The Federal Bureau of Prisons (Bureau) protects public safety by ensuring federal inmates receive relevant and meaningful reentry programming to support their return to the community as law-abiding citizens. Reentry efforts increase opportunities, reduce recidivism, promote public safety, and reduce institution misconduct. To this end, the Bureau is committed to provide a robust menu of programs to address thirteen need areas for a diverse inmate population, located in 122 institutions of varying security levels across the nation.
The First Step Act (FSA) Approved Programs Guide is a collection of the Bureau’s robust reentry programs, designed to ensure all sentenced inmates have the skills necessary to succeed upon release. The approved programs are standardized across institutions, described in the Bureau’s national policies, implemented with dedicated resources, and regularly reviewed to ensure program fidelity. Standardized programs in the FSA Guide have fully developed and evaluated protocols that must be adhered to as written.

The FSA created two different categories of programs: Evidence-Based Recidivism Reduction (EBRR) Programs and Productive Activities (PAs). The FSA requires the Bureau to implement a risk and needs assessment system. Risk refers to the likelihood that each individual inmate will recidivate or reoffend after release. PATTERN calculations identify “who” is most at risk, measured as high, medium, low or minimum risk of recidivism. Need refers to the specific areas an inmate can address to lower his/her risk. In other words, need indicates “what” issues affect an inmate’s risk and what he/she should address by taking programs.

The Bureau assesses needs in 13 areas that directly impact one’s ability to live a healthy and productive life. Specifically, these areas are Anger/Hostility; Antisocial Peers; Cognitions; Dyslexia; Education; Family/Parenting; Finance/Poverty; Medical; Mental Health; Recreation/Leisure/Fitness; Substance Use; Trauma; and Work. Inmates are recommended to enroll in the approved programs designed to address their individual needs.

As outlined in the FSA, eligible inmates earn First Step Act Time Credits (FTCs) for the completion of approved EBRR Programs and PAs. Inmates may not earn FTCs if serving a sentence for a disqualifying conviction listed in the statute. FTCs currently apply to inmates convicted in Federal District Court only. They do not apply to military prisoners, state boarders, or inmates with a final order of deportation. At this time, FTC’s do not apply to inmates convicted in DC Superior Court.

The FSA Guide describes structured, curriculum-based programs led by staff, contractors, or volunteers that may result in the award of FSA time credits. However, inmates may also earn FTCs through participation in unstructured PAs that are not listed in this guide when these PAs are recommended to address their needs. Program recommendations are based on the individual risk and needs assessment.

The FSA Guide provides information on program description, hours of program credits, institution locations, needs addressed, and the responsible department(s) or staff for program delivery, (e.g., Education, Psychology, Special Populations Programs Coordinator, Reentry Affairs Coordinator). For locations noted as "available at all BOP institutions," this means the program can be offered anywhere. Programs will vary based on the needs of the sentenced population of those locations. Similarly, some programs have pre-requisites or other required admission criteria.

For additional information on these programs, contact the Reentry Services Division (RSD) by sending an email to BOP-RSD-NRB-FSA@BOP.GOV. More specific inquiries about these programs should be directed to the responsible disciplines identified in the Program Delivery section of each program.

The FSA Guide will be updated at a minimum annually by the Reentry Services Division.
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>EVIDENCE BASED RECIDIVISM REDUCTION (EBRR) PROGRAMS</th>
<th>#</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANGER MANAGEMENT</td>
<td>4</td>
</tr>
<tr>
<td>APPRENTICESHIP TRAINING</td>
<td>5</td>
</tr>
<tr>
<td>ASSERT YOURSELF FOR FEMALE OFFENDERS</td>
<td>6</td>
</tr>
<tr>
<td>BASIC COGNITIVE SKILLS</td>
<td>7</td>
</tr>
<tr>
<td>BRAVE*</td>
<td>8</td>
</tr>
<tr>
<td>BUREAU LITERACY PROGRAM</td>
<td>9</td>
</tr>
<tr>
<td>CERTIFICATION COURSE TRAINING</td>
<td>10</td>
</tr>
<tr>
<td>CHALLENGE PROGRAM*</td>
<td>11</td>
</tr>
<tr>
<td>COGNITIVE PROCESSING THERAPY</td>
<td>12</td>
</tr>
<tr>
<td>CRIMINAL THINKING</td>
<td>13</td>
</tr>
<tr>
<td>DIALECTICAL BEHAVIOR THERAPY</td>
<td>14</td>
</tr>
<tr>
<td>EMOTIONAL SELF-REGULATION</td>
<td>15</td>
</tr>
<tr>
<td>FEDERAL PRISON INDUSTRIES</td>
<td>16</td>
</tr>
<tr>
<td>FEMALE INTEGRATED TREATMENT (FIT)*</td>
<td>17</td>
</tr>
<tr>
<td>FOUNDATION</td>
<td>18</td>
</tr>
<tr>
<td>ILLNESS MANAGEMENT &amp; RECOVERY</td>
<td>19</td>
</tr>
<tr>
<td>LIFE CONNECTIONS PROGRAM</td>
<td>20</td>
</tr>
<tr>
<td>MENTAL HEALTH STEP DOWN PROGRAM*</td>
<td>21</td>
</tr>
<tr>
<td>MONEY SMART FOR ADULTS</td>
<td>22</td>
</tr>
<tr>
<td>MONEY SMART FOR OLDER ADULTS</td>
<td>23</td>
</tr>
<tr>
<td>NATIONAL PARENTING FROM PRISON PROGRAM</td>
<td>24</td>
</tr>
<tr>
<td>NON-RESIDENTIAL DRUG ABUSE PROGRAM</td>
<td>25</td>
</tr>
<tr>
<td>POST-SECONDARY EDUCATION</td>
<td>26</td>
</tr>
<tr>
<td>RESIDENTIAL DRUG ABUSE PROGRAM (RDAP)*</td>
<td>27</td>
</tr>
<tr>
<td>RESOLVE PROGRAM</td>
<td>28</td>
</tr>
<tr>
<td>SEEKING SAFETY</td>
<td>29</td>
</tr>
<tr>
<td>SEX OFFENDER TREATMENT PROGRAM NON-RESIDENTIAL</td>
<td>30</td>
</tr>
<tr>
<td>SEX OFFENDER TREATMENT PROGRAM*</td>
<td>31</td>
</tr>
<tr>
<td>SKILLS PROGRAM*</td>
<td>32</td>
</tr>
<tr>
<td>SOCIAL SKILLS TRAINING</td>
<td>33</td>
</tr>
<tr>
<td>STAGES PROGRAM*</td>
<td>34</td>
</tr>
<tr>
<td>THRESHOLD PROGRAM</td>
<td>35</td>
</tr>
<tr>
<td>VOCATIONAL TRAINING</td>
<td>36</td>
</tr>
<tr>
<td>WOMEN’S BASIC FINANCIAL LITERACY PROGRAM</td>
<td>37</td>
</tr>
<tr>
<td>WOMEN’S CAREER EXPLORATION SERIES</td>
<td>38</td>
</tr>
<tr>
<td><strong>STRUCTURED, CURRICULUM-BASED PRODUCTIVE ACTIVITIES</strong></td>
<td>39-49</td>
</tr>
<tr>
<td><strong>BOP INSTITUTION INDEX</strong></td>
<td>50-51</td>
</tr>
<tr>
<td><strong>RDAP LOCATIONS</strong></td>
<td>52</td>
</tr>
</tbody>
</table>

*Residential (Modified Therapeutic Community)
ANGER MANAGEMENT

DESCRIPTION
Anger Management is a cognitive-behavioral curriculum designed to help individuals better manage their anger. The protocol can be used as a 10-session group or in an individual format. The curriculum and journal are available in English and Spanish and are gender-responsive.

The journal is designed to be used in group or individual treatment by individuals who have demonstrated a need for learning skills to manage strong emotions such as anger. It provides participants with a summary of core concepts, worksheets for completing between-session challenges, and space to take notes for each of the sessions. The concepts and skills presented in this treatment protocol are best learned by interactive practice, review, and by completing the between-session assignments.

HOURS
This program is typically completed in 18 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Anger/Hostility and Cognitions

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Anger Management must be delivered by Psychology Services staff.
APPRENTICESHIP TRAINING

DESCRIPTION
The Bureau's Career Technical Education (CTE) program falls under three broad categories: 1) Apprenticeship Training, 2) Certification Course Training, and 3) Vocational Training.

Apprenticeship Training: Apprenticeship training prepares the student for employment in various trades through structured programs underneath a journeyman in that trade, approved at the state and national levels by the Bureau of Apprenticeship and Training, U.S. Department of Labor.

Generally, these programs require inmates to have completed the high school equivalency, but concurrent enrollment is sometimes possible. Each individual program is designed to enhance post-release employment opportunities by providing inmates with the ability to obtain marketable, in-demand employment skills. Programs follow standardized work processes with related trade instruction, which teaches specific job skills and leads to a Department of Labor apprenticeship certificate.

A large variety of standardized Department of Labor apprenticeships are offered throughout the Bureau and are highly encouraged; inmates may participate in 2,000 to 8,000 hour programs, which are supervised by local journeymen.

HOURS
This program is typically completed in 500 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Work

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Apprenticeship Training must be delivered by a qualified journeyman in the specific trade. Related Trades instruction must be delivered by Education staff.
DESCRIPTION
This program for incarcerated women promotes interpersonal effectiveness and targets behavior that can lead women to feel helpless about their lives. The majority of female offenders are survivors of abuse and struggle with low self-esteem. In this program, women learn to be assertive while respecting the boundaries of others. Through homework assignments and role-play, women practice skills learned throughout the program.

HOURS
This program is typically completed in 8 hours.

LOCATIONS

| FPC Alderson | FCI Aliceville | MDC Brooklyn | FPC Bryan |
| FMC Carswell | MCC Chicago   | SCP Coleman  | FSL/SPC Danbury |
| FCI Dublin   | SCP Greenville| MDC Guaynabo | SFF Hazelton |
| FDC Honolulu | FDC Houston  | SCP Lexington| MDC Los Angeles |
| SCP Marianna | FDC Miami    | FTC Oklahoma City | SCP Pekin |
| FDC Philadelphia | SCP Phoenix | MCC San Diego | FDC SeaTac |
| FCI Tallahassee | FCC Tucson | SCP Victorville | FCI Waseca |

NEEDS
Cognitions and Family/Parenting

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Assert Yourself for Female Offenders is to be delivered by a Special Population Program Coordinator or Unit Team Staff.
Basic Cognitive Skills is a cognitive behavioral therapy (CBT) protocol that is used primarily for group treatment but may be used for individual treatment, in some cases. Through the use of this protocol, participants are taught basic concepts of CBT, including the Five Rules for Rational Thinking and the use of Rational Self-Analysis (RSA). This resource is consistent with the cognitive skills modules utilized in the Bureau’s Drug Abuse Treatment Programs, BRAVE Programs, Challenge Programs, FIT, Mental Health Step Down Programs, Sex Offender Treatment Program, Skills Programs, and STAGES Programs.

The Basic Cognitive Skills journal was designed as a lead-in to other CBT protocols, specifically Emotional Self-Regulation and Criminal Thinking.

**HOURS**

This program is typically completed in 24 hours.

**LOCATIONS**

Available at all BOP institutions.

**NEEDS**

Cognitions

**PROGRAM DELIVERY**

To ensure program fidelity and proper credit, Basic Cognitive Skills must be delivered by Psychology Services staff.
The Bureau Rehabilitation and Values Enhancement (BRAVE) program is a cognitive behavioral, residential treatment program for young males serving their first federal sentence. Inmates participate in this program at the beginning of their sentence. Programming is delivered within a modified therapeutic community (MTC). Participants interact in groups and attend community meetings while living in a housing unit separate from the general population.

The BRAVE Program is designed to facilitate favorable institutional adjustment and reduce incidents of misconduct. In addition, the program encourages inmates to interact positively with staff members and take advantage of opportunities to engage in self-improvement throughout their incarceration. Inmates participate in treatment groups for four hours per day, Monday through Friday. Program content focuses on developing interpersonal skills, behaving prosocially in a prison environment, challenging antisocial attitudes and criminality, developing problem solving skills, and planning for release.

**HOURS**

This program is typically completed in 500 hours.

**LOCATIONS**

- FCI Beckley (Medium)
- FCC Victorville (Medium)
- FCI Greenville (Medium)
- FCI El Reno (Medium)
- FCI Williamsburg (Medium)

**NEEDS**

- Antisocial Peers and Cognitions

**PROGRAM DELIVERY**

To ensure program fidelity and proper credit, BRAVE is only delivered by Psychology Services staff.
DESCRIPTION
The Bureau of Prison’s literacy program is designed to assist every inmate who does not have a high school diploma or high school equivalency credential. The literacy curricula consists of an Adult Basic Education and General Educational Development (GED) to accommodate all academic levels. Upon arrival, each inmate is evaluated to determine their current level of education and academic needs. They are placed in a class based on their academic levels, and an individualized plan is developed for them to assist with their knowledge/skill in reading, math, and written expression to prepare for the GED exam.

The GED curricula is comprehensive and was designed around College and Career Readiness (CCR) Standards that provide guidelines for what students should learn, and offers consistent expectations of students across all BOP institutions. The curriculum offers a “Teaching Notes” section to help teachers work across a number of content areas. Additionally, “Suggested Class Activities and Resources” sections include activities to use in the classroom to support specific objectives. Lastly, it identifies skills assessed on the GED test, which help instructors make a significant impact on increasing student performance on GED tests.

HOURS
This program is typically completed in 240 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Education

PROGRAM DELIVERY
To ensure program fidelity and proper credit, the Bureau Literacy program must be delivered by the appropriately credentialed contractors or Education staff.
CERTIFICATION COURSE TRAINING

DESCRIPTION
The Bureau’s Career Technical Education (CTE) program falls under three broad categories: 1) Apprenticeship Training, 2) Certification Course Training, and 3) Vocational Training.

Certification Course Training: Training programs that lead to obtaining an industry recognized certification.

Generally, these programs require inmates to have completed the high school equivalency, but concurrent enrollment is sometimes possible. Each individual program is designed to enhance post-release employment opportunities by providing inmates with the ability to obtain marketable, in-demand employment skills. Most programs follow a competency based curriculum, which teaches specific job skills and leads to a recognized credential, or certificate.

Some institutions offer inmates the opportunity to acquire college certificates and associates degrees through Advanced Occupational Education or local Pell Grant programs.

HOURS
This program is typically completed in 50 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Work

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Certification Course Training must be delivered by Education and Federal Prison Industries staff. This program may also be delivered by a qualified volunteer or contractor.
The Challenge Program is a cognitive behavioral, residential treatment program developed for male inmates in the United States Penitentiary (USP) settings. The Challenge Program provides treatment to high-security inmates with substance use problems and/or mental illnesses. Programming is delivered within a modified therapeutic community (MTC); inmates participate in interactive groups and attend community meetings while living in a housing unit separate from the general population. In addition to treating substance use disorders and mental illnesses, the program addresses criminality, via cognitive behavioral challenges to criminal thinking errors.

The Challenge Program is available in 13 high security institutions. Inmates may participate in the program at any point during their sentence; however, they must have at least 18 months remaining on their sentence. The duration of the program varies based on inmate need, with a minimum duration of nine months.

An inmate must meet one of the following criteria to be admitted into the Challenge Program:

- A history of drug use as evidenced by self-report, Presentence Investigation Report (PSI) documentation or incident reports for use of alcohol or drugs.
- A serious mental illness as evidenced by a current diagnosis of a psychotic disorder, mood disorder, anxiety disorder, or severe personality disorder.

**HOURS**
This program is typically completed in 500 hours.

**LOCATIONS**
USP Allenwood
USP Atwater
USP Beaumont
USP Big Sandy
USP Canaan
USP Coleman I & II
USP Hazelton
USP Lee
USP McCreary
USP Pollock
USP Terre Haute
USP Tucson

**NEEDS**
Anger/Hostility, Antisocial Peers, Cognitions, Mental Health, and Substance Use

**PROGRAM DELIVERY**
To ensure program fidelity and proper credit, the Challenge Program must only be delivered by Psychology Services staff.
**DESCRIPTION**

Cognitive Processing Therapy is an evidence-based intervention for the treatment of Posttraumatic Stress Disorder. In a 12-session format, this intervention combines cognitive techniques with written exposure therapy to address negative affect, intrusive images, dysfunctional thoughts, and avoidance behavior.

**HOURS**

This program is typically completed in 10-12 hours.

**LOCATIONS**

Available at all BOP institutions.

**NEEDS**

Cognitions, Mental Health, and Trauma

**PROGRAM DELIVERY**

To ensure program fidelity and proper credit, *Cognitive Processing Therapy* must be delivered by Psychology Services staff.
DESCRIPTION
The purpose of Criminal Thinking group is to help the participant see how criminal thinking errors impact decisions in daily life. Techniques from cognitive behavioral therapy (CBT), including Rational Self Analysis (RSA), are used to identify the patterns of criminal thinking that occur in a wide range of situations. The protocol can be used as a 10-session group (Minimum and Low security) or a 20-session group (Medium or High security) or in an individual format. The curriculum and journal are available in English and Spanish and are gender-responsive.

The Criminal Thinking journal reviews criminal thinking errors, provides education on the influence of thoughts and feelings on behaviors, and details how to conduct an RSA to improve decision-making. The concepts and skills presented in this treatment protocol are best learned by interactive practice, review, and by completing the between-session assignments.

HOURS
This program is typically completed in 27 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Antisocial Peers and Cognitions

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Criminal Thinking must be delivered by Psychology Services staff.
**DESCRIPTION**

Dialectical Behavior Therapy is a cognitive behavioral treatment teaching self-management of emotions and distress. This program is specifically for individuals who engage in self-directed violence, such as self-cutting, suicidal thoughts, urges, and suicide attempts. The types of skills discussed and practiced include, but are not limited to, mindfulness skills, distress tolerance skills, emotion regulation skills, and interpersonal effectiveness skills. This treatment protocol is 2 hours in length for 25 sessions.

**HOURS**

This program is typically completed in 50 hours.

**LOCATIONS**

Available at all BOP institutions.

**NEEDS**

Cognitions, Mental Health, and Trauma

**PROGRAM DELIVERY**

To ensure program fidelity and proper credit, **Dialectical Behavior Therapy** must be delivered by Psychology Services staff.
EMOTIONAL SELF-REGULATION

DESCRIPTION
Emotional Self-Regulation is a cognitive-behavioral therapy (CBT) protocol that helps the participant to explore emotions and patterns of behavior and learn strategies for managing difficult emotions. The protocol can be used as a 10-session group or in an individual format. The curriculum and journal are available in English and Spanish and are gender-responsive.

The Emotional Self-Regulation journal explores helpful ways for the participant respond to difficult emotions. These skills lead to more positive interactions and outcomes. The concepts and skills presented in this treatment protocol are best learned by interactive practice, review, and by completing the between-session assignments.

HOURS
This program is typically completed in 24 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Cognitions and Mental Health

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Emotional Self-Regulation must be delivered by Psychology Services staff.
The mission of Federal Prison Industries, Inc. (FPI) is to protect society and reduce crime by preparing inmates for successful reentry through job training. FPI (also known by its trade name UNICOR) is a critical component of the Bureau’s comprehensive efforts to improve inmate reentry. By providing inmates the skills needed to join the workforce upon release, FPI reduces recidivism and helps curb the rising costs of corrections.

FPI is, first and foremost, a correctional program. Its impetus is helping inmates acquire the skills necessary to successfully make the transition from prison to law-abiding, tax paying, productive members of society. The production of items and provision of services are necessary by-products of those efforts, as FPI does not receive any appropriated funds for operation. FPI is required by statute to diversify its product offerings as much as possible in order to minimize the program’s impact on any one industry. FPI currently produces over 80 types of products and services and has six business groups: Clothing and Textiles; Electronics; Fleet; Office Furniture; Recycling; and Services.

Inmate workers are ordinarily hired through waiting lists. A renewed emphasis has been placed on the use of job sharing and half-time workers. This allows for an increase in the number of inmates who benefit from participating in the FPI program. FPI has placed emphasis on prioritizing inmates on the waiting list within three years of release for available FPI positions, with the aim of hiring inmates at least six months prior to release. FPI has also placed an emphasis on prioritizing inmates on the waiting list who are military veterans, as well as those with financial responsibilities.

**HOURS**

This program is typically completed in 500 hours.

**LOCATIONS**

- FCC Allenwood
- FCC Beaumont
- FCC Butner
- FCC Coleman
- FCC Forrest City
- FCC Lompoc
- FCC Oakdale
- FCC Petersburg
- FCC Pollock
- FCC Terre Haute
- FCC Victorville
- FCC Yazoo City
- FCI Ashland (L)
- FCI Bastrop (L)
- FCI Beckley (M)
- FCI Cumberland (M)
- FCI Dublin (L)(F)
- FCI Edgefield (M)
- FCI El Reno (M)
- FCI Elkton (L)
- FCI Englewood (L)
- FCI Estill (M)
- FCI Fairton (M)
- FCI Fort Dix (L)
- FCI Gilmer (M)
- FCI Greenville (M)
- FCI Jesup (M)
- FCI La Tuna (L)
- FCI Manchester (M)
- FCI Marianna (M)
- FCI Memphis (M)
- FCI Miami (L)
- FCI Milan (L)
- FCI Phoenix (M)
- FCI Safford (L)
- FCI Sandstone (L)
- FCI Schuykill (M)
- FCI Seagoville (L)
- FCI Sheridan (M)
- FCI Talladega (M)
- FCI Tallahassee (L)(F)
- FCI Texarkana (L)
- FCI Waseca (L)(F)
- FMC Lexington
- FPC Bryan (F)
- FPC Montgomery
- FPC Pensacola
- USP Atlanta (M)
- USP Atwater (H)
- USP Leavenworth (M)
- USP Marion (M)
- FCI Terminal Island (M)

Key: FCC = Complex; FPC = Federal Prison Camp; SCP = Satellite Camp; (L) = Low; (M) = Medium; (H) = High; (F) = Female

**NEEDS**

Work

**PROGRAM DELIVERY**

To ensure program fidelity and proper credit, Federal Prison Industries must be delivered by UNICOR.
The Female Integrated Treatment (FIT) Program is a residential program that offers integrated cognitive behavioral therapy (CBT) for substance use disorders, mental illness, and trauma-related disorders, as well as vocational training, to female inmates. Inmates who would otherwise qualify for the Residential Drug Abuse Program (RDAP) and whose treatment plans address substance use in this residential program may qualify for the early release benefit associated with RDAP.

FIT operates as a modified therapeutic community (MTC) utilizing cognitive behavioral treatments in a trauma-informed, gender-responsive environment. Criminal thinking is addressed through the identification of criminal thinking errors and the promotion of prosocial interactions with staff and peers. There is a special emphasis on vocational training to prepare women with the skills they will need to support themselves and their families upon release. For example, some women are trained as peer companions and have the opportunity to complete an apprenticeship that prepares them for work in the community as a Peer Specialist. The program works closely with Psychology Services, Recreation, Unit Management, Education, and Correctional Services to promote a multidisciplinary approach to treatment and skill building. Program content is designed to promote successful reentry into society at the conclusion of incarceration. Program staff further support reentry by collaborating with community partners prior to release.

**DESCRIPTION**

**HOURS**

This program is typically completed in 500 hours.

**LOCATIONS**

FSL Danbury (Low)  SFF Hazelton (Low)

**NEEDS**

Antisocial Peers, Cognitions, Mental Health, Substance Use, Trauma, and Work

**PROGRAM DELIVERY**

To ensure program fidelity and proper credit, the Female Integrated Treatment program must be delivered by Psychology Services and Education staff.
FOUNDATION

DESCRIPTION
Foundation is a program designed to assist women in assessing and advocating for their individual needs and translating the results of that assessment into the selection of programs and plans to meet their reentry goals. The Foundation Program was designed to help newly incarcerated women chart a healthy path for themselves during their time of incarceration. Throughout the program, participants learn about a number of issues facing women. They have the opportunity to identify positive changes that will lead to a successful reentry, and consider programs and services within the facility that can help them make these changes.

The Change Plan, a Productive Activity, is a follow up to the Foundation Program that focuses on the goals established in Foundation.

HOURS
This program is typically completed in 15 hours.

LOCATIONS
<table>
<thead>
<tr>
<th>FPC Alderson</th>
<th>FCI Aliceville</th>
<th>MDC Brooklyn</th>
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</thead>
<tbody>
<tr>
<td>FMC Carswell</td>
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<td>SCP Coleman</td>
<td>FSL/SCP Danbury</td>
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<td>MDC Guaynabo</td>
<td>SCP Greenville</td>
<td>SFF Hazelton</td>
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<td>FCC Tucson</td>
<td>SCP Victorville</td>
<td>FCI Waseca</td>
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NEEDS
Cognitions, Education, Mental Health, and Work

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Foundation must be delivered by a Special Population Program Coordinator or Social Worker. At facilities housing pretrial women the Reentry Affairs Coordinator can also deliver the Foundation program.
ILLNESS MANAGEMENT AND RECOVERY

DESCRIPTION
Illness Management and Recovery (IMR) is a consumer-oriented psychological treatment protocol for individuals diagnosed with serious mental illness. It is composed of ten modules and can be completed through weekly sessions over the course of a year. Topics include recovery strategies, practical facts about mental illness, the stress-vulnerability model, building social support, using medication effectively, reducing relapses and coping with stress, problems and symptoms. IMR is considered a front line intervention for the treatment of serious mental illness.

HOURS
This program is typically completed in 60 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Mental Health

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Illness Management and Recovery must be delivered by Psychology Services staff.
The Life Connections Program (LCP) is a faith-based reentry program designed to address religious beliefs and values systems. Participants are connected with a community mentor at the institution and with a faith-based or community organization at their release destination. The LCP is an 18-month residential program aimed at strengthening participants’ understanding of what it means to live and work effectively in the community. The LCP is open to inmates of all faiths and those who have no religious background. Participants approach the program from their own faith teachings or values-based background. The program uses standardized curricula including interactive journaling in a therapeutic group setting. It seeks to engage participants in community service projects, victim impact, mentoring, healthy living skill development, and release preparation.

The LCP uses agency chaplains and mentor coordinators as well as contracted spiritual guides, community mentors, and volunteers to work in small groups and one-on-one with program participants. This gives participants the opportunity to learn from others. Upon release, the LCP connects them with continued community mentoring and faith group support for these returning citizens.

This program is typically completed in 500 hours.

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<th>Locations</th>
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<tr>
<td>FCC Petersburg (L)</td>
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<td>FCI Milan (L)</td>
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<tr>
<td>FMC Carswell (F)</td>
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<tr>
<td>USP Leavenworth (M)</td>
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<tr>
<td>USP Terre Haute (H)</td>
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<tr>
<td>FCI Aliceville (F)</td>
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</tbody>
</table>

Key: (L) = Low; (M) = Medium; (H) = High; (F) = Female

Program Delivery
To ensure program fidelity and proper credit, the Life Connections Program must be delivered by Chaplaincy Services staff or appropriately credentialed volunteers or contractors.
MENTAL HEALTH
STEP DOWN
Residential

DESCRIPTION
Mental Health Step Down (Step Down) is a unit-based, residential program offering intermediate level of care for inmates with serious mental illness who do not require inpatient treatment but lack the skills to function in general population. The goal of Step Down is to provide evidence-based treatment that maximizes the participants’ ability to function while minimizing relapse and the need for inpatient hospitalization.

Step Down operates as a modified therapeutic community (MTC) using cognitive behavioral treatments, peer support, and skills training. Staff work closely with psychiatry to ensure participants receive appropriate medication and have the opportunity to build a positive relationship with the psychiatrist. Criminal thinking is addressed through the identification of criminal thinking errors and engagement in prosocial interactions with staff and peers. When inmates are preparing for release, intense coordination is done with social workers, Community Treatment Services (CTS), Residential Reentry Centers (RRC), Court Services and Offender Supervision Agency (CSOSA), and United States Probation Officers (USPOs) to facilitate continuity of care for reentry.

HOURS
This program is typically completed in 500 hours.

LOCATIONS
USP Allenwood (H) USP Atlanta (H) FCC Butner (M) FMC Fort Worth (L)

Key: (L) = Low; (M) = Medium; (H) = High

NEEDS
Antisocial Peers, Cognitions, and Mental Health

PROGRAM DELIVERY
To ensure program fidelity and proper credit, the Mental Health Step Down program must be delivered by Psychology Services staff.
DESCRIPTION
Money Smart for Adults is an instructor-led course consisting of eleven training modules that cover basic financial topics. Topics include a description of deposit and credit services offered by financial institutions, choosing and maintaining a checking account, spending plans, the importance of saving, how to obtain and use credit effectively, and the basics of building or repairing credit.

HOURS
This program is typically completed in 32 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Finance/Poverty

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Money Smart for Adults must be delivered by Business Office Staff or Unit Team. This program may also be delivered by a qualified volunteer or contractor.
# Money Smart for Older Adults

**Description**
Money Smart for Older Adults (MSOA) provides awareness among older adults on how to prevent elder financial exploitation and to encourage advance planning and informed financial decision-making. There are seven segments covering the following topics: Common Types of Elder Financial Exploitation, Scams Targeting Veterans, Identity Theft, Medical Identity Theft, Scams that Target Homeowners, Planning for Unexpected Life Events, and How to Be Financially Prepared for Disasters.

**Hours**
This program is typically completed in 28 hours.

**Locations**
Available at all BOP institutions.

**Needs**
Finance/Poverty

**Program Delivery**
To ensure program fidelity and proper credit, Money Smart for Older Adults must be delivered by Business Office Staff or Unit Team. This program may also be delivered by a qualified volunteer or contractor.
DESCRIPTION
The Bureau’s National Parenting from Prison Program is a two-phase model, focusing on services for incarcerated parents.

PHASE I: National Parenting Program Workshop. Phase I is a dynamic, psychoeducational course focused on parenting basics. This phase covers topics such as appropriate discipline and developmental milestones supplemented with discussion and practical exercises. An interactive DVD series is used for a portion of the Phase I program, to ensure standardization across facilities. The DVDs include discussion clips from national experts and incarcerated persons. Inmates engage in discussion and complete significant homework assignments as part of this program.

PHASE II: National Parenting Specialty Programs. Phase II focuses on specific parenting needs such as parenting as an incarcerated mother, father, grandparent or parenting a child with a disability. Phase II programming includes the following courses: Inside Out Dad, Mothers of Adolescents, Preparing for Motherhood, Parenting Inside Out, Parenting a Second Time Around (PASTA), Partners in Parenting, Parenting Children with Special Needs (available in Spanish), and To Parent or Not to Parent (available in Spanish).

HOURS
This program is typically completed in 40 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Family/Parenting

PROGRAM DELIVERY
To ensure program fidelity and proper credit, the National Parenting from Prison program is to be delivered by a Special Population Program Coordinator, Social Worker, Reentry Affairs Coordinator, or Correctional Counselor.
NON-RESIDENTIAL DRUG ABUSE PROGRAM

DESCRIPTION
The Non-Residential Drug Abuse Treatment Program (NRDAP) is a psychoeducational, therapeutic group designed for general population inmates who report a history of problematic substance use. NRDAP is available to inmates at every institution. The purpose of NRDAP is to afford all inmates with a substance use problem the opportunity to receive treatment.

NRDAP groups are conducted 90 – 120 minutes per week for a minimum of 12 weeks and a maximum of 24 weeks. The content addresses criminal lifestyles and provides skill-building opportunities in the areas of rational thinking, communication skills, and institution/community adjustment.

HOURS
This program is typically completed in 24 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Cognitions and Substance Use

PROGRAM DELIVERY
To ensure program fidelity and proper credit, the Non-Residential Drug Abuse Program must be delivered by Psychology Services staff.
DESCRIPTION
The post-secondary education program includes courses offered to inmates who have completed high school equivalency requirements and are seeking to enhance their marketable skills. College level classes are provided by credentialed instructors from the community who deliver coursework leading to either the Associates or Bachelor’s degree. Specific prerequisites for each program are determined by the school providing the service.

HOURS
500 hours is the maximum earnable.

Credits will vary depending on the college program requirements leading to a Certificate, Associates, or Bachelor’s degree awarded by the college.

LOCATIONS

<table>
<thead>
<tr>
<th>FCI Bennettsville</th>
<th>FCI Beaumont (Low/Medium)</th>
<th>MDC Brooklyn</th>
</tr>
</thead>
<tbody>
<tr>
<td>FPC Bryan</td>
<td>FCI Cumberland</td>
<td>FCI Dublin</td>
</tr>
<tr>
<td>FCI Englewood</td>
<td>FCI Gilmer</td>
<td>FCC Lompoc</td>
</tr>
<tr>
<td>FCI Milan</td>
<td>FCI Ray Brook</td>
<td>FCI Williamsburg</td>
</tr>
<tr>
<td>FCI Waseca</td>
<td>FPC Yankton</td>
<td>FCI Yazoo City</td>
</tr>
</tbody>
</table>

NEEDS
Work

PROGRAM DELIVERY
To ensure program fidelity and proper credit, the Post-Secondary Education program must be delivered by Education staff or appropriately credentialed contractors.
RESIDENTIAL DRUG ABUSE PROGRAM

DESCRIPTION
The Residential Drug Abuse Program (RDAP) is operated as a modified therapeutic community (MTC); the community is the catalyst for change and focuses on the inmate as a whole person with overall lifestyle change needs, not simply abstinence from drug use. RDAP encourages participants to examine their personal behavior to help them become more pro-social and to engage in "right living"—considered to be based on honesty, responsibility, hard work, and willingness to learn.

RDAP emphasizes social learning and mutual self-help. This aid to others is seen as an integral part of self-change. As program participants progress through the phases of the program, they assume greater personal and social responsibilities in the community. It is expected that program participants take on leadership and mentoring roles within the MTC as they progress in their program. Progress in treatment is based on the inmate's ability to demonstrate comprehension and internalization of treatment concepts by taking behaviorally observable action to change his or her maladaptive and unhealthy behaviors. It is important to note that successful completion of the Bureau's RDAP requires completion of all three components of the program:

- Unit Based Treatment, described above, occurs in prison.
- Follow-Up Treatment continues for inmates who complete the unit-based component of the RDAP and return to general population. An inmate must remain in Follow-Up Treatment for 12 months or until he/she is transferred to a Residential Reentry Center.
- Community Treatment is provided while the inmate transitions to the community through an RRC.

HOURS
This program is typically completed in 500 hours.

LOCATIONS
Please refer to page 52 for institutions.

NEEDS
Antisocial Peers, Cognitions, Substance Use, and Mental Health (Dual Diagnosis Programs)

PROGRAM DELIVERY
To ensure program fidelity and proper credit, the Residential Drug Abuse program must be delivered by Psychology Services staff.
The Resolve Program is a cognitive behavioral therapy (CBT) program designed to address the trauma-related mental health needs of inmates. Specifically, the program seeks to decrease the incidence of trauma-related psychological disorders and improve level of functioning. In addition, the program aims to increase the effectiveness of other treatments, such as drug treatment and healthcare. The program uses a standardized treatment protocol consisting of three components: 1) initial educational workshop (Trauma in Life/Traumatic Stress & Resilience); 2) a skills based treatment group (Seeking Safety) and; 3) Dialectical Behavioral Therapy (DBT), Cognitive Processing Therapy (CPT), and/or a Skills Maintenance Group.

The purposes of the program include the following:
- Improving the inmate’s functioning by decreasing mental health symptoms that result from trauma;
- Increasing the effectiveness of other treatment programs available to the inmate;
- Reducing misconduct that results from mental health and trauma related difficulties; and
- Reducing recidivism.

**HOURS**

20-90 hours of EBRR program credit.

**LOCATIONS**

<table>
<thead>
<tr>
<th>FPC Alderson (F)</th>
<th>FCI Aliceville (L) (F)</th>
<th>FCI Ashland (M)</th>
<th>FPC Bryan (F)</th>
</tr>
</thead>
<tbody>
<tr>
<td>FMC Carswell (F)</td>
<td>FCI Coleman (M)</td>
<td>USP Coleman (H)</td>
<td>FCI Cumberland (M)</td>
</tr>
<tr>
<td>FCI Danbury (L)</td>
<td>FCI Dublin (L) (F)</td>
<td>FCI Edgefield (M)</td>
<td>ADX Florence</td>
</tr>
<tr>
<td>USP Florence (H)</td>
<td>SCP Greenville (F)</td>
<td>SFF Hazelton (L) (F)</td>
<td>USP Leavenworth (M)</td>
</tr>
<tr>
<td>USP Lewisburg (M)</td>
<td>FCI Loretto (L)</td>
<td>SCP Lexington (F)</td>
<td>SCP Marianna (F)</td>
</tr>
<tr>
<td>FCI Otisville (M)</td>
<td>FCI Oxford (M)</td>
<td>FPC Pekin (F)</td>
<td>FPC Phoenix (F)</td>
</tr>
<tr>
<td>FCI Safford (L)</td>
<td>FCI Sheridan (M)</td>
<td>FCI Tallahassee (L) (F)</td>
<td>USP Terre Haute (H)</td>
</tr>
<tr>
<td>FCI Victorville (M)</td>
<td>SCP Victorville (F)</td>
<td>FCI Waseca (L) (F)</td>
<td></td>
</tr>
</tbody>
</table>

Key: ADX = Administrative; SCP = Satellite Camp; (L) = Low; (M) = Medium; (H) = High; (F) = Female

**NEEDS**

Cognitions, Mental Health, and Trauma

**PROGRAM DELIVERY**

To ensure program fidelity and proper credit, the Resolve program must be delivered by Psychology Services staff.
DESCRIPTION
Seeking Safety is a present-focused, evidence-based approach to treat trauma symptoms and substance use concurrently. It is based on the premise that healing from each disorder requires attention to both disorders. This intervention teaches inmates to manage and decrease symptoms and gain control over both disorders by addressing current life problems. The Seeking Safety curriculum is called Seeking Strength at male institutions to encourage participation among male inmates. This group is 12-15 sessions.

HOURS
This program is typically completed in 15 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Antisocial Peers, Cognitions, Mental Health, Substance Use, and Trauma

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Seeking Safety must be delivered by Psychology Services staff.
**SEX OFFENDER PROGRAM**

**NON-RESIDENTIAL**

**DESCRIPTION**
The Non-Residential Sex Offender Treatment Program (SOTP-NR) is designed to target dynamic risk factors associated with re-offense in sexual offenders, as demonstrated by empirical research. These factors include sexual self-regulation deficits and sexual deviancy; criminal thinking and behavior patterns; intimacy skills deficits; and emotional self-regulation deficits. The SOTP-NR uses cognitive-behavioral techniques, with a primary emphasis on skills acquisition and practice. Inmates participate in interactive psychotherapy groups multiple times per week.

The SOTP-NR is available in eight institutions with varying security levels. Inmates ordinarily participate in the program during the remaining 36-48 months of their sentence. The duration of the program is 9-12 months.

Most participants in the SOTP-NR have a history of a single sexual offense and many may be first-time offenders serving a sentence for an Internet-based sexual crime. Programming is voluntary. Prior to placement in the SOTP-NR, potential participants are screened with a risk assessment tool to ensure their offense history matches with moderate intensity sexual offender specific treatment.

**HOURS**
This program is typically completed in 500 hours.

**LOCATIONS**
- FMC Carswell (females only)
- FCI Englewood
- USP Marion
- FCI Petersburg
- USP Tucson
- FCI Elkton (program at the FSL)
- FCI Marianna
- FCI Milan
- FCI Seagoville

**NEEDS**
Cognitions

**PROGRAM DELIVERY**
To ensure program fidelity and proper credit, the Non-Residential Sex Offender Treatment program must only be delivered by Psychology Services staff.
sex Offender Treatment Program
Residential

Description

The Residential Sex Offender Treatment Program (SOTP-R) is designed to target dynamic risk factors associated with re-offense in sexual offenders, as demonstrated by empirical research. These factors include sexual self-regulation deficits and sexual deviancy; criminal thinking and behavior patterns; intimacy skills deficits; and emotional self-regulation deficits. The SOTP-R uses cognitive behavioral techniques, with a primary emphasis on skills acquisition and practice. The modified therapeutic community (MTC) model is used to address criminal attitudes and values.

The SOTP-R is available at two institutions. Inmates ordinarily participate in the program during the remaining 36 to 48 months of their sentence. The duration of the program is 12-18 months.

Participants in the SOTP-R have a history of multiple sexual offenses, extensive non-sexual criminal histories, and/or a high level of sexual deviancy or hypersexuality. The program is voluntary. Prior to placement in the SOTP-R, potential participants are screened with a risk assessment tool to ensure their offense history matches with high intensity sexual offender specific treatment.

Hours

This program is typically completed in 500 hours.

Locations

FMC Devens    USP Marion

Needs

Antisocial Peers and Cognitions

Program Delivery

To ensure program fidelity and proper credit, the Residential Sex Offender Treatment Program must only be delivered by Psychology Services staff.
The Skills Program is a unit-based, residential treatment program designed to improve the institutional adjustment of inmates who have intellectual and social impairments. Inmates with lower IQs, neurological deficits from acquired brain damage, fetal alcohol syndrome, autism spectrum disorder, and/or remarkable social skills deficits are more likely to be victimized and/or manipulated by more sophisticated inmates. As a result, they may be placed in the Special Housing Unit for their protection or may have frequent misconduct reports because of their limited decision making skills. Only inmates who have a demonstrated need for the Skills Program and who are appropriate for housing in a medium or low security facility will be considered for participation.

Through using a modified therapeutic community (MTC), the Skills Program employs a multi-disciplinary treatment approach aimed at teaching participants basic educational and social skills over a 12-month period. The goal of the program is to increase the academic achievement and adaptive behavior of this group of inmates, thereby improving their institutional adjustment and likelihood for successful community reentry. Some participants may become Mental Health Companions; inmates who are carefully screened and serve as supports and role models for Skills Program participants.

This program is typically completed in 500 hours.

FCI Coleman (M)    FCI Danbury (L)

Note: (L) = Low; (M) = Medium

Antisocial Peers, Cognitions, and Mental Health

To ensure program fidelity and proper credit, the Skills Program must be delivered by Psychology Services staff.
DESCRIPTION
Social Skills Training for Schizophrenia is a structured skills training intervention focused on improving social skills. Although designed for individuals suffering from schizophrenia, this resource is appropriate for any inmate with moderate social skills deficits. With this intervention, social skills are taught and practiced in a small group setting but can be offered on an individual basis, as needed. Skills include basic social skills, conversation skills, assertiveness skills, conflict management skills, communal living skills, friendship and dating skills, health maintenance skills, vocational/work skills, and coping skills for drug and alcohol use.

The concepts and skills presented in this treatment protocol are best learned by interactive practice, review, and by completing the between-session assignments.

HOURS
This program is typically completed in 60 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Antisocial Peers, Cognitions, and Mental Health

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Social Skills Training must be delivered by Psychology Staff.
STAGES PROGRAM
Residential

High-Intensity Cognitive Behavioral Therapy for Serious Mental Illness and Personality Disorders

DESCRIPTION
Steps Toward Awareness, Growth, and Emotional Strength (STAGES) is a unit-based residential Psychology Treatment Program for inmates with a diagnosis of Borderline Personality Disorder. The program uses an integrative model that includes an emphasis on a modified therapeutic community (MTC), cognitive behavioral therapy, dialectical behavior therapy, and skills training. It uses evidence-based treatments to increase the time between disruptive behaviors, fosters living within the general population or community setting, and increases prosocial skills. This program aims to prepare inmates for their transition to less-secure prison settings and promote successful reentry into society at the conclusion of their terms of incarceration.

The typical STAGES inmate has the following behavioral characteristics:
- A history of long-term restricted housing placements
- Multiple incident reports and/or suicide watches
- A long and intensifying pattern of behavior disruptive to the institution
- A demonstrated willingness to engage with treatment staff and change the way s/he deals with incarceration (although behavioral problems may continue)

HOURS
This program is typically completed in 500 hours.

LOCATIONS
- USP Florence
- FCI Terre Haute (Medium)

NEEDS
- Antisocial Peers, Cognitions Mental Health, and Trauma

PROGRAM DELIVERY
To ensure program fidelity and proper credit, the STAGES program must be delivered by Psychology Services staff.
The Threshold Program is a non-residential faith-based reentry program open to male and female federal offenders. Like the more intensive Life Connections Program, it is open to inmates across the agency seeking grounding in positive values and responsibility, regardless of the presence of a religious affiliation. Ordinarily, inmates should have less than 24 months from their proposed release dates to be considered for the program. Curriculum is also designed for participants who desire to participate from a non-religious perspective. Typically, cohorts meet weekly in 90-minute sessions for six to nine months and include no more than 20 participants.

Threshold is offered throughout the Bureau utilizing the leadership of agency chaplains, religious contractors, community volunteers, and mentors.

This program is typically completed in 72 hours.

Available at all BOP institutions.

Family/Parenting

To ensure program fidelity and proper credit, the Threshold program must be delivered by Chaplaincy Services staff, or the appropriately credentialed volunteers or contractors.
VOCATIONAL TRAINING

DESCRIPTION
The Bureau’s Career Technical Education (CTE) program falls under three broad categories: 1) Apprenticeship Training, 2) Certification Course Training, and 3) Vocational Training.

Vocational Training: Marketable training that provides specific entry level or advanced job skills and certification that is instructor led with hands on skill building, as well as, live work projects. A variety of skilled-trades are offered to include: building trades, welding, heating ventilation and refrigeration (HVAC), highway construction, and wind-turbine technology.

Generally, these programs require inmates to have completed the high school equivalency, but concurrent enrollment is sometimes possible. Each individual program is designed to enhance post-release employment opportunities by providing inmates with the ability to obtain marketable, in-demand employment skills. Most programs follow a competency based curriculum, which teaches specific job skills and leads to a recognized credential, certificate, or degree. It should be noted some programs offer “exploratory courses,” which allow inmates to explore a possible program before making a long-term commitment.

HOURS
This program is typically completed in 125 hours.

LOCATIONS
Available at all BOP institutions.

NEEDS
Work

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Vocational Training must be delivered by Education and Federal Prison Industries staff. This program may also be delivered by a qualified volunteer or contractor.
DESCRIPTION
The Women’s Basic Financial Literacy Program teaches women strategies to assist in preparing them to meet their financial reentry goals. This program targets the financial deficits incarcerated women face including: avoiding financial pitfalls, using a checking account, methods for beginning to save for the future, understanding the use of credit and loans, creating a budget, accessing financial resources, understanding the purpose and use of insurance, and gaining financial independence.

HOURS
This program is typically completed in 18 hours.

LOCATIONS
Available at all BOP institutions with designated females.

NEEDS
Finance/Poverty

PROGRAM DELIVERY
To ensure program fidelity and proper credit, the Women’s Basic Financial Literacy Program must be delivered by the Special Populations Coordinator, Education or Business Office staff.
WOMEN’S CAREER

EXPLORATION SERIES

DESCRIPTION
The Women’s Career Exploration Series is a three part gender-responsive and trauma informed care series, grounded in the evidenced based practices of: Cognitive Behavioral Therapy; Motivational Interviewing; the Transtheoretical Model of Behavior Change; and Interactive Journaling. It teaches strategies to help women succeed in the workplace and offers insights to assist women overcome employment barriers and move forward toward success in a long-term career. Components include: career path exploration, steps for success in the workplace, identifying career paths that align with individual interests, building a professional network, applying for and gaining a job which leads to a career, establishing good work habits, and learning skills for thriving in the workplace.

HOURS
This program is typically completed in 32 hours.

LOCATIONS
Available at all BOP institutions with designated females.

NEEDS
Work

PROGRAM DELIVERY
To ensure program fidelity and proper credit, Women’s Career Exploration Series must be delivered by the Special Populations Coordinator or Education staff.
STRUCTURED, CURRICULUM-BASED
PRODUCTIVE ACTIVITIES

Productive Activities (PA) include a wide range of activities including work assignments, community service, inmate led-classes, and other unstructured but valuable ways to spend time. This guide only provides information about structured, curriculum-based PAs.

<table>
<thead>
<tr>
<th>Productive Activities &amp; Descriptions</th>
<th>Hours</th>
<th>Location(s)</th>
<th>Need(s) Addressed</th>
<th>Program Delivery</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Healthier Me</td>
<td>10</td>
<td>All female sites</td>
<td>Recreation/Leisure/Fitness</td>
<td>Recreation Special Population Program Coordinator Unit Team</td>
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<tr>
<td>A Matter of Balance</td>
<td>16</td>
<td>All institutions</td>
<td>Recreation/Leisure/Fitness</td>
<td>Health Services Recreation</td>
</tr>
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<tr>
<td>AARP Foundation Finances 50+</td>
<td>5</td>
<td>All institutions</td>
<td>Finance/Poverty</td>
<td>Reentry Affairs Coordinator Unit Team Volunteers</td>
</tr>
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<tr>
<td>Access</td>
<td>10</td>
<td>All female sites</td>
<td>Cognitions Mental Health Trauma</td>
<td>Special Population Program Coordinator</td>
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<tr>
<td>Productive Activities &amp; Descriptions</td>
<td>Hours</td>
<td>Location(s)</td>
<td>Needs Addressed</td>
<td>Program Delivery</td>
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<tr>
<td><strong>Alcoholics Anonymous (AA) Support Group</strong>&lt;br&gt;This self-help approach to change reduces the likelihood of problematic drinking behaviors. AA can be guided by any Bureau staff member but is essentially a self-help program.</td>
<td>50</td>
<td>All institutions</td>
<td>Substance Use</td>
<td>Contractors Volunteers</td>
</tr>
<tr>
<td><strong>Aleph Institute</strong>&lt;br&gt;The Aleph Correspondence Course program offers a wide array of learner-friendly materials from a Hebrew Reading and Writing Course to the mystical teachings of the Kabbalah. These courses further develop the student’s spiritual growth and knowledge. The Aleph Institute Correspondence Course program focuses on supporting and fostering each student’s individual spiritual growth. Each course includes coursework and research. The program is a 12-month per year or 50-hour commitment.</td>
<td>50</td>
<td>All institutions</td>
<td>Anti-Social Peers Cognitions Education</td>
<td>Volunteers</td>
</tr>
<tr>
<td><strong>Arthritis Foundation Walk with Ease</strong>&lt;br&gt;The Arthritis Foundation's Walk with Ease six-week program teaches participants how to safely make physical activity part of everyday life. Backed by studies from the Institute on Aging and Thurston Arthritis Foundation's Research, after completing this program, participants will reduce the pain and discomfort of arthritis; increase balance, strength, and walking pace; build confidence in the ability to be physically active; and improve overall health.</td>
<td>6</td>
<td>All institutions</td>
<td>Medical Recreation/Leisure/Fitness</td>
<td>Contractors Health Services Recreation Unit Team Volunteers</td>
</tr>
<tr>
<td><strong>Beyond Violence: Prevention Program for Criminal-Justice Involved Women</strong>&lt;br&gt;Beyond Violence focuses on anger and utilizes a multi-level approach and evidence-based therapeutic strategies (i.e., psychoeducation, role playing, mindfulness activities, cognitive-behavioral restructuring, and grounding skills for trauma triggers). The program is designed to assist women in understanding trauma, the aspects of anger, and emotional regulation.</td>
<td>40</td>
<td>All female sites</td>
<td>Anger/Hostility Cognitions</td>
<td>Special Population Program Coordinator</td>
</tr>
<tr>
<td><strong>Brain Health as You Age: You can Make A Difference! Improve memory and decision-making</strong>&lt;br&gt;This program fosters self-improvement by providing inmates with knowledge related to brain health and its impact on memory, judgment, decision-making, and overall physical health, as well as the contributory effect brain health has on society as a whole.</td>
<td>5</td>
<td>All institutions</td>
<td>Medical Recreation/Leisure/Fitness</td>
<td>Contractors Health Services Recreation Unit Team Volunteers</td>
</tr>
<tr>
<td>Productive Activities &amp; Descriptions</td>
<td>Hours</td>
<td>Location(s)</td>
<td>Needs Addressed</td>
<td>Program Delivery</td>
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<tr>
<td><strong>Brief CBT for Suicidal Individuals</strong></td>
<td>20</td>
<td>All institutions</td>
<td>Mental Health</td>
<td>Psychology</td>
</tr>
<tr>
<td>This treatment was developed for individuals who are at risk of suicide. Initial focus is crisis intervention such as the development of a safety plan. The protocol also focuses on the development of cognitive strategies to help modify negative thoughts that can lead to self-directed violent behaviors. This treatment can be offered individually or in a group setting.</td>
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<tr>
<td><strong>CBT for Eating Disorders</strong></td>
<td>20</td>
<td>All institutions</td>
<td>Mental Health</td>
<td>Psychology</td>
</tr>
<tr>
<td>Cognitive Behavioral Therapy for Eating Disorders involves assessment, stabilization, and education for individuals who have been diagnosed with an eating disorder. The program focuses on behavioral monitoring, body image concerns, and the development of new skills. It can be offered in an individual or group therapy format over the course of 20 one-hour sessions.</td>
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<tr>
<td><strong>CBT for Insomnia</strong></td>
<td>10</td>
<td>All institutions</td>
<td>Mental Health</td>
<td>Psychology</td>
</tr>
<tr>
<td>Cognitive Behavior Treatment for Insomnia helps to identify maladaptive thoughts and behaviors that can lead to persistent insomnia. This program combines aspects of sleep hygiene, stimulus control, sleep restriction, and cognitive therapy into an integrated approach. It can be offered individually or in a group format.</td>
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<tr>
<td><strong>CBT for Prison Gambling</strong></td>
<td>20</td>
<td>All institutions</td>
<td>Anti-Social Peers Cognitions</td>
<td>Psychology</td>
</tr>
<tr>
<td>This set of four self-guided cognitive-behavioral handouts is designed to help individuals assess their prison gambling behavior and to develop the commitment to quit.</td>
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</tr>
<tr>
<td><strong>Change Plan</strong></td>
<td>15</td>
<td>All female sites</td>
<td>Cognitions Education Mental Health Work</td>
<td>Contractors Education Health Services Psychology Special Population Program Coordinator Unit Team Volunteers</td>
</tr>
<tr>
<td>The Change Plan, a Productive Activity is a follow up to this program and focuses on the goal established in Foundation. As part of the Foundation Program’s Personal Priorities Plan, participants identified three positive changes they wanted to make during incarceration. Change Plan gives participants the opportunity to focus on one of these changes, guiding them through ten evidence-based strategies they can apply to this change.</td>
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<tr>
<td>Productive Activities &amp; Descriptions</td>
<td>Hours</td>
<td>Location(s)</td>
<td>Needs Addressed</td>
<td>Program Delivery</td>
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</tr>
<tr>
<td>Circle of Strength</td>
<td>20</td>
<td>All female sites</td>
<td>Cognitions, Mental Health, Trauma</td>
<td>Psychology, Special Population Program Coordinator, Unit Team</td>
</tr>
<tr>
<td>Circle of Strength is a protocol designed specifically for women in Federal Detention Centers or other short-term settings. It uses a structured format to provide information and resources about topics important to women while encouraging social support among participants.</td>
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<tr>
<td>Disabilities Education Program (DEP)</td>
<td>10</td>
<td>All institutions</td>
<td>Anti-Social Peers, Cognitions, Medical</td>
<td>Reentry Affairs Coordinator, Special Population Program Coordinator</td>
</tr>
<tr>
<td>DEP is a support group designed specifically for inmates living with physical disabilities while in institutions of varying security levels and focusing on reentry concerns. It uses a structured format to provide information and resources about topics important to inmates with varying physical disabilities while encouraging social and peer support among participants.</td>
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<tr>
<td>Drug Education</td>
<td>15</td>
<td>All institutions</td>
<td>Substance Use</td>
<td>Psychology</td>
</tr>
<tr>
<td>This program is designed to encourage participants with a history of drug use to consider the consequences of their drug use and identify their drug treatment needs. Participants are connected with appropriate treatment programs such as the Residential Drug Abuse Program (RDAP) or the Non-Residential Drug Abuse Program (NRDAP).</td>
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<tr>
<td>Embracing Interfaith Cooperation</td>
<td>10</td>
<td>All institutions</td>
<td>Cognitions</td>
<td>Chaplaincy, Contractors, Volunteers</td>
</tr>
<tr>
<td>Embracing Interfaith Cooperation fosters interfaith dialogue, discussion, and understanding. It breaks down stereotypes and barriers for people and communities to serve together toward meeting common civil rights and community goals. The goal of this program is to provide an effective strategy in countering religious discrimination and extremism.</td>
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</tr>
<tr>
<td>English-as-a-Second Language</td>
<td>500</td>
<td>All institutions</td>
<td>Education, Work</td>
<td>Contractors, Education, Volunteers</td>
</tr>
<tr>
<td>English-as-a-Second Language (ESL) is an English language education study program for non-native speakers. Students receive individual attention from their teachers as a part of differentiated learning classroom models driven by individual learning needs. Students learn English in cultural and social contexts found in the community. Classes teach different English language skills according to the students' English ability, interests, and needs. The ESL program teaches the following skills: grammar, reading, comprehension, writing, and vocabulary.</td>
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<tr>
<td><strong>Productive Activities &amp; Descriptions</strong></td>
<td>Hours</td>
<td>Location(s)</td>
<td>Needs Addressed</td>
<td>Program Delivery</td>
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</tr>
<tr>
<td>**Federal Prison Industries (FPI) <strong>&lt;br&gt;Lean Basic Training</strong></td>
<td>16</td>
<td>(51) FPI facilities</td>
<td>Work</td>
<td>FPI</td>
</tr>
<tr>
<td>Lean Basics Training provides the foundation of Lean Six Sigma practice, methodology and experience with basic tools for process improvement. This includes information regarding the development and success of LSS practice as it has evolved in major corporations.</td>
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<tr>
<td><strong>Franklin Covey 7 Habits on the Inside</strong></td>
<td>50</td>
<td>All institutions</td>
<td>Family/Parenting</td>
<td>Unit Team</td>
</tr>
<tr>
<td>This program addresses interpersonal skills impacting relationships. It emphasizes character, integrity, and becoming trustworthy. It helps individuals move from the dependent state to the independent state where they accept responsibility for their thoughts and actions. The ultimate goal of the course leads to improved relationships with family, work, and peers.</td>
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</tr>
<tr>
<td><strong>Getting to Know Your Healthy Aging Body</strong></td>
<td>12</td>
<td>All institutions</td>
<td>Medical Recreation/Leisure/Fitness</td>
<td>Contractors Health Services Recreation Unit Team Volunteers</td>
</tr>
<tr>
<td>This program discusses changes in organs, physique, and other physiological processes as we age. It also helps the aging population understand how to maintain the health of major biological systems. These major biological systems include the cardiovascular, digestive, and renal systems. The program also gives you valuable information on skin, ear and eyes, weight management, and sexual health.</td>
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<tr>
<td><strong>Health and Wellness Throughout the Lifespan</strong></td>
<td>3</td>
<td>All institutions</td>
<td>Medical Recreation/Leisure/Fitness</td>
<td>Contractors Health Services Recreation Unit Team Volunteers</td>
</tr>
<tr>
<td>This program addresses the psychological effects of stress and aging. It explores the developmental psychology of people changing throughout life from infancy, through childhood, adolescence, adulthood, and death with individual needs being met at every stage of growth and development. It stresses the importance of understanding the development and the psychological effects of aging that occurs throughout the human lifespan.</td>
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<tr>
<td><strong>Healthy Steps for Older Adults</strong></td>
<td>3</td>
<td>All institutions</td>
<td>Medical Recreation/Leisure/Fitness</td>
<td>Contractors Health Services Recreation Unit Team Volunteers</td>
</tr>
<tr>
<td>Healthy Steps for Older Adults is an evidenced-based falls prevention program designed to raise participants’ knowledge and awareness of steps to take to reduce falls and improve health and well-being. The goal of the program is to prevent falls, promote health, and ensure that older adults remain as independent as possible for as long as possible.</td>
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<tr>
<td><strong>Productive Activities &amp; Descriptions</strong></td>
<td><strong>Hours</strong></td>
<td><strong>Location(s)</strong></td>
<td><strong>Needs Addressed</strong></td>
<td><strong>Program Delivery</strong></td>
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</tr>
<tr>
<td>Hooked on Phonics</td>
<td>500</td>
<td>All institutions</td>
<td>Dyslexia</td>
<td>Contractors&lt;br&gt;Education&lt;br&gt;Volunteers</td>
</tr>
<tr>
<td>Houses of Healing: A Prisoner's Guide to Inner Power and Freedom</td>
<td>24</td>
<td>All institutions</td>
<td>Cognitions</td>
<td>Chaplaincy&lt;br&gt;Contractors&lt;br&gt;Volunteers</td>
</tr>
<tr>
<td>K2 Awareness Program</td>
<td>5</td>
<td>All institutions</td>
<td>Substance Use</td>
<td>Contractors&lt;br&gt;Custody&lt;br&gt;Education&lt;br&gt;Health Services&lt;br&gt;Reentry Affairs Coordinator&lt;br&gt;Unit Team&lt;br&gt;Volunteers</td>
</tr>
<tr>
<td>Living a Healthy Life with Chronic Conditions</td>
<td>24</td>
<td>All institutions</td>
<td>Medical&lt;br&gt;Recreation/Leisure/Fitness</td>
<td>Contractors&lt;br&gt;Health Services&lt;br&gt;Recreation&lt;br&gt;Unit Team&lt;br&gt;Volunteers</td>
</tr>
<tr>
<td>Managing Your Diabetes</td>
<td>12</td>
<td>All institutions</td>
<td>Medical</td>
<td>Medical&lt;br&gt;Volunteers (with appropriate credentials&lt;br&gt;Nurse/Dietician)</td>
</tr>
</tbody>
</table>

Hooked on Phonics is a program that aides in combating Dyslexia as well as low level readers. Research has shown that combining phonics instruction and reading is the best way to develop a good reader. Reading that includes a high percentage of familiar patterns gives the student the opportunity to read for meaning. Hooked on Phonics includes books and stories woven into the program at the appropriate readability level to provide opportunities for someone to read for meaning and enjoyment.

Houses of Healing is an intervention program that teaches emotional literacy skills. Emotional literacy is the ability to perceive, understand, and communicate emotions with self and to others. Emotional literacy is also consistent with the concept of emotional intelligence—the ability to monitor one’s feelings and emotions, and to use that information to guide thinking and actions.

This program is for individuals suspected of or known to have used K2. It is designed to educate them about the risks of drug use, motivate them to seek drug treatment during their incarceration, and increase their awareness of available treatment resources. The ultimate goal is to reduce K2 use among the inmate population, thereby increasing the safety and security of the institution for staff and inmates.

This program assists participants in improving mental and physical well-being. This program is designed for older adults impacted by chronic conditions. It includes 19 topics with flexibility to modify sessions based on group needs.

Managing Your Diabetes is designed to teach inmates to effectively manage their chronic disease.
<table>
<thead>
<tr>
<th>Productive Activities &amp; Descriptions</th>
<th>Hours</th>
<th>Location(s)</th>
<th>Needs Addressed</th>
<th>Program Delivery</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mindfulness-Based Cognitive Therapy</strong></td>
<td>16</td>
<td>All institutions</td>
<td>Mental Health</td>
<td>Psychology</td>
</tr>
<tr>
<td>Mindfulness-Based Cognitive Therapy is a group intervention aimed at preventing symptom relapse in individuals who have a history of depression and anxiety. In this treatment program, participants learn to engage in daily practice mindfulness skills and cognitive behavioral techniques to treat the symptoms of depression and anxiety.</td>
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<tr>
<td><strong>Narcotics Anonymous</strong></td>
<td>50</td>
<td>All institutions</td>
<td>Substance Use</td>
<td>Volunteers</td>
</tr>
<tr>
<td>This self-help approach to change reduces the likelihood of future drug use. NA can be guided by any Bureau staff member but is essentially a self-help program.</td>
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<tr>
<td><strong>National Diabetes Prevention Program</strong></td>
<td>16</td>
<td>All institutions</td>
<td>Medical Recreation/Leisure/Fitness</td>
<td>Contractors</td>
</tr>
<tr>
<td>This is a preventative program to assist at-risk and older adults in living healthier lifestyles and increasing physical activity. Diabetes can affect persons at all ages, but this program is recommended by the developers for any person over 60, because risk increases with age.</td>
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<td>Medical</td>
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<td>Recreation</td>
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<td>Unit Team</td>
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<td></td>
<td>Volunteers</td>
</tr>
<tr>
<td><strong>PEER</strong></td>
<td>10</td>
<td>All institutions</td>
<td>Anti-Social Peers</td>
<td>Special Population Program</td>
</tr>
<tr>
<td>The Personal Education &amp; Enrichment Resources (PEER) support group is designed for inmates living with cognitive and physical disabilities while in institutions of varying security levels. This facilitator-led group provides information and resources about topics important to inmates with varying disabilities while encouraging social and peer support among participants.</td>
<td></td>
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<td>Coordinator</td>
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<td></td>
<td>Unit Team</td>
</tr>
<tr>
<td><strong>Pu’a Foundation Reentry Program</strong></td>
<td>20</td>
<td>FDC Honolulu</td>
<td>Family/Parenting Trauma</td>
<td>Contractors</td>
</tr>
<tr>
<td>This is a trauma-informed care program for female inmates at FDC Honolulu grounded in Hawaiian culture. The program focuses on families affected by trauma and incarceration with a special emphasis on women, girls, and Native Hawaiian participants.</td>
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<td>Education</td>
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<td></td>
<td>Unit Team</td>
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<td></td>
<td></td>
<td>Volunteers</td>
</tr>
<tr>
<td>Productive Activities &amp; Descriptions</td>
<td>Hours</td>
<td>Location(s)</td>
<td>Needs Addressed</td>
<td>Program Delivery</td>
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<tr>
<td><strong>Resilience Support</strong></td>
<td>8</td>
<td>All institutions</td>
<td>Anti-Social Peers Cognitions</td>
<td>Reentry Affairs Coordinators Special Population Coordinators Unit Team Volunteers</td>
</tr>
<tr>
<td>Resilience Support is a support group designed specifically for veteran inmates living in institutions of varying security levels. It uses a structured format to provide resilience-building skills to veteran inmates of all uniformed services encouraging peer and social support among participants. It emphasizes positive interpersonal relationships, physical and mental wellness, discovery of life purpose and meaning, self-compassion, and personal growth. The support group provides strategies to improve an individual's ability to adapt to adversity.</td>
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<tr>
<td><strong>Service Fit</strong></td>
<td>16</td>
<td>All institutions</td>
<td>Recreation/Leisure/Fitness</td>
<td>Contractors Medical Recreation Reentry Affairs Coordinators Unit Team Volunteers</td>
</tr>
<tr>
<td>This program is an eight-week, uniformed service inspired program designed specifically for inmate veterans. It uses a structured format to provide physical activity supporting a healthy lifestyle while encouraging social and peer support among participants.</td>
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<tr>
<td><strong>Sexual Self-Regulation (SSR)</strong></td>
<td>100</td>
<td>All institutions</td>
<td>Cognitions</td>
<td>Psychology</td>
</tr>
<tr>
<td>The SSR treatment protocol is designed to teach the practice of a set of self-management skills to gain effective control over deviant sexual urges and behaviors. To accomplish this task, participants are required to understand deviant sexual fantasies or urges and the factors that exacerbate or escalate sexual arousal. With this understanding, participants construct a plan to manage recurrent deviant arousal.</td>
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<tr>
<td><strong>Soldier On</strong></td>
<td>15</td>
<td>All institutions</td>
<td>Anti-Social Peers Trauma</td>
<td>Contractors Special Population Program Coordinator Unit Team Volunteers</td>
</tr>
<tr>
<td>Soldier On is a support group designed specifically for veterans living in varying security levels. It uses a structured format to provide information and resources about topics important to veterans of all uniformed services encouraging social and peer support among participants.</td>
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<tr>
<td><strong>Square One: Essentials for Women</strong></td>
<td>12</td>
<td>All female sites</td>
<td>Finance/Poverty Mental Health Recreation/Leisure/Fitness</td>
<td>Business Office Contractors Education Medical Reentry Affairs Coordinators Special Population Program Coordinator Unit Team Volunteers</td>
</tr>
<tr>
<td>Square One is a basic life skills program designed specifically for female offenders. Although any woman may participate, it is designed to meet the needs of lower functioning women or those who have not lived or worked independently. The program adheres to principles associated with cognitive-behavioral approaches.</td>
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<tr>
<td>Productive Activities &amp; Descriptions</td>
<td>Hours</td>
<td>Location(s)</td>
<td>Needs Addressed</td>
<td>Program Delivery</td>
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<tr>
<td>START NOW</td>
<td>32</td>
<td>All institutions (gendered curricula)</td>
<td>Anger/Hostility Cognitions</td>
<td>Contractors Education Health Services Psychology Reentry Affairs Coordinators Special Population Program Coordinator Unit Team Volunteers</td>
</tr>
<tr>
<td>Supported Employment</td>
<td>20</td>
<td>All institutions</td>
<td>Education Mental Health Work</td>
<td>Psychology</td>
</tr>
<tr>
<td>Talking with Your Doctor: Guide for Older Adults</td>
<td>5</td>
<td>All institutions</td>
<td>Medical Recreation/Leisure/Fitness</td>
<td>Education Health Services</td>
</tr>
<tr>
<td>Trauma Education</td>
<td>8</td>
<td>All institutions</td>
<td>Mental Health Trauma</td>
<td>Psychology</td>
</tr>
<tr>
<td>Ultra Key 6: The Ultimate Keyboarding Tutor</td>
<td>20</td>
<td>All institutions</td>
<td>Education Work</td>
<td>Contractors Education</td>
</tr>
</tbody>
</table>

**START NOW**

This program is designed for use in correctional facilities to treat offenders with behavioral disorders and associated behavioral problems. Start Now is designed as a strengths-based approach, focusing on an accepting and collaborative clinical style. It places the primary responsibility for change on the individual. It includes a gender-responsive program that was developed specifically for female offenders.

**Supported Employment**

Supported Employment is designed to carefully match seriously mentally ill (SMI) individuals with competitive job opportunities suitable to their interests and abilities by incorporating therapeutic support through the process of job acquisition and daily performance.

**Talking with Your Doctor: Guide for Older Adults**

This program offers tips on how older adults can prepare for a medical appointment; effectively discuss health concerns; coordinate assistance from family and friends; make decisions with the doctor about treatment; identify appropriate assisted living; and much more.

**Trauma Education**

Trauma in Life (for females) and Traumatic Stress and Resilience (for males) - The purpose of the Trauma Education workshop is to provide information about understanding traumatic experiences, the impact of traumatic experiences, building resilience, and resolving difficulties through treatment. This group is designed to be educational and does not discuss specific personal traumas during group sessions.

**Ultra Key 6: The Ultimate Keyboarding Tutor**

Ultra Key 6 places a strong emphasis on learning proper typing technique and typing accuracy, as well as speed. It emphasizes mastery of correct typing posture and fluent keystroke memory results in improved typing speed with practice. The program is adaptive and allows users to progress at their own pace.
<table>
<thead>
<tr>
<th>Productive Activities &amp; Descriptions</th>
<th>Hours</th>
<th>Location(s)</th>
<th>Needs Addressed</th>
<th>Program Delivery</th>
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</thead>
<tbody>
<tr>
<td><strong>Understanding Your Feelings: Shame and Low Self Esteem</strong></td>
<td>7</td>
<td>All female sites</td>
<td>Cognitions, Mental Health, Trauma</td>
<td>Education, Health Services, Special Population Program Coordinator</td>
</tr>
<tr>
<td>This program helps women evaluate the role of shame and low self-esteem in their lives. Risk factors are identified for each individual, and coping skills to improve self-worth are learned and practiced.</td>
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<tr>
<td><strong>Victim Impact: Listen and Learn</strong></td>
<td>26</td>
<td>All institutions</td>
<td>Cognitions</td>
<td>Health Services Unit Team</td>
</tr>
<tr>
<td>A rehabilitative program that puts &quot;victims first.&quot; Students who participate will be provided with a skillset to understand the impact crimes have on their victims.</td>
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<tr>
<td><strong>Wellness Recovery Action Plan</strong></td>
<td>20</td>
<td>All institutions</td>
<td>Mental Health</td>
<td>Psychology</td>
</tr>
<tr>
<td>The Wellness Recovery Action Plan (WRAP) is a recovery-oriented, evidence-based practice that teaches individuals with a serious mental illness to maintain their recovery through wellness activities and to identify desired treatment and supports prior to crises. It consists of 8 sessions of 2.5 hours each.</td>
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<tr>
<td><strong>Women in the 21st Century Workplace</strong></td>
<td>10</td>
<td>All female sites</td>
<td>Education, Work</td>
<td>Contractors, Education, FPI, Special Population Program Coordinator, Volunteers</td>
</tr>
<tr>
<td>This program addresses workforce and soft skills of women with longer sentences. It is based on a Department of Labor program and adapted for use with incarcerated women. The program identifies women's roles in the modern workforce and assists participants in understanding important job-related skills.</td>
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<tr>
<td><strong>Women's Aging: Aging Well</strong></td>
<td>10</td>
<td>All female sites</td>
<td>Medical, Recreation/Leisure/Fitness</td>
<td>Special Population Program Coordinator, Volunteers</td>
</tr>
<tr>
<td>The Aging Well Program is for incarcerated women ages 45 and up. Its goal is to help women learn valuable information on aging, learn helpful strategies for change, and access the support of positive peers. The program helps women age well in the areas of meaning and purpose, physical health, mental and emotional well-being, healthy relationships, and planning for the future.</td>
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<tr>
<td><strong>Women's Relationships</strong></td>
<td>5</td>
<td>All female sites</td>
<td>Anti-Social Peers, Cognitions, Family/Parenting</td>
<td>Contractors, Education, Special Population Program Coordinator, Volunteers</td>
</tr>
<tr>
<td>This cognitive behavioral therapy group assists women in identifying and developing healthy, prosocial relationships with friends, family, and acquaintances.</td>
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<tr>
<td><strong>Productive Activities &amp; Descriptions</strong></td>
<td><strong>Hours</strong></td>
<td><strong>Location(s)</strong></td>
<td><strong>Needs Addressed</strong></td>
<td><strong>Program Delivery</strong></td>
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</tr>
<tr>
<td>Women’s Relationships II</td>
<td>74</td>
<td>All female sites</td>
<td>Anti-Social Peers</td>
<td>Contractors</td>
</tr>
<tr>
<td></td>
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<td></td>
<td>Cognitions</td>
<td>Education</td>
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<td>Family/Parenting</td>
<td>Special Population</td>
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<td>Trauma</td>
<td>Program Coordinator</td>
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<td></td>
<td></td>
<td>Volunteers</td>
</tr>
<tr>
<td>Women's Reflections Group</td>
<td>36</td>
<td>All female sites</td>
<td>Anti-Social Peers</td>
<td>Special Population</td>
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<td></td>
<td>Cognitions</td>
<td>Program Coordinator</td>
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<td>Reentry Affairs</td>
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<td>Coordinator</td>
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</table>

**Women’s Relationships II**

This seven-part gender responsive and trauma informed series for women examines the relationships of incarcerated women. The program explores self-image, connections with others, building healthy relationships, communication techniques and the transitioning of relationships.

**Women’s Reflections Group**

The Women’s Reflections Group targets women who are struggling to make good choices, may be transitioning from special housing, or are experiencing difficulty addressing environmental stressors. The program gives incarcerated women a safe and comfortable place where they can process problems and emotional concerns they are experiencing and gain tools needed to work toward solving these problems. Members gain insight into their own thoughts and behavior.
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Specific information for each location can be found: [https://www.bop.gov/locations/list.jsp](https://www.bop.gov/locations/list.jsp)
# Residential Drug Abuse Programs (RDAP) and Locations

## NORTHEAST REGION
- FCI Allenwood – L (PA)
- FCI Allenwood – M (PA)
- USP Canaan (PA)
- FCI Danbury (CT)
- FCI Elkton (OH)
- FCI Fairton (NJ)
- FCI Fort Dix 1 (NJ)
- FCI Fort Dix 2 (NJ)
- SCP Lewisburg (PA)
- SCP McKean (PA)
- FCI Schuylkill (PA)

## MID-ATLANTIC REGION
- FPC Alderson (WV) ♠
- FCI Beckley (WV)
- USP Big Sandy (KY)
- FCI-I Butner (NC)
- FCI-II Butner (NC)
- FCI Cumberland (MD)
- SCP Cumberland (MD)
- FMC Lexington 1 (KY)
- FMC Lexington 2 (KY) ♠
- FCI Memphis (TN)
- FCI Morgantown (WV)
- FCI Petersburg – L (VA)
- FCI Petersburg – M (VA)

## SOUTHEAST REGION
- FCI Coleman – L (FL)
- USP-II Coleman (FL)
- SCP Edgefield (SC)
- FSL Jesup (GA)
- FCI Marianna (FL)
- FCI Miami 1 (FL) ¥
- FCI Miami 2 (FL) ¥
- SCP Miami (FL)
- FPC Montgomery 1 (AL)
- FPC Montgomery 2 (AL)
- FPC Pensacola (FL)
- FCI Tallahassee (FL) ♠
- FCI Yazoo City – L (MS)

## NORTH CENTRAL REGION
- FPC Duluth (MN)
- FCI Englewood (CO)
- FCI Florence (CO)
- SCP Florence (CO)
- SCP Greenville (IL) ♠
- USP Leavenworth (KS)
- SCP Leavenworth (KS)
- USP Marion (IL)
- FCI Milan (MI)
- FCI Oxford (WI)
- FCI Sandstone (MN)
- MCFP Springfield (MO) ♠
- FCI Terre Haute (IN)
- FCI Waseca (MN) ♠
- FPC Yankton (SD)

## SOUTH CENTRAL REGION
- FCI Bastrop (TX)
- FCI Beaumont – L (TX)
- FCI Beaumont – M (TX)
- SCP Beaumont (TX)
- USP Beaumont (TX)
- FPC Bryan (TX) ♠
- FMC Carswell 1 (TX) ★★
- FMC Carswell 2 (TX) ★ ¥
- FCI El Reno (OK)
- FCI Forrest City – L (AR)
- FCI Forrest City – M (AR)
- FMC Fort Worth (TX)
- FCI LaTuna (TX)
- FCI Seagoville (TX)
- SCP Texarkana (TX)

## WESTERN REGION
- FCI Dublin (CA) ♠
- FCI Herlong (CA)
- FCI Lompoc (CA)
- FCI Phoenix (AZ)
- SCP Phoenix (AZ) ♠
- FCI Safford (AZ)
- FCI Sheridan (OR)
- SCP Sheridan 1 (OR)
- SCP Sheridan 2 (OR)
- FCI Terminal Island 1 (CA)
- FCI Terminal Island 2 (CA) ★

## KEY
- FCI = Federal Correctional Institution
- FMC = Federal Medical Center
- FPC = Federal Prison Camp
- FSL = Federal Satellite Low
- MCFP = Medical Center for Federal Prisoners
- SCP = Satellite Camp
- SFF = Secure Female Facility
- USP = U.S. Penitentiary

- ♠ Female Facility
- ★ Co-occurring Disorder Program
- ¥ Spanish Program

79 RDAPs at 71 Locations

RDAPs in Red are at the same facility

Updated: 1/25/2022