

FACE COVERING WEAR 101

Why should I wear a Face Covering?

- Contains the spread of respiratory droplets from you to others
- Respiratory droplets are put in the air when people
 - ✓ Talk
 - ✓ Cough
 - ✓ Sneeze

When/Where should I wear Face coverings?

- When social distancing (6 feet from others) cannot be maintained with another individual
- When in Common Areas (hallways, meeting rooms, kitchens, snack room, *etc.*)

What kind/type of Face Coverings should I use?

- 2 layered cloth face coverings are recommended
- Do not recommend *single* layer face coverings (including balaclava or neck gaiters)
- Surgical masks and N-95 respirators are reserved for environments the Agency has designated the need for that PPE
- Face coverings with an exhalation valves or vents are NOT recommended
 - While, the vents on masks and face coverings make it easier to exhale, it defeats the requirement of face covering/mask wear since it facilitates escape of your respiratory droplets into the environment and potentially to another person.

How to Wear my Face Coverings

- Wash hands before putting on a face covering
- Always use same side for contact with nose and mouth
- Avoid touching the side of the covering that touches the face.
- Place completely over nose and mouth and secure it under chin while fitting it snugly against the sides of the face
- Handle face coverings only by the ear loops or ties
- Do Not pull it down to talk (this defeats the purpose)
- When removing Face Coverings, stretch the ear loops over ears
 - If face covering has strings, untie the strings behind head
- Fold outside corners together to prevent contamination of surface
- Be careful not to touch eyes, nose, and mouth when removing and wash hands immediately after removing.

Washing of Face coverings

- Daily
- Should follow manufacturer's instructions regarding care.

