Team will strictly monitor the level of your participation as the Bureau of Prisons considers the Financial Responsibility Program a critical issue.

INMATE RELEASES

Sentence Computation - All computations of inmate sentences are completed by the Designation and Sentence Computation Center, Grand Prairie, Texas. An inmate will be given a copy of his sentence computation as soon as it is prepared, normally within his first 30 days of incarceration. Any questions about good time, jail time credit, parole eligibility, full term dates, release dates, or periods of supervision, will be resolved by staff upon request, if clarification is needed.

Detainers - Warrants (or certified copies of Warrants) based on pending charges; over lapping, consecutive, or unsatisfied sentences in Federal, State, or Military jurisdictions will be accepted as detainers. Detainers and untried charges can have an effect on institution programs. Therefore, it is the inmate's responsibility to initiate efforts to clear up these cases. Case Management staff may give assistance to offenders in their efforts to have detainers and pending charges against them disposed of. Unit staff can verify addresses, telephone numbers to the court, docket numbers, etc. Records Office staff conduct formal inquiries into the status of these cases; however, it is the inmate’s responsibility to take the appropriate steps to get them resolved.

When an inmate departs on writ, he is only authorized to take with him legal paperwork pertaining to the case. When he returns from writ, he is only permitted to bring back with him legal paperwork pertaining to the case. No property that is accumulated while on writ status, regardless of whether he was housed in a local, county, state, or federal facility, is authorized to be brought or shipped to LSCI Allenwood.
Residential Re-Entry Center (RRC) Transfers - Inmates who are nearing release and who need assistance in obtaining a job, residence, or other community resources may be transferred to an RRC. Eligibility for placement in community programs should be discussed with your Unit Team.

Release Gratuity - All inmates are encouraged to begin planning and saving funds for release upon their arrival to prison. The Unit Team will make a recommendation for gratuity upon your release to a Residential Reentry Center (RRC) or release to the community. Inmates releasing to a detaining authority are not eligible for a release gratuity.

WORK ASSIGNMENTS, WORK REPORTS, AND PERFORMANCE PAY

Work Assignments and Work Reports - As you finish your orientation period, the Brady B Counselor, Job Coordinator, will assign you to a permanent work detail. All inmates are expected to maintain a regular job assignment and will be assigned to a job based primarily on institution needs. Factors considered in determining specific work assignments are your physical condition, education level, previous work experience, general aptitude, ability to benefit from training and plans for the future, as well the needs of the institution. Reports evaluating your work performance will be prepared by your supervisor every thirty (30) days for Performance Pay. Rates of performance pay are addressed in Complex Supplement, "Inmate Work and Performance Pay."

Federal Prison Industries and the Trust Fund Sales Unit have a separate pay scale. Job changes are posted on the Housing Unit bulletin boards by the "Daily Change Sheet."

DAILY INMATE LIFE

The Unit bulletin boards contain written need-to-know communications for inmates. It is the inmate's responsibility to check this daily after the evening meal for the next day's scheduling. The Unit Managers will utilize this area to announce Town Hall Meetings, at their discretion, to foster improved communications. These meetings are held to make announcements and to discuss changes in institution policies and procedures.

The standard working attire from 7:15 a.m. to 4:00 p.m. is khaki shirt and khaki pants. If a sweat shirt is worn, it must be worn under the khaki shirt. This uniform of the day must be worn with shirts tucked inside pants in all areas of the institution except the gymnasium, recreation yard, and the housing units when off-duty.

Personal Property Limits - Items which may be retained by an inmate are limited for sanitation and security reasons and to ensure excess personal property is not accumulated which would constitute a fire hazard or impair staff searches of the living area. Specific limitations on personal property is defined in Complex Supplement "Inmate Personal Property."

Quarters Rules - Unit Rules and Regulations are posted in the common area of your assigned unit. Should you have any questions regarding these rules, consult the Unit Officers or the Correctional Counselor.
Wake-up - General wake-up for all inmates is after the 5:00 a.m. count clears. The Unit is called to breakfast by the Correctional Supervisor on the basis of a rotating schedule starting at 6:00 a.m. The Unit Officer will announce breakfast, when notified, and the Control Center will announce meal times by utilizing the Public Address System. Inmates are given a reasonable amount of time to leave the Unit if they desire breakfast. Late sleepers who are unable to maintain their cubicles neatly and arrive at their work detail/callouts on time are subject to disciplinary action.

During the week, all beds need to be made by 7:30 am. You are allowed to lay down on the made bed.

Smoking - This institution has been designated as a tobacco free facility. Any type of smoke, chewing tobacco and tobacco products are considered contraband. Therefore, the use or possession of these products is prohibited and will result in disciplinary action.

Inmate Identification Cards - All inmates assigned at this institution will receive an inmate identification card attached to a lanyard. Inmates are required to display their identification card around their neck, on the outermost garment at all times, when out of the housing unit.

Barber Shop - Barber Shop procedures are under the guidance of your assigned Correctional Counselor. Inmates will submit an Inmate Request to Staff form to their Counselor who will in turn place the inmate on call-out for a specific date and time. Inmates are permitted to submit only two (2) Inmate Request to Staff forms per month (every other week) for this purpose. The barbershop is located within the Education Department.

CUSTODY AND SECURITY PROCEDURES

Limitation on wearing headphones/ear pieces - Inmates are not permitted to wear headphones/ear pieces, or any other item that may impair their hearing while on the compound. The only exception would be protective hearing devices issued to perform work on a work detail.

Counts - It is necessary for the staff to count inmates on a regular basis. During a count, inmates will stay quietly in their cubicles until the count is announced as "clear". Inmates are required to be standing in cubicles for the 4:00 p.m., 10:00 p.m., and 10:00 a.m. weekend counts in the Housing Units.

Official counts will be conducted at 12:00 Midnight, 3:00 a.m., 5:00 a.m., 4:00 p.m. and 10:00 p.m. Other counts may occur during the day and evening. On weekends and holidays, there will be an additional count at 10:00 a.m. Staff will take disciplinary action if an inmate is not in his assigned area during a count. Disciplinary action will also be taken against inmates for leaving an assigned area before the count is cleared. The inmate must actually be seen at all counts, even if the inmate must be awakened.

Call-Outs - Call-outs are a scheduling system for appointments (which include hospital, dental, educational, team meetings and other activities)
and are posted each day on the scrolling call-out/change sheet monitor located in the large multi-purpose room within the housing units. It can be viewed on the day preceding the appointment. It is the inmate's responsibility to check for appointments on a daily basis and be at the appointment at the designated time. Disciplinary action will be taken when an inmate fails to arrive at a call-out on time.

**Change Sheets** - Change Sheets are an inmate's notification of a change in job or unit quarters assignments. Change Sheets are also posted each day on the scrolling call-out/change sheet monitor located in the large multi-purpose room within the housing units. It is the inmate's responsibility to check this Change Sheet daily and move living quarters only at the posted time. No movement of living quarters is authorized before stated times.

**Pass System** - LSCI Allenwood utilizes a sign in/out sheet system during regular work day, Monday through Friday, excluding Federal Holidays. During the regular work day (6:00 a.m. to 3:30 p.m.) inmates must be signed out when leaving the unit to go to the recreation yard or education. All movements will be announced on the institution's Public Address System. Inmates are permitted to leave or return to the unit on the controlled moves. Inmates signed out of the unit during the AM hours must sign back into the unit no later than 10:40 am. Inmates signed out of the unit during the p.m. hours must sign back into the unit no later than 3:40pm.

**Facilities Work Pass** - The Detail Supervisor will issue this pass to specific inmates whose names must appear on the pass for specific work in designated areas of the institution. The inmates on a Facilities Work Pass are responsible for maintaining the pass and ensuring a staff member at the designated location signs the pass upon entering and upon departing the area. The staff member shall also record times of entry and departure. All tools and equipment listed on the Facilities Work Pass are the responsibility of the inmates and any tool or equipment that is missing/lost/stolen will result in disciplinary action taken against those inmates listed. The staff member at the work location will process inmates, tools and equipment into and out of their area of responsibility. The staff member will also ensure the inmates are in the location designated on the Facilities Work Pass. Inmates present in any area other than specified on the pass are "Out of Bounds" and will be subject to disciplinary action. The inmates are also responsible for returning the Facilities Work Pass to the Detail Supervisor upon completion of assigned work.

**Controlled Movement** - From 7:30 a.m. until 8:40 p.m., Monday through Friday, movements throughout the institution is regulated by a procedure known as "Controlled Movement." The purpose of Controlled Movement is to ensure the movement of inmates from various areas is orderly. "Open Movements" will begin on the half hour and end ten (10) minutes later. The beginning and end of each move will be announced over the institution Public Address System. During the 10-minute period of "Open Movement," inmates may move from one area of the institution to another. During workdays, the first "Open Movement" will begin after the 8:40 a.m. Unit Census. This means that after the AM Census, inmates may travel to any unrestricted area of the institution during the "Open Movement" period, provided they are
scheduled off work, unassigned from work, or on vacation. After the 12:40 p.m. Unit Census is completed, movements will also start for the afternoon hours.

**Out of Bounds** - Some areas are designated by a posted sign as "Out Of Bounds." However, you are "Out Of Bounds" anytime you do not have authorization to be in any area of the institution. Authorization is granted by means of an authorized institution pass, assigned detail, assigned Housing Unit, or officially enrolled in a program. Inmates cannot enter any housing unit other than the unit to which they are assigned unless they are in possession of a pass for that unit. If you have any question as to the requirements, it is your responsibility to ask staff in order for you to remain within the prescribed institution limits.

**Contraband** - Contraband is defined as any item or thing not authorized or issued by the institution, received through approved channels, or purchased through the commissary. All staff are alert to the introduction of contraband and will make an effort to locate, confiscate, and dispose of contraband in the institution. Any item in an inmate's personal possession must be authorized, and a record of the receipt of the item must be kept in the inmate's possession. Any altered item, even an approved or issued item, is considered contraband and disciplinary action may be taken if found in your possession.

Altering or damaging government property is a violation of institution rules and the cost of the damage will be levied against the violator.

**Searches** - Any staff member may search an inmate's cubicle/cell at any time. The inmate if present will be directed to leave the immediate area until completion of the search. The property and living area will be left in the same general condition as found.

**Drug and Alcohol Surveillance** - The Bureau of Prisons operates a Drug and Alcohol Surveillance Program that includes mandatory random testing, as well as testing of certain other categories of inmates. If a staff member orders an inmate to provide a urine sample or breathalyzer for this program and the inmate does not do so within the established time period, disciplinary action will be taken.

**PROGRAMS AND SERVICES**

**FEDERAL PRISON INDUSTRIES**

The Corporation - Federal Prisons Industries, Inc. is a wholly owned government corporation established in 1934, under an Act of Congress and an Executive Order. In 1978, Federal Prison Industries, Inc. adopted the trade name UNICOR, under which it does most of its business.

The corporation is administered by a Board of Directors appointed by the President to serve without compensation. The board represents Industry, Labor, Agriculture, Retailers and Consumers, the Department of Defense, and the Attorney General.
The chief function of this self-supporting corporation is to provide training and employment for inmates confined in Federal Penal and Correctional Institutions. A substantial part of the earnings of the corporation are expended in carrying out vocational training and general education programs, under which more than half of the inmates receive training. The articles produced in the industries operated at these institutions are made in strict conformance with Federal or other applicable specifications.

The corporation strives to produce quality products at competitive prices with timely delivery. Sales are restricted, by law, to departments and agencies of the Federal Government.

UNICOR LSCI, Allenwood - UNICOR LSCI Allenwood consists of a Dimensional Mill. Listed below are some of the functions needed to support the industrial operations:
* Assembly
* Clerical/Office
* Machine Floor
* Sanding
* Quality Assurance
* Shipping

**Industrial Pay** - current UNICOR inmate pay rates are as follows:

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<tr>
<th>GRADE</th>
<th>DAILY PAY</th>
<th>HOURLY RATE</th>
<th>OVERTIME</th>
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<td>1.72</td>
<td>.23</td>
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At LSCI, Allenwood, emphasis is placed on Literacy classes and the General Equivalency Diploma (GED). UNICOR supports the inmate's effort to participate in the Literacy and GED Programs as an incentive for a better wage scale. With a high school diploma or a GED, wages are paid to a grade 1 level; without a GED or high school diploma to a grade 4 level.

**Hiring Procedures** - UNICOR provides inmates confined in Bureau of Prisons institutions with an opportunity to obtain an industrial work assignment. The industry waiting list is maintained by the Factory Manager. An inmate requests for employment in UNICOR must be made through the unit staff. UNICOR is an Equal Opportunity Employer and may not discriminate on the basis of race, religion, nationality, age, handicap, or political benefits in offering employment and promotion opportunities.

**Transfers** - Inmates employed with UNICOR at another institution who have been transferred to LSCI Allenwood for other than disciplinary reasons, will be given hiring priority. If a vacancy exists, the inmate shall be placed at the top of the Industry Waiting List. Pay Grade 4 will be the entry level. However, consideration will be given for accelerated promotion as quickly as possible to the inmate's former grade level after the required demonstration period (usually 30 to 60 days).
Promotions - Once hired, the Associate Warden of Industries AW or his/her designee has the authority to make specific job assignments, and to promote or demote inmates. A probationary period is not required for an industrial worker. Promotions in grade 4 through 1 require a minimum of 90 days in grade before becoming eligible for promotions. Staff may promote any inmate to a higher grade work assignment when the inmate's abilities, qualifications, and work performance are consistent with good promotion practices, and when a vacancy exists. NOTE: Workers must present proof of a High School Diploma or GED prior to promotion to a Grade 1 or P Grade.

Work Performance - The Factory Manager may declare an inmate ineligible for any or all benefits connected with the inmate's unsatisfactory work performance for the month in which such actions occur. The Factory Manager may not independently declare ineligibility as a result of inmate misconduct. Actions of this nature must be handled under disciplinary procedures. The Factory Manager may recommend such actions to the inmate's Unit Discipline Committee.

Health and Safety - Report all accidents to your immediate supervisor regardless of how small they are. Never operate machines or hand tools which you have not been trained to use.

Steel toe shoes are required in all areas of UNICOR. The use of eye and ear protection and protective clothing are also required in some areas of the factory. Failure to use and/or follow these safety regulations could result in removal from UNICOR.

INMATE SERVICES

Clothing Exchange & Laundry - Refer to Complex Supplement, 4500.07, Laundry/Clothing Room Operation for issues concerning amount of institution issued clothing authorized for possession, procedures for laundering, etc.

Commissary - Inmate funds are retained by the institution in a trust fund, from which the inmate may withdraw money for personal spending in the institution Commissary, family support, or other approved purposes. Accumulated institutional earnings and monies sent from outside are given to the inmate upon release, or may be mailed home. LSCI Allenwood uses a point-of-sale computerized commissary withdrawal system that simplifies purchasing and gives inmates an improved, up-to-date record of all account activity.

Inmates may shop in the Commissary once a week. It is the inmate's responsibility to know the amount of money available in his commissary account. Inmates may check the balance of their account through the inmate telephone system during non-working hours or via the TRULINCS computers in the housing units. If any further questions arise with regard to the inmate's account, he should submit an "Inmate Request to Staff Member," BP-Admin-70, form to the Trust Fund Department. Borrowing commissary items from other inmates is against policy and will not be tolerated.

Inmate sales are Monday thru Thursday 6:15 a.m. - 12:40 p.m. (start of
morning mainline through the end of the lunch mainline). Shopping days are determined by housing units. Shopping rotation changes quarterly, and memorandums are posted that list the current quarterly shopping schedule.

Inmates are permitted to spend up to $320.00 each month for regular purchases. Postage stamps, over the counter medications, copy cards, and kosher/halal meals will not count against the monthly spending limitation. Once a month, each inmate's account is "validated"; that is, the spending period begins with validation. Validation dates are determined by the last digit of the first five numbers within the inmate’s federal register number. This number is multiplied by 3 +1 and that equals the actual date of the validation. Inmates are responsible for maintaining personal property within limits as defined in Complex Supplement on "Inmate Personal Property" (ALF 5580.06, Attachment #1).

**Deposits** to commissary accounts from outside sources will be made via Western Union or Moneygram either online, in person, or through the U.S. Mail Service to the LockBox in Des Moines, Iowa. When sending money through the mail to LockBox the address must be as follows: **Federal Bureau of Prison, Register Number, Committed Full Name, Post Office Box 474701, Des Moines, Iowa 50947-0001.** For Western Union deposits, you must have your family submit proper inmate name, register number, and city and state code. The city code will always be **FBOP** and the state code will always be **DC.**

**Withdrawals** of inmates funds from Commissary Accounts will be made through utilization of the standard withdrawal form processed on the TRULINCS computers in the housing units. Unit Managers can approve withdrawals from the trust fund account to send funds to dependents and other family members and for purchase of special discharge clothing. The Unit Manager can also approve withdrawals for the legitimate debts and other obligations such as attorney fees, birth certificates, bedside visits, funeral trips and the purchase of legal books. Only the Associate Warden can approve withdrawals exceeding $500.00. Inmate fund transfers are automatic when an inmate transfers to another federal institution. If an inmate does not immediately receive funds, he should request that his Counselor check with staff at the sending institution to determine if his funds can be located. All funds received by the institution will be posted to the inmate’s account when received.

**SAFETY DEPARTMENT**

The Safety Program in this institution is designed to ensure a safe and healthy living and working environment for inmates and staff. Safety staff conduct regular and irregular inspections of all areas within the institution to ensure compliance with laws and Bureau of Prisons policy.

**Sanitation** - You are required to maintain a high level of sanitation in your living area. Your personal property is to be kept in the desk drawers or personal storage lockers provided. No items will be allowed on walls, ceilings, or doors. Floors will be cleaned and trash cans emptied on a daily basis. Cleaning supplies are available from Unit Staff upon request. It is your responsibility to maintain your area in a clean and orderly
manner. All inmates are expected to participate in the Institution Recycling Program by utilizing recycling containers in the Unit. Inmates who create shelves within their lockers, add hooks within their quarters, or alter their quarters in any other manner will be subject to discipline.

**Fire Prevention** - Fire prevention and protection is of paramount importance to the well-being of inmates and staff in this institution. State of the art fire protection systems are incorporated into all areas to ensure your safety in case of fire. Inmates who abuse or misuse these systems will be subject to disciplinary action. You will be required to participate in a fire drill each quarter in both your Housing Unit and work place. Please take these drills seriously and learn the location of evacuation routes. Evacuation Plans are posted throughout these areas. We request your cooperation in reporting any fire to the nearest staff member, so lives and property can be protected. Piles of trash or rags in closed areas, combustible material, items hanging from fixture or electrical receptacles, or other hazards cannot and will not be tolerated.

**Basic Safety Regulations** - In order to maintain a safe and secure environment, basic safety regulations must be followed. During A&O the Safety Manager will provide you a copy of the Basic Safety Regulations, as well as explain the expectations once you have been assigned to a work assignment.

**FOOD SERVICE**

**Food Service** - The FCC Allenwood Food Service Department implemented the National Menu in January 2008. The National Menu is a five-week cycle menu developed for use at all Federal Bureau of Prisons sites. The National Menu promotes efficiency within the Food Service Department by eliminating replication of efforts at the local level. The National Menu meets the U.S. Department of Agriculture’s National Dietary Guidelines. The National Menu in conjunction with the National Product Specifications, ensures healthy choices are available. The National Menu allows inmates to make important choices about their eating habits. Inmates can control the amount of sugar, fats and sodium by selecting the “Heart Healthy” items on the menu. Heart Healthy choices are available all three meals of the day, for all entrees and sides. The National Menu meets the National Dietary Guideline by offering more whole grains, fruit, and vegetables for a more healthy lifestyle.

Three versions of the National Menu were developed for selection at the local level. While all versions of the menu offer the same choices for lunch and dinner, the breakfast menu varies in the choice of breakfast served. The breakfast menu options vary from a hot breakfast, to a continental breakfast, to a combination of both hot and continental breakfasts. The Food Service Department, in conjunction with the complex wardens, has chosen the combination breakfast menu at this complex.

With the start of the National Menu, inmates are not permitted to remove fruit or any food item from the dining hall. Additionally, sugar is controlled by adding sugar directly to food products. Sugar will not be distributed at breakfast. Sweetened and unsweetened choices of breakfast cereal and coffee are available.
Certified Religious Diet Program: FCC Allenwood offers the Certified Religious Diet program. Inmates desiring to participate in this program must first see the Chaplain. Food Service cannot place you on this program unless the correct paperwork has been received from the Chaplain.

The following is an approved schedule for Food Service meal times:

**Monday through Friday**

- **Breakfast:** 6:00 a.m. to 7:00 a.m.
- **Lunch:** 10:45 a.m. to 12:00 noon
- **Dinner:** After 4:00 p.m. count clears

**Weekends and Holidays**

- **Coffee Hour:** 6:30 a.m. to 7:30 a.m.
- **Brunch:** After 10:00 a.m. count clears
- **Dinner:** After 4:00 p.m. count clears

You are allowed a reasonable amount of time to eat and enjoy your meal. Inmates will not be permitted to remain in the Dining Room after their meal is finished and are required to return their own dishes and trays to the designated area before departing the Dining Room.

Dining Room rules and policies are:

1. No head gear except for approved religious reasons.
2. Institutional clothing will be worn in the Dining Room Monday through Friday, excluding Federal Holidays, for the Lunch meal. Institution khaki shirts must be worn over t-shirts, sweat shirts, etc. Shirts must be tucked inside pants. Athletic clothing cannot be worn.
3. No sleeveless shirts or shower thongs are to be worn in Food Service.
4. No laundry or commissary bags, beverage containers, weight training equipment, radios, books, magazines, etc., is allowed in Food Service.
5. Take no more food than you are authorized. The Food Service Administrator will determine appropriate portion.
6. Wait for your food to be served. Do not reach for food in the serving line.
7. Do not argue with inmate workers.
8. Use the appropriate entrance door.
9. There will be no jumping in line or saving space in line for another inmate.
10. Tables cannot be reserved by placing coats or clothing on chairs prior to proceeding to the serving line.
11. Once you leave the Dining Room you may not re-enter the Dining Room for any reason.
12. After you have finished your meal, return your soiled plates, tray, eating utensils, etc., to the designated location.
13. If you have any problems or complaints, address them to the Cook Supervisor, Assistant Food Service Administrator, Food Service Administrator, or the Correctional Supervisor (Lieutenant).
14. No sunglasses can be worn in the dining hall, unless medically indicated.
LITERACY PROGRAM GENERAL EDUCATIONAL DEVELOPMENT (GED): In accordance
with Federal Bureau of Prisons Program Statement 5350.28, effective
December 1, 2003, an inmate confined to a Federal Institution, who does
not have a verified high school diploma and/or GED, must attend literacy
classes for a minimum of 240 hours or until a GED is achieved, whichever
comes first.

A $25.00 program completion award is credited to each student's commissary
account upon successful completion of the GED Exam after being enrolled
for a minimum of 30 days. A $10.00 completion award is credited to each
student's account upon successful completion of the TABE Exam after being
enrolled for a minimum of 30 days. The maximum allowable amount is $25.00.
Monetary awards are contingent upon an acceptable financial responsibility
status.

VCCLEA and PLRA: The Violent Crime Control Law Enforcement Act (VCCLEA)
mandates that inmates with a date of offense on or after September 13,
1994, but before April 26, 1996, lacking a high school credential, must
participate in and make satisfactory progress toward attainment of a General
Education Development (GED) credential in order to vest earned Good Conduct
Time (GCT).

The Prison Litigation Reform Act (PLRA) provides that in determining GCT
awards, the Bureau of Prisons will consider whether an inmate with a date
of offense on or after April 26, 1996, has earned or is making satisfactory
progress towards attainment of a GED credential.

TESTING: TABE/SABE tests are administered to those inmates who do not
have a GED Certificate or high school diploma shortly after their arrival
at LSCI Allenwood. The TABE test (English) and SABE test (Spanish) measures
academic achievement in Math, Vocabulary, Reading Comprehension, Spelling
and Language.

ENGLISH AS A SECOND LANGUAGE (ESL): The Crime Control Act of 1990 requires
that all non-English speaking federal prisoners participate in an ESL
Program. In accordance with Program Statement 5350.24, ESL Classes are
mandatory for all federal prisoners who have limited English proficiency
skills. Pre-Trial inmates, all study and observation cases, excludable
aliens and sentenced aliens with an ICE Deportation Detainer are exempt
from mandatory enrollment.

Certificates and $25 credited to the student's commissary account are
awarded for successful completion. Students are required to pass a
standardized multiple choice test to demonstrate proficiency in English
equivalent to the eighth grade.

ADDITIONAL PROGRAMS OFFERED: VT (Vocational Training), ACE (Adult
Continuing Education), College/Correspondence Courses, Parenting, and Job
Search Skills are non-mandatory programs offered through the Education
Department. Culinary Arts VT, Office Automation VT, and a Fiberoptics
VT are also available. In addition, Cook Apprenticeships and Housekeeping
Apprenticeships are offered. The Education Department also provides a well stocked Career Resource Center to assist inmates with seeking and maintaining employment upon release. Contact an Education Department staff member for more information regarding these programs.

**LAW/LEISURE LIBRARY:** The Law/Leisure Library is located in the Education Department. All required legal books and policies are provided. Typewriters are provided; however, inmates must purchase typewriter ribbons and correction ribbons from Commissary. Manual typewriters are provided for inmates who do not purchase ribbons from Commissary. A copy machine is located in the Law Library for inmate use. Copies are purchased at a cost of .15 cents per page. Inmates must have funds added to their Commissary cards through Trust Fund Department staff in order to use the copy machines.

The library is open from 7:30 a.m. - 10:30 a.m., 11:30 p.m. - 3:30 p.m., and 4:30 p.m. - 8:30 p.m., Monday through Friday. The library is also open from 7:30 a.m. - 3:30 p.m., on Saturday.

**Note:** The staff of the Education Department will provide guidance to all inmates seeking assistance. All inmates are encouraged to enroll in a course of study appropriate to their needs. Please remember to use your time wisely and never hesitate to seek help. Educational opportunities are made available for your benefit and self-improvement.

**RECREATION DEPARTMENT**

The Recreation Department strives to provide a variety of leisure time activities, programs and services for the inmate population. Our Recreation Department is designed to assist incarcerated individuals gain physical, emotional and educational development. We strongly encourage all inmates to participate in any authorized activities which provide a positive institutional accepted outlet. It is our goal to actively involve as many inmates as possible with positive rewarding programs and activities by means of sharing time, space, equipment, and facilities.

**Hours of Operation Gymnasium / Recreation Yard**

**Monday thru Friday**

- 6:00 a.m. - 10:30 a.m. (Activity Recall)
- 10:45 a.m. - 3:30 p.m.
- 4:30 p.m. - 8:15 p.m.

**Saturday / Sunday / Holidays**

- 6:00 a.m. - 9:30 a.m.
- 10:30 a.m. - 3:30 p.m.
- 4:30 p.m. - 8:15 p.m.

* The Gymnasium & inside weight room are open only limited hours May through September - 6:00 a.m. to 10:30 a.m., Monday through Friday; and 6 a.m. to 9:30 a.m., Saturday/Sunday/Holidays.

**Hours of Operation Leisure Center**

Daily
12:30 p.m. - 3:30 p.m.
4:30 p.m. - 7:30 p.m.
4:30 p.m. - 8:00 p.m. (expanded hours May thru September)

**Hobby Craft Programs available in the Leisure Center**

<table>
<thead>
<tr>
<th>Ceramics</th>
<th>Crochet Orientation</th>
<th>Paper Rolling Orientation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Painting</td>
<td>Painting Orientation</td>
<td>Drawing class</td>
</tr>
<tr>
<td>Drawing</td>
<td>Ceramic Orientation</td>
<td>Music classes</td>
</tr>
</tbody>
</table>

*Housing Unit Drawing Program*

*Submit to Recreation staff an Inmate Request to Staff to participate.
*Must be enrolled to purchase Hobby Craft supplies via S.P.O.*

**Music**

There are a number of instructional music classes in the area of Guitar, Bass Guitar, Piano, music vocals and Music Theory as well as open music instrument use.

**Wellness Programs**

<table>
<thead>
<tr>
<th>Step Aerobics</th>
<th>Swiss Ball</th>
<th>Fit for Life</th>
</tr>
</thead>
<tbody>
<tr>
<td>Silver Streak</td>
<td>Cardio</td>
<td>NFPT</td>
</tr>
<tr>
<td>Jogging Program</td>
<td>Medicine Ball</td>
<td>Jump Rope</td>
</tr>
<tr>
<td>Exercise Fitness bikes</td>
<td>Total Body Fitness</td>
<td>CPR - Red Cross</td>
</tr>
<tr>
<td>Body Composition Analysis</td>
<td>Spinning Bike</td>
<td>Yoga</td>
</tr>
<tr>
<td>Flexibility</td>
<td>Wellness Library (17)</td>
<td>Courses</td>
</tr>
</tbody>
</table>

* Certificates of completion are awarded to participants who meet minimum criteria for completion.

**Leisure Time Activities**

<table>
<thead>
<tr>
<th>Fitness Equipment</th>
<th>Basketball</th>
<th>Guitar</th>
</tr>
</thead>
<tbody>
<tr>
<td>Weight lifting</td>
<td>Bocce Ball</td>
<td>Chess</td>
</tr>
<tr>
<td>Walking</td>
<td>Billiards</td>
<td>CD Music Listening</td>
</tr>
<tr>
<td>Jogging</td>
<td>Foosball</td>
<td>Piano</td>
</tr>
<tr>
<td>Handball</td>
<td>Bingo</td>
<td>Board Games</td>
</tr>
<tr>
<td>Puzzles</td>
<td>Card playing</td>
<td></td>
</tr>
</tbody>
</table>

**Athletic Leagues**

<table>
<thead>
<tr>
<th>Billiards</th>
<th>Bocce</th>
<th>Flag Football</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ping-Pong</td>
<td>Horseshoes</td>
<td>Volleyball (indoor/outdoor)</td>
</tr>
<tr>
<td>Floor Hockey</td>
<td>Handball/Racquetball</td>
<td>Basketball (indoor/outdoor)</td>
</tr>
<tr>
<td>Softball</td>
<td>Basketball age 35 +</td>
<td>Soccer (indoor/outdoor)</td>
</tr>
</tbody>
</table>

**If you are in general population at the time sign-ups are conducted for a sport or program you must sign up before the deadline in order to participate. Inmates who do not sign up prior to a posted deadline will not participate in that program. Exceptions are given to those inmates in segregation, writ, or outside hospital.**

**Holidays**

Special activities and tournaments are conducted on all federal holidays. Memorandums are posted in Recreation and the housing units announcing these special events. Sign-ups for all holiday programs are conducted in the
Suspension from Recreational Programs
Rules have been established for each and every program. You are required to abide by these rules at all times. The Recreation Department provides training opportunities for all sports officials; however, our officials are not certified as professionals. Regardless of what calls are made by the inmate sports officials, Recreation Staff reserve the right to remove an inmate from any game, league, or activity for unsportsmanlike or unprofessional conduct.

PSYCHOLOGY SERVICES

Confidentiality - There are limits to your confidentiality when talking to a psychologist. Some of these are determined by law, others by Bureau of Prisons policy. Questions regarding those limits can be raised when you speak to a psychologist individually.

Intake Screenings - All inmates are seen for an intake interview with a psychologist. The purpose of the intake interview is to assess your current psychological functioning and any needs you might have for services. After the interview, the psychologist prepares a brief written report for your psychology and central files.

Crisis Intervention and Suicide Prevention - A psychologist is on call 24 hours a day, 7 days a week. It is not uncommon for people to experience depression and hopelessness while in jail or prison, particularly if they are newly incarcerated, are serving a long sentence, are experiencing family problems or problems getting along with other inmates, or receive bad news. Sometimes, inmates consider committing suicide due to all of the pressure they are under. If you are feeling suicidal, contact a staff member so that the on-call psychologist can be paged. If you have concerns about another inmate, please bring this to the attention of staff. Staff do not always see what you see, and your efforts may make a difference.

The Psychology Department employs a small number of qualified inmates as suicide watch companions. These inmates are trained in appropriate watch procedures as well as suicide prevention. To apply for one of these positions, submit an Inmate Request to Staff form (cop-out) to the Psychology Department.

Counseling - Individual counseling services are available for any inmate experiencing family, interpersonal, adjustment, or other personal concerns. Educational and therapeutic groups are also offered addressing particular topics like stress management, anger management, and dealing with other people.

Psychotropic medication - Medications for mental health problems are provided through Health Services. Psychology services will, however, follow inmates who hold prescriptions for psychotropic medications, including anti-depressants, mood stabilizers, and anti-psychotic medication. A psychologist will monitor how you are doing and will help you address any problems that arise with your medications or your adjustment. If you hold such a prescription, you should bring up any
problems that arise with a psychologist.

**Substance Abuse Rehabilitation** - The Bureau offers substance abuse rehabilitation programs as well as self-help groups. These are:

a. **Drug Education** is an educational course run by psychology. This course outlines the effects that alcohol and particular drugs can have on a person’s body, their behavior, their interpersonal relationships, and their community. Under certain circumstances, inmates are required to complete this course. If you are required and you don’t meet the requirement, the Bureau can hold your pay to the lowest pay grade and can deny you community programs such as halfway house.

b. **Non-Residential Drug Abuse Treatment** is for individuals with diagnosed substance abuse problems. Inmates may be enrolled in one or more groups, and these groups may be supplemented by individual counseling sessions as appropriate. The program is designed to help inmates avoid relapse into alcohol or illicit drug use following release.

c. **The Residential Drug Abuse Program (RDAP)** is for individuals with diagnosed substance abuse problems which can be verified. The program aims to help inmates avoid relapse into alcohol or illicit drug use following release. Some inmates who complete this program are eligible for a sentence reduction of up to 12 months. It is offered toward the end of your sentence so that the material is fresh for you upon release. To apply for the program, you need to have between 24 and 48 months left on your sentence. The RDAP is new to LSCI Allenwood as of 2012. It is housed in Unit Union A, and to participate in RDAP, you would need to be willing to move to that unit, as all inmates in the unit will be RDAP participants. If you are interested in participating in RDAP, submit a request to be interviewed via an Inmate Request to Staff.

In addition to the above self-help programs [i.e. Alcoholics Anonymous (AA) or Narcotics Anonymous (NA)], are available for inmate participation. These programs are monitored by the Drug Treatment Specialist and usually meet once a week. They are available to any interested inmate.

**Sex Offender Treatment** - The Bureau offers a treatment program for sex offenders. The program is voluntary and is located at another facility that you would be transferred to. If you are interested in such a program, contact a psychologist and an appointment will be set up to talk about the program, its expectations, and the participation agreement you would sign.

**Sexually Abusive Behavior, Prevention & Reporting** - The Bureau of Prisons defines Inmate-on-Inmate Sexual Abuse/Assault as:
- One or more inmates engaging in, or attempting to engage in, a sexual act with another inmate, or
- The use of threats, intimidating, inappropriate touching, or other actions and/or communication by one or more inmates aimed at coercing and/or pressuring another inmate to engage in a sexual act.

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The Bureau defines Staff-on-Inmate Sexual Abuse/Assault as:
- Engaging in, or attempting to engage in, a sexual act with any inmate, or
- The intentional touching of an inmate’s genitalia, anus, groin, breast, inner thigh, or buttocks with the intent to abuse, humiliate, harass, degrade, arouse, and/or gratify the sexual desire of any person.

**Prevention** - Here are some things you can do to protect yourself against sexual assault:

- Carry yourself in a confident manner at all times. Do not permit your emotions (fear/anxiety) to be obvious to others.

- Do not accept gifts or favors from others. Most gifts or favors come with strings attached to them.

- Do not accept an offer from another inmate to be your protector.

- Find a staff member with whom you feel comfortable discussing your fears and concerns.

- Be alert! Do not use contraband substances such as drugs or alcohol; these can weaken your ability to stay alert and make good judgments.

- Be direct and firm if others ask you to do something you don’t want to do. Do not give mixed messages to other inmates regarding your wishes for sexual activity.

- Stay in well-lit areas of the institution.

- Choose your associates wisely. Look for people who are involved in positive activities like educational programs, psychology groups, or religious services. Get involved in these activities yourself.

- Trust your instincts. If you sense a situation may be dangerous, it probably is. If you fear for your safety, report your concerns to staff.

**Reporting** - If you become a victim of a sexual assault, **YOU SHOULD REPORT IT IMMEDIATELY TO ANY STAFF MEMBER.** You will be offered immediate protection from the assailant, and you will be referred for a medical examination and clinical assessment. Even though you may want to clean up after the assault, it is important to see medical staff BEFORE you shower, wash, drink, eat, change clothing, or use the bathroom. Medical staff will examine you for injuries which may or may not be readily apparent to you. They can also check you for sexually transmitted diseases and gather any physical evidence of assault. If you are not comfortable talking to staff, you may write a letter directly to the Warden and/or the Regional Director. To ensure confidentiality, use special mail procedures. You may also use the Administrative Remedy process to notify staff. If you think your situation is too sensitive to file with the Warden, you may file directly to the Regional Director with a BP-10.
Discipline and/or Prosecution of sexual perpetrators – Inmates who engage in inappropriate sexual behavior or direct it at others can be charged with the following Prohibited Acts under the Inmate Disciplinary Policy.

- Code 101(A), Sexual Assault
- Code 205, Engaging In Sexual Acts
- Code 206, Making Sexual Proposals or Threats to Another
- Code 221, Being in an Unauthorized Area with a Member of the Opposite Sex Without Staff Permission
- Code 300, Indecent Exposure
- Code 404, Using Abusive or Obscene Language

Furthermore, staff or inmates who engage in sexual abuse or assault of inmates will be investigated by law enforcement authorities and, if found guilty, will be subject to a full range of criminal and administrative sanctions.

Treatment Options – If you have been the victim of an assault by staff or inmates, you may seek counseling and/or advice from a psychologist or chaplain. Crisis counseling, coping skills, suicide prevention and mental health counseling are available to you. Most people need help to recover from the emotional effects of sexual assault. If you are a recent victim or have been a victim in the past, psychology staff are available for counseling.

If you feel that you need help to keep from sexually assaulting someone else, psychological services are available to help you gain control over these impulses.

RELIGIOUS SERVICES

Religious Services offer a wide range of religious programs for inmates. Chaplains of various faiths are available for pastoral care, counseling, or other professional services. In addition to the Chaplains on staff, volunteers offer a variety of programs and services.

Confidentiality: Staff chaplains are available to meet with you individually for a variety of needs. Some of the reasons that you may choose to speak to a Chaplain are:

a. Difficulty adjusting to incarceration;
b. Personal problems, grief, or loss;
c. Religious questions or problems;
d. Relational issues: with family, with other inmates, or with any other person.

The conversation between an inmate and a Chaplain may be requested to be kept confidential, unless the nature of the conversation demonstrates that you may be a risk to yourself, another inmate, or a staff member, or that you may attempt an escape.

Services: All regularly scheduled services, as well as special services with outside volunteers, are open to all inmates. A current copy of the Religious Services schedule is posted in the Chapel display case, as well as in the housing units. Special services and holiday services will be announced and posters will
generally be displayed. Services which take place during work hours will require that you be placed on the callout (Jumah prayer, Jewish services with the Rabbi, Orthodox Christian, etc.). To be placed on the callout, submit a written request to the Chaplain.

**Religious Property:** Personal religious property may be ordered through a Special Purpose Order (SPO). Personal religious property **will NOT be authorized to come from home.** Religious items for personal use must be requested and approved by the Chaplain. Items for the faith communities will be purchased by the Chapel and will be maintained in the faith community lockers.

**Religious Diet:** If you wish to be considered for a religious diet you must submit your request in writing to the Chaplain and a religious diet interview will be conducted. You will then be assigned to one of two religious diets offered in Food Service, either the No Flesh option, or the Certified Food diet. If you transferred from another institution your religious diet assignment will automatically follow you to Allenwood.

**Religious Resources:** A large number of religious books, audio tapes, and video tapes are available for group or personal use. Individuals may view videos in the chapel on their leisure time. However, an individual may NOT view video tapes when they are expected to be at their work detail. You are encouraged to view the tapes and read the religious material available. Musical instruments are used for religious worship and practice only.

**Emergency Notification:** In the event that an immediate member of your family (mother/father, brother/sister, son/daughter or spouse), is taken to the hospital or dies, a member of your family may call the institution and request to speak to a Chaplain. The caller will need your registration number, the name of the individual involved, and the name and telephone number of the hospital (or funeral home). **This information will be verified before you are notified.**

**Religious (Clergy) Visits:** If you so desire, you may designate one individual on your visiting list as your Minister of Record (MOR) by submitting a request to the Chaplain. This request must include contact information for the MOR so the Chaplain can obtain documentation of the credentials of the MOR. An approved MOR will not count against the maximum number of visitors you are allowed to have on your visiting list, and may visit during normal visiting ours. Arrangements for a visit with your MOR **may** be made on dates when you are not otherwise approved to receive visits if such a request is made two weeks prior to the date of the visit.

It is our hope that we may assist in your spiritual growth and development. We hope that you will make the most of your opportunities by attending worship services and pursuing your personal spiritual life.

**LSCI HEALTH SERVICES**

**MEDICAL SERVICES:** Routine medical and dental care is offered within the Health Services Department. Local community medical resources may be utilized when deemed necessary by medical staff. An inmate may be transferred to another correctional facility, or medical referral center,
for more extensive medical care when indicated by the staff physician.

GENERAL POPULATION APPOINTMENTS: Appointments for routine medical and dental care are issued at the triage area in the Health Services Department. Inmates must report to this area on Mondays, Tuesdays, Thursdays, and Fridays with a completed sick call request form. Sick-call sign-up begins at 6:15 a.m. and ends promptly at 6:45 a.m. This schedule excludes Wednesdays and federal holidays, since no sick-call is held on holidays. If the institution is experiencing a situation where inmate movement is not allowed during sick call sign-up times, inmates are to submit their completed request forms to the housing unit officer by 6:45 a.m. on those days. Medical staff will obtain these requests from the officers and schedule those requests accordingly. If the medical staff determine the sick call is of an emergent priority, the inmate will be issued a same day appointment slip reflecting the time of the appointment. The inmate must present this appointment slip to the work supervisor so that an institutional pass can be issued to him. If the medical staff determine the sick call is not of an emergent priority, the inmate will be advised his assigned medical provider will schedule him for an appointment and he is to watch the callout for the date and time of that appointment. Sick Call Request Forms will not be accepted through the institutional mail and will only be accepted from 6:15 a.m. to 6:45 a.m. on Mondays, Tuesdays, Thursdays, and Fridays.

Any inmate arriving at Health Services later than 10 minutes after the scheduled appointment time and will receive a $2 charge (See Inmate CoPay section). If an inmate becomes ill after the regular sick-call sign-up time, he should ask his staff supervisor to call the hospital. Health Services staff will determine if, and/or when an appointment will be scheduled.

Appointments for other medical evaluations, tests, and clinics (such as eye exams, blood studies, physician visits, etc.) will be scheduled via the institution call-out roster. It is your responsibility to review the call-out daily and show up on time for all appointments.

Dental sick-call is for emergency care only, such as toothaches, abscesses, temporary fillings, etc. To obtain routine dental treatment, such as permanent fillings, dentures, and cleanings, you must submit an Inmate Request to Staff (Cop-Out) to the Health Services Department. All routine appointments will be scheduled on the institutions call-out.

SPECIAL HOUSING INMATES: Inmates placed in Special Housing will be seen by a clinical staff member at least once daily. Inmates with routine medical and dental care concerns will be addressed daily.

PHYSICAL EXAMINATIONS: All new commitments to the Federal Bureau of Prisons System will be scheduled for a complete physical examination, which is mandatory, within 14 days of arrival at this institution. This examination may include laboratory studies, hearing and sight screening, dental examination, medical history, and physical examination.

All inmates under the age of 50 are entitled to a routine physical
examination every two years. Those inmates at or over the age of 50 are entitled to this examination annually. These examinations may include an Electrocardiogram, rectal examination, tonometry, vision testing, and blood work testing along with other tests as determined by your care provider. This optional examination requires an inmate to submit an Inmate Request to a Staff Member (Cop-Out) form to the Health Services Department requesting the physical. You will be placed on the list for physicals and the appointment will be listed on a future daily call-out list located in the housing units. Because this physical is for your health and well being, we encourage you to take the opportunity extended to you. During this voluntary examination, you may refuse any part of the process that you do not want performed. All inmates within 12 months of their release date, are entitled to a pre-release physical examination. Requests for this examination must be made through the Health Services Department, no later than 2 months prior to release in order for the examination to be scheduled and completed.

**ANNUAL IMMUNIZATION/SCREENING:** All inmates will be scheduled for the tuberculosis screening on an annual basis. This screening will be in the form of the PPD skin test and/or chest x-ray. The date of these screenings will be based on the inmate’s previous test date. During the flu season which is typically in early winter, inmates will have the influenza vaccination or “flu shot” if their medical condition meets the CDC guidelines for these immunizations. Since some seasons cause the supply of this vaccination to be short, it will depend on the availability of the vaccine and the inmate’s medical priority. This optional vaccination requires an inmate to submit an Inmate Request to Staff (Cop-Out) form to the Health Services Department requesting the flu shot vaccination.

**EMERGENCY MEDICAL TREATMENT:** All emergencies or injuries will be screened for priority of treatment and then will be examined accordingly. Appropriate medical care will be provided by institutional Health Services staff. Medical treatment on evenings, mornings, weekends, and federal holidays is limited to treatment of acute problems only. Treatment needs will be determined by the medical staff. Access to emergency medical care is obtained by notifying any staff member or the activation of the inmate duress system in your cell. Any emergency or injury, must be reported to Bureau of Prisons staff immediately.

**PHARMACY:** Inmate prescriptions are dispensed daily within Health Services. Scheduled pill lines require an institution ID card, are as follows:

- 06:00 a.m. - 06:15 a.m. Diabetics only
- 07:00 a.m. - 07:15 a.m. Passes only
- 11:30 a.m. - 12:00 p.m. No pass required / open pill line
- 3:30 p.m. - 3:45 p.m. No pass required
- 5:00 p.m. - 5:15 p.m. Diabetics only
- 8:30 p.m. - 8:45 p.m. Pill line passes required

Restricted medications will be issued only on a dose-by-dose basis and must be taken at the Pharmacy window in full view of the person dispensing the drug. You will be required to allow the dispensing individual to inspect your mouth after accepting the medication. A full cup of water is required for taking these restricted medications. Inmates receiving medication in this manner will be issued a medication pass with the appropriate times
circled. You must present this pass to have the medication administered. If you are placed on pill line, you may choose to refuse the medication, but you are mandated to report to the pill line at the designated time.

Other non-restricted medications will be distributed through the Pharmacy located within the Health Services Department. In most instances, when you are prescribed medication, you will be able to pick it up during the next business day at the 11:30 a.m. pill line. All medications which you are issued will have an expiration date. If your medication has a refill listed on the label, it must be returned for refill prior to the expiration date. Once a medication is expired, it can only be refilled by attending sick-call. Expired medication must be returned to the pharmacy, otherwise it will be considered an unauthorized item.

***ID picture cards are required for any visit to the Health Services Department***

OTC PROGRAM: Inmates will purchase OTC items at commissary for their occasional use.

1. Commissary Lists will be provided to inmates for current stock and pricing information. Inmates are instructed that if they report to the HSU for these same items, they will be referred to commissary as appropriate. Inmates are required to plan ahead for Commissary closures. Health Services will not issue commissary items due to the Commissary being closed.

2. If OTC medication is absolutely necessary to have by the next available shopping day, the medical care provider will then issue an institution OTC Medication Slip. The provider will select up to two appropriate OTC items from the list. The inmate will be allowed to shop in commissary only for that day and only for the item(s) indicated on his OTC Medication Slip.

3. The same process will be used for SHU inmates. However, their OTC Medication Slips will be routed through the SHU Lieutenant for their commissary items.

IDLE, CONVALESCENCE, AND MEDICAL ASSIGNMENTS: In situations where it is necessary to restrict the inmates activities due to health concerns, the inmate may be placed on quarters, convalescence, or medically unassigned status. The medical staff will issue you a Medical Duty Status form that identifies your limitations. It is the inmate’s responsibility to deliver one copy to his work supervisor and one copy to his unit officer. The following is a synopsis of restrictions for each medical limitation status:

**IDLE:** Temporary disability not to exceed three days duration including weekends and holidays. Restricted to your room except for meals, barbering, religious services, sick-call, visits, and call-outs. No recreation activity.

**CONVALESCENCE:** Recovery period for an operation, injury, or serious illness. Not less than four days and not to exceed 30 days, subject to renewal. Excused from work and may not participate in recreation activities.
**RESTRICTED DUTY:** Restricted from specific activities because of existing physical or mental handicap for a specific time period or indefinitely.

**MEDICALLY UNASSIGNED/TOTALLY DISABLED:** Totally unemployable and unassigned because of physical or mental handicap for a specific time period or indefinitely.

**INMATE CO-PAY:** Pursuant to the Federal Prisoner Health Care Copayment Act (FHCCA) of 2000 (P.L. 106-294, 18 U.S.C. § 4048), LSCI Allenwood provides notice of the Inmate Copayment Program for health care, effective October 3, 2005. The Inmate Copayment Program applies to anyone in an institution under the Bureau’s jurisdiction and anyone who has been charged with or convicted of an offense against the United States, except inmates in inpatient status at a Medical Referral Center (MRC). All inmates in outpatient status at the MRC’s and inmates assigned to the General Population at these facilities are subject to a $2.00 copay fee. Needed offender health care is not denied due to lack of available funds. Co-payment fees are waived when appointments or services, including follow-up appointments, are initiated by medical staff.

**ADVANCED DIRECTIVES “LIVING WILLS”:** This option is available to the inmate population by requesting an appointment with your provider.

**RIGHTS/RESPONSIBILITY:** While in the custody of the Federal Bureau of Prisons, you have the right to receive health care in a manner that recognizes your basic human rights. You also accept the responsibility to cooperate with your health care plans and respect the basic human rights of your health care provider.

<table>
<thead>
<tr>
<th>Your Health Care Rights:</th>
<th>Your Responsibilities:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. You have the right to access health care services based on the local procedures at this institution. Health services include medical, dental, and all support services.</td>
<td>1. You have the responsibility to comply with the health care policies of this institution and follow recommended treatment plans established for you by the health care staff.</td>
</tr>
<tr>
<td>2. You have the right to know the name and professional status of your health care providers and to be treated with respect, consideration, and dignity.</td>
<td>2. You have the responsibility to treat these providers as professionals and follow their instructions to maintain and improve your overall health.</td>
</tr>
<tr>
<td>3. You have the right to address any concerns regarding your health care to any member of the institutional staff including the physician, the Health Services Administrator, members of your Unit Team, the Associate Warden, and the Warden</td>
<td>3. You have the responsibility to address your concerns in the accepted format, such as the Inmate Request to Staff Member form, at main line, or the accepted Inmate Grievance Procedures.</td>
</tr>
<tr>
<td>4. You have the right to provide the Bureau of Prisons with Advance Directives or a Living Will that would provide the Bureau of Prisons</td>
<td>4. You have the responsibility to provide the Bureau of Prisons with accurate information to complete this agreement.</td>
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<tr>
<td>with instructions if you are admitted as an inpatient to a hospital.</td>
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<tr>
<td>5. You have the right to be provided with information regarding your diagnosis, treatment, and prognosis.</td>
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<tr>
<td>5. You have the responsibility to keep this information confidential.</td>
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<tr>
<td>6. You have the right to obtain copies of certain releasable portions of your health record.</td>
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<tr>
<td>6. You have the responsibility to be familiar with the current policy and abide by such to obtain these records.</td>
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<tr>
<td>7. You have the right to be examined in privacy.</td>
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<td>7. You have the responsibility to comply with security procedures should security be required during your examination.</td>
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<tr>
<td>8. You have the right to participate in health promotion and disease prevention programs, including those providing education regarding infectious disease.</td>
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<tr>
<td>8. You have the responsibility to maintain your health and not to endanger yourself, or others, by participating in activities that could result in the spreading or catching of infectious diseases.</td>
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<tr>
<td>9. You have the right to report complaints of pain to your health care provider, have your pain assessed, managed in a timely manner, be provided information about pain management as well as information on the limitations and side effects of pain treatments.</td>
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<tr>
<td>9. You have the responsibility to communicate with your health care provider honestly regarding your pain and your concerns about your pain. You also have the responsibility to adhere to the prescribed treatment plan and medical restrictions. It is your responsibility to keep your provider informed of both positive and negative changes in your condition to assure timely follow-up.</td>
<td></td>
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<tr>
<td>10. You have the right to receive prescribed medications and treatments in a timely manner, consistent with the recommendations of the prescribing health care provider.</td>
<td></td>
</tr>
<tr>
<td>10. You have the responsibility to be honest with your health care provider(s), to comply with prescription treatments and follow prescription orders. You also have the responsibility not to provide any other person with your medication or other prescription item.</td>
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<tr>
<td>11. You have the right to be provided healthy and nutritious food. You have the right to instructions regarding a healthy diet.</td>
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<tr>
<td>11. You have the responsibility to eat healthy and not abuse or waste food or drink.</td>
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<tr>
<td>12. You have the right to request a routine physical examination as defined in the Bureau of Prisons policy. (If you are under the age of 50, once every 2 years; if over</td>
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<tr>
<td>the age of 50, once a year and within one year of your release.</td>
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<tr>
<td>13. You have the right to dental care as defined in the Bureau of Prisons policy to include preventative services, emergency care, and routine care.</td>
<td>13. You have the responsibility to maintain your oral hygiene and health.</td>
</tr>
<tr>
<td>14. You have the right to a safe, clean, and healthy environment that includes smoke free living areas.</td>
<td>14. You have the responsibility to maintain the cleanliness of personal and common areas and safety in consideration of others. You have the responsibility to follow smoking regulations.</td>
</tr>
<tr>
<td>15. You have the right to refuse medical treatment in accordance with the Bureau of Prisons policy. Refusal of certain diagnostic tests for infectious diseases can result in administrative actions against you. You have the right to be counseled regarding the possible consequences of refusing medical treatment.</td>
<td>15. You have the responsibility to notify health services regarding any ill-effects that occur as a result of your refusal. You also accept the responsibility to sign the treatment refusal form.</td>
</tr>
</tbody>
</table>

**FACILITIES DEPARTMENT**

The Facilities Department is responsible for maintenance and construction of the physical plant, including motor vehicles and heavy equipment.

Maintenance or repairs to your room or area of concern will be accomplished by notifying the Unit Officer or appropriate staff member who will initiate a Work Request for signature by the respective department head. This request will then be forwarded to the Facilities Department who will ensure necessary repairs are made. Do not attempt repairs or adjustments yourself.

This facility adheres to energy conservation practices and we need your cooperation. Make sure lights and water faucets are turned off when not in use.

**ACCESS TO LEGAL SERVICES**

**Legal Correspondence** - Legal correspondence from attorneys will be treated as Special Mail if it is properly marked. The envelope must be marked with the attorney's name and an indication that he/she is an attorney and the front of the envelope must be marked "Special Mail - Open only in the presence of the inmate". It is the responsibility of the inmate to advise his attorney about this policy. If legal mail is not properly marked, it will be opened as general correspondence.

**Attorney Visits** - Attorney visits are arranged by the Unit Team. Attorneys are required to contact the inmate's Case Manager or Counselor at least
forty-eight (48) hours prior to the requested visit. Attorneys are encouraged to visit during regular visiting hours. However, visits from an attorney can be arranged at other times based on the circumstances of each case and available staff. Attorney visits are subject to visual monitoring, but not audio monitoring. The assignment of the privacy rooms in the Visiting Room is on a first come basis. Inmates may refer to the Complex Supplement titled Visiting Regulations for further information. During attorney visits, a reasonable amount of legal materials may be allowed in the visiting area with prior approval. Only that material needed for litigation in which the inmate is currently engaged, will be allowed in the Visiting Room. The same will be searched for contraband. If there is a need to exchange legal materials, it must be accomplished via the U.S. Mail.

**Attorney Phone Calls** – In order to make an unmonitored phone call between an attorney and an inmate, the inmate must follow procedures established in the Complex Supplement titled Inmate Telephone Regulations. Phone calls placed through the regular inmate phones are subject to monitoring.

**Law Library** – The Law Library contains a variety of legal reference materials for use in preparing legal papers. Reference materials include the United States Code Annotated, Federal Reporter, Supreme Court Reporter, certain Bureau of Prisons Program Statements, certain Complex Supplements, Indexes, and other legal materials. The Law Library is open during convenient non-working hours, including weekends. An inmate Law Library Clerk will be available for assistance in legal research. Legal materials are also available to inmates in Administrative Detention or Disciplinary Segregation status, via the Basic Law Library in the Special Housing Unit.

**Notary Public** – Notary Services are done by an outside Notary Public scheduled on the second and fourth Thursday of each month. Inmates requesting a document(s) to be notarized must submit an “Inmate Request to Staff Member” along with a signed BP-199(TRULINCS money form) to their Counselor no later than noon the day before. Inmates will be placed on call out for the Notary Public service; failure to report to the call out may result in disciplinary action.

**Copies of Legal Materials** – A photocopy vending machine is available in the Education Department for reproduction of legal materials. Inmates are responsible for purchasing vending credits from the commissary. Vending credits must be purchased at the commissary on the inmate’s regular scheduled shopping day. Vending credits are encoded onto the inmate’s personal identification card. Inmates can make copies at a cost of $.15 per page. In other words, $.15 is deducted from the inmate’s personal identification card. Credits must be purchased in $1.00 quantities.

An inmate must maintain a balance of .80 on his card in order to utilize the copy machine. The inmate may purchase up to $30.00 in vending debits and may have no more than $35.00 in debits encoded on his ID card at any given time.

**Federal Tort Claims** – To file an administrative Federal Tort Claim, inmates must complete a Standard Form 95. Inmates can obtain this form by contacting their respective Unit Team, such as the Unit Counselor.
**Inmate Access to Central Files** - Inmates who wish to review their Central File should submit an Inmate Request to Staff to their Unit Team, who will schedule an appropriate date/time for review. An inmate eligible for parole may request review of discloseable portions of his Central File (plus Presentence Report and/or Summary) prior to his Parole Hearing.

**Inmate Access to Other Documents** - An inmate can request access to the "Non-Disclosed Documents" in his Central File and Medical File, or other documents concerning himself that are not in his Central File or Medical File, by submitting a "Freedom of Information Act Request" to the Director of the Bureau of Prisons, Attention: FOI Request. Such a request must briefly describe the nature of records wanted and approximate dates covered by the record. An inmate making such a request must provide his or her full name, current address, date and place of birth for identification purposes.

A request on behalf of an inmate by an attorney, for records concerning that inmate, will be treated as a "Privacy Act Request" if the attorney has forwarded an inmate's written consent to disclose materials. If a document is deemed to contain information exempt from disclosure, any reasonable part of the record will be provided to the attorney after the deletion of the exempt portions.

**PROBLEM RESOLUTION**

**Inmate Request to Staff** - The Inmate Request to Staff, commonly called a "Cop-Out," is used to make a written request to a staff member. Any type of request can be made with this form. Beginning in November 2012, only electronic requests submitted via TRULINCS are accepted for a response. Only one electronic Request to Staff may be submitted per day. Requests should not be duplicated and submitted to more than one staff member, and inmates should follow the chain of command in submitting their request. The inmate should receive a response from the lowest level before appealing to the next higher level. Staff who receive a request will answer the request in a "reasonable" period of time.

**Administrative Remedy Process** - The Bureau emphasizes and encourages the resolution of complaints on an informal basis. Hopefully, an inmate can resolve a problem informally by contact with staff members or Inmate Request to Staff submissions. When Informal Resolution is not successful, a formal complaint can be filed through the Administrative Remedy Procedure. Complaints regarding Tort Claims, Inmate Accident Compensation, Freedom of Information or Privacy Act Requests, and complaints on behalf of other inmates are not accepted under the Administrative Remedy Procedure.

The first step of the Administrative Remedy Procedure is documentation of Informal Resolution attempts. Inmates may contact their Correctional Counselor or other designated Unit Staff Member to secure an Informal Resolution Form. The inmate will complete the top portion of the form and return it to the Correctional Counselor or designated staff. The Counselor or designated staff member will investigate and document the results of his/her investigation in the bottom portion of the Informal Resolution within five calendar days receipt.
After this form is completed, and if the issue cannot be informally resolved, the Counselor will issue a BP-229 (BP-9) Form. The inmate will then give the completed BP-229 and Informal Resolution to his Correctional Counselor for delivery to the Associate Warden's Secretary. The Associate Warden's Secretary will either log and receipt the complaint or forward it to the Executive Assistant for rejection.

The BP-9 complaint must be filed within twenty (20) calendar days from the date on which the basis for the incident or complaint occurred, unless it was not feasible to file within that period of time.

Institution staff have twenty (20) calendar days to provide a written response to the inmate. This time limit for the response may be extended for an additional twenty (20) calendar days. When a complaint is determined by staff to be of an emergency nature and threatens the inmate's immediate health or welfare, the reply will be made as soon as possible, or within forty-eight (48) hours from receipt of the complaint.

If the inmate is not satisfied with the response to the BP-9, he may file an appeal to the Regional Director. The Regional Appeal (BP-230) may be obtained from your assigned Correctional Counselor. This appeal must be received in the Regional Office within twenty (20) calendar days from the date of the BP-9 response. The Regional Appeal is written on a BP-230 (BP-10) Form, and must have a copy of the BP-9 form and response attached. The Regional Appeal must be answered within thirty (30) calendar days, but the time limit may be extended an additional thirty (30) days.

If the inmate is not satisfied with the response by the Regional Director, he may appeal to the Central Office of the Bureau of Prisons, within thirty (30) calendar days of the Regional Director's response. The National Appeal must be made on a BP-231 (BP-11) Form and must have copies of the BP-9 and BP-10 Forms with responses. The BP-11 form may be obtained from the Correctional Counselor. The National Appeal must be answered within forty (40) calendar days, but the time limit may be extended an additional (30) days.

For more information on Administrative Remedy procedures, refer to Complex Supplement titled Administrative Remedy Program.

If an inmate believes a complaint is of such a sensitive nature that he would be adversely affected if the complaint became known to the institution, he may file the complaint directly to the Regional Director. The inmate must explain, in writing, the reason for not filing the complaint with the institution. If the Regional Director agrees the complaint is sensitive, it shall be accepted and a response to the complaint will be processed. If the Regional Director does not agree the complaint is sensitive, the complaint will be rejected and returned to the inmate. The inmate may then pursue the matter by filing a BP-9 at the institution.

If a BP-9 is filed to the Warden in direct appeal of an UDC sanctioned incident report, an inmate has fifteen (15) calendar days from the date of his hearing to submit an appeal. An inmate has twenty (20) calendar days from the time he receives his DHO report to file a BP-10 to the Regional
Office in direct appeal of a DHO sanctioned incident report.

**DISCIPLINARY PROCEDURES**

It is the policy of the Bureau of Prisons to provide a safe and orderly environment for all inmates. Violation of Bureau Rules and Regulations are dealt with by the Unit Discipline Committees (UDC) or the Disciplinary Hearing Officer (DHO), for more serious violations. Included in this handbook is a copy of the Bureau's Prohibited Acts. If a staff member observes or believes he or she has evidence that an inmate has committed a prohibited act, the first step in the disciplinary process is writing an Incident Report. This is a written copy of the charges against the inmate. The incident report shall ordinarily be delivered to the inmate within twenty-four (24) hours of the time staff become aware of the inmate's involvement in the incident.

An informal resolution of the incident, if permissible, may be attempted by staff. If an Informal Resolution is accomplished, the incident report will not be placed in the inmate's Central File. If an Informal Resolution is not accomplished, the Incident Report is forwarded to the UDC for an initial hearing. Violations in the greatest severity category must be forwarded to the Disciplinary Hearing Officer for final disposition.

Inmates must ordinarily be given an Initial Hearing within three (3) work days of the time staff become aware of the inmate's involvement in the incident (excluding day staff became aware of the incident, weekends, and holidays). The inmate is entitled to be present at the initial hearing. The inmate may make statements or present documentary evidence on his behalf. The UDC must give its decision in writing to the inmate by the close of business the next work day. The UDC may extend the time limits of these procedures for good cause. The Warden must approve any extension over five (5) days. The inmate must be provided with written reasons for any extension. The UDC will either make final disposition of the incident or refer it to the Disciplinary Hearing Officer (DHO) for final disposition.

**Discipline Hearing Officer (DHO)** - The DHO conducts disciplinary hearings on serious rule violations or repetitive violations less serious in nature. The DHO may not act on a case that has not been referred by the Unit Discipline Committee (UDC).

An inmate will be provided with advance written notice of the charges not less than twenty-four (24) hours before the inmate's scheduled appearance before the DHO. The inmate may waive this requirement. An inmate will be provided with a full-time staff member of his choice to represent him, if requested. An inmate may make statements in his own defense and may produce documentary evidence. The inmate may present a list of witnesses and request they testify at the hearing. Inmates may not question a witness at the hearing; the staff representative and/or the DHO will question any witness for the inmate. An inmate may submit a list of questions for the witness(es) to the DHO if there is no staff representative. The DHO will request a statement from all unavailable witnesses whose testimony is deemed relevant.

The inmate has the right to be present throughout the DHO hearing, except
during deliberations. The inmate charged may be excluded during appearances of outside witnesses or when institution security could be jeopardized. The DHO may postpone or continue a hearing for good cause. Reasons for the delay must be documented in the record of the hearing. Final disposition is made by the DHO.

**Appeals of Disciplinary Actions** - Appeals of all disciplinary actions may be made through Administrative Remedy Procedures. All UDC appeals begin with an Administrative Remedy request form BP-229 (BP-9) to the Warden. All DHO appeals begin with an Administrative Remedy request form BP-230 (BP-10) to the Regional Director. If you are not satisfied with the initial response, you can continue the Administrative Remedy process. For a UDC appeal, you must complete all three levels of Administrative Remedy in sequence BP-9 (Warden); BP-10 (Regional Director); and BP-11 (General Counsel). For a DHO appeal, you must complete the last two levels of Administrative Remedy in sequence. The same time frames for timely submissions listed under the Administrative Remedy Process above will be adhered to for all disciplinary appeals.

On appeal, the following items will be considered:

- Whether the UDC or DHO substantially complied with the regulations on Inmate Discipline
- Whether the UDC or DHO based its decisions on substantial evidence
- Whether an appropriate sanction was imposed according to the severity level of the prohibited act

**Special Housing Unit Status** - The two statuses of special housing are Administrative Detention and Disciplinary Segregation.

Administrative Detention separates an inmate from the general population. To the extent possible, inmates in Administrative Detention shall be provided with the same general privileges as inmates in general population. An inmate may be placed in Administrative Detention when the inmate is in holdover status during transfer, for protection, or upon completion of confinement in Disciplinary Segregation.

Disciplinary Segregation is used as a sanction for violations of Bureau of Prisons Rules and Regulations. Inmates in Disciplinary Segregation are denied certain privileges. Personal property will usually be impounded. Inmates placed in Disciplinary Segregation are provided with blankets, a mattress, a pillow, toilet tissue, and shaving articles (as necessary). Inmates may possess legal and religious materials while in Disciplinary Segregation. Also, staff will provide a reasonable amount of non-legal reading material. Inmates in Disciplinary Segregation shall be seen by a member of the medical staff daily, including weekends and holidays. A Unit staff member will visit the Special Housing Unit daily.

**INMATE RIGHTS AND RESPONSIBILITIES**

<table>
<thead>
<tr>
<th>RIGHTS</th>
<th>RESPONSIBILITIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. You have the right to expect that as a human-being you will be treated with respect.</td>
<td>1. You have the responsibility to treat others, both employees and inmates, with respect.</td>
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<tr>
<td>treated respectfully and fairly by all personnel.</td>
<td>inmates in the same manner.</td>
</tr>
<tr>
<td>2. You have the right to be informed of the procedures, and schedules concerning the operations of the institution.</td>
<td>2. You have the responsibility to know and abide by them.</td>
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<tr>
<td>3. You have the right to freedom of religious affiliation and voluntary religious worship.</td>
<td>3. You have the responsibility to recognize and respect the rights of others in this regard.</td>
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<tr>
<td>4. You have the right to health care, which includes nutritious meals, proper bedding and clothing and a laundry schedule, opportunity to shower regularly, proper ventilation for warmth and fresh air, a regular exercise period, toilet articles and medical and dental treatment.</td>
<td>4. It is your responsibility not to waste food, to follow the laundry and shower schedule, to clean living quarters to keep your area free of any contraband, to seek medical and dental care as you may need it.</td>
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<tr>
<td>5. You have the right to visit and correspond with family members and friends and correspond with members of the news media in keeping with Bureau rules and institution guidelines.</td>
<td>5. It is your responsibility to conduct yourself properly during visits, not to accept contraband and not to violate the law or Bureau regulations through your correspondence.</td>
</tr>
<tr>
<td>6. You have the right to unrestricted and confidential access to the courts concerning conviction, civil matters, pending criminal cases, and conditions of your imprisonment.</td>
<td>6. You have the responsibility to present honestly.</td>
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<tr>
<td>7. You have the right to legal counsel from an attorney of your choice by interviews and correspondence.</td>
<td>7. It is your responsibility to use the services of an attorney honestly and fairly.</td>
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<tr>
<td>8. You have the right to participate in the use of Law Library reference materials to assist you in resolving legal problems. You also have the right to receive help when it is available through a legal assistance program.</td>
<td>8. It is your responsibility to use these resources in keeping with the procedures schedule prescribed and to respect the rights of other inmates to use the materials and assistance.</td>
</tr>
<tr>
<td>9. You have the right to a wide range of reading materials for educational purposes and for your own enjoyment. These materials may include magazines and newspapers sent from the community (certain restrictions and limitations).</td>
<td>9. It is your responsibility to seek and utilize such materials for personal benefit without depriving others of equal rights to use of this material.</td>
</tr>
<tr>
<td>10. You have the right to use your</td>
<td>10. You have the responsibility to</td>
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</tbody>
</table>
funds for commissary and other purchases, consistent with institution security and good order, opening bond and/or savings accounts, and for assisting your family.

meet your financial and legal obligations, including but not limited to, court-imposed assessments, fines and restitution. You also have the responsibility to make use of your funds in a manner consistent with your family needs, and for other obligations that you may have.

### SUMMARY OF DISCIPLINARY SYSTEM

**Table 1**

<table>
<thead>
<tr>
<th>PROCEDURES</th>
<th>DISPOSITIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Incident involving possible prohibited commission of prohibited acts</td>
<td>Except for acts in the greatest or high severity categories, the writer of the report may resolve informally or drop the charges. Except for prohibited acts in the greatest or high severity categories, the Lieutenant may resolve informally or drop the charges.</td>
</tr>
<tr>
<td>2. Staff prepares the Incident Report and forwards it to the Lieutenant.</td>
<td>Unit Discipline Committee may drop or resolve informally any Moderate or Low Moderate charge, impose allowable sanctions or refer to the Discipline Hearing Officer.</td>
</tr>
<tr>
<td>3. Appointment of an investigator who conducts the investigation and forwards material to the Unit Discipline Committee.</td>
<td>The Discipline Hearing Officer may impose allowable sanctions or drop the charges.</td>
</tr>
<tr>
<td>4. Initial hearing before the Unit Discipline Committee.</td>
<td>The appropriate reviewing official (Warden, Regional Director, or General Counsel) may approve, modify, reverse, or send back with directions including ordering a rehearing but may not increase the sanctions imposed in a valid disciplinary action taken.</td>
</tr>
<tr>
<td>5. Hearing before Discipline Hearing Officer.</td>
<td></td>
</tr>
<tr>
<td>6. Appeals through Administrative Remedy Procedure.</td>
<td></td>
</tr>
</tbody>
</table>
**TIME LIMITS IN DISCIPLINARY PROCESS**

Table 2

1. Staff becomes aware of inmate's involvement in incident.  
   ordinarily maximum of 24 hours

2. Staff gives inmate notice of charges by delivering Incident Report  
   maximum ordinarily of three (3) of 3 work days from the time staff became aware of the inmate's involvement in the incident.  
   (Excludes the day staff became aware of involvement, weekends and holidays.  
   3. Initial Hearing (UDC)  
   Minimum of 24 hours (unless waived)

4. Discipline Hearing Officer (DHO) Hearing  

NOTE: These time limits are subject to exceptions as provided in Bureau of Prisons policy.

Staff may suspend disciplinary proceedings for a period not to exceed two calendar weeks while informal resolution is undertaken and accomplished. If informal resolution is unsuccessful, staff may reinstate disciplinary proceedings at the same stage at which suspended. The time requirements then begin running again, at the same point at which they were suspended.

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**Table 1. PROHIBITED ACTS AND AVAILABLE SANCTIONS**

**GREATEST SEVERITY LEVEL PROHIBITED ACTS**

100 Killing.

101 Assaulting any person, or an armed assault on the institution’s secure perimeter (a charge for assaulting any person at this level is to be used only when serious physical injury has been attempted or accomplished).

102 Escape from escort; escape from any secure or non-secure institution, including community confinement; escape from unescorted community program or activity; escape from outside a secure institution.

103 Setting a fire (charged with this act in this category only when found
to pose a threat to life or a threat of serious bodily harm or in furtherance of a prohibited act of Greatest Severity, e.g., in furtherance of a riot or escape; otherwise the charge is properly classified Code 218, or 329).

104 Possession, manufacture, or introduction of a gun, firearm, weapon, sharpened instrument, knife, dangerous chemical, explosive, ammunition, or any instrument used as a weapon.

105 Rioting.

106 Encouraging others to riot.

107 Taking hostage(s).

108 Possession, manufacture, introduction, or loss of a hazardous tool (tools most likely to be used in an escape or escape attempt or to serve as weapons capable of doing serious bodily harm to others; or those hazardous to institutional security or personal safety; e.g., hacksaw blade, body armor, maps, handmade rope, or other escape paraphernalia, portable telephone, pager, or other electronic device).

109 (Not to be used).

110 Refusing to provide a urine sample; refusing to breathe into a Breathalyzer; refusing to take part in other drug-abuse testing.

111 Introduction or making of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

112 Use of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

113 Possession of any narcotics, marijuana, drugs, alcohol, intoxicants, or related paraphernalia, not prescribed for the individual by the medical staff.

114 Sexual assault of any person, involving non-consensual touching by force or threat of force.

115 Destroying and/or disposing of any item during a search or attempt to search.

116 Use of the mail for an illegal purpose or to commit or further a Greatest category prohibited act.

117 Use of the telephone for an illegal purpose or to commit or further a Greatest category prohibited act.
Interfering with a staff member in the performance of duties most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts.

Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Greatest severity prohibited act. This charge is to be used only when another charge of Greatest severity is not accurate. The offending conduct must be charged as “most like” one of the listed Greatest severity prohibited acts.

AVAILABLE SANCTIONS FOR GREATEST SEVERITY LEVEL PROHIBITED ACTS

A. Recommend parole date rescission or retardation.

B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time (up to 100%) and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).

B.1. Disallow ordinarily between 50% and 75% (27-41 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).

C. Disciplinary segregation (up to 12 months).

D. Make monetary restitution.

E. Monetary fine.

F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).

G. Change housing (quarters).

H. Remove from program and/or group activity.

I. Loss of job.

J. Impound inmate’s personal property.

K. Confiscate contraband.

L. Restrict to quarters.

M. Extra duty.

HIGH SEVERITY LEVEL PROHIBITED ACTS
Escape from a work detail, non-secure institution, or other non-secure confinement, including community confinement, with subsequent voluntary return to Bureau of Prisons custody within four hours.

Fighting with another person.

Threatening another with bodily harm or any other offense.

Extortion; blackmail; protection; demanding or receiving money or anything of value in return for protection against others, to avoid bodily harm, or under threat of informing.

Engaging in sexual acts.

Making sexual proposals or threats to another.

Wearing a disguise or a mask.

Possession of any unauthorized locking device, or lock pick, or tampering with or blocking any lock device (includes keys), or destroying, altering, interfering with, improperly using, or damaging any security device, mechanism, or procedure.

Alteration of any food or drink.

Possessing any officer’s or staff clothing.

Engaging in or encouraging a group demonstration.

Encouraging others to refuse to work, or to participate in a work stoppage.

Giving or offering an official or staff member a bribe, or anything of value.

Giving money to, or receiving money from, any person for the purpose of introducing contraband or any other illegal or prohibited purpose.

Destroying, altering, or damaging government property, or the property of another person, having a value in excess of $100.00, or destroying, altering, damaging life-safety devices (e.g., fire alarm) regardless of financial value.
219 Stealing; theft (including data obtained through the unauthorized use of a communications device, or through unauthorized access to disks, tapes, or computer printouts or other automated equipment on which data is stored).

220 Demonstrating, practicing, or using martial arts, boxing (except for use of a punching bag), wrestling, or other forms of physical encounter, or military exercises or drill (except for drill authorized by staff).

221 Being in an unauthorized area with a person of the opposite sex without staff permission.

222 (Not to be used).

223 (Not to be used).

224 Assausting any person (a charge at this level is used when less serious physical injury or contact has been attempted or accomplished by an inmate).

225 Stalking another person through repeated behavior which harasses, alarms, or annoys the person, after having been previously warned to stop such conduct.

226 Possession of stolen property.

227 Refusing to participate in a required physical test or examination unrelated to testing for drug abuse (e.g., DNA, HIV, tuberculosis).

228 Tattooing or self-mutilation.

229 Sexual assault of any person, involving non-consensual touching without force or threat of force.

296 Use of the mail for abuses other than criminal activity which circumvent mail monitoring procedures (e.g., use of the mail to commit or further a High category prohibited act, special mail abuse; writing letters in code; directing others to send, sending, or receiving a letter or mail through unauthorized means; sending mail for other inmates without authorization; sending correspondence to a specific address with directions or intent to have the correspondence sent to an unauthorized person; and using a fictitious return address in an attempt to send or receive unauthorized correspondence).

297 Use of the telephone for abuses other than illegal activity which circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a High category prohibited act.
Interfering with a staff member in the performance of duties most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts.

Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another High severity prohibited act. This charge is to be used only when another charge of High severity is not accurate. The offending conduct must be charged as “most like” one of the listed High severity prohibited acts.

AVAILABLE SANCTIONS FOR HIGH SEVERITY LEVEL PROHIBITED ACTS

A. Recommend parole date rescission or retardation.

B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 50% or up to 60 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).

B.1 Disallow ordinarily between 25% and 50% (14-27 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).

C. Disciplinary segregation (up to 6 months).

D. Make monetary restitution.

E. Monetary fine.

F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).

G. Change housing (quarters).

H. Remove from program and/or group activity.

I. Loss of job.

J. Impound inmate’s personal property.

K. Confiscate contraband.

L. Restrict to quarters.

M. Extra duty.

MODERATE SEVERITY LEVEL PROHIBITED ACTS
Indecent Exposure.

(Not to be used).

Misuse of authorized medication.

Possession of money or currency, unless specifically authorized, or in excess of the amount authorized.

Loaning of property or anything of value for profit or increased return.

Possession of anything not authorized for retention or receipt by the inmate, and not issued to him through regular channels.

Refusing to work or to accept a program assignment.

Refusing to obey an order of any staff member (may be categorized and charged in terms of greater severity, according to the nature of the order being disobeyed, e.g. failure to obey an order which furthers a riot would be charged as 105, Rioting; refusing to obey an order which furthers a fight would be charged as 201, Fighting; refusing to provide a urine sample when ordered as part of a drug-abuse test would be charged as 110).

Violating a condition of a furlough.

Violating a condition of a community program.

Unexcused absence from work or any program assignment.

Failing to perform work as instructed by the supervisor.

Insolence towards a staff member.

Lying or providing a false statement to a staff member.

Counterfeiting, forging, or unauthorized reproduction of any document, article of identification, money, security, or official paper (may be categorized in terms of greater severity according to the nature of the item being reproduced, e.g., counterfeiting release papers to effect escape, Code 102).

Participating in an unauthorized meeting or gathering.

Being in an unauthorized area without staff authorization.

Failure to follow safety or sanitation regulations (including safety regulations, chemical instructions, tools, MSDS sheets, OSHA standards).
Using any equipment or machinery without staff authorization.

Using any equipment or machinery contrary to instructions or posted safety standards.

Failing to stand count.

Interfering with the taking of count.

(Not to be used).

(Not to be used).

Gambling.

Preparing or conducting a gambling pool.

Possession of gambling paraphernalia.

Unauthorized contacts with the public.

Giving money or anything of value to, or accepting money or anything of value from, another inmate or any other person without staff authorization.

Destroying, altering, or damaging government property, or the property of another person, having a value of $100.00 or less.

Being unsanitary or untidy; failing to keep one's person or quarters in accordance with posted standards.

Possession, manufacture, introduction, or loss of a non-hazardous tool, equipment, supplies, or other non-hazardous contraband (tools not likely to be used in an escape or escape attempt, or to serve as a weapon capable of doing serious bodily harm to others, or not hazardous to institutional security or personal safety) (other non-hazardous contraband includes such items as food, cosmetics, cleaning supplies, smoking apparatus and tobacco in any form where prohibited, and unauthorized nutritional/dietary supplements).

Smoking where prohibited.

Fraudulent or deceptive completion of a skills test (e.g., cheating on a GED, or other educational or vocational skills test).

Conducting a business; conducting or directing an investment transaction without staff authorization.

Communicating gang affiliation; participating in gang related activities; possession of paraphernalia indicating gang affiliation.
Circulating a petition.

Use of the mail for abuses other than criminal activity which do not circumvent mail monitoring; or use of the mail to commit or further a Moderate category prohibited act.

Use of the telephone for abuses other than illegal activity which do not circumvent the ability of staff to monitor frequency of telephone use, content of the call, or the number called; or to commit or further a Moderate category prohibited act.

Interfering with a staff member in the performance of duties most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as “most like” one of the listed Moderate severity prohibited acts.

Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Moderate severity prohibited act. This charge is to be used only when another charge of Moderate severity is not accurate. The offending conduct must be charged as “most like” one of the listed Moderate severity prohibited acts.

AVAILABLE SANCTIONS FOR MODERATE SEVERITY LEVEL PROHIBITED ACTS

A. Recommend parole date rescission or retardation.

B. Forfeit and/or withhold earned statutory good time or non-vested good conduct time up to 25% or up to 30 days, whichever is less, and/or terminate or disallow extra good time (an extra good time or good conduct time sanction may not be suspended).

B.1 Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (a good conduct time sanction may not be suspended).

C. Disciplinary segregation (up to 3 months).

D. Make monetary restitution.

E. Monetary fine.

F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).

G. Change housing (quarters).

H. Remove from program and/or group activity.

I. Loss of job.
J. Impound inmate’s personal property.

K. Confiscate contraband.

L. Restrict to quarters.

M. Extra duty.

LOW SEVERITY LEVEL PROHIBITED ACTS

400  (Not to be used).

401  (Not to be used).

402  Malingering, feigning illness.

403  (Not to be used).

404  Using abusive or obscene language.

405  (Not to be used).

406  (Not to be used).

407  Conduct with a visitor in violation of Bureau regulations.

408  (Not to be used).

409  Unauthorized physical contact (e.g., kissing, embracing).

498  Interfering with a staff member in the performance of duties most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as “most like” one of the listed Low severity prohibited acts.

499  Conduct which disrupts or interferes with the security or orderly running of the institution or the Bureau of Prisons most like another Low severity prohibited act. This charge is to be used only when another charge of Low severity is not accurate. The offending conduct must be charged as “most like” one of the listed Low severity prohibited acts.

AVAILABLE SANCTIONS FOR LOW SEVERITY LEVEL PROHIBITED ACTS

B.1  Disallow ordinarily up to 12.5% (1-7 days) of good conduct time credit available for year (to be used only where inmate found to have committed a second violation of the same prohibited act within 6 months); Disallow ordinarily up to 25% (1-14 days) of good conduct time credit available for year (to be used only where inmate found to have committed
a third violation of the same prohibited act within 6 months) (a good conduct time sanction may not be suspended).

D. Make monetary restitution.

E. Monetary fine.

F. Loss of privileges (e.g., visiting, telephone, commissary, movies, recreation).

G. Change housing (quarters).

H. Remove from program and/or group activity.

I. Loss of job.

J. Impound inmate’s personal property.

K. Confiscate contraband

L. Restrict to quarters.

M. Extra duty.

Table 2. ADDITIONAL AVAILABLE SANCTIONS FOR REPEATED PROHIBITED ACTS WITHIN THE SAME SEVERITY LEVEL

<table>
<thead>
<tr>
<th>Prohibited Act Severity Level</th>
<th>Time Period for Prior Offense (same code)</th>
<th>Frequency of Repeated Offense</th>
<th>Additional Available Sanctions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low Severity (400 level)</td>
<td>6 months</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt; offense</td>
<td>1. Disciplinary segregation (up to 1 month).</td>
</tr>
<tr>
<td></td>
<td></td>
<td>3&lt;sup&gt;rd&lt;/sup&gt; or more offense</td>
<td>2. Forfeit earned SGT or non-vested GCT up to 10% or up to 15 days, whichever is less, and/or terminate or disallow extra good time (EGT) (an EGT sanction may not be suspended).</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Any available Moderate severity level sanction (300 series).</td>
</tr>
<tr>
<td>Moderate Severity (300 level)</td>
<td>12 months</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt; offense</td>
<td>1. Disciplinary segregation (up to 6 months).</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>2. Forfeit earned SGT or non-vested GCT up to 37 1/2% or up to 45 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended).</td>
</tr>
<tr>
<td></td>
<td>3rd or more offense</td>
<td>Any available High severity level sanction (200 series).</td>
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</tbody>
</table>
| High Severity (200 level) | 18 months 2nd offense | 1. Disciplinary segregation (up to 12 months).  
|                        |                     | 2. Forfeit earned SGT or non-vested GCT up to 75% or up to 90 days, whichever is less, and/or terminate or disallow EGT (an EGT sanction may not be suspended). |
|                        | 3rd or more offense | Any available Greatest severity level sanction (100 series). |
| Greatest Severity (100 level) | 24 months 2nd offense | Disciplinary Segregation (up to 18 months). |

**LAWS/COURT ACTIONS EFFECTING SECURITY OF INSTITUTION**

IMPLEMENTATION OF COURT SECURITY IMPROVEMENT ACT: Contraband includes UCC Lien Documents and Personal Information of Law Enforcement Officers and Covered Persons:

The Court Security Improvement Act of 2007 added two new provisions to the Federal Criminal Code. Title 18 U.S.C. §1521 established a criminal offense for filing, attempting to file, or conspiring to file, a false lien or encumbrance against the real or personal property of a Federal Judge or Federal law enforcement officer. Title 18 U.S.C. §119 established a criminal offense for making publicly available "restricted personal information" about a "covered individual" with the intent to threaten, intimidate, or incite a crime of violence against such persons, which includes court officers, jurors, witnesses, informants, and Federal law enforcement officers. For purposes of each of these provisions, Bureau of Prisons staff are covered by the Act. Documents which can be used to cause violations of these criminal statutes are contraband and will not be authorized for possession.

All inmates are prohibited from obtaining or possessing Uniform Commercial Code (UCC) financing statements and similar forms. All inmates are also prohibited from obtaining or possessing any documents which contain unauthorized personal information, including, but not limited to, home address, home telephone number, social security number, personal email, or home fax number of any jurors, witnesses, informants, or of any federal official, including, but not limited to, Bureau of Prisons staff, United States Attorneys, Assistant United States Attorneys, Judges, and other Federal agents. Possession of personal information about immediate family
members of a covered person is also prohibited. If you are found to be in possession of these types of documents or information, the items will be confiscated. You will be subject to inmate discipline and your case may be referred for possible prosecution. You may use the administrative remedy process to challenge the confiscation or rejection of such materials.

**INMATE ELECTRONIC MESSAGING SYSTEM (TRULINCS)**

Inmates at LSCI Allenwood may be approved for access to the electronic messaging system (TRULINCS).

**CONTACT LISTS:**
Inmates must acknowledge and agree to the information displayed on the login screen to be eligible to utilize TRULINCS. Services offered in TRULINCS are: public messaging, viewing/printing account transactions, BP-199 withdrawals, list management for phone, email and postal addresses, electronic bulletin board, and electronic Law Library as well as print services. Inmates may print 5 labels per day at no charge. An inmate’s contact list may have up to 100 contacts inclusive of 30 email addresses, 30 telephone numbers and 40 mailing addresses. Inmates who add attorney(s) on the email contact list do so with the understanding that all messages sent via TRULINCS are subject to monitoring.

Inmates who have transferred in from another Bureau of Prisons institution will have TRULINCS access generally within a day, as their funds and TRULINCS list transfer with them.

**ACCESS:**
Access to TRULINCS is provided by terminals located in each housing unit and is available during the same hours of telephone operations.

Using the electronic messaging system is accomplished only after an inmate has purchased minutes (TRU-Units) which transfers funds from the commissary/inmate account to the TRULINCS account. **Once an inmate transfers funds to purchase TRU-Units from their TRUFACS, it cannot be reversed - with the exception of release or an extended messaging restriction (30 days or longer).** Inmates may purchase from 40 to 600 TRU-Units at one time and their TRUFACS account is immediately deducted. Each TRU-Unit is charged at $.05 to the account. Inmates may also check their account balances for inmate accounts, TRUFONE, and TRULINCS.

**RESTRICTIONS:**
Inmates on any type of restriction (phone, commissary, messaging, visiting) from another institution will continue to be on restriction at this institution for the duration of the sanction or until transferred.

**MISCELLANEOUS INFORMATION:**

Each inmate is required to key their register number, PAC number, and TRUFACS pin number to enter the system.

Inmate messaging is limited to 13,000 characters. Inmates will not have access to the Internet nor will they be able to receive pictures of any
other attachments. The delivery of all incoming and outgoing messages is delayed by a minimum of one hour. Inmates are limited to a 30-minute session for messaging and a 30-minute period between sessions. Inmates will be billed as one TRU-Unit (or $.05) per minute for messaging.

When an inmate enters an email address on the contact list, TRULINCS sends a system-generated message to the contact, providing the contact an opportunity to accept or reject emails with the inmate prior to receiving any messages from the inmate. If a positive response is received, the inmate may begin exchanging electronic messages with this contact. If a contact rejects TRULINCS participation, the inmate is blocked from sending any messages to that email address.

**ELECTRONIC LAW LIBRARY:**

Inmates will have access to the electronic law library utilizing the TRULINCS system. Inmates are limited to a one-hour session for this access with a 30-minute period between sessions.

**PRINT SERVICES:**

Inmates are permitted to utilize the TRULINCS system to print inmate account statements, TRUFONE lists, electronic law library information, email messages, contact labels for outgoing mail, and processing the BP199, Request of Withdrawal of Personal Funds form. Inmates will be billed as three TRU-Units (or $.15) per page.