# Psychology Internship Program United States Medical Center for Federal Prisoners 2018-2019

# Springfield, Missouri



Accredited by the American Psychological Association

Member, Association of Psychology Postdoctoral and Internship Centers (APPIC)

Member Number: #1398 Program Code: #139811

Notice to all applicants: This internship site agrees to abide by the APPIC Policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.

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# **Table of Contents**

Philosophy and Objectives	1
Overview of the Federal Bureau of Prisons	2
Psychology Services in the Bureau of Prisons	3
The BOP Psychology Internship Program: An Overview	4
The U.S. Medical Center for Federal Prisoners: Our Mission	6
Psychology Services at the U.S. Medical Center	7
Description of the U.S. Medical Center Internship Program	8
Description of Internship Rotations	10
Research	13
Eligibility and Application Procedures	14
Compensation and Benefits	16
Internship Admissions, Support and Initial Placement Data	17
Appendices	
A. Psychologists on Staff	19
B. Sample of Recent Didactic Seminar Topics	23
C. Employment Opportunities Within the Federal Bureau of Prison	24
D. Past and Current Interns	25
E. Springfield and Surrounding Area	29

#### **Philosophy and Objectives**

We are delighted that you are considering the U.S. Medical Center for Federal Prisoners as a potential internship for the upcoming internship year. Our internship program at the U.S. Medical Center seeks to foster the professional and personal growth of each intern. The program is structured to provide certain core experiences to each intern, yet is sufficiently flexible that the training experience is individualized to provide learning opportunities in areas of special interest. Although each intern completes all rotations, we request input from the intern in selecting training experiences designed for the intern's specific training needs.



U.S. Medical Center for Federal Prisoners

The internship year at the U.S. Medical Center permits each intern to practice previously learned skills and develop new clinical skills under the supervision of a variety of experienced psychologists representing a diversity of professional orientations. Our psychologists adhere to a scientist-practitioner model of supervision with our primary goal being the training of general adult practitioners. The internship experience fosters the improvement and acquisition of traditional skills in assessment and psychotherapy with a broad spectrum of

patients. Interns collaborate with a variety of professional disciplines and develop increasing sensitivity to ethical and cultural issues.

Because the training experience is primarily within a hospital-correctional setting, it has a decidedly forensic orientation and would be of particular interest to predoctoral applicants with a burgeoning interest in forensic or correctional psychology. The internship program prepares each aspiring psychologist for a broad range of future employment opportunities, particularly those seeking future employment in a correctional setting. We are looking forward to receiving your application.

Please contact me if you have any questions, and good luck with your application process.

Elizabeth (Libby) Tyner, Ph.D. Internship Program Coordinator etyner@bop.gov (417) 862-7041, ext. 1124

#### Overview of the Federal Bureau of Prisons

For over 80 years, the Federal Bureau of Prisons (the Bureau) has been housing federal inmates. In July 2017, Bureau institutions housed approximately 187,315 federal prisoners. Most of these individuals are serving sentences for offenses involving weapons, illegal drugs, or bank robbery, but a variety of other crimes against persons or property are represented among the prison population, including "white collar" crimes, such as embezzlement, bank and credit card fraud, and securities violations.

Inmates convicted of the most serious offenses, and those whose institutional adjustment is poor, are housed in maximum security settings, or penitentiaries. Most inmates live in medium or low

security institutions affording greater degrees of personal freedom. Most facilities have inhouse support services, including Medical and Psychology Departments. However, the Bureau maintains a series of "medical referral centers" to provide for prisoners whose needs cannot be adequately addressed in general population settings. The U.S. Medical Center is a medical referral center.

Male and female inmates are diverse in their cultural orientations, educational levels, mental conditions, motivations, needs, and abilities. Some have made conscious decisions to engage in repeated criminal acts. Others are incarcerated for offenses which reflect uncharacteristic behavior, perhaps due to



BOP Central Office in Washington, DC

poor judgment and situational stress. Many inmates suffer from serious mental and behavioral disorders and require assistance in maintaining the degree of psychological stability necessary to function adequately in their environment. Most institutions offer psychology services to these inmates.

The prevailing philosophy regarding rehabilitation is that it is not something that can or should be forced upon an inmate. However, the Bureau provides ample resources to assist those who are motivated to change maladaptive thought and behavior patterns. These include academic and vocational programs, which have enabled thousands of prisoners to earn high school equivalency certificates and to gain proficiency in graphic arts, food services, diesel mechanics, engine repair, computer sciences, and a surprising variety of other marketable skills.



U.S. Penitentiary Alcatraz

#### **Psychology Services in the Bureau of Prisons**

Within most institutions of the Bureau, psychologists function as the main providers of mental health services to inmates. Departments range in size from a single individual to a large group of psychologists, and they typically operate in much the same way as community mental health centers. Most clients are self-referred, while some are sent by other staff members, or are advised by the federal courts or parole boards to seek treatment. In most cases, inmates have the right to accept or refuse psychological services.

A large proportion of federal inmates have been convicted of drug-related crimes, and the majority of these individuals have substance abuse histories. In response to this, Psychology Services has formulated DAP, the Drug Abuse Program, a treatment program which combines didactic and therapeutic approaches to offer clients a way out of the addiction-crime-prison cycle.

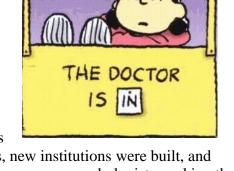
Psychologists are frequently called upon to respond to a range of other problems. They provide crisis intervention to acutely suicidal and psychotic individuals, as well as long-term psychotherapy to those seeking to resolve a variety of deeply entrenched, self-defeating habits.

Psychologists routinely provide assessments. Often, these are referrals from federal courts or parole boards. Sometimes other staff members, particularly teachers in the Education

Department, will request evaluations. Some Bureau psychologists have been involved in conducting psychological assessments of candidates for the Federal Witness Protection Program.

The Bureau employs doctoral-level clinical and counseling psychologists. Staff psychologists are required to be licensed or license eligible, and are encouraged to seek further credentialing (e.g., ABPP, APA Division Fellowship). Maintaining professional competencies is a priority, and continuing education opportunities are occasionally offered by the Bureau.

Starting from a mere seven institutions housing 12,000 inmates, the Bureau has grown to its present size in the years



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of its existence. In order to house and care for these inmates, new institutions were built, and thousands of new staff members were hired. Among these were many psychologists, making the Bureau one of the largest employers of clinical and counseling psychologists in the United States.

#### The BOP Psychology Internship Program: An Overview

For years, the Bureau has been training psychology interns at its correctional institutions throughout the United States. Our primary purpose has been to prepare students to become general clinicians, and beyond this because many interns join the Bureau as staff psychologists upon completion of their training to teach a specialty in the provision of mental health services in correctional settings.

Beginning in the late 1980s, the Bureau's psychology internship program was restructured to assure the quality of training and to accommodate the changing needs of today's predoctoral psychology interns. The program concentrates resources in several institutions, each of which was selected on the basis of the commitment of its staff to providing training, and in some cases, to its geographic proximity to other mental health agencies which could serve as adjuncts to the program.

The original sites chosen to host these programs were the Federal Correctional Institutions at Fort Worth, Texas; Lexington, Kentucky; Morgantown, West Virginia; Petersburg, Virginia; Tallahassee, Florida; Butner, North Carolina; and the U.S. Medical Center for Federal Prisoners at Springfield, Missouri. Presently, twelve programs have been accredited by the American Psychological Association (Butner, Carswell, Devens, Fort Worth, Lexington, Los Angeles, Petersburg, Rochester, Springfield, Tallahassee, Terminal Island, and Terre Haute), and one additional internship site is being developed at Allenwood.

Bureau Psychology Internship Programs share several "core" elements, in order to facilitate quality assurance in training. Interns receive graduated exposure to the clinician role, practicing with greater independence as their skills and confidence increase, yet always with supervisors available. A sequence of seminars is designed to increase interns' general fund of clinical knowledge. An understanding of specialized issues and opportunities to engage in research are also key aspects of the experience.

Initially, all interns spent one day per week in an outplacement, such as a community mental health center or psychiatric hospital. More recently, internship sites which can offer a broad and general training experience have the option of offering full-time training. Because the U.S. Medical Center offers a wide variety of patient populations and training opportunities, interns do not participate in outplacement training.

We find that potential interns often ask the following questions:

#### Is it safe to work in a prison?

The Federal Prison system has implemented many security procedures and installed an array of equipment to optimize safety for staff and inmates. In this and many other respects, we consider ourselves second to no other prison system in the world. Although it would be impossible to guarantee unconditionally anyone's safety in a correctional setting (or any other work setting, for that matter), all incoming psychology interns receive extensive training on safety issues so they are comfortable when they begin working at the U.S. Medical Center.

#### Won't my training be too limited if I just work with inmates?

Prisoners are individuals, much more different than they are alike. There are many parallels that can be drawn between the presenting problems and client characteristics of prisons and community mental health centers. For example, there are those who use mental health services appropriately and those with hidden agendas, clients in crisis and those with less acute but more long-term concerns, and some with greater psychological resources than others.

Inmates have a variety of presenting problems including substance abuse, depression, schizophrenia and bipolar disorder. Many inmates desire to change the maladaptive behavior and thought patterns that led them to prison.

Notably, the federal inmate population is rich in diversity with inmates from all U.S. states and territories, consisting of a broad variety of racial, ethnic, religious, socioeconomic, and cultural groups. While all have been charged or convicted of a federal crime, they present a degree of diversity rarely seen in traditional clinical settings.



#### How "marketable" will my internship be?

We seek interns who are interested in being trained as clinical generalists and who also would like to learn a

specialty in substance abuse, forensic assessment, and/or correctional psychology. Upon completion of their training, many interns accept offers of employment with the Bureau. Others obtain postdoctoral fellowships or assume positions in community mental health centers, private practices, hospitals, academia, and other settings.

# Would I have the chance to focus at length on specific sub-areas of psychology during my internship?

The Bureau has made it a point to provide enough flexibility in the internship program model to accommodate the interests of all interns, within limits. For example, some sites may provide training in a particular area on-site or provide leave to allow an intern to attend off-site training.

#### Is the Bureau of Prisons an Equal Opportunity Employer?

Absolutely. We highly encourage the applications of women and ethnic minorities.



The U.S. Medical Center for Federal Prisoners: Our Mission

Authorized by an act of Congress, the United States Medical Center for Federal Prisoners opened its doors in 1933 (as the "United States Hospital for Defective Delinquents") to provide medical, surgical, and mental health services for male inmates within the custody of the Federal Bureau of Prisons. The U.S. Medical Center was the first federal prison given responsibility for providing such services. The U.S. Medical Center is accredited by the Joint Commission for the Accreditation of Healthcare Organizations (JCAHO) in the areas of behavioral health, long-term care, and ambulatory care, and by the American Correctional Association (ACA).

As noted previously, institutions within the Bureau provide varying degrees of security from the least secure camps to the most secure penitentiaries. The U.S. Medical Center is designed to provide services to patients from all security levels. Inmates in need of medical or mental health services are transferred to the U.S. Medical Center from federal institutions throughout the country. Many patients are also transferred to the U.S. Medical Center pursuant to court orders from federal jurisdictions nationwide. The U.S. Medical Center has an inmate population of approximately 1,015. Approximately 400 inmates are medical or surgical patients, and about 200 are assigned to the Mental Health Services. The remaining 415 inmates constitute a lower security "work cadre" that assists in maintaining the facility. Inmates are involved with educational and vocational training, recreation facilities, and religious services.

The U.S. Medical Center has one of the largest staffs and budgets of any facility within the Federal Prison System. The two largest departments, Correctional Services and Nursing, employ approximately 230 and 110 staff members respectively. There are numerous physicians on the medical staff representing an assortment of medical specialties. Currently, the psychology staff is composed of 10 licensed psychologists, one treatment specialist, and four predoctoral interns. There are also two psychiatrists and six social workers. The U.S. Medical Center is located in Springfield, Missouri, a city of approximately 170,000 (456,900 in the metro area). Springfield, the third-largest city in Missouri, is located 170 miles south of Kansas City and 215 miles southwest of St. Louis.

#### Psychology Services at the U.S. Medical Center

The Psychology Service is staffed by ten doctoral level psychologists. Both clinical and counseling degrees are represented. All staff members are licensed, two staff members are board certified in forensic psychology. All staff members actively participate in the supervision of interns. Clerical support is provided by one Psychology Department secretary, augmented by numerous secretaries assigned to other departments.

The Psychology Service is equipped with the traditional assessment tools of psychology. Psychologists and interns all have private offices with computers. A common computer is used to score a variety of psychological tests. Psychologists use a number of professional journals and have access to computerized literature searches and through the Bureau's library in Central Office. Many articles can be downloaded in full text from the BOP library website; those not available in full text can be quickly provided by library staff.

The psychology staff members are located in offices near the housing areas where their patients reside. Under the administrative direction of the Chief of Psychology, seven psychologists work in the Mental Health Service. Those staff members conduct evaluations of patients referred from other BOP facilities and federal courts, and they provide treatment in a hospital setting. One psychologist (currently the Chief of Psychology) provides services to our "Work Cadre" of lower security inmates who were not referred for mental health or medical care, one coordinates our drug treatment programs, and one works in the Medical/Surgical Unit. Additionally, the psychology department includes one treatment specialist who works in the drug treatment program.

In accordance with the by-laws of the medical staff, licensed psychologists are members of the medical staff and have privileges to admit and discharge patients from the Mental Health Treatment Service. The current psychologists are described in Appendix A.



Dr. Libby Tyner visiting USP Alcatraz

#### Description of the U.S. Medical Center Internship Program

#### **Overview**

The U.S. Medical Center for Federal Prisoners Internship Program is accredited by the American Psychological Association and meets all APA criteria for predoctoral internships in professional psychology. Any questions concerning accreditation procedures of this internship program can be directed to the Office of Program Consultation and Accreditation, American Psychological Association, 750 First St., NE, Washington, DC 20002-4242, (202) 336-5979.

The internship is considered a full-time position. It assures forty hours of services and supervision per week. Authorized leave time for attending professional conferences or defending a dissertation is often possible.

An objective of the internship is to provide each intern with training experiences under the supervision of experienced psychologists in a variety of patient care settings. To attain this objective, each intern has a sequence of rotations at the U.S. Medical Center, in addition to ongoing didactic activities. All interns at the U.S. Medical Center complete all rotations; there is no competing for desired opportunities. Interns complete three, four-month major rotations. Two rotations, which focus on evaluation and treatment, are offered on the Mental Health Service. The third rotation in offered on the Medical/Surgical Unit.

Interns also complete four, three-month minor rotations. These experiences are in the Work Cadre unit, the Residential Drug Abuse Treatment Program, and with group treatment on the Mental Health Service. These rotations require eight to ten hours per week concurrent with the major rotations.

#### **Individual Supervision**

The psychology internship program at the U.S. Medical Center adheres to APA guidelines for supervision. At a minimum, each intern will receive four hours of supervision (at least two of which are individual) each week. There are ten licensed psychologists on staff available for supervision, with supervisory duties divided fairly equally among them. The Internship Program Coordinator is responsible for the development, implementation, and evaluation of the internship program. She works in conjunction with the Chief of Psychology in making training assignments, handling clinical and administrative problems, planning the sequence of formal training experiences, preventing duplication of experiences, and maintaining close contact with other supervisors.

#### **Seminars and Case Presentations**

During the internship year, each intern will attend a sequence of seminars. At the beginning of the internship year, each intern completes a ten-day orientation course to the Bureau and the U.S. Medical Center. Next, they complete a four-day department orientation. Weekly general didactic seminars are held throughout the internship year. Such seminars are typically one hour long and are taught primarily by psychologists and psychiatrists on staff. Some weeks, interns prepare for seminars by completing assigned readings and creating presentations. A list of recent didactic seminar topics is presented in Appendix B.



U.S. Supreme Court

A second seminar series focuses on forensic psychology issues. That seminar combines didactic learning experiences with interactive discussions of landmark decisions in mental health case law. Interns participate in discussions of relevant case law associated with forensic issues and mental health treatment issues. In the forensic seminar, interns prepare legal briefs of significant mental health law cases. At the end of the year, each intern then has a collection of briefs on many of the most significant cases in mental health law. This seminar requires considerable reading.

#### **Evaluation Procedures**

Evaluation of interns is a continuous, systematic process. Interns receive frequent informal feedback during individual and group supervision sessions. At the conclusion of each rotation, a formal evaluation is completed, and the intern may meet with all the staff members involved in his or her training to discuss progress and future goals. Narrative evaluations are also provided to the training director of each intern's doctoral program following each major rotation.

Interns provide evaluations of their internship experiences in a variety of ways. Interns are always encouraged to provide informal feedback to the Internship Program Coordinator, Chief of Psychology, and intern supervisors. Formally, the interns complete regular evaluations of their supervisors. The interns are asked to complete quarterly evaluations of their internship experience.



Dr. Elizabeth Weiner providing a seminar on psychotherapy

#### **Description of Internship Rotations**

#### **Mental Health Treatment**

The interns on this major four-month rotation provide psychological services to male inmates troubled by a broad spectrum of psychological difficulties. Most of the patients engaged in inpatient treatment have severe and chronic mental illnesses, such as schizophrenia and bipolar disorder. Symptoms may include hallucinations, delusional beliefs, or severe disorganization of thought and behavior. Individuals with mood disorders may pose a high risk for self-injurious or suicidal behavior. An organic component is sometimes present in these patients. Many patients also have an underlying character disorder which frequently complicates treatment.

Interns are members of an interdisciplinary team. Each team is represented by an array of disciplines including psychiatry, psychology, social work, nursing, case management, and corrections. The team meets on a weekly basis and team members work together to provide optimum care for their assigned patients. In this context, the intern is expected to grow as a contributing team member as their confidence develops. Under the guidance of a supervising psychologist, each intern will be involved in the patient care process from admission to discharge.

Interns complete assessments of assigned patients and participate in the formulation of patient treatment plans. Interns provide individual therapy and facilitate group therapy sessions with their supervisors. Depending on an intern's skill and comfort levels, he or she may lead a group independently. Guidance and instruction is provided on hospital charting procedures, including the Bureau's electronic medical record. Interns become acquainted with the treatment regulations of the Joint Commission on the Accreditation of Healthcare Organizations and the Bureau of Prisons. The intern is exposed to ongoing quality improvement programs. This rotation also allows the intern to observe the effects of psychiatric medication. Collegial dialogues with unit psychiatrists further each intern's understanding of psychopharmacology. The intern will also develop skills in crisis intervention and in assessment of risk for violence.

The major treatment rotation generally offers the opportunity to be involved in risk assessments for civilly committed patients or patients nearing the end of a prison sentence. The purpose of these assessments is to determine whether patients are dangerous due to a mental illness, and whether they meet the criteria for civil commitment.

Also on this unit, the minor treatment rotation allows psychology interns to enhance their clinical skills in the provision of group therapy to inmates who have severe mental illness and personality disorders. Interns progress from group observers and note-takers to co-facilitators and then independent facilitators. This is a minor, three month rotation. Each intern works eight to ten hours per week in this area.

#### **Mental Health Evaluation**

On this major, four-month rotation, the intern will complete evaluations of pretrial defendants referred to the U.S. Medical Center from federal jurisdictions across the country. Most such referrals request opinions on the issues of competency to stand trial, criminal responsibility, or both. The intern will gain experience in the process of completing such psychological evaluations and applying the various federal legal standards to the referral issues. Great emphasis is placed on the preparation of written reports which are thorough, yet relevant and understandable when read by judges and attorneys. The intern may have an opportunity to accompany staff members to court hearings and/or trials to observe the drama (or sometimes, the tedium) of the adversarial process. Since interns complete evaluations of forensic patients with their supervisors, they are also subject to being subpoenaed to provide testimony in federal court. Most years, one or two interns testify in federal court.

Additionally, interns on this rotation gain experience in evaluating sentenced inmates transferred from other prison facilities to determine whether inpatient treatment is needed. The intern is involved in the process of assessing whether involuntary civil commitment should be pursued for individuals who are opposed to hospitalization. In this process, the intern will learn relevant federal civil commitment laws and observe court proceedings regarding commitment, which may include testimony about patient treatment needs and justifications for involuntary treatment and commitment.

Interns enhance their clinical skills in the provision of psychological testing administration, scoring, and at times interpretation by running a weekly or biweekly testing clinic.

Also on this unit, the minor rotation on the Mental Health Unit provides interns with opportunity to facilitate competency restoration groups—psychoeducational groups for pretrial defendants reviewing relevant psycho-legal issues. This is a minor, three-month rotation. Each intern works eight to ten hours per week in this area.



Dr. Lea Ann Preston receiving a national BOP award

#### Medical/Surgical Unit

During this major, four-month rotation, each intern is exposed to the psychological services provided to inmates receiving medical care. Interns on this rotation will work in the medical hospital, consulting with medical and unit staff regarding treatment. They will develop skills in consulting with physicians on the mental health issues related to a wide variety of physical diagnoses. They will have an opportunity to lead or co-lead special needs groups, such as medical support groups for dialysis and immune-compromised patients. Interns will participate in interdisciplinary team meetings with professionals from medical specialties. Additionally, interns will provide brief interventions for patients in a clinic setting, although some of those cases become long-term therapy cases. Interns will have an opportunity to work with a variety of behavioral medicine issues which may include pain management, stress reduction, AIDS and

HIV status counseling, and dialysis. The rotation includes periodic opportunity for developing skill in organ transplant evaluations and evaluation of patient readiness for interferon treatment for Hepatitis C. Interns participate in brief assessments for a wide range of presenting problems, including dementia, traumatic brain injuries, and other types of neuropathology encountered in a hospital setting.

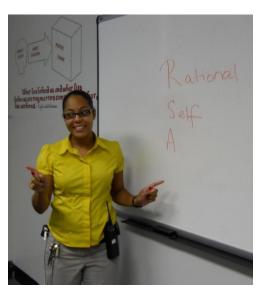
#### **Work Cadre Unit**

The U.S. Medical Center houses approximately 415 low security inmates who are assigned to the Work Cadre Unit. A portion of these inmates have pressing medical issues but none have severely unstable mental health problems. Their needs and concerns are similar to other low security inmates in other federal institutions and range from adjustment reactions to substance abuse to schizophrenia. In many ways, this part of the internship resembles an outpatient clinic. This work is a minor, three-month rotation. Each intern works eight to ten hours per week in this area.

The Work Cadre Unit offers several training opportunities for interns. This enables the intern to optimize training opportunities by focusing their involvement in areas of specific interests or needs. General areas in which all interns will become familiar include intake screenings, brief therapy, segregation reviews, and the Psychology Services and BOP data bases (PDS and Sentry, respectively). Specific areas where interns may elect to focus their training may include, but are not limited to, individual and group therapy; development, implementation and evaluation of inmate programs; individual assessment; and presentations in established programs such as the Parenting Program or Pre-Release Program. Time invested in the Work Cadre Unit will enable the intern to become familiar with the workings of a typical prison and the role of Psychology Services in the federal prison system.

#### **Residential Drug Abuse Treatment**

In late 2007, the U.S. Medical Center launched a Residential Drug Abuse Treatment program (RDAP) for medical patients. RDAP is a standardized drug abuse treatment program offered at over 50 federal prisons. A total of over 6,000 inmates are participating at any given time. Inmates participate in 500 hours of treatment over a nine-month period using a modified therapeutic community approach. Interns complete a minor, three-month rotation in this program, spending eight to ten hours a week participating in the delivery of substance abuse treatment and monitoring patient progress. Interns will also become familiar with other aspects of the BOP's substance abuse treatment initiative including motivational interviewing, non-residential treatment services, and the eligibility interview process. Skills acquired in this rotation are easily transferable to any BOP facility.



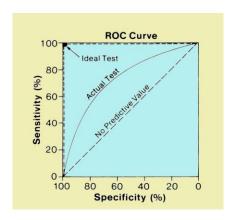
Former Intern Andrea Watson leading an RDAP Group



U.S. Medical Center for Federal Prisoners

#### Research

The U.S. Medical Center employs a scientist/practitioner model of training, and the staff value research by psychologists. Interns are urged to complete their dissertations during the internship year. Psychology interns lacking dissertation topics may receive guidance from the psychology staff (although most interns with whom the internship is matched have a dissertation progress well underway prior to the beginning of internship). Interns will <u>not</u> be provided time during each work week to work on their dissertations. While there is not time built into the internship for interns to work on their dissertation projects at the U.S. Medical Center, interns are encouraged to collaborate with psychologists in conducting other research projects if time allows. Past research studies have investigated various aspects of psychological assessment, malingering, issues of diversity, and internship training in a correctional setting. The allocation of time for this purpose is decided on a case-by-case basis by the intern's major and minor supervisors and the Internship Program Coordinator.



#### **Eligibility and Application Procedures**

#### **Eligibility**

Positions offered for the coming internship year are open to students enrolled in doctoral programs in Clinical or Counseling Psychology. Preference will be given to applicants from APA accredited programs in either Clinical or Counseling Psychology; however, others are also eligible to apply. Similarly, preference will be given to those who have accrued at least 1000 hours of intervention, assessment, and support hours. Additionally, applicants must have accrued a minimum of 500 hours of intervention experience and 150 hours of assessment experience at the time of application; these figures do not include support hours. In accordance with Public Law 100-238, applicants must be under the age of 37 at the time of initial appointment (age waivers may be granted up to age 39). Also, applicants must be U.S. Citizens and have lived in the U.S. for three of the last five years. The Bureau of Prisons is an Equal Opportunity Employer and encourages the application of women and ethnic minorities. Positions will be filled strictly in accordance with APPIC policy.

#### **Application Procedures**

This internship is an APPIC Member and participates in the National Match. All applications must be submitted electronically in accordance with the Online AAPI procedures established by APPIC.

After applications are submitted electronically via the APPIC portal, all are evaluated and the most suitable candidates are contacted to verify each person's eligibility for temporary federal employment with additional application materials at <a href="www.usajobs.com">www.usajobs.com</a>. This is a necessary requirement for federal employment. Further details will be forthcoming to those candidates. Once an applicant has successfully completed this process, they will be contacted to arrange an interview. Applicants visiting the U.S. Medical Center tour the institution and meet with staff and the current interns. Applicants thus have the opportunity to learn more about the program, information that will be beneficial when rank-ordering preferences for internship programs. The interview process also provides our staff an opportunity to assess the candidate's clinical and interpersonal skills. Interviews will be scheduled in December and held during January. All efforts will be made to notify applicants of their interview status by December 15. An on-site interview at the U.S. Medical Center has obvious advantages for both parties. When this is not feasible, a telephone interview can be arranged. However, the applicant must complete a pre-employment interview at a Bureau of Prisons correctional facility before rank order lists are submitted.

Because all Bureau of Prisons positions are designated as "sensitive," applicants must successfully complete a security clearance procedure before the offer of an internship position can be considered final. This procedure involves a written test and a personnel interview as well as a background investigation, physical examination, and drug screening. This written test and interview must take place before a tentative offer can be made. Such interviews may take place at any Bureau of Prisons correctional facility, making it easier on applicants who cannot visit the site to which they are applying due to time or financial constraints.

Additionally, any questions an applicant may have regarding eligibility should be resolved prior to submitting their list for matching. Offers of internship positions resulting from the APPIC Match are strictly contingent upon satisfactory completion of the background investigation process. For individuals selected through the matching process, a field investigation will follow to verify that the information provided in interviews and on required forms is accurate. Failure to complete this process or a finding that an applicant is outside the guidelines for employment in a sensitive position would preclude participation in the program. Once hired, interns must comply with the Bureau's Program Statement on Standards of Employee Conduct and Responsibility.

The deadline for completed applications is November 1. All application materials must be submitted electronically to the APPIC application portal, in accordance with APPIC policy. You may apply to one or more of the Bureau of Prison's internship programs, but you will need to apply separately to each program where you wish to be considered. Your credentials will be evaluated independently at each site.

A computer matching program employed by APPIC is used to match intern applicants with internship sites. All positions will be filled strictly in accordance with APPIC policy. Rank Order List Submission Day, the deadline by which all programs and applicants must submit their preference lists to APPIC, and Notification of Results Day are determined by APPIC. The current APPIC Match Policies can be viewed on their website: <a href="http://www.appic.org/">http://www.appic.org/</a> (Click on "Match Policies" in the right-side menu).

#### Completed applications **must** include:

- (1) APPIC Application for Psychology Internship form, (AAPI)
- (2) a current curriculum vita that lists academic and professional experience, and research
- (3) official transcripts of all graduate coursework
- (4) reference letters from three graduate faculty or supervisors who are familiar with your work in psychology as well as your personal qualifications

Most Bureau of Prisons internship sites request a work sample and work samples are listed as a requirement on the BOP webpage. **However, the U.S. Medical Center does not require a work sample**.

Feel free to visit our web page at the Bureau of Prisons website (<a href="www.bop.gov">www.bop.gov</a> or <a href="http://www.bop.gov/jobs/students/psychology.jsp">http://www.bop.gov/jobs/students/psychology.jsp</a>). If you have any questions, please do not hesitate to contact the Internship Program Coordinator. Dr. Tyner can be contacted by e-mail to <a href="etyner@bop.gov">etyner@bop.gov</a>, or by phone at (417) 862-7041, extension 1124.

This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.

#### **Compensation and Benefits**

Psychology interns during the 2018-2019 training year will receive the following benefits:

- (1) a stipend of approximately \$51,424,
- (2) annual (vacation) leave and sick leave earned at the rate of 4 hours per 80 hours worked, equivalent to 13 days of each for the year,
- (3) liability coverage for professional activities performed within the scope of employment at the U.S. Medical Center for Federal Prisoners,
- (4) support for research activities, not including dissertations, upon approval by the Internship Program Coordinator and major supervisor, and
- (5) authorized leave to attend off-site training, upon approval by the Internship Program Coordinator, Chief of Psychology, and the Warden.

Please note that psychology interns will have the option of enrolling in health insurance as part of the compensation package. Upon hire, Human Resources Department provides detailed information about health insurance benefits.

Specific maternity and paternity policies are available in the Human Resource Management Manual (Chapter 6, Section 630.4). In general, interns who require maternity or paternity leave will be expected to first use all accrued hours of annual and sick leave. Additional time off will be determined on a case-by-case basis by the Warden. In the event of maternity or paternity leave, the Internship Program Coordinator will work closely with the intern to ensure all requirements for internship and clinical training hours are completed in a timely manner.

Following the internship year, the Bureau offers many promising interns positions as staff psychologists. New psychologists are given a degree of choice in terms of geographic area and type of prison setting (minimum, medium, or maximum security). Some positions include the added benefit of student loan repayment; this varies by facility.

Because the stipend is so generous, interns are discouraged from engaging in paid work outside the Bureau of Prisons during the internship year. Moreover, by BOP policy, outside employment may require approval by the agency before it begins (this varies based on the type of employment). Certain types of employment (such as other work in law enforcement) are specifically precluded.

#### **Internship Admissions, Support and Initial Placement Data**

Date Program Table updated: 07/27/2017

#### **Internship Program Admissions**

The predoctoral psychology internship at the U.S. Medical Center for Federal Prisoners provides general training in clinical psychology with a focus on forensic and correctional psychology.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

Total Direct Contact Intervention Hours	No	Yes	Amount 500
Total Direct Contact Assessment Hours	No	Yes	Amount 150
Any other required minimum criteria used to screen	No	Yes	Amount 3 years of
applicants:			graduate training

Describe any other required minimum criteria used to screen applicants: A minimum of three years of graduate training is required.

Preference will be given to applicants from APA accredited programs in either Clinical or Counseling Psychology; however, others are also eligible to apply. Similarly, preference will be given to those who have accrued at least 1000 hours of intervention, assessment, and support hours. Additionally, applicants must have accrued a minimum of 500 hours of intervention experience and 150 hours of assessment experience at the time of application; these figures do not include support hours.

Applicants must be under the age of 37 at the time of the initial appointment (age waivers may be granted up to age 39). Also, applicants must be U.S. Citizens and have lived in the U.S. for three of the last five years. Applicants must successfully complete a security clearance procedure before the offer of an internship position can be considered final. This procedure involves a written test and a personnel interview as well as a background investigation, physical examination, and drug screening. This written test and interview must take place before a tentative offer can be made.

Financial and Other Benefit Support for Upcoming Training Year*			
Annual Stipend/Salary for Full-time Interns	\$51,424		
Annual Stipend/Salary for Half-time Interns	N/A		
Program provides access to medical insurance for intern?	YES		
Trainee contribution to cost required?	YES		
Coverage of family member(s) available?	YES		
Coverage of legally married partner available?	YES		
Coverage of domestic partner available?	YES		
Hours of Annual Paid Personal Time Off	4 hrs/ Pay Period		
Hours of Annual Paid Sick Leave	4 hrs/ Pay Period		
In the event of medical conditions and/or family needs that require extended	YES		
leave, does the program allow reasonable unpaid leave to interns/residents in			
excess of personal time off and sick leave?			
Other Benefits: N/A			

<sup>\*</sup>Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

Initial Post-Internship Positions (2014-2016 cohorts)				
Total # of interns who were in the 3 cohorts	10			
Total # of interns who did not seek employment because they returned to their		0		
doctoral program/are completing doctoral degree				
	PD*	EP*		
Community mental health center		1		
Federally qualified health center				
Independent primary care facility/clinic				
University counseling center				
Veterans Affairs medical center		1		
Military health center				
Academic health center				
Other medical center or hospital	3			
Psychiatric hospital		1		
Academic university/department	1			
Community college or other teaching setting				
Independent research institution				
Correctional facility		3		
School district/system				
Independent practice setting				
Not currently employed				
Changed to another field				
Other				
Unknown				

<sup>\*</sup> PD = Post-doctoral residency position; EP = Employed Position

## Appendix A Psychologists on Staff



# Randy Brandt, Ph.D. Chief of Psychology

Florida State University, 1995 Interests: Substance abuse, psychopathy, risk assessment, and internship training.



## Elizabeth (Libby) Tyner, Ph.D. Internship Program Coordinator Mental Health Evaluation Unit

West Virginia University, 2008
Interests: Clinical supervision, forensic psychology, ethical and legal issues, and evidenced based practice.



# Vincen Barnes, Psy.D. Medical/Surgical Unit

Forest Institute of Professional Psychology, 2001 Interests: Individual psychotherapy, group psychotherapy, and posttraumatic stress disorder.



# Jacob Chavez, Psy.D. Mental Health Evaluation and Treatment Units

Forest Institute of Professional Psychology, 2014
Interests: Pretrial evaluations, risk assessments, expert testimony, malingering, cognitive-behavioral therapy, and motivational interviewing.



## Ashley Christiansen, Ph.D., ABPP (Forensic) Mental Health Evaluation Unit

University of Houston, 2012 Interests: Forensic psychology, psychological assessment, clinical supervision/internship training, research, ethical and legal issues, and empirically based treatment.



# Jason Engel, Psy.D Residential Drug Abuse Program Coordinator

Forest Institute of Professional Psychology, 2001 Interests: Individual and group psychotherapy, substance abuse treatment, internship and practicum training, risk assessment, psychological assessment, and hypnosis.



## Christine Fultyn, Psy.D Mental Health Treatment Unit

Nova Southeastern University, 2013
Interests: Individual and group psychotherapy, substance abuse treatment, motivational interviewing, anxiety disorders.



#### Lea Ann Preston Baecht, Ph.D., ABPP (Forensic) Mental Health Evaluation Unit

Southern Illinois University, 1998 Interests: Forensic issues, court testimony, psychological assessment, and risk assessment.



## Desiree Rozier, Psy.D. Mental Health Treatment Unit

Minnesota School of Professional Psychology, 2007 Interests: Individual and group therapy, criminal thinking, risk assessment, psychopathy, and internship training.



# Elizabeth Weiner, Ph.D. Mental Health Evaluation Unit

University of Toledo, 1997
Interests: Individual and group therapy, intervention with self-injurious and suicidal patients, Dialectical Behavior Therapy, behavioral health, and end of life issues.



Dr. Jake Chavez providing testimony at the local federal courthouse

# Appendix B Sample of Recent Didactic Seminar Topics

Introduction to Correctional Techniques (Bureau of Prisons orientation)

Clinical Work in a Correctional Setting

Violence Risk Assessment

Crisis Intervention

Dialectical Behavior Therapy

Gender Identity Disorder

Psychology Services in the BOP

Differentiating Psychotic Mental Illness

Federal Mental Health Statutes

Psychological Testing: Theory and Practice

Malingering Assessment

Psychopathy

Suicide Risk Assessment

**Assessing Competencies** 

**BOP Job Opportunities** 

Public Health Service and National Health Service Corps Loan Repayment

**Cultural Diversity Case Presentations** 

Clinical Evaluation of Juveniles

Psychopharmacology

Water Intoxication

**Expert Witness Issues and Mock Trial** 

Preparing for the EPPP and Licensure

**Treating Chronic Mental Illness** 

**Evaluating Criminal Responsibility** 

Child and Family Psychotherapy

Assessment of Intellectual Disability

Motivational Interviewing

Attention-Deficit/Hyperactivity Disorder

Psychological Autopsy

Report Writing

Posttraumatic Stress Disorder

Sex Offender Evaluations

Crisis Negotiations

**Anxiety Disorders** 

**Group Therapy** 

Threat Assessment

Workplace Violence

Personal Injury Litigation

**Employee-Related Evaluations** 

**Clinical Supervision** 

Competency Restoration Treatment

History of Sexually Violent Predator Laws

**Conducting Insanity Evaluations** 

## Appendix C Employment Opportunities Within the Federal Bureau of Prisons

For over twenty years, the Bureau has relied upon the psychology internship program to provide a large portion of the number of entry level clinical and counseling psychologists required to meet staffing needs. Many of the psychologists currently employed by the Bureau began their careers after completing internships with us.

While we do not promise jobs automatically for those who are accepted into the internship programs, we prefer to hire people who have already proven themselves to be competent practitioners in correctional environments. Therefore, we often look to our intern classes first when making employment offers.

Newly selected staff psychologists typically start at the GS-11 salary level (approximately \$60,210). Upon successful completion of the first year, psychologists are routinely upgraded to the GS-12 level (approximately \$72,1700). Subsequently, the GS-13 and GS-14 levels may be available. The beginning of the pay scale for a GS-13 is approximately \$85,815; the top end of the GS-14 pay scale is approximately \$131,830.) Some positions include the added benefit of student loan repayment; this varies by facility. Some staff psychologists become Chiefs of Psychology at institutions within a few years of joining the Bureau. Other career tracks include leading specialized treatment programs, substance abuse programs, or internship programs. Psychologists can also become administrators; a former Director of the Bureau, Dr. Kathleen Hawk Sawyer, began her Bureau career as a psychology intern.

Psychologists enjoy a great deal of professional autonomy in the Bureau. We are the main providers of mental health services, and our departments are for the most part successful in maintaining complementary, collegial relationships with psychiatrists. Psychologists in the Bureau are routinely involved in forensic evaluations for the Federal Courts, psychological evaluation of candidates for the Federal Witness Protection Program, crisis negotiation teams, substance abuse treatment programs, suicide prevention programs, crisis intervention response teams for trauma victims, predoctoral internship training programs, employee assistance programs, inpatient mental health programs, staff training, and research.

The BOP values continuing educations of psychologists. Many psychologists attend seminars, workshops, or the national conventions. Funding for outside training may be available, and varies from year to year based on the vagaries of the federal budget. Psychologists also have the opportunity to choose the part of the country (given the availability of positions) and the type of facility (maximum, medium, or minimum security) in which they wish to work.

As federal employees, all new psychologists are covered by the Federal Employee Retirement System, a pension plan which includes several attractive options for sheltering extra income, similar to a 401K plan. Bureau employees may retire after twenty years, provided they have reached the age of 50, or at age 45 with 25 years of service, and receive a full pension. The Bureau is an Equal Opportunity Employer. However, in accordance with Public Law 100-238, applicants for entry level staff positions must be under the age of 37 at the time of appointment, with waivers possible through age 39.

# Appendix D Past and Current Interns

Italicized names indicate employment with the BOP following internship

1996-1997

Wess Baugh University of Arkansas

Victoria Buzzanga University of Missouri - Kansas City

Gregg Gambone Rutgers University
Elizabeth Weiner University of Toledo

1997-1998

Mike Fogel Illinois School of Professional Psychology

Patricia Hyatt University of South Dakota

Joe McEllistrem California School of Professional Psychology - San Diego

Lea Ann Preston Southern Illinois University

1998-1999

Robert Cochrane Wright State University

Sharon Mockenhaupt Forest Institute of Professional Psychology

Karin Towers Allegheny Univ. of the Health Sciences/Villanova Univ. School of Law

Paul Zohn University of Montana

1999-2000

Kelly Ball Minnesota School of Professional Psychology Russell Cherry Minnesota School of Professional Psychology

Sharon Ishikawa UCLA

Marie Roman California School of Professional Psychology-Alameda

2000-2001

Gary Bolz University of Denver

Tanya CunicCentral Michigan UniversityLisa LevinsonNova Southeastern UniversityGeorge SchreinerUniversity of Southern Mississippi

2001-2002

Stacy Gathman Forest Institute of Professional Psychology

Darryl Johnson Sam Houston State University

Cristie Sealey University of Alabama

Tom Spencer Forest Institute of Professional Psychology

2002-2003

Amy Boyd University of Louisville

James Hayden Argosy University-Seattle
University of Alabama

Oliver Stone Northwestern University School of Medicine

2003-2004

Erik Nabors Drexel University
Leah Osborn University of Nebraska

Lori Russell Sam Houston State University
Jennifer Tenant University of West Virginia

2004-2005

Jennifer Caperton Sam Houston State University

Kwesi DunstonUniversity of IowaTracey FintelUniversity of LouisvilleMary MartinUniversity of North Texas

2005-2006

Sharelle Baldwin Nova Southeastern University

Kimberly Bulava Illinois School of Professional Psychology

Jason Gabel University of Wisconsin

Jamie Hersant University of Southern Illinois

2006-2007

Dia BrannenUniversity of AlabamaScott ForbesUniversity of LouisvilleMartin LloydUniversity of MinnesotaWendy McCoySam Houston State University

2007-2008

Chris Finello Drexel University

Laura Howe-Martin University of North Texas Martha Smith Indiana State University Libby Tyner West Virginia University

2008-2009

Michelle Gaines Texas Tech University

Samantha Horsley Sam Houston State University

Jon Mandracchia Texas Tech University

Allison Tome Nova Southeastern University

2009-2010

Aleha Buffaloe Sam Houston State University

Doug Cacialli University of Nebraska

Leah Glass Sam Houston State University
Tracy Thomas West Virginia University

2010-2011

Eric Gaughan University of Georgia

Shannon Maney Massachusetts School of Professional Psychology

Laurie Ragatz West Virginia University

University of Florida

2011-2012

Rachel Fazio Forest Institute of Professional Psychology

Ashley Kirk University of Georgia
Natalie Roweiheb University of La Verne
Andrea Watson University of Memphis

2012-2013

Charles Darrow University of Nebraska

Meredith Meeks Sam Houston State University

Tasha Phillips Wright State University

Jill Rogstad North Texas State University

2013-2014

Jacob Chavez Forest Institute of Professional Psychology

Debra Chen University of Alabama
Allison Schenk West Virginia University

2014-2015

Sarah Hampton Rosalind Franklin University of Medicine and Science

Kristen Otte Pepperdine University

Jill Peters New Mexico State University

2015-2016

Lauren Bailey Adler School of Professional Psychology

Julie Brovko University of New Mexico Emily Robinson University of North Texas

2016-2017

Heath Hodges University of Nebraska, Lincoln

Benjamin LaLiberte Wayne State University
Christina Patton West Virginia University
Lauren Vera Sam Houston State University

2017-2018

Kristen Klipfel Rosalind Franklin University of Medicine and Science

Nina MacLean Texas Tech University

Kate McCallum Sam Houston State University

Danielle Therson University of Denver



Psychology Interns, Psychology Staff, Executive Staff, and Central Office Staff at the 2016 North Central Regional Intern Familiarization Training



2016 North Central Regional Intern Familiarization Training at the Federal Courthouse



# Appendix E Springfield and the Surrounding Community

Springfield, "The Queen City of the Ozarks," is one of the lowest overall cost-of-living communities in the nation. The city has a broad economic and industrial base. Since Springfield adjoins major recreational and vacation attractions to the south, tourism services are extensive. The community has five colleges and a major university (Missouri State University, with a current enrollment of approximately 26,000 students). Springfield, as the third-largest city in Missouri, has shown consistent economic growth. It provides many of the conveniences of much larger cities, without the various common aggravations associated with living in larger communities. The city truly provides opportunities for a comfortable lifestyle.

A variety of recreational opportunities exist for enthusiasts of outdoor activities such as canoeing, fishing, and hiking. Numerous lakes are within easy driving distance of the city. The community offers plentiful shopping. In 2005, the city became home to the Springfield Cardinals, the Double-A affiliate of the St. Louis Cardinals Baseball Club. The area also provides cultural attractions such as the Springfield Symphony, Springfield Regional Opera, Springfield Little Theater, and Springfield Ballet. Performing arts venues attract national tours of musical acts and Broadway shows. For the history buff, there is a National Civil War Battlefield just outside the city. Numerous other activities are available in St. Louis, Kansas City, and Tulsa, larger cities within easy driving distance.



Springfield Cardinals



Bennett Springs
State Park



Wilson's Creek

National Battlefield



Juanita K Hammons Hall for the Performing Arts, Missouri State University