

Federal Bureau of Prisons - National Menu Breakfast FY 2027

BREAKFAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
♥Fruit ♥Hot Grits ♥Whole Wheat Bread and ♥RS Jelly (2) ♥Whole Milk ♥Coffee	♥Fruit ♥Hot Oatmeal ♥Scrambled Eggs #or Tofu Scramble ♥Whole Wheat Bread and ♥RS Jelly (2) ♥Whole Milk	♥Fruit ♥Bran Flakes ♥Boiled Eggs (2) #or Peanut Butter ♥Whole Wheat Bread and ♥RS Jelly (2) ♥Whole Milk	♥Fruit ♥Hot Oatmeal ♥Scrambled Eggs #or Tofu Scramble ♥Whole Wheat Bread and ♥RS Jelly (2) ♥Whole Milk	♥Fruit ♥Bran Flakes ♥Boiled Eggs (2) #or Peanut Butter ♥Whole Wheat Bread and ♥RS Jelly (2) ♥Whole Milk	♥Fruit ♥Hot Oatmeal ♥Scrambled Eggs #or Tofu Scramble ♥Whole Wheat Bread and ♥RS Jelly (2) ♥Whole Milk	♥Fruit ♥Hot Oatmeal ♥Whole Wheat Bread and ♥RS Jelly (2) ♥Whole Milk ♥Coffee

Federal Bureau of Prisons - National Menu Lunch and Dinner FY 2027

Week 1

Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
♥White Chicken Chili #or Three Bean Chili ♥Steamed Rice ♥Whole Kernel Corn Cornbread or ♥Whole Wheat Bread ♥Fruit ♥Beverage	Southwest Chkn Wrap ♥or Chicken & Veggies #or Southwest Tofu Wrap ♥Red Beans & Rice ♥Coleslaw ♥Fruit ♥Beverage	BKD Chicken Patty Sandwich ♥#or Chickpea Burger ♥Steamed Rice ♥Pinto Beans ♥Lettuce/Tomato Mayonnaise ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Hamburger #or Black Bean Burger ♥Oven Brown Potatoes ♥Lettuce/Tomato ♥Sliced Red Onions ♥Catsup & Mustard ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Baked Chicken #or Pinto Beans ♥Baked Sweet Potato ♥Green Beans ♥Whole Wheat Bread ♥Butter Pat ♥Fruit ♥Beverage	♥Baked Fish #or Baked Beans Macaroni & Cheese or ♥Garlic Macaroni ♥Carrots Tartar Sauce ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Chicken Breast Sandwich #or Hummus Wrap ♥Baked Sweet Potato ♥Green Beans ♥Lettuce/Tomato Mayonnaise ♥WW Hamburger Bun ♥Butter Pat ♥Fruit ♥Beverage
Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner
Meatloaf ♥#or Black Eyed Peas ♥Mashed Potatoes ♥Green Beans Brown Gravy ♥Whole Wheat Bread ♥Beverage	♥Turkey Roast #or Navy Beans ♥Steamed Rice ♥Green Peas Brown Gravy ♥Whole Wheat Bread ♥Beverage	Shepherd's Pie ♥#or Black Eyed Peas ♥Pinto Beans ♥Garden Salad ♥Dressing, Assorted Cornbread or ♥Whole Wheat Bread ♥Beverage	♥Black Bean Soup ♥Beef Taco Salad #or Chickpea Taco Salad Shredded Cheese ♥Salsa ♥Beverage	♥Chicken Fajita #or Tofu Fajita ♥Cilantro Rice ♥Black Beans ♥Whole Kernel Corn ♥Salsa ♥Beverage	♥Meat Sauce #or Chickpea Marinara ♥Pasta ♥Spinach ♥Garden Salad ♥Dressing, Assorted Garlic Bread or ♥Whole Wheat Bread ♥Beverage	♥Vegetable Soup ♥Chicken Salad #or Hummus ♥Baked Potato ♥Butter Pat ♥Lettuce Leaf ♥Whole Wheat Bread (2) ♥Beverage

Indicates No Flesh Entree Item, ♥ Indicates Heart Healthy.

Federal Bureau of Prisons - National Menu Lunch and Dinner FY 2027

Week 2

Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
♥Sloppy Joe #or Kidney Beans ♥Oven Brown Potatoes ♥Carrots ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Chicken Tacos #or Chickpea Tacos ♥Cilantro Rice ♥Black Beans ♥Whole Kernel Corn ♥Taco Shells (2) ♥Salsa ♥Fruit ♥Beverage	BKD Chicken Patty Sandwich ♥#or Chickpea Burger ♥Steamed Rice ♥Pinto Beans ♥Spinach ♥Lettuce/Tomato Mayonnaise ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Hamburger #or Black Bean Burger ♥Baked Potato ♥Butter Pat ♥Lettuce/Tomato ♥Sliced Red Onions ♥Catsup & Mustard ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Baked Chicken #or PB & RS Jelly Sand. (2) ♥Mashed Potatoes ♥Carrots Chicken Gravy ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Baked Fish #or Hummus ♥Cilantro Rice ♥Pinto Beans Tartar Sauce ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Chicken Ala King #or Kidney Beans ♥Steamed Rice ♥Green Peas ♥Whole Wheat Bread ♥Fruit ♥Beverage
Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner
♥Chicken Alfredo #or Tofu & Vegetables ♥Spaghetti Pasta ♥Green Peas ♥Whole Wheat Bread ♥Beverage	Cheese Pizza ♥#or Navy Beans ♥Pasta w/ Marinara ♥Garden Salad ♥Dressing, Assorted ♥Beverage	Beef Stroganoff ♥#or Lentils ♥Steamed Rice ♥Green Peas ♥Whole Wheat Bread ♥Beverage	♥Pork Tacos #or Tofu Tacos ♥Cilantro Slaw Mexican Rice or ♥Steamed Rice ♥Black Beans ♥Whole Kernel Corn ♥Beverage	♥Cream of Potato Soup Chef Salad ♥#or Tofu Chef Salad ♥Beets (Cold) ♥Dressing, Assorted ♥Whole Wheat Bread (2) ♥Beverage	Lasagna w/Meat #or ♥Pasta Fazool ♥Spinach ♥Garden Salad ♥Dressing, Assorted Garlic Bread or ♥Whole Wheat Bread ♥Beverage	Chicken Cheese Steak ♥#or Navy Beans ♥Garlic Macaroni ♥Carrots ♥WW Hot Dog Bun ♥Beverage

Indicates No Flesh Entree Item, ♥ Indicates Heart Healthy.

Federal Bureau of Prisons - National Menu Lunch and Dinner FY 2027

Week 3

Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
♥Loaded Taco Baked Potato #or Loaded Chickpea BKD Potato ♥Black Beans ♥Whole Kernel Corn ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Creole Chicken Wrap #or Creole Tofu Wrap ♥Rice Pilaf ♥Kidney Beans ♥Fruit ♥Beverage	♥Chicken Breast Sandwich #or Chickpea Burger ♥Garlic Macaroni ♥Green Peas ♥Lettuce/Tomato Mayonnaise ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Hamburger #or Black Bean Burger ♥Oven Brown Potatoes ♥Lettuce/Tomato ♥Sliced Red Onions ♥Catsup & Mustard ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Baked Chicken #or PB & RS Jelly Sand. (2) Macaroni & Cheese or ♥Garlic Macaroni ♥Mixed Vegetables ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Baked Fish #or Black Beans ♥Rice Pilaf ♥Spinach ♥Coleslaw Tartar Sauce ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Chicken Fajita #or Tofu Fajita ♥Cilantro Rice ♥Black Beans ♥Whole Kernel Corn ♥Salsa ♥Fruit ♥Beverage
Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner
♥Turkey Roast #or Navy Beans ♥Mashed Potatoes Brown Gravy ♥Carrots ♥Whole Wheat Bread ♥Beverage	♥Chili #or Three Bean Chili ♥Steamed Rice ♥Mixed Vegetables Cornbread or ♥Whole Wheat Bread ♥Butter Pat ♥Beverage	♥Pepper Steak #or Lentils ♥Steamed Rice ♥Green Beans ♥Whole Wheat Bread ♥Beverage	♥Pork Roast #or Lentils ♥Mashed Potatoes Brown Gravy ♥Mixed Vegetables ♥Whole Wheat Bread ♥Beverage	♥Chicken Alfredo #or Tofu & Vegetables ♥Spaghetti Pasta ♥Green Peas ♥Whole Wheat Bread ♥Beverage	♥Black Bean Soup ♥Beef Taco Salad #or Chickpea Taco Salad Shredded Cheese ♥Salsa ♥Beverage	Meatloaf ♥#or Lentils ♥Mashed Potatoes ♥Mixed Vegetables Brown Gravy ♥Whole Wheat Bread ♥Beverage

Indicates No Flesh Entree Item, ♥ Indicates Heart Healthy.

Federal Bureau of Prisons - National Menu Lunch and Dinner FY 2027

Week 4

Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
♥Sloppy Joe #or Kidney Beans ♥Oven Brown Potatoes ♥Carrots ♥WW Hamburger Bun ♥Fruit ♥Beverage	Baked Caesar Chicken ♥#or Baked Beans ♥Baked Potato ♥Garden Salad ♥Dressing, Assorted ♥Whole Wheat Bread ♥Butter Pat ♥Fruit ♥Beverage	BKD Chicken Parmesan ♥#or Chickpea Burger ♥Pasta w/ Marinara ♥Spinach Garlic Bread or ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Hamburger #or Black Bean Burger ♥Baked Potato ♥Butter Pat ♥Lettuce/Tomato ♥Sliced Red Onions ♥Catsup & Mustard ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Baked Chicken #or PB & RS Jelly Sand. (2) ♥Baked Sweet Potato ♥Green Beans ♥Garden Salad ♥Dressing, Assorted ♥Whole Wheat Bread ♥Butter Pat ♥Fruit ♥Beverage	♥Baked Fish #or Hummus ♥Cilantro Rice ♥Pinto Beans Tartar Sauce ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Chicken Pot Pie #or Kidney Beans ♥Steamed Rice ♥Green Beans ♥Fruit ♥Beverage
Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner
♥Chicken Fried Rice #or Tofu Fried Rice ♥Pinto Beans ♥Carrots ♥Beverage	♥Pork Tacos #or Tofu Tacos ♥Cilantro Slaw Mexican Rice or ♥Steamed Rice ♥Black Beans ♥Whole Kernel Corn ♥Beverage	Cheese Pizza ♥#or Navy Beans ♥Garlic Macaroni ♥Green Beans ♥Garden Salad ♥Dressing, Assorted ♥Beverage	♥Meat Sauce #or Chickpea Marinara ♥Pasta ♥Spinach ♥Garden Salad ♥Dressing, Assorted Garlic Bread or ♥Whole Wheat Bread ♥Beverage	♥Turkey Roast #or Navy Beans ♥Steamed Rice ♥Green Peas Brown Gravy ♥Whole Wheat Bread ♥Beverage	Chicken Cheese Steak ♥#or Navy Beans ♥Garlic Roasted Potatoes ♥Carrots ♥WW Hot Dog Bun ♥Beverage	Meatloaf ♥#or Three Bean Chili ♥Mashed Potatoes Brown Gravy ♥Whole Kernal Corn ♥Whole Wheat Bread ♥Beverage

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Federal Bureau of Prisons - National Menu Lunch and Dinner FY 2027

Week 5

Sunday Lunch	Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch	Saturday Lunch
♥Beef Tacos #or Chickpea Tacos ♥Black Beans ♥Whole Kernel Corn ♥Taco Shells (2) Shredded Cheese ♥Salsa ♥Fruit ♥Beverage	Chili Cheese Baked Potato ♥#or Three Bean Chili ♥W/Baked Potato ♥Carrots ♥Whole Wheat Bread ♥Fruit ♥Beverage	♥Chicken Breast Sandwich #or Chickpea Burger ♥Steamed Rice ♥Pinto Beans ♥Lettuce/Tomato Mayonnaise ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Hamburger #or Black Bean Burger ♥Oven Brown Potatoes ♥Lettuce/Tomato ♥Sliced Red Onions ♥Catsup & Mustard ♥WW Hamburger Bun ♥Fruit ♥Beverage	♥Baked Chicken #or Black Beans ♥Baked Sweet Potato ♥Mixed Vegetables ♥Whole Wheat Bread ♥Butter Pat ♥Fruit ♥Beverage	♥Baked Fish #or Baked Beans ♥Rice Pilaf ♥Spinach ♥Coleslaw Tartar Sauce ♥Whole Wheat Bread ♥Fruit ♥Beverage	Beef Nachos ♥#or Three Bean Chili ♥Whole Kernel Corn ♥Pinto Beans ♥Salsa ♥Fruit ♥Beverage
Sunday Dinner	Monday Dinner	Tuesday Dinner	Wednesday Dinner	Thursday Dinner	Friday Dinner	Saturday Dinner
♥Turkey Roast #or Navy Beans ♥Mashed Potatoes Brown Gravy ♥Carrots ♥Whole Wheat Bread ♥Beverage	♥Pepper Steak #or Lentils ♥Steamed Rice ♥Green Beans ♥Whole Wheat Bread ♥Beverage	*Pork Italian Sausage ♥#or Lentils ♥Oven Brown Potatoes ♥Diced Onions & Peppers ♥Mixed Vegetables ♥Catsup & Mustard ♥WW Hot Dog Bun ♥Beverage	♥Old Fshnd. Bean Soup Chef Salad ♥#or Tofu Chef Salad ♥Beets (Cold) ♥Dressing, Assorted ♥Whole Wheat Bread (2) ♥Beverage	Steak & Cheese Sub ♥#or Kidney Beans ♥Baked Potato ♥Butter Pat ♥Green Beans ♥WW Hot Dog Bun ♥Beverage	♥Chicken Alfredo #or Tofu & Vegetables ♥Spaghetti Pasta ♥Green Beans ♥Whole Wheat Bread ♥Beverage	Chicken Cheese Steak ♥#or Navy Beans ♥Garlic Macaroni ♥Carrots ♥WW Hot Dog Bun ♥Beverage

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