

FEDERAL BUREAU OF PRISONS - NATIONAL MENU - FY11 - CONTINENTAL BREAKFAST - ALL WEEKS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
^FRESH APPLE ^DRY CEREAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK COFFEE	^FRESH ORANGE ^HOT OATMEAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH APPLE ^HOT GRITS BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH BANANA ^DRY CEREAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^GRAPEFRUIT ^HOT GRITS BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH BANANA ^HOT OATMEAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH ORANGE ^DRY CEREAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK COFFEE

*Dry Cereal may be served in Satellite Serving Areas in place of Hot Cereal

FEDERAL BUREAU OF PRISONS - NATIONAL MENU - FY11 - CONTINENTAL AND HOT BREAKFAST - ALL WEEKS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
^FRESH APPLE ^DRY CEREAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK COFFEE	^FRESH ORANGE ^HOT OATMEAL CREAMED BEEF HOME FRED POTATO BISCUITS ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH APPLE ^HOT GRITS BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH BANANA ^DRY CEREAL PANCAKES W/SYRUP ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^GRAPEFRUIT ^HOT GRITS BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH BANANA ^HOT OATMEAL FRENCH TOAST W/SYRUP ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH ORANGE ^DRY CEREAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK COFFEE

*Dry Cereal may be served in Satellite Serving Areas in place of Hot Cereal

FEDERAL BUREAU OF PRISONS - NATIONAL MENU - FY11 - HOT BREAKFAST - ALL WEEKS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
^FRESH APPLE ^DRY CEREAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK COFFEE	^FRESH ORANGE ^HOT OATMEAL CREAMED BEEF HOME FRED POTATO BISCUITS ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH APPLE ^HOT GRITS FRENCH TOAST W/SYRUP ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH BANANA ^DRY CEREAL PANCAKES W/SYRUP ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^GRAPEFRUIT ^HOT GRITS SCRAMBLED EGGS HASH BROWN POTATO WHITE BREAD ^WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH BANANA ^HOT OATMEAL FRENCH TOAST W/SYRUP ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK	^FRESH ORANGE ^DRY CEREAL BREAKFAST CAKE ^OR WHEAT BREAD ^MARGARINE PAT ^SKIM MILK COFFEE

*Dry Cereal may be served in Satellite Serving Areas in place of Hot Cereal