

# Federal Bureau of Prisons

## FY 2021 Certified Religious Diet Menu

### Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute
Whole Fresh Fruit H-Spanish Omelet K-Spanish Omelet 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine Kosher Beverage	H-Beans and Franks K-Beans and Franks 2 Mustard 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Sardines 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Kosher Dessrt, IW or Whole Fresh Fruit Kosher Beverage	H-Beef Meatloaf K-Beef Meatloaf 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	# # 4oz Peanut Butter 4 Pkg Jelly 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 1 Margarine Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage	H-Chicken Wings K-Chicken Wings 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg H-Bologna 1 Pkg K-Bologna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage
H-Spaghetti & Meatballs K-Spaghetti & Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Fish Fillet K-Fish Fillet 2 Tartar Sauce 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage Garden Salad Ind. Dressing Low Cal	H-Turkey Cutlet K-Turkey Cutlet 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Ckn Cacciatore K-Ckn Cacciatore 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	Soy Veg. Lasagna 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Meatballs K-Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Tuna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage

-Tray contents, # Indicates No Flesh Entree Item, **Garden Salad may not meet religious dietary needs.**

Institutions serving satellite meals or other areas with restricted access to hot water may substitute hot cereals with Pkg Bran Cereal.

- Certified Boneless Chicken Meal may be served in **Satellite Feeding Situations** in place of Certified Chicken Wing Meal.

# Federal Bureau of Prisons

## FY 2021 Certified Religious Diet Menu

### Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute
Whole Fresh Fruit H-Cheese Omelet K-Cheese Omelet 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine Kosher Beverage	# 4oz Peanut Butter 4 Pkg Jelly 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Sardines 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage	H-Chicken Wings K-Chicken Wings 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Tuna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage	H-Beans and Franks K-Beans and Franks 2 Mustard 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg H-Bologna 1 Pkg K-Bologna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage
H-Fish Fillet K-Fish Fillet 2 Tartar Sauce 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage Garden Salad Ind. Dressing Low Cal	H-Meatballs K-Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Beef Meatloaf K-Beef Meatloaf 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Ckn Chow Mein K-Ckn Chow Mein 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage Garden Salad Ind. Dressing Low Cal	Pasta w/Veg. Sauce 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Spaghetti & Meatballs K-Spaghetti & Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage Garden Salad Ind. Dressing Low Cal	1 Pkg Tuna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage

-Tray contents, # Indicates No Flesh Entree Item, **Garden Salad may not meet religious dietary needs.**

Institutions serving satellite meals or other areas with restricted access to hot water may substitute hot cereals with Pkg Bran Cereal.

- Certified Boneless Chicken Meal may be served in **Satellite Feeding Situations** in place of Certified Chicken Wing Meal.

# Federal Bureau of Prisons

## FY 2021 Certified Religious Diet Menu

### Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute
Whole Fresh Fruit H-Spanish Omelet K-Spanish Omelet 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine Kosher Beverage	1 Pkg Tuna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage	# 4oz Peanut Butter 4 Pkg Jelly 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 1 Margarine Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage	H-Beans and Franks K-Beans and Franks 2 Mustard 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Sardines 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage	H-Chicken Wings K-Chicken Wings 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg H-Bologna 1 Pkg K-Bologna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage
H-Fish Fillet K-Fish Fillet 2 Tartar Sauce 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Meatballs K-Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Turkey Cutlet K-Turkey Cutlet 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Spaghetti & Meatballs K-Spaghetti & Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Ckn Chow Mein K-Ckn Chow Mein 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Beef Meatloaf K-Beef Meatloaf 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Tuna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage

-Tray contents, # Indicates No Flesh Entree Item, **Garden Salad may not meet religious dietary needs.**

Institutions serving satellite meals or other areas with restricted access to hot water may substitute hot cereals with Pkg Bran Cereal.

- Certified Boneless Chicken Meal may be served in **Satellite Feeding Situations** in place of Certified Chicken Wing Meal.

# Federal Bureau of Prisons

## FY 2021 Certified Religious Diet Menu

### Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute
Whole Fresh Fruit H-Spanish Omelet K-Spanish Omelet 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine Kosher Beverage	H-Beans and Franks K-Beans and Franks 2 Mustard 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage Garden Salad Ind. Dressing Low Cal	1 Pkg Sardines 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage	H-Beef Meatloaf K-Beef Meatloaf 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	Soy Veg. Lasagna 2 Slices Bread 1 Margarine Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage Garden Salad Ind. Dressing Low Cal	H-Chicken Wings K-Chicken Wings 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg H-Bologna 1 Pkg K-Bologna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage
H-Spaghetti & Meatballs K-Spaghetti & Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Fish Fillet K-Fish Fillet 2 Tartar Sauce 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Turkey Cutlet K-Turkey Cutlet 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Ckn Cacciatore K-Ckn Cacciatore 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage Garden Salad Ind. Dressing Low Cal	# 4oz Peanut Butter 4 Pkg Jelly 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Meatballs K-Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Tuna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage

-Tray contents, # Indicates No Flesh Entree Item, **Garden Salad may not meet religious dietary needs.**

Institutions serving satellite meals or other areas with restricted access to hot water may substitute hot cereals with Pkg Bran Cereal.

- Certified Boneless Chicken Meal may be served in **Satellite Feeding Situations** in place of Certified Chicken Wing Meal.

# Federal Bureau of Prisons

## FY 2021 Certified Religious Diet Menu

### Week 5

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Farina 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine 2 Sugar Substitute	Whole Fresh Fruit 1 Pkg Dry Cereal 2 Slices Bread 2 Cups Skim Milk 1 Cup Coffee 2 Pkg Jelly 1 Margarine 2 Sugar Substitute
Whole Fresh Fruit H-Cheese Omelet K-Cheese Omelet 1 Pkg Oatmeal 2 Slices Bread 2 Cups Skim Milk 2 Pkg Jelly 1 Margarine Kosher Beverage	# 4oz Peanut Butter 4 Pkg Jelly 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Sardines 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage	H-Chicken Wings K-Chicken Wings 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Tuna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Kosher Dessert, IW or Whole Fresh Fruit Kosher Beverage	H-Beans and Franks K-Beans and Franks 2 Mustard 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg H-Bologna 1 Pkg K-Bologna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage
H-Fish Fillet K-Fish Fillet 2 Tartar Sauce 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Meatballs K-Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Spaghetti & Meatballs K-Spaghetti & Meatballs 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Ckn Chow Mein K-Ckn Chow Mein 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	Pasta w/Veg. Sauce 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	H-Beef Meatloaf K-Beef Meatloaf 2 Slices Bread 1 Margarine Whole Fresh Fruit Kosher Beverage	1 Pkg Tuna 1 Pkg Potato Chips 1 Vegetable Juice 2 Slices Bread 2 Salad Dressing 2 Mustard Whole Fresh Fruit Kosher Beverage

-Tray contents, # Indicates No Flesh Entree Item, **Garden Salad may not meet religious dietary needs.**

Institutions serving satellite meals or other areas with restricted access to hot water may substitute hot cereals with Pkg Bran Cereal.

- Certified Boneless Chicken Meal may be served in **Satellite Feeding Situations** in place of Certified Chicken Wing Meal.