

Certified Religious Diet Specifications Quote Sheet

Institution _____

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Quarter: _____

Updated October 2014

Religious Certification Requirements for Meals

All items offered on this bid must be certified by an accepted Orthodox Kosher certification agency from the United States or Canada, such as: OU - Union of Orthodox Jewish Congregations; OK - Organized Kashrus Laboratories; Star K, KOF-K; KAJ - K'hal Adas Jeshurun; OKS - Organization of Orthodox Kashrus Supervision; OV - Vaad Hoer of Saint Louis; CRC - Central Rabbinical Congress of the USA and Canada; CRC - Chicago Rabbinical Counsel; or Kosher Overseers of America. Quoters will include a letter of certification from the religious certification agency dated no more than 11 months from the date of the quote provided.

General Meal Specifications - Items 1 through 15

- 1) The tray for all meals will be:
 - a) Made with non-metallic packaging that allows microwave and conventional oven heating and be heat sealed directly to the tray with clear plastic and wrapped with a separate sealed clear plastic wrapper which encloses the entire tray.
 - b) A three compartment tray with a large compartment of 21 fluid ounces and two compartments of 6 fluid ounces each.
- 2) All Meals will contain the food products per the individual product specification including the stated volume and/or weight of item as listed.
- 3) No substitutions may be made to the meats, vegetables, starches, sauces or preparation methods.
- 4) Meals (items 1 through 16) may be quoted as frozen and/or shelf stable products. Pricing must be identifiable as either frozen or shelf stable.
- 5) Each individual meal must be marked with the certification symbol from the religious certification agency.
- 6) Heating directions must be provided for various wattage microwaves or oven heating including recommended method.
- 7) Mixed Vegetables will contain carrots, corn, peas, green beans, and lima beans with:
 - a) Not more than 40 percent by weight carrots.
 - b) Not more than 40 percent by weight corn (sweet, golden or yellow, whole kernel com).
 - c) Not more than 40 percent by weight green peas.
- 8) Peas and Carrots will contain:
 - a) Not more than 40 percent by weight carrots.
 - b) Not more than 40 percent by weight green peas.
- 9) Mashed Potatoes will be made with commercially prepared potato flakes without peel, adding only water according to the manufacturers' preparation instructions; or fresh potatoes prepared using only water and spices with only the amount of binder which will ensure the product does separate in processing. No extenders of any type are allowed.
- 10) Tomato Sauce will be commercially prepared or crushed and/or pureed tomatoes, tomato paste and spices using only the amount of binder required to ensure the product does not separate during processing.

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No.	Description	Unit of Issue	Amount Needed	Price Per Unit	Total
1	<p>Kosher Parve - 14 ounce Fish Fillet Meal consisting of: - 4 ounce-weight Fish Fillet cut from solid muscle fillet block pollack, whiting, flounder, cod, tilapia: or other white fish flesh fillet (not Breaded) - 2 ounce-weight Tomato Sauce - 4 ounce-weight White Rice - 4 ounce-weight Mature Lima Beans</p>	EA			
2	<p>Kosher Meat - 18 Ounce Beans and Franks Meal consisting of: - 4 ounce Beef Franks or Cocktail Franks no artificial colors, - 8 ounce-weight Vegetarian Beans w/Tomato Sauce - 6 ounce-weight Diced Potatoes Note: The finished product of the Beef Frank may not contain more than 3.5% of a non dairy- non-meat binders and extenders or 2% isolated soy protein may be used, but must be shown in the ingredients statement on the product's label by its common name.</p>	EA			
3	<p>Kosher Meat - 16 ounce Chicken Patty Meal consisting of: - 4 ounce-weight Chicken Patty made from chunked and formed white meat (not from mechanically deboned meat). Breaded (Combined breading and added ingredients may not exceed 35% including no more than 5% soy used as a stabilizer) - 2 ounce-weight Chicken Gravy - 6 ounce-weight Mashed Potatoes, - 4 ounce-weight Mixed Vegetables.</p>	EA			

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4	<p>Kosher Meat - 20 Ounce Chicken Cacciatore Meal consisting of: Chicken Cacciatore made from: - 4 ounce-weight Breaded Chicken Nuggets made from chunked and formed white meat, (not from mechanically de-boned meat), Breaded (Combined breading and added ingredients may not exceed 35% including no more than 5% soy used as a stabilizer) - 4 ounce-weight Tomato Sauce - 4 ounce-weight Diced Tomatoes - 1/2 ounce-weight Mushrooms - 1/2 ounce-weight diced Onion, Garlic, spices and vegetable oil - 3 ounce-weight Pasta Macaroni - 4 ounce-weight Sliced or Diced Carrots</p>	EA			
5	<p>Kosher Meat - 20 Ounce Chicken Chow Mein Meal consisting of: Chicken Chow Mein entree made from: - 4 ounce-weight Breaded Chicken Nuggets made from chunked and formed white meat (not from mechanically de-boned meat), Breaded (Combined breading and added ingredients may not exceed 35% including no more than 5% soy used as a stabilizer) - 6 ounce-weight Gravy thickened w/corn starch - 1 ounce-weight Celery, Bell Pepper and Onion - 2 ounce-weight Green Beans - 3.5 ounce-weight White Rice - 3.5 ounce-weight Sweet Peas and Carrots</p>	EA			

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6	<p>Kosher Meat - 16 Ounce Turkey Cutlet Meal consisting of:</p> <ul style="list-style-type: none"> - 4 ounce-weight Turkey Cutlet made from chunked and formed white meat (not from mechanically deboned meat), Breaded (Combined breading and added ingredients may not exceed 35% including no more than 5% soy used as a stabilizer) - 2 ounce-weight Gravy - 6 ounce-weight Mashed Potatoes - 4 ounce-weight Mixed Vegetables. 	EA			
7	<p>Kosher Meat - 16 Ounce Meatloaf Meal consisting of:</p> <ul style="list-style-type: none"> - 4 ounce-weight Meatloaf (made with ground beef with not more than: 20% fat; 20% added ingredients) - 2 ounce-weight Brown Gravy - 6 ounce-weight Mashed Potatoes - 4 ounce-weight Mixed Vegetables <p>Note: The finished product of the Meatloaf may not contain more than 3.5% of a non dairy- non-meat binders and extenders or 2% isolated soy protein may be used, but must be shown in the ingredients statement on the product's label by its common name.</p>	EA			
8	<p>Kosher Meat - 16 Ounce Salisbury Steak Meal consisting of:</p> <ul style="list-style-type: none"> - 4 ounce-weight Salisbury Steak (made with ground beef with not more than: 20% fat; 20% added ingredients) - 2 ounce-weight Brown Gravy - 6 ounce-weight Mashed Potatoes - 4 ounce-weight Mature Lima Beans <p>Note: The finished product of the Salisbury Steak may not contain more than 3.5% of a non dairy- non-meat binders and extenders or 2% isolated soy protein may be used, but must be shown in the ingredients statement on the product's label by its common name.</p>	EA			

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9	<p>Kosher Meat - 20 Ounce Spaghetti and Meatballs Meal consisting of:</p> <ul style="list-style-type: none"> - 4 ounce-weight cooked Beef Meatballs (made with ground beef with not more than: 20% fat; 20% added ingredients ;) - 5 ounce-weight Spaghetti Pasta - 3 ounce-weight Tomato Sauce - 8 ounce-weight Sweet Peas <p>Note: The finished product of the Meatball may not contain more than 3.5% of a non dairy- non-meat binders and extenders or 2% isolated soy protein may be used, but must be shown in the ingredients statement on the product's label by its common name.</p>	EA			
10	<p>Kosher Parve - 13 Ounce Vegetable Protein Cutlet Meal consisting of:</p> <ul style="list-style-type: none"> - 3.6 ounce-weight (minimum) Vegetable Protein Cutlet. Product not to exceed 260 mg sodium must have a minimum of 12g protein and not less than 5g of dietary fiber. (Must use soy protein concentrate for at least 70% of the Protein requirement) Product must be coated with batter mix or bread crumbs not to exceed 30% of total weight. - 2 ounce-weight Mushroom Gravy - 3.4 ounce-weight White Rice - 4 ounce-weight Lima Beans 	EA			
11	<p>Kosher Parve - 16 Ounce Vegetable Protein Stuffed Cabbage Roll Meal consisting of:</p> <ul style="list-style-type: none"> - 6 ounce-weight Vegetable Protein Stuffed Cabbage (not to exceed 270 mg. sodium & not less than 13g of protein. (Must use soy protein concentrate for at least 70% of the protein requirement) - 2 ounce-weight Tomato Gravy - 4 ounce-weight Parsley Potatoes - 4 ounce-weight Mixed Vegetables 	EA			

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12	<p>Kosher Parve - 19 Ounce Vegetable Protein Chili Meal consisting of: Vegetable Protein Chili made from: - 4 ounce-weight Textured Soy Protein concentrate seasoned to resemble ground beef. - 3.5 ounce-weight Kidney Beans - 4 ounce-weight Crushed Tomatoes, Onions spices and stabilizers as required to maintain taste and consistency - 3.5 ounce-weight White Rice -4 ounce-weight Mixed Vegetables</p>	EA			
13	<p>Kosher Dairy - 7 Ounce Cheese Omelet Meal consisting of: - 3 ounce-weight Plain Egg Omelet - 1 ounce cheese - 3 ounce Potatoes</p>	EA			
14	<p>Kosher Dairy - 7 Ounce Spanish Omelet Meal consisting of: - 3 ounce-weight Plain Egg Omelet - 1 ounce Spanish Sauce - 3 ounce Potatoes</p>	EA			
15	<p>Kosher Bologna Luncheon Meat (chicken or turkey), Frozen, 4 Ounce multiple slice portion, (Shelf Stable may be 1-4oz slice) Wrapped in Sealed Plastic. Each individual package must be marked with the kosher certification hechsher.</p>	EA			
16	<p>Kosher Tuna, Chunk Light in water, Individual 4.23 oz or 5 oz foil pack. Tuna can be a product of the U.S. or other foreign country that meets the requirements of 21CFR123.12. Product may contain soy and/or vegetable broth. Each individual package must be marked with the kosher certification hechsher. State case count and size on bid.</p>	EA			

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17	Kosher Sardines in Soybean Oil, Individual 3.53 oz or 3.75 oz foil pack. Each individual package must be marked with the kosher certification hechsher. State size and case count on bid.	EA			
18	Kosher Cereal, Bran Flakes, 7/8 Ounce Individual Bowl Pack, Total amount may be adjusted to the next highest case count. Note case count on bid. Each individual package must be marked with the kosher certification hechsher.	EA			
19	Kosher Oatmeal, Instant, Plain, Individual 1 ounce Package, Total amount may be adjusted to the next highest case count. Specify case count on bid. Each individual package must be marked with the kosher certification hechsher.	EA			
20	Kosher Farina, Instant, Plain, Individual 1 ounce Package, Total amount may be adjusted to the next highest case count. Specify case count on bid. Each individual package must be marked with the kosher certification hechsher.	EA			
21	Kosher Bread, Whole Wheat, 1 pound Loaf, Certified Kosher Parve. First ingredient on label must be Whole Wheat Flour.	LF			
22	Kosher Bread, Whole Wheat, 1.5 pound Loaf, Certified Kosher Parve. First ingredient on label must be Whole Wheat Flour.	LF			
23	Kosher Bread, Whole Wheat, Individually Wrapped, Certified Kosher Parve, Total amount may be adjusted to the next highest case count. Each individual package must be marked with the kosher certification hechsher. First ingredient on label must be Whole Wheat Flour.	EA			

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24	Kosher Vegetable Juice, 5.5 or 6 fluid Ounce Sealed Pouch or Can. Each. Certified Kosher Parve. Can must have easy open top, Juice must be tomato based with at least five additional vegetable products in the juice. Each individual package must be marked with the kosher certification hechsher . Specify case count on bid.	EA			
25	Kosher Potato Chips, Individual 1 Ounce Sealed Individual Package, Certified Kosher Parve. Each individual package must be marked with the kosher certification hechsher. Specify case count on bid.	EA			
26	Kosher Margarine, ½ Ounce Sealed Individual Package, Refrigerated or Shelf Stable, Certified Kosher Parve. Each. Each individual package must be marked with the kosher certification hechsher. Specify case count on bid.	EA			
27	Kosher Dressing, Salad (Mayo-Type), Regular, Reduced Fat, Fat Free, or Light. Certified Kosher Parve. Each. (CID A-A-20140D, Type II, Style A, B, C, or D). Salad Dressing shall comply with 21 CFR 169.150. 9 Gram Individual Packet. Each individual package must be marked with the kosher certification hechsher. Specify case count on bid.	EA			
28	Kosher Dressing, Mayonnaise, Regular, Reduced Fat, Fat Free, or Light. Certified Kosher Parve. (CID A-A-20140D, Type I, Style A, B, C, or D). Each. Each individual package must be marked with the kosher certification hechsher. Specify case count on bid.	EA			
29	Kosher Tartar Sauce, Individual Packet, Each, Regular, Reduced Fat, Fat Free, or Light. Certified Kosher Parve. (CID A-A-20140D, Type II, Style A, B, C, or D) . Each individual package must be marked with the kosher certification hechsher. Specify case count on bid.	EA			

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30	Kosher Tomato Catsup, Individual, 9 Gram Packets, Each. Certified Kosher Parve. As defined in the standard of identity for catsup, ketchup, catchup (21 CFR 155.194). U.S. Grade A – C. Each individual package must be marked with the kosher certification hechsher. State case count on bid.	EA			
31	Kosher Mustard, Prepared, Yellow (Salad Style). Certified Kosher Parve. (CID A-A-20036C, Type I). EACH. 4.5 Gram Individual Packets. Each individual package must be marked with the kosher certification hechsher. Specify case count on bid.	EA			
32	Kosher Jelly, Fruit, 10 Gram Individual Packets, Each. Certified Kosher Parve. Standardized, variety, Apple, Apricot, Cherry, Grape, Orange, Peach, Raspberry, or Strawberry, Regular or Reduced Sugar, U.S. Grade A or Equivalent (CID A-A-20078C, Kind A, B, F, M, R, S, Y, or AA, Style 1 or 2, Finished product quality a or b. Each individual package must be marked with the kosher certification hechsher. Specify case count and kind on bid.	EA			
33	Kosher Peanut Butter, Regular or Reduced Fat, Smooth, Stabilized, Non-fortified, Salted or Unsalted. Certified Kosher Parve. Each. 2 oz Individual Packets. (CID A-A-20328B, Style I, Class A or B, Texture 1, Type a, Fortification 1, Seasoning (a) or (b). Each individual package must be marked with the kosher certification hechsher. Specify case count on bid.	EA			
34	Kosher Coffee, Instant, Individual Serving Packet, Each Packets Makes 1 - 8 Ounce Serving When Reconstituted, Total amount may be adjusted to the next highest case count. Certified Kosher. Each individual package must be marked with the kosher certification hechsher.	EA			

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35	Kosher Fruit Flavored Drink Powder, Individual Serving Packet, Each Packets Makes 1 - 8 Ounce Serving When Reconstituted , Total amount may be adjusted to the next highest case count. Certified Kosher Parve. Each individual package must be marked with the kosher certification hechsher.	EA			
36	Kosher Instant Milk or Smart Milk, Individual Serving Packet, Each Packets Makes 1 - 8 Ounce Serving When Reconstituted , Total amount may be adjusted to the next highest case count. Certified Kosher. Each individual package must be marked with the kosher certification hechsher.	EA			
37	Kosher Milk Substitute/Shelf Stable Milk, Skim or Fat Free, Individual 8 Ounce Serving , Total amount may be adjusted to the next highest case count. Must be processed under Ultra High Temperatures (UHT). Certified Kosher. Each individual package must be marked with the kosher certification hechsher.	EA			